



2026 SOUTH FLORIDA WOMEN'S LACROSSE

10-4
(5-0 AMERICAN)

GAME #15 | APRIL 25TH | NASHVILLE, TENN. | VS. VANDERBILT

2026 SCHEDULE & RESULTS

DATE	OPPONENT	START TIME	SCORE
Feb. 7 (Sat.)	Niagara	12 p.m.	W, 20-5
Feb. 15 (Sun.)	Michigan	1 p.m.	L, 10-16
Feb. 18 (Wed.)	@Stetson	3:30 p.m.	W, 25-4
Feb. 21 (Sat.)	Mercer	12 p.m.	W, 15-10
Mar. 1 (Sat.)	Brown	12 p.m.	W, 13-10
Mar. 7 (Sat.)	Navy	12 p.m.	L, 8-19
Mar. 14 (Sat.)	@Temple*	12 p.m.	W, 11-10
Mar. 21 (Sat.)	JMU*	12 p.m.	W, 9-7
Mar. 28 (Sat.)	@ODU*	12 p.m.	W, 21-3
Mar. 30 (Mon.)	@Richmond	11 a.m.	L, 14-15
April. 2 (Thu.)	Liberty	7:30 p.m.	W, 9-8 2OT
April 8 (Wed.)	@Florida	3 p.m.	L, 8-14
April 11 (Sat.)	Charlotte*	1 p.m.	W, 22-11
April 18 (Sat.)	East Carolina*	12 p.m.	W, 17-4
April 25 (Sat.)	@Vanderbilt*	12 p.m.	ESPN+
Apr 30 - May 2	American Championships		ESPN+

* Conference Game

- All times are ET - Home games at Corbett Stadium -



SOUTH FLORIDA BULLS 2026 NEWS

Bulls Travel to Vanderbilt for Regular Season Finale

Bulls look to secure the outright American Conference Regular Season Championship in final regular season matchup.

TAMPA, Fla., April 22, 2026 – The University of South Florida women's lacrosse team (10-4, 5-0 American) close out their regular season this weekend with a chance to secure the outright American Conference regular season title with a win. The Bulls travel to Nashville, Tenn., to take on Vanderbilt (8-8, 3-2 American) this Saturday, April 25. First draw is set for 1 p.m. ET, with the game streaming live on ESPN+. South Florida has a chance to go undefeated in conference play, becoming just the second program ever to do so in NCAA D1 history within their first two seasons (Florida, 2011). Now, South Florida has their sights set on history once again—this time with the opportunity to claim the championship outright. A win over Vanderbilt would give USF sole possession of the conference crown in just its second season of competition.

[STORY LINK](#)



USF Women's Lacrosse Clinches Share Of American Conference Regular Season Title With 17-4 Win Over ECU

Bulls clinch No. 1 seed in American Conference Tournament; Become the second program in D-I women's lacrosse history to win a conference championship within their first two seasons.

TAMPA, Fla., April 18, 2026 – The University of South Florida women's lacrosse team (10-4, 5-0 American) closed out its home schedule in dominant fashion Saturday afternoon, downing East Carolina(7-8, 2-3 American) 17-4 at Corbett Stadium to clinch at least a share of the American Conference Regular Season Championship title. This marked the sixth time in Chepenik's career that she accounted for five or more goals in a game, and her two assists made it a single-game career-high seven points on the day.

[STORY LINK](#)



AMERICAN STANDINGS

SCHOOL	CONF	GPCT	OVERALL	PCT	HOME	AWAY	NEUTRAL	STREAK
South Florida	5-0	1,000	10-4	.714	7-2	3-2	0-0	W2
James Madison	4-1	800	10-6	.625	5-1	4-5	1-0	W4
Vanderbilt	3-2	800	8-8	.500	6-3	2-5	0-0	L2
Temple	3-3	800	12-4	.750	7-2	5-2	0-0	W4
East Carolina	2-3	400	7-8	.467	5-1	2-7	0-0	L1
Charlotte	1-4	200	6-8	.429	3-5	3-3	0-0	L4
Old Dominion	0-5	000	5-11	.312	4-3	1-8	0-0	L8

