



# VANDERBILT

## TRACK & FIELD

2025-26

### MEET 3



## VANDERBILT INVITATIONAL



**JAN. 16-17**



**NASHVILLE, TENN.**

*David Williams II Recreation & Wellness Center*



**SEC NETWORK+**

### DORE NOTES

#### NEXT UP

- Vanderbilt track and field continues its indoor season when the Commodores host 33 teams for the Vanderbilt Invitational at the David Williams II Recreation & Wellness Center Friday and Saturday
- SEC foes Ole Miss and Tennessee will make their way to Nashville this weekend

#### THE LAST TIME OUT

- The Commodores headed north to Louisville for Kentucky's Rod McCravy Memorial Track & Field Meet to kick off action in 2026
- Vanderbilt student-athletes broke two school records and compiled a total of 19 marks ranking in the program's all-time top 10 over two days

#### OVER THE HURDLE

- Associate head coach Justin Byron's 60-meter hurdles squad continues to see success in 2025-26
- At the Rod McCravy Memorial, Falon Spearman broke her own school record in the 60-meter hurdles with a 8.17-second time
- At the season-opening Commodore Challenge, Devyn Parham, Santana Spearman and Taylor McKinnon PRed to improve their marks as the third, fourth and fifth-ranked 60-meter hurdlers in Vanderbilt history
- Freshman Janie Ford added her name to the record books with the No. 8 60-meter hurdles time in school history

#### SPRINT SUCCESS

- Commodores posted 11 marks ranking top 10 in school history in spring events at the Rod McCravy Memorial
- To end the weekend, the 4x400-meter relay team of Joy Moorer, Faith Franklin, Allyria McBride and Madyson Wilson clocked 3:34.48, which is the No. 2 time in Vanderbilt history and is currently ranked third in the SEC, fourth in the NCAA
- Making their collegiate debuts, London Jackson-Bray and Kyla Woods turned in program all-time top 10 times in the 60 meters
- Jackson-Bray was the sole Dore to qualify for the event final, recording a 7.42-second mark in the first round, which is ranked No. 2 in school history
- Woods' time of 7.60 seconds is the seventh-fastest mark in program history

#### FORD'S FRESHMAN SEASON

- In her second-ever collegiate meet, Ford broke the school record in the long jump and added marks to the program's all-time top 10 lists in the 60-meter hurdles and 300 meters
- Ford is ranked top 20 in the NCAA and is tied for third in the SEC with a 6.18-meter long jump mark
- She's the third-ranked freshman in NCAA Division I in the long jump

#### A MULTI-TALENTED CREW

- Since 2023, Vanderbilt has had at least one scoring performer in the pentathlon or heptathlon at the SEC Indoor and Outdoor Championships
- Parham and Marta Sivina, who scored at both the indoor and outdoor conference meets are returners for the Dores this season
- Sivina is ranked second in school history in the pentathlon behind 2023 SEC champion and first-team All-American Beatrice Juskeviciute
- Ford, the 2025 New Balance Nationals pentathlon champion, joins the Commodores' multi crew this season
- Her 3,941-point score is a New Balance Nationals meet record and the No. 4 all-time pentathlon score by a U.S. high school girl

#### NEW FACES IN NASHVILLE

- Six graduate transfers and nine freshmen joined the Commodores' roster for the 2025-26 season
- Notable newcomers include two-time NCAA Division III 800 meters champion Kelty Oaster and past NCAA Division I regional qualifiers Elizabeth Bailey, Jayden Hill and Tyla Lumley
- Vandy's freshman class includes 11-time state champion Danielle Dunning, two-time Alabama Girls Track and Field Gatorade Player of the Year Ford, 10-time Greek national champion Myrto Valacha and 4x100-meter relay AAU national record holder Woods

#### RECORD WATCH

- Active student-athletes hold school records in two individual events and own 43 marks ranking in the program's indoor all-time top 10
- McBride is the most decorated active Commodore, boasting two school records and five program all-time top 10 marks in indoor events

### 2025-26 TRACK & FIELD SCHEDULE

Dec. 6	Winter Commodore Challenge	Nashville, Tenn.
Jan. 9-10	Rod McCravy Invitational	Louisville, Ky.
Jan. 16-17	Vanderbilt Invitational	Nashville, Tenn.
Jan. 30-31	Bob Pollock Invitational	Clemson, S.C.
Jan. 30	John Thomas Terrier Classic	Boston, Mass.
Feb. 13-14	Music City Challenge	Nashville, Tenn.
Feb. 26-28	SEC Indoor Championships	College Station, Texas
March 13-14	NCAA Indoor Championships	Fayetteville, Ark.
March 19-20	Hampton Inn River City Relays	Jacksonville, Fla.
March 26-27	Raleigh Relays	Raleigh, N.C.
April 3-4	Florida Relays	Gainesville, Fla.
April 9-11	44 Farms Team Invitational	College Station, Texas
April 10	Crimson Tide Invitational	Tuscaloosa, Ala.
April 15-18	Mt. SAC Relays	Walnut, Calif.
April 16-18	Bryan Clay Invitational	Azusa, Calif.
April 25	LSU Alumni Gold	Baton Rouge, La.
May 1-2	Music City Challenge	Nashville, Tenn.
May 14-16	SEC Outdoor Championships	Auburn, Ala.
May 27-30	NCAA East Region First Round	Lexington, Ky.
June 10-13	NCAA Outdoor Championships	Eugene, Ore.
June 18-21	USATF U20 Outdoor Championships	Eugene, Ore.
TBD	USATF Outdoor Championships	Eugene, Ore.
Aug. 5-9	World Athletics U20 Championships	Eugene, Ore.

