



VANDERBILT

TRACK & FIELD

2025-26

MEET 6



MUSIC CITY CHALLENGE



Feb. 13-14

NASHVILLE, TENN.

David Williams II Recreation & Wellness Center

SEC NETWORK+

Alex Gould, Christian Kaposy

DORE NOTES

NEXT UP

- Vanderbilt track and field will close out its indoor regular season at home as the Commodores host 50 teams for the Music City Challenge on Friday and Saturday

THE LAST TIME OUT

- Vanderbilt track and field student-athletes broke five school record performances at the Bob Pollock Invitational and John Thomas Terrier Classic
- Janie Ford jumped 6.56 meters to win the long jump and break the school record
- Falon Spearman broke her school record in the 60-meter hurdles in both the semifinals and final at the Bob Pollock Invitational, clocking 8.07 seconds to finish second overall and first among collegiate runners
- Jayden Hill matched the 800 meters school record with a time of 2:04.24. She was the top collegiate and second overall finisher with her personal-best mark
- The 4x400-meter relay team of Faith Franklin, Ford, Spearman and Josie Donelson recorded a season-best time of 3:32.54, which broke the school record and earned a runner-up finish
- At the John Thomas Terrier Classic, Lily Kriegel reset the program record in the 3,000 meters. Her time of 9:06.30 was eight seconds faster than the previous record
- Commodores also registered 10 program all-time top 10 performances

DORES IN THE RANKINGS

- The Commodores check in at No. 35 in the USTFCCCA DI National Track & Field Rating Index
- Vandy is ranked sixth in the South Region
- Three Commodore event squads rank top 10 in the country. Vanderbilt's 60-meter hurdles and long jump squads are ranked fourth nationally, while the Dores' triple jumpers are sixth

FRESHMAN PHENOM

- For her efforts at the Bob Pollock Invitational, Ford was tabbed SEC Co-Freshman of the Week on Feb. 3
- Ford has broken three school records so far this season and has added marks to the program's all-time top 10 list in three more events
- She currently leads the SEC and is ranked fifth in NCAA DI in the long jump with a 6.56-meter mark
- At the Bob Pollock Invitational, she also registered the No. 2-ranked 60 meters time and was a member of the school record-breaking 4x400-meter relay squad
- Ford also PRed in the 60-meter hurdles and is now tied for seventh in program history

OVER THE HURDLE

- Spearman has now broken her own school record three times this season, registering a top time of 8.07 seconds at the Bob Pollock Invitational
- Spearman is ranked fourth in the SEC, tied for seventh nationally in the 60-meter hurdles
- At the Commodore Challenge, Devon Parham, Santana Spearman and Taylor McKinnon PRed to improve their marks as the third, fourth and fifth-ranked 60-meter hurdlers in Vanderbilt history
- At the Vanderbilt invitational, Taylor McKinnon won the 60mH final with a personal-best time of 8.27 seconds, which moved her into fourth all-time at Vanderbilt

FLIGHT CREW TAKING OFF

- The Commodores' long jump and triple jump squads are ranked top 10 nationally
- Three Dores have reset the long jump school record this season
- The program record is currently held by Ford at 6.56 meters
- Lena Gooden and Anaya Webster are No. 2 and 3 in school history with respective marks of 6.30 and 6.23 meters
- Vandy's trio of triple jumpers rank top 15 in the SEC
- Princess Jackson owns the No. 2-ranked mark in school history at 12.73 meters
- Anya Carey and Webster are fourth and fifth in Vandy history with respective marks of 12.49 and 12.47 meters

SPRINT SUCCESS

- Commodores sprinters have notched 15 marks ranking top 10 in program history so far this season
- At the Bob Pollock Invitational, the 4x400-meter relay team of Franklin, Ford, F. Spearman and Donelson broke the school record
- Donelson and Franklin are both ranked top 50 in the nation in the 400 meters at this point in the season with respective times of 53.19 and 53.43 seconds

A MULTI-TALENTED CREW

- Since 2023, Vanderbilt has had at least one scoring performer in the pentathlon or heptathlon at the SEC Indoor and Outdoor Championships
- Parham and Marta Sivina, who scored at both the indoor and outdoor conference meets are returners for the Commodores this season
- At the Vanderbilt Invitational, Sivina and Parham placed first and second in the pentathlon with respective scores of 3,979 and 3,948 points
- Sivina is ranked second in school history in the pentathlon behind 2023 SEC champion and first-team All-American Beatrice Juskeviciute
- Ford, the 2025 New Balance Nationals pentathlon champion, joins the Commodores' multi crew this season
- Her 3,941-point score is a New Balance Nationals meet record and the No. 4 all-time pentathlon score by a U.S. high school girl

2025-26 TRACK & FIELD SCHEDULE

Dec. 6	Winter Commodore Challenge	Nashville, Tenn.
Jan. 9-10	Rod McCravy Invitational	Louisville, Ky.
Jan. 16-17	Vanderbilt Invitational	Nashville, Tenn.
Jan. 30-31	Bob Pollock Invitational	Clemson, S.C.
Jan. 30	John Thomas Terrier Classic	Boston, Mass.
Feb. 13-14	Music City Challenge	Nashville, Tenn.
Feb. 26-28	SEC Indoor Championships	College Station, Texas
March 13-14	NCAA Indoor Championships	Fayetteville, Ark.
March 19-20	Hampton Inn River City Relays	Jacksonville, Fla.
March 26-27	Raleigh Relays	Raleigh, N.C.
April 3-4	Florida Relays	Gainesville, Fla.
April 9-11	44 Farms Team Invitational	College Station, Texas
April 10	Crimson Tide Invitational	Tuscaloosa, Ala.
April 15-18	Mt. SAC Relays	Walnut, Calif.
April 16-18	Bryan Clay Invitational	Azusa, Calif.
April 25	LSU Alumni Gold	Baton Rouge, La.
May 1-2	Music City Challenge	Nashville, Tenn.
May 14-16	SEC Outdoor Championships	Auburn, Ala.
May 27-30	NCAA East Region First Round	Lexington, Ky.
June 10-13	NCAA Outdoor Championships	Eugene, Ore.
June 18-21	USATF U20 Outdoor Championships	Eugene, Ore.
TBD	USATF Outdoor Championships	Eugene, Ore.
Aug. 5-9	World Athletics U20 Championships	Eugene, Ore.