CONF. PRESEASON POLL

TEAM (1ST VOTES)	POINTS
1. JAMES MADISON (6)	36
2. SOUTH FLORIDA	29
3. EAST CAROLINA (1)	27
4. VANDERBILT	22
5. TEMPLE	16
6. CHARLOTTE	11
7. OLD DOMINION	6

SOUTH FLORIDA QUICK FACTS

NAME..... South Florida
 NICKNAME.....BULLS
 LOCATION.....Tampa, Fla.
 FOUNDED.....1956
 ENROLLMENT.....49,766
 COLORS.....Green and Gold
 PRESIDENT.....Moez Limayem
 CEO OF ATHLETICS.....Rob Higgins
 CONFERENCE.....American

CONTACT INFORMATION

SID..... Micah Banks
 Email.....micahbanks@usf.edu
 Cell Phone.....571-439-2006
 Website.....gousfbulls.com
 Ticket office.....1-800-GoBulls

2026 USF COACHING STAFF



MINDY MCCORD
HEAD COACH



BRITTNEY ORASHEN
ASSOCIATE HEAD COACH



PAUL MCCORD
ASSISTANT COACH



VINCENT LODATO
ASSISTANT COACH



JOSLIN HANBURY
DIRECTOR OF OPERATIONS

TEAM RANKINGS (AS OF 4.16.2026)

STAT CATEGORY	NCAA RANK	AAC RANK	VALUE	NATIONAL LEADER	VALUE	AAC LEADER	VALUE
Assists Per Game (119 ranked)	38	3	6.36	Massachusetts	10.60	James Madison	7.13
Assists Per Game (0 ranked)							
Caused Turnovers Per Game (120 ranked)	27	3	10.36	Liberty	16.29	James Madison	12.13
Clearing Percentage (120 ranked)	47	2	0.888	North Carolina	0.969	James Madison	0.904
Draw Control Percentage (120 ranked)	16	1	0.596	Loyola Maryland	0.676	South Fla.	0.596
Draw Controls Per Game (119 ranked)	12	1	15.29	Loyola Maryland	17.44	South Fla.	15.29
Face-Off Win Percentage (0 ranked)							
Fouls Per Game (120 ranked)				LIU	1.80	Temple	4.75
Free Position Percentage (120 ranked)	106	5	0.382	Dartmouth	0.636	Vanderbilt	0.537
Ground Balls Per Game (120 ranked)	14	2	18.29	Johns Hopkins	20.53	James Madison	19.81
Points Per Game (120 ranked)	22	1	20.79	Massachusetts	27.67	South Fla.	20.79
Red Cards (1 ranked)				Longwood Youngstown St.	1 1		
Saves Percentage (120 ranked)	66	5	0.419	Maryland	0.519	Temple	0.500
Scoring Defense (120 ranked)	34	2	9.71	Colorado	6.43	Temple	8.44
Scoring Margin (67 ranked)	19	1	4.71	North Carolina	11.20	South Fla.	4.71
Scoring Offense (120 ranked)	18	1	14.43	North Carolina	18.60	South Fla.	14.43
Shot Percentage (120 ranked)	79	5	0.402	Clemson	0.520	Charlotte	0.447
Shots Per Game (120 ranked)	3	1	35.86	North Carolina	36.93	South Fla.	35.86
Shots on Goal Per Game (120 ranked)	5	1	24.71	North Carolina	26.93	South Fla.	24.71
Turnovers Per Game (120 ranked)	69	4	14.64	Georgetown	10.40	East Carolina	13.00
Win Percentage (119 ranked)	24	2	0.714	Navy	0.941	Temple	0.750
Yellow Cards (118 ranked)	115	6	12	Xavier	34	Old Dominion	26