### ATHLETIC COMMUNICATIONS

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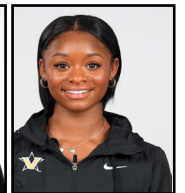
### ACTIVE RECORD HOLDERS



**ALLYRIA MCBRIDE**  
4x400m Relay - 3:33.23  
DMR - 11:13.61



**AUDREY ALLMAN**  
DMR - 11:13.61



**FALON SPEARMAN**  
60m Hurdles - 8.17



**JANIE FORD**  
Long Jump - 6.18m

QUICK FACTS

Name	Vanderbilt University
Location	Nashville, Tenn.
Founded	1873
Enrollment	7,366 (undergraduate) • 13,670 (total)
Nickname	Commodores
Colors	Black & Gold
Conference	Southeastern
Affiliation	NCAA Division I
Chancellor	Daniel Diermeier
Vice Chancellor/Athletics Director	Candice Storey Lee
Faculty Athletics Rep	Tracey George
Website	<a href="#">VUCommodores.com</a>

TRACK & FIELD STAFF

Director • Cross Country, Track & Field	Althea Thomas LSU '04 • 5th season
Associate Head Coach	Justin Byron
Assistant Coach • Throws	Candace Fuller
Assistant Coach • Distance	Chad Balyo
Assistant Coach • Distance	Lisa Morgan
Assistant Coach • Sprints	Cameia Alexander
Assistant Coach • Jumps	Harold Rose

ABOUT THE DORES

2025 SEC Indoor Finish	T14th
2025 NCAA Indoor Finish	N/A
Best SEC Indoor Finish	Eighth, 1998
Best NCAA Indoor Finish	T14, 1997
Program Indoor All-Americans	14

USTFCCCA RANKINGS

- 1. Oregon
- 2. Georgia
- 3. Southern California
- 4. Oklahoma
- 4. Arkansas
- 4. Washington
- 7. Texas A&M
- 8. Illinois
- 9. BYU
- 10. Texas Tech
- 11. Harvard
- 11. Alabama
- 13. Stanford
- 14. TCU
- 15. Baylor
- 15. Tennessee
- 17. Wisconsin
- 18. Northern Arizona
- 18. South Carolina
- 20. Nebraska
- 20. Clemson
- 20. LSU
- 23. Notre Dame
- 23. North Carolina
- 23. West Virginia
- 23. NC State

\*Rankings as of March 16, 2025

DORES ON THE NATIONAL STAGE

- Vanderbilt boasted two national qualifiers in 2025
- McBride earned first-team All-America honors after placing eighth in the 400-meter hurdles at the NCAA Outdoor Championships
- F. Spearman, who finished 13th at regionals in 2024, qualified for the 2025 NCAA Outdoor Championships after placing 11th in the regional quarterfinals (13.13) and resetting the school record in the first round (13.03)
- At the 2025 USATF U20 Outdoor Championships, Lily Kriegel won the 5,000 meters and placed third in the 1,500 meters
- Making her Commodore debut at the 2025 USATF Outdoor Championships, Bailey broke the school record in the javelin

MCBRIDE MAKES HER MARK

- In 2025, McBride returned to the NCAA Outdoor Championships stage after narrowly missing qualifying in 2024
- McBride competed at the 2024 U.S. Olympic Team Trials and advanced to the 400-meter hurdles semifinals where she finished top 25
- A four-time program record holder, McBride became Vanderbilt's first true freshman All-American since 1997 when she earned a second-team nod in the 400-meter hurdles in 2023

DORES AROUND THE WORLD

- Five Dores, Danna Diaz, Betsy Jepkemei, Lumley, Sivina and Valacha, hail from countries outside of the United States
- Sivina, of Ogre, Latvia, is the U23 national record holder in the 60-meter hurdles and has medaled on multiple occasions at the Latvian Combined Event Championships
- Valacha, from Patras, Greece, is a 10-time national champion

ACADEMIC EXCELLENCE

- The Vanderbilt track and field team compiled a 3.477 cumulative GPA for the 2025 fall semester
- Twelve track and field student-athletes were named to the 2024-25 First-Year SEC Academic Honor Roll, and 29 Dores earned recognition on the 2025 Spring SEC Academic Honor Roll
- For their academic and athletic excellence, McBride, Rosenberg, F. Spearman, S. Spearman and Wolski were named to the College Sports Communicators Cross Country/Track & Field Academic All-District Team

SUCCESS UNDER THOMAS

- Now in her fifth season at the helm, director of cross country and track and field Althea Thomas led the Commodores to back-to-back top 25 finishes at the NCAA Outdoor Championships
- Under Thomas' direction, Dores have achieved 19 All-America and five NCAA women's cross country All-South Region honors
- At the 2025 NCAA South Region Championships, the Vanderbilt women's cross country team earned a fifth-place finish, its best since 2016, and three student-athletes earned all-region honors