ATHLETIC COMMUNICATIONS

Assistant Director • Communications

Pilar Ballough (Primary Contact)

pilar.ballough@vanderbilt.edu • 724.691.5982

Associate Athletic Director • Communications

Brian Fremund

brian.fremund@vanderbilt.edu • 251.623.3191

ACTIVE RECORD HOLDERS



AUDREY ALLMAN
DMR - 11:13.61



JOSIE DONELSON
4X400m relay - 3:32.54



JANIE FORD
60m - 1:27.61
Long jump - 6.56m
4X400m relay - 3:32.54



FAITH FRANKLIN
4X400m relay - 3:32.54



JAYDEN HILL
800m - 2:04.24



LILY KRIESEL
3,000m - 9:06.30



ALLYRIA MCBRIDE
DMR - 11:13.61



FALON SPEARMAN
60mH - 8.07
4X400m relay - 3:32.54

QUICK FACTS

Name	Vanderbilt University
Location	Nashville, Tenn.
Founded	1873
Enrollment	7,366 (undergraduate) • 13,670 (total)
Nickname	Commodores
Colors	Black & Gold
Conference	Southeastern
Affiliation	NCAA Division I
Chancellor	Daniel Diermeier
Vice Chancellor/Athletics Director	Candice Storey Lee
Faculty Athletics Rep	Tracey George
Website	VUCommodores.com

TRACK & FIELD STAFF

Director • Cross Country, Track & Field	Althea Thomas LSU '04 • 5th season
Associate Head Coach	Justin Byron
Assistant Coach • Throws	Candace Fuller
Assistant Coach • Distance	Chad Balyo
Assistant Coach • Distance	Lisa Morgan
Assistant Coach • Sprints	Cameia Alexander
Assistant Coach • Jumps	Harold Rose

ABOUT THE DORES

2025 SEC Indoor Finish	T14th
2025 NCAA Indoor Finish	N/A
Best SEC Indoor Finish	Eighth, 1998
Best NCAA Indoor Finish	T14, 1997
Program Indoor All-Americans	14

USTFCCCA RANKINGS — CHECKPOINT #3

1. Illinois
2. Georgia
3. South Carolina
4. Southern California
5. BYU
6. Arkansas
7. Texas Tech
8. Oregon
9. Clemson
10. Tennessee
11. Florida State
12. Nebraska
13. Texas
14. Kansas State
15. Stanford
16. Oklahoma State
17. Texas A&M
18. Washington
19. Florida
20. Penn State
21. Minnesota
22. Alabama
23. Kentucky
24. Baylor
25. UCLA
...
32. Vanderbilt

*Rankings as of Feb. 10, 2026

RECORD WATCH

• Active student-athletes hold school records in five individual events and own 53 marks ranking in the program's indoor all-time top 10

NEW FACES IN NASHVILLE

• Six graduate transfers and nine freshmen joined the Commodores' roster for the 2025-26 season
 • Notable newcomers include two-time NCAA Division III 800 meters champion Kelty Oaster and past NCAA Division I regional qualifiers Elizabeth Bailey, Hill and Tyla Lumley
 • Vandy's freshman class includes 11-time state champion Danielle Dunning, two-time Alabama Girls Track and Field Gatorade Player of the Year Ford, 10-time Greek national champion Myrto Valacha and 4x100-meter relay AAU national record holder Woods

DORES ON THE NATIONAL STAGE

• Vanderbilt boasted two national qualifiers in 2025
 • McBride earned first-team All-America honors after placing eighth in the 400-meter hurdles at the NCAA Outdoor Championships
 • F. Spearman qualified for the 2025 NCAA Outdoor Championships after placing 11th in the regional quarterfinals (13.13) and resetting the school record in the first round (13.03)
 • At the 2025 USATF U20 Outdoor Championships, Lily Kriegel won the 5,000 meters and placed third in the 1,500 meters
 • Making her Commodore debut at the 2025 USATF Outdoor Championships, Bailey broke the school record in the javelin

MCBRIE MAKES HER MARK

• In 2025, McBride returned to the NCAA Outdoor Championships stage after narrowly missing qualifying in 2024
 • McBride competed at the 2024 U.S. Olympic Team Trials and advanced to the 400-meter hurdles semifinals where she finished top 25
 • A four-time program record holder, McBride became Vanderbilt's first true freshman All-American since 1997 when she earned a second-team nod in the 400-meter hurdles in 2023

DORES AROUND THE WORLD

• Five Dores, Danna Diaz, Betsy Jepkemei, Lumley, Sivina and Valacha, hail from countries outside of the United States
 • Sivina, of Ogre, Latvia, is the U23 national record holder in the 60-meter hurdles and has medaled on multiple occasions at the Latvian Combined Event Championships
 • Valacha, from Patras, Greece, is a 10-time national champion