AWARDS PART I

PLAYER	AWARD	DATE	STATISTICS	PRESS RELEASE LINK
SOFIA CHEPENIK (A)	CO-PRESEASON ATTACK PLAYER OF THE YEAR	FEB. 2, 2026		LINK
KALI CLEARY (M)	AMERICAN PRESEASON ALL-CONFERENCE TEAM	FEB. 2, 2025		LINK
KAITLYN TARTAGLIONE (M)	AMERICAN PRESEASON ALL-CONFERENCE TEAM	FEB. 2, 2025		LINK
ELISE GRISSETT (A)	HONORABLE MENTION AMERICAN ATTACKER OF THE WEEK	FEB. 9, 2026	6 GOALS + 4 GB + 2 CTO	LINK
SOFIA CHEPENIK (A)	HONORABLE MENTION AMERICAN ATTACKER OF THE WEEK	FEB. 16, 2026	6 GOALS + 2 DC	LINK
SOFIA CHEPENIK (A)	HONORABLE MENTION AMERICAN ATTACKER OF THE WEEK	FEB. 23, 2026	8 GOALS + 1 ASSIST + 1 GB + 1 CTO + 1 DC	LINK
KALI CLEARY (M)	HONORABLE MENTION AMERICAN MIDFIELDER OF THE WEEK	FEB. 23, 2026	2 GOALS + 3 GB + 14 DC	LINK
KALINA JOHNSON (M)	HONORABLE MENTION AMERICAN FRESHMAN OF THE WEEK	FEB. 23, 2026	3 GOALS + 3 GB + 2 CTO	LINK
ELISE GRISSETT (A)	HONORABLE MENTION AMERICAN ATTACKER OF THE WEEK	MARCH 23, 2026	4 GOALS + 1 ASSIST + 1 GB	LINK
KALI CLEARY (M)	AMERICAN MIDFIELDER OF THE WEEK	MARCH 31, 2026	3 GOALS + 2 GB + 6 DC + 1 CTO	LINK
MAGGIE NEWTON (A)	HONORABLE MENTION AMERICAN MIDFIELDER OF THE WEEK	MARCH 31, 2026	3 GOALS + 4 ASSISTS + 1 GB + 1 DC	LINK
NATALIE EASTWOOD (G)	HONORABLE MENTION AMERICAN GK OF THE WEEK	APRIL 6, 2026	16 SAVES AND 23 GOALS ALLOWED + 1 WIN	
KAITLYN TARTAGLIONE (M)	HONORABLE MENTION AMERICAN MIDFIELDER OF THE WEEK	APRIL 6, 2026	4 GOALS + 2 GB + 7 DC + 1 CTO	
SOFIA CHEPENIK (A)	HONORABLE MENTION AMERICAN ATTACKER OF THE WEEK	APRIL 13, 2026	6 GOALS + 3 ASSIST + 3 GB + 1 DC	
NATALIE EASTWOOD (GK)	HONORABLE MENTION AMERICAN GK OF THE WEEK	APRIL 20, 2026	9 SAVES AND 4 GOALS ALLOWED + 1 WIN	

INDIVIDUAL PLAYER RANKINGS (AS OF 4.16.2026)