VANDERBILT TRACK & FIELD ROSTER

Name	Yr.	Event	Hometown/Prev. School
Audrey Allman	Sr.	Distance	Glen Ellyn, Ill. / Glenbard West HS
Elizabeth Bailey	Gr.	Throws	Eureka, Mo. / Charlotte
Bria Bennis	Jr.	Distance	Elmhurst, Ill. / Elmhurst (York) HS
London Jackson Bray	Fr.	Sprints	Katy, Texas / Katy HS
Cali Bryant	Fr.	Jumps	Houston, Texas / Houston Memorial HS
Gianna Bullock	Gr.	Multi	Nashville, Tenn. / Oregon
Anyia (ON-yuh) Carey	So.	Jumps	Pembroke Pines, Fla. / Somerset Academy
Kenyah Conner	So.	Sprints	College Park, Ga. / Woodward Academy
Mackenzie Culpepper (CUHL-pep-per)	Sr.	Distance	Hoover, Ala. / Spain Park HS
Isabella Dagrosa (DUH-gross-uh)	So.	Hurdles	San Antonio, Texas / Reagan HS
Mackenzie Dagrosa (DUH-gross-uh)	So.	Jumps	San Antonio, Texas / Reagan HS
Sofia Day	Fr.	Distance	Linwood, N.J. / Mainland Regional HS
Danna (DON-nuh) Diaz	Gr.	Distance	Bogotá, Colombia / Tulane
Josie Donelson	So.	Hurdles / Sprints	Lake Oswego, Ore. / Lake Oswego HS
Danielle Dunning	Fr.	Sprints	Chattanooga, Tenn. / Brainerd HS
Janie Ford	Fr.	Multi	Mobile, Ala. / St. Paul's Episcopal School
Faith Franklin	So.	Sprints	Harlingen, Texas / Harlingen HS
Eva Gautreaux (GO-tro)	Jr.	Sprints	Germantown, Tenn. / Houston HS
Mya Georgiadis (George-ee-aw-dis)	Sr.	Hurdles	Ann Arbor, Mich. / Huron HS
Lena (LEE-nuh) Gooden	Jr.	Jumps	Manassas, Va. / Osbourn Park HS
Johna Grisk (GRIZE-ick)	Sr.	Distance	Alpharetta, Ga. / Marist HS
Rowan Houston	Jr.	Jumps	Rye, N.Y. / Rye Country Day School
Hannah Huyler (High-ler)	Fr.	Distance	Lake Oswego, Ore. / Lakeridge HS
Prynness Jackson	So.	Multi	Highland Springs, Va. / Highland Springs HS
Betsy Jepkemei (Jep-kem-ee)	Fr.	Distance	Iten, Kenya / Holy Rosary Girls Secondary School
Alima (Uh-lee-muh) Kassim (KUH-seem)	So.	Sprints	Nashville, Tenn. / University School of Nashville
Olivia Kosanovich	Jr.	Pole Vault	Boulder, Co. / Fairview HS
Lily Kriegel (Kree-gul)	So.	Distance	Whitefish Bay, Wis. / Whitefish HS
Tyla Lumley	Gr.	Distance	Brisbane, Australia / Drake
Sarah Marvin	Gr.	Throws	Gaines, Mich. / Byron HS
Allyria (UH-leer-ee-uh) McBride	Sr.	Hurdles / Sprints	Marietta, Ga. / Wheeler HS
Taylor McKinnon	Sr.	Hurdles	Durham, N.C. / Cardinal Gibbons HS
Anissa (UH-nee-suh) Moore	Jr.	Sprints	Hempstead, N.Y. / Hempstead HS
Joy Mooror	Sr.	Hurdles / Sprints	Phoenix, Ariz. / North Canyon HS
Kelty Oaster (OH-ster)	Gr.	Distance	Gettysburg, Penn. / Elizabethtown (Penn.)
Devyn Parham (PAIR-am)	So.	Multi	Chesterfield, Va. / Thomas Dale HS
Claire Petersen	So.	Distance	Roswell, Ga. / Blessed Trinity HS
Jacqueline Rose	So.	Pole Vault	Keller, Texas / Keller HS
Marta Sivina (Siv-ee-nuh)	Sr.	Multi	Ogre, Latvia / North Texas
Falon Spearman	Sr.	Hurdles	Charlotte, N.C. / Duke
Santana Spearman	Sr.	Hurdles	Charlotte, N.C. / Providence Day HS
Kayleigh Stargell	So.	Multi	Atlanta, Ga. / North Atlanta HS
Myrto Valacha (Vuh-LAW-ha)	Fr.	Distance	Patras, Greece / Sixth Daily Vocational
Anaya Webster	Jr.	Jumps	Spring, Texas / Havergal College
Madysen Wilson	Sr.	Hurdles / Sprints	Atlanta, Ga. / Westlake HS
Kylah Woods	Fr.	Sprints	Missouri City, Texas / Ridge Point HS

## Indoor Records at a Glance

<b>60m</b>		
1.	Haley Bishop .....	7.37 .....
2.	<i>London Jackson-Bray</i> .....	7.42 .....
3.	Madison Fuller .....	7.46 .....
4.	<i>Lena Gooden</i> .....	7.53 .....
5.	<i>Alima Kassim</i> .....	7.57 .....
6.	Tina Benzinger .....	7.59 .....
7.	<i>Kylah Woods</i> .....	7.60 .....

**60m Hurdles**

1.	<i>Falon Spearman</i> .....	8.17 .....
2.	Beatrice Juskeviciute .....	8.23 .....
3.	<i>Devyn Parham</i> .....	8.24 .....
4.	<i>Santana Spearman</i> .....	8.29 .....
5.	<i>Taylor McKinnon</i> .....	8.35 .....
6.	Amanda Mullins-Hall .....	8.37 .....
7.	<i>Marta Sivina</i> .....	8.44 .....
8.	<i>Janie Ford</i> .....	8.50 .....