ACADEMIC EXCELLENCE

• The Vanderbilt track and field team compiled a 3.477 cumulative GPA for the 2025 fall semester
 • Twelve track and field student-athletes were named to the 2024-25 First-Year SEC Academic Honor Roll, and 29 Dores earned recognition on the 2025 Spring SEC Academic Honor Roll
 • For their academic and athletic excellence, McBride, Rosenberg, F. Spearman, S. Spearman and Wolski were named to the College Sports Communicators Cross Country/Track & Field Academic All-District Team

SUCCESS UNDER THOMAS

• Now in her fifth season at the helm, director of cross country and track and field Althea Thomas led the Commodores to back-to-back top 25 finishes at the NCAA Outdoor Championships
 • Under Thomas' direction, Dores have achieved 19 All-America and five NCAA women's cross country All-South Region honors
 • At the 2025 NCAA South Region Championships, the Vanderbilt women's cross country team earned a fifth-place finish, its best since 2016, and three student-athletes earned all-region honors

VANDERBILT TRACK & FIELD ROSTER

Name	Yr.	Event	Hometown/Prev. School
Audrey Allman	Sr.	Distance	Glen Ellyn, Ill. / Glenbard West HS
Elizabeth Bailey	Gr.	Throws	Eureka, Mo. / Charlotte
Bria Bennis	Jr.	Distance	Elmhurst, Ill. / Elmhurst (York) HS
London Jackson Bray	Fr.	Sprints	Katy, Texas / Katy HS
Cali Bryant	Fr.	Jumps	Houston, Texas / Houston Memorial HS
Gianna Bullock	Gr.	Multi	Nashville, Tenn. / Oregon
Anya (ON-yuh) Carey	So.	Jumps	Pembroke Pines, Fla. / Somerset Academy
Kenyah Conner	So.	Sprints	College Park, Ga. / Woodward Academy
Mackenzie Culpepper (CUHL-pep-per)	Sr.	Distance	Hoover, Ala. / Spain Park HS
Isabella Dagrosa (DUH-gross-uh)	So.	Hurdles	San Antonio, Texas / Reagan HS
Mackenzie Dagrosa (DUH-gross-uh)	So.	Jumps	San Antonio, Texas / Reagan HS
Sofia Day	Fr.	Distance	Linwood, N.J. / Mainland Regional HS
Danna (DON-nuh) Diaz	Gr.	Distance	Bogotá, Colombia / Tulane
Josie Donelson	So.	Hurdles / Sprints	Lake Oswego, Ore. / Lake Oswego HS
Danielle Dunning	Fr.	Sprints	Chattanooga, Tenn. / Brainerd HS
Janie Ford	Fr.	Multi	Mobile, Ala. / St. Paul's Episcopal School
Faith Franklin	So.	Sprints	Harlingen, Texas / Harlingen HS
Eva Gautreaux (GO-tro)	Jr.	Sprints	Germantown, Tenn. / Houston HS
Mya Georgiadis (George-ee-aw-dis)	Sr.	Hurdles	Ann Arbor, Mich. / Huron HS
Lena (LEE-nuh) Gooden	Jr.	Jumps	Manassas, Va. / Osbourn Park HS
Johna Grisik (GRIZE-ick)	Sr.	Distance	Alpharetta, Ga. / Marist HS
Rowan Houston	Jr.	Jumps	Rye, N.Y. / Rye Country Day School
Hannah Huyle (High-ler)	Fr.	Distance	Lake Oswego, Ore. / Lakeridge HS
Pryncess Jackson	So.	Multi	Highland Springs, Va. / Highland Springs HS
Betsy Jepkemei (Jep-kem-ee)	Fr.	Distance	Iton, Kenya / Holy Rosary Girls Secondary School
Alima (Uh-lee-muh) Kassim (KUH-seem)	So.	Sprints	Nashville, Tenn. / University School of Nashville
Olivia Kosanovich	Jr.	Pole Vault	Boulder, Co. / Fairview HS
Lily Kriegel (Kree-gul)	So.	Distance	Whitefish Bay, Wis. / Whitefish HS
Tyla Lumley	Gr.	Distance	Brisbane, Australia / Drake
Sarah Marvin	Gr.	Throws	Gaines, Mich. / Byron HS
Allyria (UH-leer-ee-uh) McBride	Sr.	Hurdles / Sprints	Marietta, Ga. / Wheeler HS
Taylor McKinnon	Sr.	Hurdles	Durham, N.C. / Cardinal Gibbons HS
Anissa (UH-nee-suh) Moore	Jr.	Sprints	Hempstead, N.Y. / Hempstead HS
Joy Moorer	Sr.	Hurdles / Sprints	Phoenix, Ariz. / North Canyon HS
Kelty Oaster (OH-ster)	Gr.	Distance	Gettysburg, Penn. / Elizabethtown (Penn.)
Devyn Parham (PAIR-am)	So.	Multi	Chesterfield, Va. / Thomas Dale HS
Claire Petersen	So.	Distance	Roswell, Ga. / Blessed Trinity HS
Jacqueline Rose	So.	Pole Vault	Keller, Texas / Keller HS
Marta Sivina (Siv-ee-nuh)	Sr.	Multi	Ogre, Latvia / North Texas
Falon Spearman	Sr.	Hurdles	Charlotte, N.C. / Duke
Santana Spearman	Sr.	Hurdles	Atlanta, Ga. / North Atlanta HS
Kayleigh Stargell	So.	Multi	Patras, Greece / Sixth Daily Vocational
Myrto Valacha (Vuh-LAW-ha)	Fr.	Distance	Spring, Texas / Haverhill College
Anaya Webster	Jr.	Jumps	Atlanta, Ga. / Westlake HS
Madison Wilson	Sr.	Hurdles / Sprints	Missouri City, Texas / Ridge Point HS
Kylah Woods	Fr.	Sprints	