STAT CATEGORY	PLAYER	NCAA RANK	AAC RANK	VALUE	NATIONAL LEADER	VALUE	AAC LEADER	VALUE	
Assists (146 ranked)	Maggie Newton	36		2	31	Allison Reilly, Army West Point	66	Payton Root, James Madison	44
Assists Per Game (148 ranked)	Maggie Newton	31		2	2.21	Gracin Emerson, Duquesne	4.36	Payton Root, James Madison	2.75
Caused Turnovers Per Game (148 ranked)						Reagan O'Brien, Johns Hopkins	4.80	Olivia Rongo, James Madison	3.25
Draw Controls Per Game (150 ranked)	Kali Cleary	62		4	4.79	Anna Vigilone, Arizona St.	13.00	Harlowe Healey, James Madison	8.00
Face-Off Win Percentage (0 ranked)									
Free Position Goals Per Game (144 ranked)	Elise Grissett	71		2	0.57	Caroline Keil, Denver	1.27	Brooke Baker, Vanderbilt	0.63
Free Position Percentage (104 ranked)	Elise Grissett	47		2	0.500	Jessica Giller, Jacksonville	0.765	Brooke Baker, Vanderbilt	0.588
Goals (137 ranked)	Sofia Chepenik Ava Uphues Elise Grissett	74 115 130		3 5 7	39 35 34	Chloe Humphrey, North Carolina	83	Isa Torres, Charlotte	49
Goals Per Game (147 ranked)	Sofia Chepenik Ava Uphues Elise Grissett	48 79 92		2 4 5	2.79 2.50 2.43	Chloe Humphrey, North Carolina	5.53	Isa Torres, Charlotte	3.50
Goals-Against Average (114 ranked)	Natalie Eastwood	35		2	9.77	Elena Oh, Colorado	6.40	Riley Horoshko, Temple	8.25
Ground Balls Per Game (148 ranked)	Natalie Eastwood	69		6	2.29	Brooke Meltcher, Wofford	5.13	Olivia Rongo, James Madison	3.00
Points (144 ranked)	Sofia Chepenik	112		4	53	Chloe Humphrey, North Carolina	118	Payton Root, James Madison	69
Points Per Game (149 ranked)	Sofia Chepenik Maggie Newton	79 124		4 5	3.79 3.29	Chloe Humphrey, North Carolina	7.87	Payton Root, James Madison	4.31
Save Percentage (114 ranked)	Natalie Eastwood	65		5	0.418	Riley Horoshko, Temple	0.527	Riley Horoshko, Temple	0.527
Saves (150 ranked)	Natalie Eastwood	105		7	79	Emma Anderson, Gardner-Webb	185	Brynn Bowen, Old Dominion	145
Saves Per Game (114 ranked)	Natalie Eastwood	102		6	5.64	Haley Richards, Louisville	11.93	Brynn Bowen, Old Dominion	9.06
Shot Percentage (150 ranked)	Ava Uphues Kaitlyn Tartaglione	45 138		1 9	0.530 0.468	Emma Raines, Duquesne	0.653	Ava Uphues, South Fla.	0.530
Shots Per Game (150 ranked)	Sofia Chepenik Elise Grissett	27 60		1 3	6.79 6.00	Chloe Humphrey, North Carolina	10.60	Sofia Chepenik, South Fla.	6.79
Shots on Goal Per Game (150 ranked)	Sofia Chepenik Elise Grissett Ava Uphues	21 80 150		2 3 6	5.21 4.07 3.36	Chloe Humphrey, North Carolina	7.87	Isa Torres, Charlotte	5.50



AWARDS PART II

PLAYER	AWARD	DATE	STATISTICS	PRESS RELEASE LINK
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2026 HEADSHOT ROSTER