**200m**

1.	Haley Bishop .....	23.47 .....
...		
4.	Madison Fuller .....	24.11 .....
5.	<i>Allyria McBride</i> .....	24.30 .....
6.	Taiya Shelby .....	24.35 .....
7.	Rondajai Washington .....	24.41 .....
8.	Faith Washington .....	24.58 .....
9.	<i>Lena Gooden</i> .....	24.61 .....
10.	Jennifer Edobi .....	24.62 .....

**300m**

1.	Taiya Shelby .....	37.41 .....
2.	<i>Janie Ford</i> .....	37.64 .....
3.	<i>Allyria McBride</i> .....	37.78 .....
4.	Haley Bishop .....	38.33 .....
5.	<i>Devyn Parham</i> .....	38.83 .....
6.	Brooke Overholt .....	39.08 .....
7.	<i>Joy Mooror</i> .....	39.24 .....
8.	Tina Benzinger .....	39.34 .....
9.	<i>Falon Spearman</i> .....	39.36 .....
10.	Kaira Brown .....	39.45 .....

**400m**

1.	Taiya Shelby .....	52.40 .....
2.	Ryan Tolbert .....	52.75 .....
3.	Jennifer Edobi .....	53.45 .....
4.	<i>Allyria McBride</i> .....	53.57 .....

**600m**

1.	Taiya Shelby .....	1:29.06 .....
2.	<i>Madyson Wilson</i> .....	1:30.32 .....
3.	<i>Jayden Hill</i> .....	1:31.17 .....
4.	<i>Allyria McBride</i> .....	1:31.29 .....
5.	Michele Baskin .....	1:31.43 .....
6.	Jennifer Edobi .....	1:31.70 .....
7.	<i>Kenyah Conner</i> .....	1:31.72 .....
	Skyler Carpenter .....	1:31.72 .....

**800m**

1.	Courtney Clayton .....	2:04.24 .....
2.	Taiya Shelby .....	2:04.25 .....
3.	Ruby Stauber .....	2:07.29 .....

**1,000m**

1.	Julia Rosenberg .....	2:43.76 .....
2.	<i>Betsy Jepkemei</i> .....	2:46.55 .....
3.	Kat Delaney .....	2:47.16 .....
4.	<i>Kelty Oaster</i> .....	2:47.50 .....
5.	Grace Jensen .....	2:47.52 .....
6.	<i>Audrey Allman</i> .....	2:48.69 .....
...		
10.	<i>Mackenzie Culpepper</i> .....	2:51.53 .....

**Mile**

1.	Julia Rosenberg .....	4:37.26 .....
2.	Grace Jensen .....	4:37.56 .....
3.	<i>Audrey Allman</i> .....	4:39.73 .....

**3,000m**

1.	Julia Rosenberg .....	9:14.16 .....
2.	Niki Narayani .....	9:18.66 .....
3.	Caroline Eck .....	9:20.85 .....

**5,000m**

1.	Liz Anderson .....	16:14.30 .....
2.	<i>Bria Bennis</i> .....	16:17.40 .....
3.	Niki Narayani .....	16:17.82 .....

**High Jump**

1.	Brionne Williams .....	6-0 (1.83m) .....
	Josie Hahn .....	6-0 (1.83m) .....
3.	Ellie Tidman .....	5-9.75 (1.77m) .....
	Becky Collins .....	5-9.75 (1.77m) .....
5.	<i>Mackenzie Dagrosa</i> .....	5-8.75 (1.75m) .....

	<i>Marta Sivina</i> .....	5-8.75 (1.75m) .....
7.	<i>Cali Bryant</i> .....	5-8.5 (1.74m) .....
	Jennifer Cannon .....	5-8.5 (1.74m) .....
9.	Jada Sims .....	5-8.11 (1.73m) .....
10.	<i>Rowan Houston</i> .....	5-7.25 (1.71m) .....
	Ashlyn Hare .....	5-7.25 (1.71m) .....

**Pole Vault**

1.	Kristen Denk .....	14-2.75 (4.34m) .....
...		
7.	Katelyn Deutsch .....	12-7.5 (3.8m) .....
8.	<i>Olivia Kosanovich</i> .....	12-3.50 (3.75m) .....
	<i>Jacqueline Rose</i> .....	12-3.50 (3.75m) .....

**Long Jump**

1.	<i>Janie Ford</i> .....	20-3.5 (6.18m) .....
2.	<i>Allyria McBride</i> .....	20-1.5 (6.13m) .....
3.	Ryan Tolbert .....	19-8 (5.99m) .....
4.	<i>Lena Gooden</i> .....	19-6 (5.94m) .....
5.	Beatrice Juskeviciute .....	19-5.25 (5.92m) .....
6.	<i>Anaya Webster</i> .....	19-3.5 (5.88m) .....
7.	<i>Devyn Parham</i> .....	19-2.25 (5.85m) .....

**Triple Jump**

1.	Simone Charley .....	44-5.25 (13.54m) .....
2.	Christina Penn .....	41-9.5 (12.73m) .....
3.	<i>Prynness Jackson</i> .....	41-2.5 (12.56m) .....
4.	<i>Anaya Webster</i> .....	40-6 (12.34) .....
5.	Tierney Price .....	40-0 (12.19m) .....
6.	<i>Any Carey</i> .....	39-7.25 (12.07m) .....