Indoor Records at a Glance

Dores in the Rankings

60m

1.	Haley Bishop	7.37	2022
2.	<i>Janie Ford</i>	7.38	2026
3.	<i>London Jackson-Bray</i>	7.42	2026
4.	Madison Fuller	7.46	2022
5.	Lena Gooden	7.53	2024
6.	<i>Alima Kassim</i>	7.57	2026
7.	Tina Benzinger	7.59	2025
8.	<i>Kylah Woods</i>	7.60	2026

60m Hurdles

1.	<i>Falon Spearman</i>	8.07	2026
2.	Beatrice Juskeviciute	8.23	2023
3.	<i>Devyn Parham</i>	8.24	2025
4.	<i>Taylor McKinnon</i>	8.27	2026
5.	<i>Santana Spearman</i>	8.29	2025
6.	Amanda Mullins-Hall	8.37	2004
7.	<i>Marta Sivina</i>	8.44	2025
	<i>Janie Ford</i>	8.44	2026

200m

1.	Haley Bishop	23.47	2022
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4.	Madison Fuller	24.11	2022
5.	<i>Allyria McBride</i>	24.30	2025
6.	Taiya Shelby	24.35	2021
7.	<i>Josie Donelson</i>	24.38	2026
	<i>London Jackson-Bray</i>	24.38	2026
9.	Rondajai Washington	24.41	2023
10.	<i>Alima Kassim</i>	24.56	2026

300m

1.	Taiya Shelby	37.41	2022
2.	<i>Janie Ford</i>	37.64	2026
3.	<i>Allyria McBride</i>	37.78	2026
4.	Haley Bishop	38.33	2022
5.	<i>Devyn Parham</i>	38.83	2026
6.	Brooke Overholt	39.08	2023
7.	<i>Joy Moorer</i>	39.24	2026
8.	Tina Benzinger	39.34	2025
9.	<i>Falon Spearman</i>	39.36	2026
10.	Kaira Brown	39.45	2022

400m

1.	Taiya Shelby	52.40	2022
2.	Ryan Tolbert	52.75	1996
3.	<i>Josie Donelson</i>	53.19	2026
4.	<i>Faith Franklin</i>	53.43	2026
5.	Jennifer Edobi	53.45	2018
6.	<i>Allyria McBride</i>	53.57	2025
7.	Brooke Overholt	53.82	2023
8.	<i>Joy Moorer</i>	54.61	2026

600m

1.	<i>Janie Ford</i>	1:27.61	2026
2.	<i>Jayden Hill</i>	1:28.76	2026
3.	Taiya Shelby	1:29.06	2023
4.	<i>Madyson Wilson</i>	1:39.94	2026
5.	<i>Allyria McBride</i>	1:31.29	2025
6.	Michele Baskin	1:31.43	1998
7.	Jennifer Edobi	1:31.70	2015
8.	<i>Kenyah Conner</i>	1:31.72	2026
	Skyler Carpenter	1:31.72	2015

800m

1.	<i>Jayden Hill</i>	2:04.24	2026
	Courtney Clayton	2:04.24	2017
2.	Taiya Shelby	2:04.25	2023
4.	<i>Kelty Oaster</i>	2:07.08	2026

1,000m

1.	Julia Rosenberg	2:43.76	2024
2.	<i>Betsy Jepkemei</i>	2:46.55	2026
3.	Kat Delaney	2:47.16	2016
4.	<i>Kelty Oaster</i>	2:47.50	2026
5.	Grace Jensen	2:47.52	2022
6.	<i>Audrey Allman</i>	2:48.69	2025

10.	<i>Mackenzie Culpepper</i>	2:51.53	2026
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Mile

1.	Julia Rosenberg	4:37.26	2025
2.	Grace Jensen	4:37.56	2022
3.	<i>Audrey Allman</i>	4:39.73	2025
4.	Sarah Baron	4:39.96	2016
5.	<i>Lily Kriegel</i>	4:44.70	2026

3,000m

1.	<i>Lily Kriegel</i>	9:06.30	2026
7.	Vanessa Valentine	9:31.25	2016
9.	<i>Claire Petersen</i>	9:31.76	2026

5,000m

1.	Liz Anderson	16:14.30	2014
2.	<i>Bria Bennis</i>	16:17.40	2024
3.	Niki Narayani	16:17.82	2023
4.	<i>Tyla Lumley</i>	16:18.92	2026

High Jump

1.	Brionne Williams	6-0 (1.83m)	2013
	Josie Hahn	6-0 (1.83m)	2004
3.	<i>Mackenzie Dagrosa</i>	5-8.75 (1.75m)	2026
	Ellie Tidman	5-9.75 (1.77m)	2013
6.	<i>Marta Sivina</i>	5-8.75 (1.75m)	2025
7.	<i>Cali Bryant</i>	5-8.5 (1.74m)	2025
9.	Jada Sims	5-8.11 (1.73m)	2023
10.	<i>Rowan Houston</i>	5-7.25 (1.71m)	2025
	Ashlyn Hare	5-7.25 (1.71m)	2016

Pole Vault

1.	Kristen Denk	14-2.75 (4.34m)	2019
...			
7.	Katelyn Deutsch	12-7.5 (3.85m)	2020
8.	<i>Olivia Kosanovich</i>	12-6.25 (3.82m)	2026
9.	Jacqueline Rose	12-3.50 (3.75m)	2026