0
SOFIA CHEPENIK
A | 5-11 | R-JR.
JACKSONVILLE, FLA.



1
ELISE GRISSETT
A | 5-11 | R-JR.
HOLLY SPRINGS, N.C.



2
ANSLEY KNOR
D | 5-4 | R-SO.
ACWORTH, GA.



3
ELLE TRZASKAWKA
A | 5-9 | R-SO.
MEDFORD, N.J.



4
BAILEY MORRIS
M | 5-4 | R-SO.
DUBLIN, OH.



5
TAYLOR DEMARCO
D | 5-4 | R-SO.
LUMBERTON, N.J.



6
CLAIRE NATOLI
M | 5-5 | R-SO.
DOYLESTON, P.A.



7
KAITLYN TARTAGLIONE
M | 5-5 | R-SR.
BERNARDSVILLE, N.J.



8
ALEX WHITECLIFFE
M | 5-6 | FR.
BALL GROUND, GA.



9
LUCY HANKINS
D | 5-6 | R-JR.
WARRENTON, VA.



10
AVERY GRAHAM
M | 5-5 | FR.
OLNEY, MD.



11
AMANDA ETTINGER
D | 5-6 | R-SO.
SEAFORD, N.Y.



12
JENA BINKIS
M | 5-5 | SO.
RIVERHEAD, N.Y.



13
KERRIGAN GILMORE
M | 5-6 | R-SO.
FORT PIERCE, FLA.



14
MAGGIE NEWTON
A | 5-7 | R-SR.
SKANEATELES, N.Y.



15
LYLA SHARPE
A | 5-8 | SO.
GRANGER, IND.



16
AVA UPHUES
A | 5-10 | R-SO.
ALPHARETTA, GA.



17
LUCY LIVINGSTON
D | 5-8 | FR.
SAYVILLE, N.Y.



18
NATALIE KELLY
M | 5-7 | SO.
BEL AIR, MD.



19
KENNEDY ZIEGLER
A | 5-3 | SO.
HAMPSTEAD, MD.



20
BELLA GERACE
M | 5-7 | R-SO.
NEWTOWN, CONN.



21
HAYDEN MILLER
D | 5-9 | FR.
ALPHARETTA, GA.



22
CAMI SCHACHET
D | 5-8 | R-SO.
FORT COLLINS, COLO.



23
MADDIE MORRIS
D | 5-7 | SO..
CENTERPORT, N.Y.



24
NATALIE EASTWOOD
G | 5-6 | SO.
ELLCOTT CITY, MD.



25
MORGAN ZIMMERMAN
M | 5-2 | R-SR.
HOITSVILLE, N.Y.



26
MORGAN PERRY
M | 5-4 | SO.
BEL AIR, MD.



27
MADYSYN JOKERST
A | 5-7 | FR.
PARKER, COLO.



28
GRACE BRUKIEWA
A | 5-5 | R-SO.
WOODBINE, MD.



29
TORI BUSTAMANTE
D | 5-3 | JR.
NAPLES, FLA.



30
JULIA HUXTABLE
A | 5-5 | SO.
NORTHPORT, N.Y.



31
KALI CLEARY
M | 5-9 | SO.
NAPLES, FLA.



32
KADYN BRANDT
M | 5-5 | FR.
FLEMINGTON, N.J.



33
ALEXA LANG
G | 5-6 | FR.
AURORA, COLO.



36
JORDAN SALISBURY
M | 5-9 | R-SO.
LORTON, VA.



41
LINDSEY KING
M | 5-11 | SO.
KENNESAW, GA.



55
HAILEY DARKO
G | 5-5 | JR.
CANTON, GA.



84
LEXI LARSEN
M | 5-10 | SO.
CINCINNATI, OH.



91
KALINA JOHNSON
M | 5-8 | FR.
CLERMONT, FLA.

NUMERICAL ROSTER

NUM	PLAYER	POS	HT	CL	HOMETOWN/H.S./PREVIOUS SCHOOL
0	SOFIA CHEPENIK	A	5-11	R-JR.	JACKSONVILLE, FLA. / SCHOOL OF JACKSONVILLE / CLEMSON
1	ELISE GRISSETT	A	5-6	SR.	HOLLY SPRINGS, N.C. / HOLLY SPRINGS HS / QUEENS (CHARLOTTE)
2	ANSLEY KNOR	D	5-4	R-SO.	ACWORTH, GA. / KELL HIGH SCHOOL
3	ELLE TRZASKAWKA	A	5-9	R-SO.	MEDFORD, N.J. / SHAWNEE HIGH SCHOOL
4	BAILEY MORRIS	M	5-4	R-SO.	DUBLIN, OHIO / DUBLIN COFFMAN HIGH SCHOOL