**Shot Put**

1.	Divine Oladipo .....	58-9.5 (17.92m) .....
2.	Veronica Fraley .....	56-7.25 (17.25m) .....
3.	Sarah Omoregie .....	56-1.75 (17.11m) .....
4.	Leslie Vidmar .....	53-0.25 (16.16m) .....
5.	<i>Sarah Marvin</i> .....	52-3.75 (15.94m) .....

**Weight Throw**

1.	Giavonna Meeks .....	75-7.25 (23.04m) .....
2.	Kosi Umerah .....	65-2.25 (19.87) .....
3.	Vensherrie Campbell .....	58-5.75 (17.82) .....

**Pentathlon**

1.	Beatrice Juskeviciute .....	4,282 .....
2.	<i>Marta Sivina</i> .....	4,174 .....
3.	Josie Hahn .....	4,064 .....
4.	<i>Devyn Parham</i> .....	3,963 .....

**4x400m Relay**

1.	<i>A. McBride</i> , B. Overholt, K. Brown, T. Shelby .....	3:33.23 .....
2.	<i>J. Mooror</i> , <i>F. Franklin</i> , <i>A. McBride</i> , <i>M. Wilson</i> .....	3:34.48 .....

**Distance Medley Relay**

1.	<i>A. Allman</i> , <i>A. McBride</i> , E. Wolski, J. Rosenberg .....	11:13.61 .....
2.	G. Jensen, K. Brown, T. Shelby, C. Eck .....	11:14.47 .....
3.	E. Curry, <i>A. McBride</i> , <i>A. Allman</i> , J. Rosenberg .....	11:15.13 .....

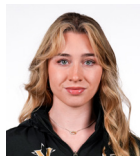
\*Bold Italics indicates current student-athlete

## DORES IN THE RANKINGS

Name	SEC	NCAA	Event	Mark
London Jackson-Bray	T15	T35	60 meters	7.42
Betsy Jepkemei	7	41	Mile	4:53.13
Falon Spearman	5	T6	60m Hurdles	8.17
Devyn Parham	10	15	60m Hurdles	8.24
Santana Spearman	13	18	60m Hurdles	8.29
Taylor McKinnon	16	23	60m Hurdles	8.35
Marta Sivina	19	T47	60m Hurdles	8.47
Mackenzie Dagrosa	T4	T25	High Jump	1.75m
Cali Bryant	7	T32	High Jump	1.74m
Janie Ford	3	T17	Long Jump	6.18m
Prynness Jackson	5	15	Triple Jump	12.56m
Anaya Webster	9	T34	Triple Jump	12.34m
Sarah Marvin	4	29	Shot Put	15.39m
Moorer, Franklin, McBride, Wilson	3	4	4x400m Relay	3:34.48

\*Rankings as of Jan. 12, 2026

# COMMODORE CAPSULES



## AUDREY ALLMAN • SR. • DISTANCE

SB 800m -  
PB 800m - 2:09.02  
SB mile -  
PB mile - 4:39.73

>> 2025 SEC scorer as a member of the DMR  
>> 2024 second-team All-SEC  
>> Bronze medalist at the 2024 SEC Indoor Championships as a member of the DMR  
>> Qualified for the 2023 Pan American U20 Championships



## MACKENZIE CULPEPPER • SR. • DISTANCE

SB 800m -  
PB 800m - 2:10.44  
SB 1,000m - 2:51.53  
PB 1,000m - 2:51.53  
SB Mile -  
PB Mile - 4:59.77

>> Top 10 in school history in the 1,000m



## ELIZABETH BAILEY • GR. • THROWS

SB SP - 11.96m  
PB SP - 13.32m

>> Graduate transfer from Charlotte  
>> 2024 NCAA qualifier in the javelin



## ISABELLA DAGROSA • SO. • HURDLES

SB 200m  
PB 200m - 25.74  
SB 400m -  
PB 400m - 57.89

>> Competed in four indoor, six outdoor meets as a freshman



## BRIA BENNIS • JR. • DISTANCE

SB 5,000m -  
PB 5,000m - 16:05.11

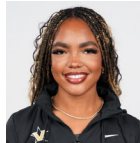
>> 2025 NCAA XC All-South Region  
>> Three program all-time top 10s  
>> Did not compete indoor or outdoors in 2025  
>> Bronze medalist in the 3,000m at the 2024 USATF U20 Outdoor Championships



## MACKENZIE DAGROSA • SO. • JUMPS

SB HJ - 1.75m  
PB HJ - 1.83m

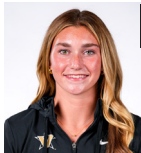
>> Tied for fifth in school history in the indoor high jump  
>> Did not compete outdoors



## LONDON JACKSON-BRAY • FR. • SPRINTS

SB 60m - 7.42  
PB 60m - 7.34  
SB 200m -  
PB 200m - 23.72

>> No. 2 in school history in the 60 meters  
>> Prepped at Katy High School  
>> Three-time Nike All-American



## SOFIA DAY • FR. • DISTANCE

SB Mile - 5:12.71  
PB Mile - 5:12.71

>> Prepped at Mainland Regional HS  
>> Nike All-American  
>> Four-time New Jersey state champion



## CALI BRYANT • FR. • JUMPS

SB LJ - 5.32m  
PB LJ - 5.76m  
SB HJ - 1.74m  
PB HJ - 1.78m

>> Tied for seventh in school history in the indoor high jump  
>> Prepped at Houston Memorial  
>> Four-time All-American (Nike/New Balance)  
>> Top 5 in the high jump at the 2024 USATF U20 Outdoor Championships