Long Jump

1.	<i>Janie Ford</i>	21-6.25 (6.56m)	2026
2.	<i>Lena Gooden</i>	20-8 (6.30m)	2026
3.	<i>Anaya Webster</i>	20-5.25 (6.23m)	2026
4.	<i>Allyria McBride</i>	20-1.5 (6.13m)	2024
5.	Ryan Tolbert	19-8 (5.99m)	1996
6.	Beatrice Juskeviciute	19-5.25 (5.92m)	2023
7.	<i>Devyn Parham</i>	19-2.25 (5.85m)	2025

Triple Jump

1.	Simone Charley	44-5.25 (13.54m)	2017
2.	<i>Pryncess Jackson</i>	41-9.5 (12.73m)	2026
	Christina Penn	41-9.5 (12.73m)	1996
4.	<i>Anya Carey</i>	40-11.75 (12.49m)	2026
5.	<i>Anaya Webster</i>	40-11 (12.47m)	2026
6.	Tierney Price	40-0 (12.19m)	2015
7.	<i>Lena Gooden</i>	39-9.25 (12.12m)	2026

Shot Put

1.	Divine Oladipo	58-9.5 (17.92m)	2022
2.	Veronica Fraley	56-7.25 (17.25m)	2023
3.	Sarah Omorogie	56-1.75 (17.11m)	2024
4.	Leslie Vidmar	53-0.25 (16.16m)	1998
5.	<i>Sarah Marvin</i>	52-3.75 (15.94m)	2023

Weight Throw

1.	Giavonna Meeks	75-7.25 (23.04m)	2024
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Pentathlon

1.	Beatrice Juskeviciute	4,282	2023
2.	<i>Marta Sivina</i>	4,174	2025
3.	<i>Josie Hahn</i>	4,064	2004
4.	<i>Devyn Parham</i>	3,963	2025

4x400m Relay

1.	<i>F. Franklin, J. Ford, F. Spearman, J. Donelson</i>	3:32.54	2026
2.	<i>A. McBride B. Overholt, K. Brown, T. Shelby</i>	3:33.23	2023
3.	<i>J. Moorer, F. Franklin, A. McBride, M. Wilson</i>	3:34.48	2026
4.	<i>M. Wilson, J. Moorer, F. Spearman, F. Franklin</i>	3:35.61	2026

Distance Medley Relay

1.	<i>A. Allman, A. McBride, E. Wolski, J. Rosenberg</i>	11:13.61	2025
2.	<i>G. Jensen, K. Brown, T. Shelby, C. Eck</i>	11:14.47	2022
3.	<i>E. Curry, A. McBride, A. Allman, J. Rosenberg</i>	11:15.13	2024

*Bold Italics indicates current student-athlete

Name	SEC	NCAA	Event	Mark
Josie Donelson	18	38	400 meters	53.19
Faith Franklin	26	50	400 meters	53.43
Jayden Hill	6	27	800 meters	2:04.24
Kelty Oaster	12	67	800 meters	2:07.08
Lily Kriegel	7	47	3,000 meters	9:06.30
Tyla Lumley	14	94		

COMMODORE CAPSULES



AUDREY ALLMAN • SR. • DISTANCE

SB 800m -
PB 800m - 2:09.02
SB mile -
PB mile - 4:39.73

>> 2025 SEC scorer as a member of the DMR
>> 2024 second-team All-SEC
>> Bronze medalist at the 2024 SEC Indoor Championships as a member of the DMR
>> Qualified for the 2023 Pan American U20 Championships



MACKENZIE CULPEPPER • SR. • DISTANCE

SB 800m - 2:12.30
PB 800m - 2:10.44
SB 1,000m - 2:51.53
PB 1,000m - 2:51.53
SB Mile -
PB Mile - 4:59.77

>> Top 10 in school history in the 1,000m



ELIZABETH BAILEY • GR. • THROWS

SB SP - 11.96m
PB SP - 13.32m

>> Graduate transfer from Charlotte
>> 2024 NCAA qualifier in the javelin



ISABELLA DAGROSA • SO. • HURDLES

SB 200m - 26.72
PB 200m - 25.74
SB 400m - 59.53
PB 400m - 57.89

>> Competed in four indoor, six outdoor meets as a freshman



BRIA BENNIS • JR. • DISTANCE

SB 5,000m -
PB 5,000m - 16:05.11

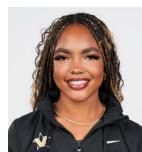
>> 2025 NCAA XC All-South Region
>> Three program all-time top 10s
>> Did not compete indoor or outdoors in 2025
>> Bronze medalist in the 3,000m at the 2024 USATF U20 Outdoor Championships



MACKENZIE DAGROSA • SO. • JUMPS

SB HJ - 1.77m
PB HJ - 1.83m

>> Top 10 in school history in the indoor high jump
>> Did not compete outdoors



LONDON JACKSON-BRAY • FR. • SPRINTS

SB 60m - 7.42
PB 60m - 7.34
SB 200m - 24.38
PB 200m - 23.72

>> Top 10 in program history in two events
>> Prepped at Katy High School
>> Three-time Nike All-American



SOFIA DAY • FR. • DISTANCE

SB Mile - 5:08.91
PB Mile - 5:08.91

>> Prepped at Mainland Regional HS
>> Nike All-American
>> Four-time New Jersey state champion