5	TAYLOR DEMARCO	D	5-4	R-SO.	LUMBERTON, N.J. / RANOCAS VALLEY HIGH SCHOOL
6	CLAIRE NATOLI	M	5-5	R-SO.	DOYLESTOWN, PA. / CARDINAL O'HARA HIGH SCHOOL
7	KAITLYN TARTAGLIONE	M	5-5	R-SR.	BERNARDSVILLE, N.J. / MORRISTOWN BEARD SCHOOL / UCONN
8	ALEX WHITECLIFFE	M	5-6	FR.	BALL GROUND, GA. / CHEROKEE HS
9	LUCY HANKINS	D	5-6	R-JR.	WARRENTON, VA. / FLINT HILL HIGH SCHOOL / BUTLER
10	AVERY GRAHAM	M	5-5	FR.	OLNEY, MD. / SHERWOOD HS
11	AMANDA ETTINGER	D	5-6	R-SO.	SEAFORD, N.Y. / SEAFORD HIGH SCHOOL
12	JENA BINKIS	M	5-5	SO.	RIVERHEAD, N.Y. / ST. ANTHONY'S HIGH SCHOOL
13	KERRIGAN GILMORE	M	5-6	R-SO.	FORT PIERCE, FLA. / VERO BEACH HIGH SCHOOL
14	MAGGIE NEWTON	A	5-7	R-SR.	SKANEATELES, N.Y. / SKANEATELES HIGH SCHOOL / MERCYHURST
15	LYLA SHARPE	A	5-8	SO.	GRANGER, IND / PENN HIGH SCHOOL
16	AVA UPHUES	A	5-10	R-SO.	ALPHARETTA, GA. / ALPHARETTA HIGH SCHOOL
17	LUCY LIVINGSTON	D	5-8	FR.	SAYVILLE, N.Y. / SAYVILLE HS
18	NATALIE KELLY	M	5-7	SO.	BEL AIR, MD. / THE JOHN CARROLL SCHOOL
19	KENNEDY ZIEGLER	A	5-3	SO.	HAMPSTEAD, MD. / HEREFORD HIGH SCHOOL
20	BELLA GERACE	M	5-7	R-SO.	NEWTOWN, CONN. / NEWTOWN HIGH SCHOOL
21	HAYDEN MILLER	D	5-9	FR.	ALPHARETTA, GA / MILTON HS
22	CAMI SCHACHET	D	5-8	R-SO.	FORT COLLINS, COLO / ROCKY MOUNTAIN HIGH SCHOOL
23	MADDIE MORRIS	D	5-7	SO.	CENTERPORT, N.Y. / ST. ANTHONY'S HIGH SCHOOL
24	NATALIE EASTWOOD	G	5-6	SO.	ELLICOTT CITY, MD. / GLENELG COUNTRY SCHOOL
25	MORGAN ZIMMERMAN	M	5-2	R-SR.	HOLTSVILLE, N.Y. / SACHEM HIGH SCHOOL EAST / COLORADO
26	MORGAN PERRY	M	5-4	SO.	BEL AIR, MD. / C. MILTON WRIGHT HIGH SCHOOL
27	MADISYN JOKERST	A	5-7	FR.	PARKER, COLO. / REGIS HESUIT HS
28	GRACE BRUKIEWA	A	5-5	R-SO.	WOODBINE, MD. / GLENELG HIGH SCHOOL
29	TORI BUSTAMANTE	D	5-3	JR.	MANORVILLE, N.Y. / ST. ANTHONY'S HS / YOUNGSTOWN STATE
30	JULIA HUXTABLE	A	5-5	SO.	NORTHPORT, N.Y. / NORTHPORT HIGH SCHOOL
31	KALI CLEARY	M	5-9	SO.	NAPLES, FLA. / GULF COAST HIGH SCHOOL
32	KADYN BRANDT	M	5-5	FR.	FLEMINGTON, N.J. / HUNTERDON CENTRAL REGIONAL HS
33	ALEXA LANG	G	5-6	FR.	AURORA, COLO. / THE JOHN CARROLL SCHOOL
36	JORDAN SALISBURY	M	5-9	R-SO.	LORTON, VA. / SOUTH COUNTY HIGH SCHOOL
41	LINDSEY KING	M	5-11	SO.	KENNESAW, GA. / KELL HIGH SCHOOL
55	HAILEY DARKO	G	5-5	JR.	CANTON, GA / CHEROKEE HS / CINCINNATI
84	LEXI LARSEN	M	5-10	SO.	CINCINNATI, OH / INDIAN HILL HIGH SCHOOL
91	KALINA JOHNSON	M	5-8	FR.	CLERMONT, FLA / EAST RIDGE HIGH SCHOOL