## DANNA DIAZ • GR. • DISTANCE

SB 800m -  
PB 800m - 2:14.40  
SB Mile -  
PB Mile - 4:43.20

>> Graduate transfer from Tulane  
>> 2025 first-team All-American Athletic Conference



## GIANNA BULLOCK • GR. • MULTI

PB Pent - 4.089  
PB 60mH - 6.45  
PB HJ - 1.71m  
PB LJ - 5.84m  
PB 800m - 2:17.52

>> Graduate transfer from Oregon  
>> Top 10 in Oregon history in the pentathlon and heptathlon



## JOSIE DONELSON • SO. • HURDLES/SPRINTS

SB 200m -  
PB 200m - 24.33  
SB 400m -  
PB 400m - 53.58

>> Top 10 in school history in three events  
>> SEC scorer as a member of the 4x400m relay  
>> 2024 U20 world champion as a member of Team USA's 4x400m relay



## ANYA CAREY • SO. • JUMPS

SB TJ - 12.07m  
PB TJ - 12.07m  
SB LJ - 5.39m  
PB LJ - 5.45m

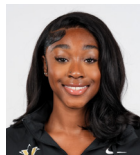
>> Top 10 in school history in the outdoor triple jump



## DANIELLE DUNNING • FR. • SPRINTS

SB 300m - 40.72  
SB 300m - 40.72

>> Prepped at Brainerd HS  
>> 11-time state champion  
>> 11-time Adidas national champion



## KENYAH CONNER • SO. • SPRINTS

SB 600m - 1:31.72  
PB 600m - 1:31.72  
SB 800m -  
PB 800m - 2:12.98

>> Top 10 in school history in the 600m  
>> Did not compete outdoors in 2025



## JANIE FORD • FR. • MULTI

SB/PB 60H - 8.50/8.50  
SB/PB HJ - 1.66m/1.69m  
SB/PB SP - 10.43m/10.43m

>> School record holder in the long jump, top 10 in school history in two events  
>> 2024, 2025 Alabama girl's track and field Gatorade Player of the Year  
>> 21 Alabama state championships



# COMMODORE CAPSULES



## FAITH FRANKLIN • SO. • SPRINTS

>> No. 2 in school history as a member of the 4x400 relay



## EVA GAUTREAUX • JR. • SPRINTS

SB 800m -  
PB 800m - 2:07.13

>> Top 10 in school history in two events  
>> Top 15 finish in the 800m at the SEC Outdoor Championships



## MYA GEORGIADIS • SR. • HURDLES

SB 60m - 8.28  
PB 60m - 8.28  
SB 400m -  
PB 400m - 55.61

>> Top 10 in school history in the 400mH  
>> Did not compete indoors in 2025



## LENA GOODEN • JR. • JUMPS

SB 60m -  
PB 60m - 7.53  
SB LJ - 5.94m  
PB LJ - 6.22m

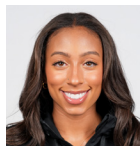
>> Did not compete outdoors in 2025  
>> Two school records, five program all-time top 10s  
>> 2024 second-team All-American  
>> NCAA qualifier in the long jump  
>> 2024 SEC scorer in the long jump and as a member of the 4x100m relay



## JOHNA GRISIK • SR. • DISTANCE

SB 800m -  
PB 800m - 2:15.33  
SB 100m - 2:57.98  
PB 100m - 2:57.98  
SB Mile -  
PB Mile - 5:04.99

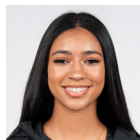
>> Competed in two indoor, two outdoor meets in 2025



## JAYDEN HILL • GR. • SPRINTS

SB 600m - 1:31.17  
PB 600m - 1:31.17  
SB 800m -  
PB 800m - 2:05.50

>> Top 10 in Vandy history in the 600m  
>> Graduate transfer from California  
>> Top 10 in Cal history in two events  
>> 2025 NCAA West First Round qualifier in the 800m



## ROWAN HOUSTON • JR. • JUMPS

SB HJ - 1.70m  
PB HJ - 1.71m

>> Top 10 in school history in the indoor and outdoor high jump



## HANNAH HUYLER • FR. • DISTANCE

>> Prepped at Lakeridge HS  
>> First-team all-state (1,500 and 3,000m)



## PRYNCESS JACKSON • SO. • MULTI

SB TJ - 12.56m  
PB TJ - 12.56m  
SB HJ - 1.62m  
PB HJ - 1.64m  
SB LJ -  
PB LJ - 5.33m

>> Top 10 in school history in the indoor and outdoor triple jump  
>> Competed in four indoor, two outdoor meets as a freshman



## BETSY JEPKEMEI • FR. • DISTANCE

SB 1,000m - 2:46.55  
PB 1,000m - 2:46.55  
SB Mile - 4:53.13  
PB Mile - 4:53.13

>> No. 2 in school history in the 1,000m  
>> Prepped at Holy Rosary Girls Secondary School  
>> Owns a personal best of 9:49 in the 3,000m in Iten, Kenya (approx. 7,000 ft.)