CALI BRYANT • FR. • JUMPS

SB LJ - 5.44m
PB LJ - 5.76m
SB HJ - 1.74m
PB HJ - 1.78m

>> Top 10 in school history in the indoor high jump
>> Prepped at Houston Memorial
>> Four-time All-American (Nike/New Balance)
>> Top 5 in the high jump at the 2024 USATF U20 Outdoor Championships



DANNA DIAZ • GR. • DISTANCE

SB 800m -
PB 800m - 2:14.40
SB Mile -
PB Mile - 4:43.20

>> Graduate transfer from Tulane
>> 2025 first-team All-American Athletic Conference



ANYA CAREY • SO. • JUMPS

SB TJ - 12.49m
PB TJ - 12.49m
SB LJ - 5.39m
PB LJ - 5.45m

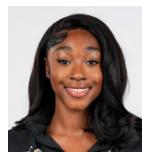
>> Top 10 in school history in the indoor and outdoor triple jump



JOSIE DONELSON • SO. • HURDLES/SPRINTS

SB 200m - 24.38
PB 200m - 24.33
SB 400m - 53.19
PB 400m - 52.83

>> Holds one school record, top 10 in school history in five events
>> SEC scorer as a member of the 4x400m relay
>> 2024 U20 world champion as a member of Team USA's 4x400m relay



KENYAH CONNER • SO. • SPRINTS

SB 600m - 1:31.72
PB 600m - 1:31.72
SB 800m - 2:12.71
PB 800m - 2:12.71

>> Top 10 in school history in the 600m
>> Did not compete outdoors in 2025



DANIELLE DUNNING • FR. • SPRINTS

SB 60m - 7.63
PB 60m - 7.46
SB 200m - 25.22
PB 200m - 23.79

>> Top 10 in school history in the 60 meters
>> Prepped at Brainerd HS
>> 11-time state champion
>> 11-time Adidas national champion



JANIE FORD • FR. • MULTI

SB/PB 60H - 8.44/8.44
SB/PB LJ - 6.56m/6.56m
SB/PB HJ - 1.66m/1.69m
SB/PB SP - 10.43m/10.43m

>> School record holder in three events, top 10 in school history in three events
>> 2024, 2025 Alabama girl's track and field Gatorade Player of the Year
>> 21 Alabama state championships

COMMODORE CAPSULES



FAITH FRANKLIN • SO. • SPRINTS

SB 400m - 53.43
PB 400m - 53.02

>> Holds school record as a member of the 4x400m relay
>> Top 10 in school history in the indoor 400m



PRYNCESS JACKSON • SO. • MULTI

SB TJ - 12.73m
PB TJ - 12.73m
SB HJ - 1.62m
PB HJ - 1.64m
SB LJ -
PB LJ - 5.33m

>> Top 10 in school history in the indoor and outdoor triple jump
>> Competed in four indoor, two outdoor meets as a freshman



EVA GAUTREAUX • JR. • SPRINTS

SB 800m -
PB 800m - 2:07.13

>> Top 10 in school history in two events
>> Top 15 finish in the 800m at the SEC Outdoor Championships



BETSY JEPKEMEI • FR. • DISTANCE

SB 1,000m - 2:46.55
PB 1,000m - 2:46.55
SB Mile - 4:50.27
PB Mile - 4:50.27
SB 3,000m - 9:40.41
PB 3,000m - 9:40.41

>> Top 10 in school history in the 1,000m
>> Prepped at Holy Rosary Girls Secondary School
>> Owns a personal best of 9:49 in the 3,000m in Iten, Kenya (approx. 7,000 ft.)



MYA GEORGIADIS • SR. • HURDLES

SB 60m - 8.28
PB 60m - 8.28
SB 400m -
PB 400m - 55.61

>> Top 10 in school history in the 400mH
>> Did not compete indoors in 2025



ALIMA KASSIM • SO. • SPRINTS

SB 60m - 7.56
PB 60m - 7.56
SB 200m - 24.56
PB 200m - 24.53

>> Top 10 in school history in three events



LENA GOODEN • JR. • JUMPS

SB 60m -
PB 60m - 7.53
SB LJ - 6.30m
PB LJ - 6.30m
SB TJ - 12.12m
PB TJ - 12.12m

>> Two school records, five program all-time top 10s
>> Did not compete outdoors in 2025
>> 2024 second-team All-American
>> NCAA qualifier in the long jump
>> 2024 SEC scorer in the long jump and as a member of the 4x100m relay



OLIVIA KOSANOVICH • JR. • POLE VAULT

SB PV - 3.82m
PB PV - 3.82m

>> Top 10 in school history in the indoor pole vault
>> Did not compete outdoors in 2025



JOHNA GRISIK • SR. • DISTANCE

SB 1,000m - 2:57.98
PB 1,000m - 2:57.98
SB Mile - 5:04.31
PB Mile - 5:04.31

>> Competed in two indoor, two outdoor meets in 2025



LILY KRIESEL • SO. • DISTANCE

SB Mile - 4:44.70
PB Mile - 4:44.70
SB 3,000m - 9:06.30
PB 3,000m - 9:06.30
SB 5,000m -
PB 5,000m - 16:18.36

>> Holds school record in the 3,000 meters
>> Top 10 in school history in three events
>> 2025 USATF U20 champion in the 5,000 meters



JAYDEN HILL • GR. • SPRINTS

SB 600m - 1:28.76
PB 600m - 1:28.76
SB 800m - 2:04.24
PB 800m - 2:04.26

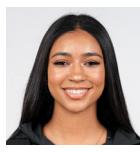
>> Tied for Vanderbilt school record in the 800m
>> Top 10 in Vandy history in the 600m
>> Graduate transfer from California
>> Top 10 in Cal history in two events
>> 2025 NCAA West First Round qualifier in the 800m