PRONUNCIATION GUIDE

#0 S. CHEPENIK --- CHEP-NICK

#2 ANSLEY KNOR --- [ANNS-LEE] NOR

#3 E. TRZASKAWKA --- TRISS-KAWF-KUH

#6 C. NATOLI --- NUH-TOE-LEE

#7 K. TARTAGLIONE TAR-TAG-LEE-OWN

#11 A. ETTINGER --- ETT-IN-JER

#12 J. BINKIS --- BINK-ISS

#16 A. UPHUES --- UP-HUES

#19 KENNEDY ZIEGLER --- ZIG-LER

#20 BELLA GERACE --- JER-ACE

#22 CAMI SCHACHET --- SHACK-ETT

#28 GRACE BRUKIEWA -- BROO-KEV-UH

#31 KALI CLEARY -- [KAL-EE]

#36 JORDAN SALISBURY -- SALLS-BARE-EE

[LINK TO AUDIO FILES](#)

(CLICK EAR LOGO NEXT TO NAME ON ROSTER SITE)



SOUTH FLORIDA BULLS BEAT

Jacksonville University to The Bay

After Launching JU's Inaugural Team, Coach McCord Brings D1 WLAX to South Florida
After being with Jacksonville University from its inception, through year 13, Head Coach Mindy McCord chose to do it all again here in Tampa in 2025. She brought JU 170 career wins, nine regular season and conference tournament titles, and eight NCAA tournament appearances from 2010-22. [Link to Photo/Video Assets](#)

COACHING STAFF

PAUL MCCORD (Assistant Coach):

- Mindy's Husband.
- Offensive assistant coach at JU for 10 seasons (2011 through 2020).
- Interim head coach (2015) while Mindy was on maternity leave with their son LJ.
- Lead the Dolphins to a program-record 17 wins, Round of 32 NCAA Tournament appearance, ASUN regular season title, and ASUN tournament title (2015), while leading the NCAA in assists, points, scoring margin and ground balls.
- Joined Mindy from the start at South Florida, helping coach the offense for the Bulls.

BRITTNEY ORASHEN (Associate Head Coach):

- Player and captain at JU from 2012-15.
- First Team All-America honors (2015), JU Athlete of the Year (2015), and ASUN Defensive Player of the Year twice (2014 & 2015). Made ASUN All-Conference First Team and ASUN All-Tournament Team while helping the program win conference championships all four years (2012, 2013, 2014, 2015).
- Went on to play in UWLX (professional women's lacrosse league) for the 2019 season.
- JU Hall of Fame inductee (2021), All-time leader in ground balls, second all-time in caused turnovers and third in draw controls. Reached 106 career points (82 goals and 24 assists) as a defender.
- Served as a coach for JU staff upon graduating (2015) to 2021, serving as associate head coach for the 2020-21 season. Helped coach the Dolphins to four NCAA Tournament Round of 32 berths (2017, 2018, 2019, and 2021) in six seasons (2020 was not held), making the Sweet 16 in 2021.
- Coached with Stanford women's lacrosse as defensive coordinator for 2022 season, prior to joining the McCord's staff again at South Florida July of 2022.

VINCENT LODATO (Assistant Coach):

- Played collegiately at Marymount University from 2010 - 2014 before coaching for the program from 2015-19 as he worked in facilities.
- Came to USF in 2019 as a Director of Athletic Facilities, before transitioning into a Director of Lacrosse Operations role from 2023 to 2025. Promoted to Assistant Coach of Goalies prior to the 2026 season.