## ALIMA KASSIM • SO. • SPRINTS

SB 60m - 7.57  
PB 60m - 7.57  
SB 300m - 39.61  
PB 300m - 39.61

>> Top 10 in school history in two events



## OLIVIA KOSANOVICH • JR. • POLE VAULT

SB PV - 3.75m  
PB PV - 3.81m

>> Tied for eighth in school history in the pole vault  
>> Did not compete outdoors in 2025



## LILY KRIEDEL • SO. • DISTANCE

SB Mile -  
PB Mile -  
SB 5,000m -  
PB 5,000m - 16:18.36

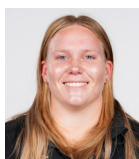
>> 2025 USATF U20 champion in the 5,000 meters  
>> Top 10 in school history in two events



## TYLA LUMLEY • GR. • DISTANCE

SB 5,000m -  
PB 5,000m - 16:10.34

>> Graduate transfer from Drake  
>> 2025 NCAA XC All-South Region  
>> 2025 NCAA West First Round qualifier in the 10k  
>> Missouri Valley Conference champion in the 10k and indoor 5k



## SARAH MARVIN • GR. • THROWS

SB SP - 15.39m  
PB SP - 15.94m

>> Top 10 in school history in three events  
>> Two-time NCAA East First Round qualifier in the shot put



## ALLYRIA MCBRIDE • SR. • HURDLES/SPRINTS

SB 300m - 37.78  
PB 300m - 37.78  
SB 400m -  
PB 400m - 53.47

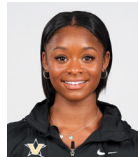
>> Two-time All-American (400mH)  
>> Two-time All-SEC  
>> 10-time SEC scorer  
>> Four school records, seven program all-time top 10s

# COMMODORE CAPSULES



## TAYLOR MCKINNON • SR. • HURDLES

SB 60m - 7.75      >> One school record, three program all-time top 10s  
 PB 60m - 7.75  
 SB 60mH - 8.35  
 PB 60mH - 8.35



## FALON SPEARMAN • SR. • HURDLES

SB 60m - 7.73      >> 2025 NCAA qualifier in the 100mH  
 PB 60m - 7.73      >> Two school records, two program all-time top 10s  
 SB 60mH - 8.17  
 PB 60mH - 8.17



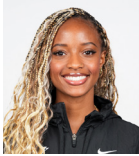
## ANISSA MOORE • JR. • SPRINTS

SB 300m - 40.09      >> Did not compete in 2024 or 2025  
 PB 300m - 40.09



## SANTANA SPEARMAN • SR. • HURDLES

SB 60m - 7.91      >> School record holder, top 10 in school history in two events  
 PB 60m - 7.91      >> Two-time NCAA East First Round qualifier (2024, 2025)  
 SB 60mH - 8.29  
 PB 60mH - 8.29



## JOY MOORER • SR. • HURDLES/SPRINTS

SB 300m - 39.24      >> Two-time regional qualifier (2024, 2025)  
 PB 300m - 39.24      >> Top 10 in school history in four events  
 SB 400m -      >> SEC scorer as a member of the 4x400m relay  
 PB 400m - 54.66



## KAYLEIGH STARGELL • SO. • MULTI

SB/PB 60m - 8.09/8.09      >> Did not compete outdoors  
 SB/PB 60mH - --/9.45      >> Competed in four indoor meets  
 SB/PB HJ - --/1.49m  
 SB/PB SP - 10.46m/10.46m  
 SB/PB LJ - 5.65m/5.65m



## KELTY OASTER • GR. • DISTANCE

SB 800m -      >> No. 4 in school history in the 1,000m  
 PB 800m -      >> Graduate transfer from Elizabethtown College  
 SB 1000m - 2:47.50      >> 2025 NCAA DIII champion in the indoor and outdoor 800m  
 PB 1000m - 2:47.50      >> Three-time DIII All-American  
 SB Mile - 4:58.88      >> Two-time DIII Mid-Atlantic Women's Track Athlete of the Year  
 PB Mile - 4:55.98



## MYRTO VALACHA • FR. • DISTANCE

>> 10-time Greek national champion  
 >> Three-time qualifier for the European Championships  
 >> Two-time qualifier for the U20 World Championships



## DEVYN PARHAM • SO. • MULTI

SB/PB Pent - --/3.963      >> 2025 NCAA East First Round qualifier  
 SB/PB 60mH - 8.24/8.24      >> Two-time SEC scorer  
 SB/PB HJ - 1.57m/1.62m      >> Top 10 in school history in six events  
 SB/PB SP - 11.23m/11.23  
 SB/PB LJ - 5.37m/5.85m  
 SB/PB 800m - --/2:19.72



## ANAYA WEBSTER • JR. • JUMPS

SB LJ - 5.82m      >> Top 10 in school history in four events  
 PB LJ - 5.88m  
 SB TJ - 12.34m  
 PB TJ - 12.34m



## CLAIRE PETERSEN • JR. • DISTANCE

SB Mile -      >> 2025 NCAA XC All-South Region  
 PB Mile - 4:51.10  
 SB 3,000m -  
 PB 3,000m - 9:48.96  
 SB 5,000m -  
 PB 5,000m - 17:05.11



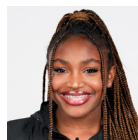
## MADYSON WILSON • SR. • HURDLES/SPRINTS

SB 200m -      >> Top 10 in school history in four events  
 PB 200m - 25.12      >> 2025 NCAA East First Round qualifier  
 SB 400m -      >> SEC scorer as a member of the 4x400m relay  
 PB 400m - 57.20  
 SB 600m - 1:30.32  
 PB 600m - 1:30.32



## JACQUELINE ROSE • SO. • POLE VAULT

SB PV - 3.75m      >> Top 10 in school history in the indoor and outdoor pole vault  
 PB PV - 4.11m