TYLA LUMLEY • GR. • DISTANCE

SB 5,000m - 16:18.92
PB 5,000m - 16:10.34

>> Top 10 in Vanderbilt history in the indoor 5k
>> Graduate transfer from Drake
>> 2025 NCAA XC All-South Region
>> 2025 NCAA West First Round qualifier in the 10k
>> Missouri Valley Conference champion in the 10k and indoor 5k



ROWAN HOUSTON • JR. • JUMPS

SB HJ - 1.70m
PB HJ - 1.71m

>> Top 10 in school history in the indoor and outdoor high jump



SARAH MARVIN • GR. • THROWS

SB SP - 15.39m
PB SP - 15.94m

>> Top 10 in school history in three events
>> Two-time NCAA East First Round qualifier in the shot put



HANNAH HUYLER • FR. • DISTANCE

>> Prepped at Lakeridge HS
>> First-team all-state (1,500 and 3,000m)



ALLYRIA MCBRIDE • SR. • HURDLES/SPRINTS

SB 300m - 37.78
PB 300m - 37.78
SB 400m -
PB 400m - 53.47

>> Two-time All-American (400mH)
>> Two-time All-SEC
>> 10-time SEC scorer
>> Three school records, eight program all-time top 10s

COMMODORE CAPSULES



TAYLOR MCKINNON • SR. • HURDLES

SB 60m - 7.75
PB 60m - 7.75
SB 60mH - 8.27
PB 60mH - 8.27

>> One school record, three program all-time top 10s



FALON SPEARMAN • SR. • HURDLES

SB 60m - 7.73
PB 60m - 7.73
SB 60mH - 8.01
PB 60mH - 8.07

>> 2025 NCAA qualifier in the 100mH
>> Three school records, three program all-time top 10s



ANISSA MOORE • JR. • SPRINTS

SB 400m - 56.57
PB 400m - 54.03

>> Did not compete in 2024 or 2025



SANTANA SPEARMAN • SR. • HURDLES

SB 60m - 7.91
PB 60m - 7.91
SB 60mH - 8.29
PB 60mH - 8.29

>> One school record, top 10 in school history in two events
>> Two-time NCAA East First Round qualifier (2024, 2025)



JOY MOORER • SR. • HURDLES/SPRINTS

SB 200m - 24.96
PB 200m - 24.31
SB 400m - 54.61
PB 400m - 54.61

>> Two-time regional qualifier (2024, 2025)
>> Top 10 in school history in six events
>> SEC scorer as a member of the outdoor 4x400m relay



KAYLEIGH STARGELL • SO. • MULTI

SB/PB 60m - 8.09/8.09
SB/PB 60mH - 9.45
SB/PB HJ - 1.49m
SB/PB SP - 10.46m/10.46m
SB/PB LJ - 5.73m/5.73m

>> Did not compete outdoors
>> Competed in four indoor meets



KELTY OASTER • GR. • DISTANCE

SB 800m - 2:07.08
PB 800m - 2:05.09
SB Mile - 4:58.88
PB Mile - 4:55.98

>> Top 10 in Vanderbilt history in two events
>> Graduate transfer from Elizabethtown College
>> 2025 NCAA DIII champion in the indoor and outdoor 800m
>> Three-time DIII All-American
>> Two-time DIII Mid-Atlantic Women's Track Athlete of the Year



MYRTO VALACHA • FR. • DISTANCE

>> 10-time Greek national champion
>> Three-time qualifier for the European Championships
>> Two-time qualifier for the U20 World Championships



DEVYN PARHAM • SO. • MULTI

SB/PB Pent - 3,948/3,963
SB/PB 60mH - 8.24/8.24
SB/PB HJ - 1.64m/1.62m
SB/PB SP - 12.04m/12.04m
SB/PB LJ - 5.61m/5.85m
SB/PB 800m - 2:20.90/2:19.72

>> 2025 NCAA East First Round qualifier
>> Two-time SEC scorer
>> Top 10 in school history in six events



ANAYA WEBSTER • JR. • JUMPS

SB LJ - 6.23m
PB LJ - 6.23m
SB TJ - 12.47m
PB TJ - 12.47m

>> Holds school record in the long jump, top 10 in school history in three events



CLAIRE PETERSEN • JR. • DISTANCE

SB Mile -
PB Mile - 4:51.10
SB 3,000m - 9:31.76
PB 3,000m - 9:31.76
SB 5,000m -
PB 5,000m - 17:05.51

>> No. 8 in Vanderbilt history in the 3,000 meters
>> 2025 NCAA XC All-South Region



MADYSON WILSON • SR. • HURDLES/SPRINTS

SB 200m -
PB 200m - 25.12
SB 400m -
PB 400m - 57.20
SB 600m - 1:29.94
PB 600m - 1:29.94

>> Top 10 in school history in four events
>> 2025 NCAA East First Round qualifier
>> SEC scorer as a member of the 4x400m relay



JACQUELINE ROSE • SO. • POLE VAULT

SB PV - 3.75m
PB PV - 4.11m

>> Top 10 in school history in the indoor and outdoor pole vault



KYLAH WOODS • FR. • SPRINTS

SB 60m - 7.60
PB 60m - 7.60

>> Top 10 in school history in the 60m
>> Prepped at Ridge Point HS
>> AAU national record holder as a member of the 4x100m relay
>> Eight-time All-American (AAU, Nike, USATF)