JOSLIN HANBURY (Director of Operations):

- Began her collegiate career at Duquesne University in 2020.
- Transferred to Campbell University, becoming a key attacker and appearing in every game since joining the program in 2022.
- Recorded a breakout 2023 season with 49 points (37 goals, 12 assists), including 10 multi-goal games and five multi-assist performances.
- Started all 17 games in 2024, again totaling 49 points (31 goals, 18 assists) and leading the Camels' offense.

PAIGE PAGANO (Graduate Assistant):

- Followed Sharn Muffett as JU's next starting GK for three seasons (2022-24).
- Helped lead McCord's to the Sweet 16 in the 2022 NCAA Tournament (2022) during the McCord's final season in Jacksonville.
- Named ASUN Defensive Player of the Year, Freshman of the Year, All-Conference First Team, All-Freshman Team, Tournament MVP, and All-Tournament Team in 2022.
- Transferred to USF having played in 50 games with 27 starts in goal, collecting 242 saves, a .498 save percentage, and 17-7 career record.
- Moved into USF's Graduate Assistant role after her playing career ended.

JON MCNEMAR (Strength and Conditioning Coach):

- Joined the USF Strength and Conditioning department January of 2024.
- Prior, he spent three years (2021-23) as a Senior Sports Performance Coach at Duke.
- Earned his Masters specializing in Kinesiology from JU in 2018 after serving as a GA. Then worked as an Assistant Strength and Conditioning Coach there with Men's Lax, and Men's/Women's Soccer.

PLAYERS

CLAIRE NATOLI (MIDFIELDER/DEFENDER):

- USF's first ever commit.
- Heard of Coach McCord's departure for Tampa, and picked up the phone to announce she her switch in commitment from JU to USF without ever stepping foot on campus.

USF Women's Lacrosse Sets Program Records in 25 - 4 Win at Stetson

Bulls break single-game and single-quarter scoring marks in dominant victory.

The University of South Florida women's lacrosse team delivered a historic offensive performance Wednesday afternoon, defeating Stetson University, 25-4, at the Athletic Training Center.

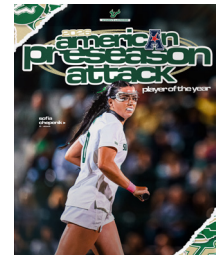
USF controlled possession from start to finish, winning 21 draw controls and outshooting Stetson 43-13.

Sofia Chepenik Named Co-Preseason Attack Player of the Year

The attacker returns as a key leader for the Bulls.

[Link to Story](#)

Chepenik was a unanimous selection to the preseason all-conference team and shared Preseason Attack Player of the Year honor after establishing herself as one of the conference's most dynamic offensive threats.



2025 STORIES

Mindy McCord Earned Career Win No. 250

In the Town She Played NCAA WLAX in (Lynchburg, Va.) Coach McCord Earns Her 250th Win as an NCAA Coach

[Link to Photo/Video Assets of Win No. 250 at Liberty](#)

- [1996 - 1999] Oberlin College (D3): 43-21 (.671%)
- [2000 - 2003] McDaniel College (D3): 27-35 (.435%)
- [2010 - 2022] Jacksonville (D1): 170-62 (.733%)
- [2025] South Florida (D1): 12-4 (.750%)

CAREER RECORD: 252-122 (.674%)

In addition, Coach McCord also has 86 career wins as a field hockey head coach across her two stops, (McDaniel: 61 and Oberlin: 26).

USF Women's Lacrosse Inaugural Rewind

A Look Back at What Made It Special

[Link to Story](#)

- South Florida spent multiple weeks ranked first in the nation in shots per game, with their final ranking sitting fourth in the NCAA (35.94 shots).
- The Bulls finished sixth in shots on goal per game (26.33).
- South Florida had the 10th-ranked scoring offense (15.61) and the 12th-best scoring margin (5.11).
- USF had the 11th-best points per game average (22.65).
- The Bulls' 17.56 ground balls per game and 9.22 caused turnovers per game both ranked 32nd-best in the NCAA.
- The Bulls' 47.2 free-position shooting percentage ranked 43rd in the nation.