MARTA SIVINA • SR. • MULTI

SB/PB Pent - 3,979/4,174
SB/PB 60mH - 8.47/8.44
SB/PB HJ - 1.61m/1.75m
SB/PB SP - 12.01m/12.01m
SB/PB LJ - 5.72m/5.73m
SB/PB 800m - 2:18.72/2:15.82

>> Latvian U23 record holder in the 60mH
>> Top 10 in school history in five events
>> Three-time SEC scorer in the multi



ALTHEA THOMAS

DIRECTOR OF CROSS COUNTRY, TRACK AND FIELD // FIFTH SEASON // LSU '04

Althea Thomas took over as Vanderbilt's director of cross country and track and field on July 8, 2021. She brings more than 20 years of coaching experience to Nashville, including three stops in the SEC with the last four seasons spent at Georgia. Most recently, Thomas served as associate head coach and recruiting coordinator for the Bulldogs where she led the men and women's sprints, hurdles and relays.

"Coach Thomas is highly respected in the track and field community with a deep commitment to developing student-athletes athletically and academically," vice chancellor for athletics and university affairs and athletic director Candice Storey Lee said. "Her integrity, coaching pedigree and experience in the SEC made her the ideal candidate to lead our cross country and track and field programs."

In 2025, Thomas' Commodores broke five school records and added 50 marks ranking in the program all-time top 10. Marta Sivina also set the U23 Latvian National Record in the 60-meter hurdles. To end the NCAA season, Allyria McBride earned first-team All-America honors in the 400-meter hurdles. At the USATF U20 Outdoor Championships, Lily Kriegel won the 5,000 meters and earned a bronze medal in the 1,500 meters.

Outside of athletics, 22 members of the cross country team were named to the SEC Fall Academic Honor Roll. Junior Santana Spearman was nominated for the first-ever Allstate NACDA Good Works Winter Team. Five student-athletes were named to the College Sports Communicators Academic All-District Team.

In Thomas' third season at the helm, Veronica Fraley won the 2024 NCAA title in the discus, and the team brought home a top 25 team finish for the second consecutive season. At the SEC Outdoor Championships, the Commodores tied their best team finish in program history, tallying 45 points to place eighth. The meet was highlighted by SEC Field Athlete of the Year Fraley's win in the shot put and runner-up finish in the discus.

Four Commodores, Fraley, Giavonna Meeks, McBride and Falon Spearman, qualified for the 2024 U.S. Olympic Team Trials. McBride advanced

to the semifinals in the 400-meter hurdles, while Fraley punched her ticket to Paris with a bronze-medal finish in the discus.

At the 2024 SEC Indoor Championships, Meeks' 23.04-meter weight throw mark broke the SEC freshman record and ranked second all-time among freshman collegians. She walked away from the SEC Championships with a bronze medal. Meeks would go on to place sixth in the weight throw at the NCAA Indoor Championships, the best finish by a freshman in the weight throw at nationals since 2004.

During the 2023 season, Thomas led the team to a 20th-place finish at the NCAA Outdoor Championships, its best since 1997. Five student-athletes earned All-America honors, including Beatrice Juskeviciute, who was the runner-up in the heptathlon.

At the SEC Outdoor Championships, Thomas boasted two individual champions, Fraley in the discus and Juskeviciute in the heptathlon, and six additional scoring performances across three disciplines.

In her first season with the Commodores, Thomas coached student-athletes to six indoor and outdoor All-America selections. Taiya Shelby broke the indoor 400-meter school record and had the No. 2 performance in program history in the outdoor 400 meters—earning second-team All-America recognition in both events. Three-time All-American Divine Oladipo earned first-team honors in the outdoor shot put and was a second-team selection in the discus and indoor shot put. Grace Jensen also earned second-team All-America honors in the 1,500 meters.

At the 2022 SEC Outdoor Championships, Vanderbilt notched seven scoring performances. During the SEC Indoor Championships, Oladipo earned a silver medal in the shot put and second-team All-SEC honors.

Personal

As a student-athlete, Thomas was a two-time NCAA outdoor team champion (2000, 2003) at LSU. She was a provisional NCAA qualifier in the 800 meters and a national qualifier in the 400-meter hurdles in 2003.

Thomas, a native of Birmingham, Alabama, earned her bachelor's degree in kinesiology from LSU in 2004.

THE THOMAS FILE

Thomas by the Numbers

- 3 NCAA individual titles
- 44 All-America selections
- 2 Olympians
- 3 World Athletics Championships qualifications
- 1 Pan American Games selection
- 3 SEC Athlete of the Year awards
- 8 SEC individual champions (3 at Vanderbilt)
- 2 individual NCAA regional titles
- 6 All-South Region cross country selections
- 1 NCAA East Region record
- 1 SEC freshman record
- 1 Pan Am U20 champion
- 2 USATF U20 champions
- 1 All-SEC Freshman team selection - women's XC
- 2021 USTFCCCA South Region Men's Assistant Coach of the Year
- 2 SEC Scholar-Athletes of the Year
- 3 CSC Academic All-America selections

Coaching History

- Vanderbilt..... Director (2021– Present)
- Georgia.....Associate Head Coach/Recruiting Coordinator (2017-21)
- Clemson.....Assistant Coach (2013-17)
- Purdue.....Assistant Coach/Recruiting Coordinator (2012-13)
- Kentucky.....Assistant Coach (2010-12)
- UAB.....Assistant Coach/ Recruiting Coordinator (2008-10)
- Alabama Striders Track Club.....Head Coach (2005-10)
- Huffman High School.....Assistant Coach (2004-06)
- LSU.....Volunteer Student Assistant (2003-04)