## KYLAH WOODS • FR. • SPRINTS

SB 60m - 7.60      >> No. 7 in school history in the 60m  
 PB 60m - 7.60      >> Prepped at Ridge Point HS  
 >> AAU national record holder as a member of the 4x100m relay  
 >> Eight-time All-American (AAU, Nike, USATF)



## MARTA SIVINA • SR. • MULTI

SB/PB Pent - --/4.174      >> Latvian U23 record holder in the 60mH  
 SB/PB 60mH - 8.47/8.44      >> Top 10 in school history in five events  
 SB/PB HJ - --/1.75m      >> Three-time SEC scorer in the multi  
 SB/PB SP - --/11.84m  
 SB/PB LJ - 5.65m/5.73m  
 SB/PB 800m - --/2:15.82



# ALTHEA THOMAS

DIRECTOR OF CROSS COUNTRY, TRACK AND FIELD // FIFTH SEASON // LSU '04

## THE THOMAS FILE

### Thomas by the Numbers

- 3 NCAA individual titles
- 44 All-America selections
- 2 Olympians
- 3 World Athletics Championships qualifications
- 1 Pan American Games selection
- 3 SEC Athlete of the Year awards
- 8 SEC individual champions (3 at Vanderbilt)
- 2 individual NCAA regional titles
- 6 All-South Region cross country selections
- 1 NCAA East Region record
- 1 SEC freshman record
- 1 Pan Am U20 champion
- 2 USATF U20 champions
- 1 All-SEC Freshman team selection - women's XC
- 2021 USTFCCCA South Region Men's Assistant Coach of the Year
- 2 SEC Scholar-Athletes of the Year
- 3 CSC Academic All-America selections

### Coaching History

Vanderbilt.....	Director (2021 – Present)
Georgia.....	Associate Head Coach/Recruiting Coordinator (2017-21)
Clemson.....	Assistant Coach (2013-17)
Purdue.....	Assistant Coach/Recruiting Coordinator (2012-13)
Kentucky.....	Assistant Coach (2010-12)
UAB.....	Assistant Coach/ Recruiting Coordinator (2008-10)
Alabama Striders Track Club.....	Head Coach (2005-10)
Huffman High School.....	Assistant Coach (2004-06)
LSU.....	Volunteer Student Assistant (2003-04)

Althea Thomas took over as Vanderbilt's director of cross country and track and field on July 8, 2021. She brings more than 20 years of coaching experience to Nashville, including three stops in the SEC with the last four seasons spent at Georgia. Most recently, Thomas served as associate head coach and recruiting coordinator for the Bulldogs where she led the men and women's sprints, hurdles and relays.

"Coach Thomas is highly respected in the track and field community with a deep commitment to developing student-athletes athletically and academically," vice chancellor for athletics and university affairs and athletic director Candice Storey Lee said. "Her integrity, coaching pedigree and experience in the SEC made her the ideal candidate to lead our cross country and track and field programs."

In 2025, Thomas' Commodores broke five school records and added 50 marks ranking in the program all-time top 10. Marta Sivina also set the U23 Latvian National Record in the 60-meter hurdles. To end the NCAA season, Allyria McBride earned first-team All-America honors in the 400-meter hurdles. At the USATF U20 Outdoor Championships, Lily Kriegel won the 5,000 meters and earned a bronze medal in the 1,500 meters.

Outside of athletics, 22 members of the cross country team were named to the SEC Fall Academic Honor Roll. Junior Santana Spearman was nominated for the first-ever Allstate NACDA Good Works Winter Team. Five student-athletes were named to the College Sports Communicators Academic All-District Team.

In Thomas' third season at the helm, Veronica Fraley won the 2024 NCAA title in the discus, and the team brought home a top 25 team finish for the second consecutive season. At the SEC Outdoor Championships, the Commodores tied their best team finish in program history, tallying 45 points to place eighth. The meet was highlighted by SEC Field Athlete of the Year Fraley's win in the shot put and runner-up finish in the discus.

Four Commodores, Fraley, Giavonna Meeks, McBride and Falon Spearman, qualified for the 2024 U.S. Olympic Team Trials. McBride advanced

to the semifinals in the 400-meter hurdles, while Fraley punched her ticket to Paris with a bronze-medal finish in the discus.

At the 2024 SEC Indoor Championships, Meeks' 23.04-meter weight throw mark broke the SEC freshman record and ranked second all-time among freshman collegians. She walked away from the SEC Championships with a bronze medal. Meeks would go on to place sixth in the weight throw at the NCAA Indoor Championships, the best finish by a freshman in the weight throw at nationals since 2004.

During the 2023 season, Thomas led the team to a 20th-place finish at the NCAA Outdoor Championships, its best since 1997. Five student-athletes earned All-America honors, including Beatrice Juskeviciute, who was the runner-up in the heptathlon.

At the SEC Outdoor Championships, Thomas boasted two individual champions, Fraley in the discus and Juskeviciute in the heptathlon, and six additional scoring performances across three disciplines.

In her first season with the Commodores, Thomas coached student-athletes to six indoor and outdoor All-America selections. Taiya Shelby broke the indoor 400-meter school record and had the No. 2 performance in program history in the outdoor 400 meters—earning second-team All-America recognition in both events. Three-time All-American Divine Oladipo earned first-team honors in the outdoor shot put and was a second-team selection in the discus and indoor shot put. Grace Jensen also earned second-team All-America honors in the 1,500 meters.

At the 2022 SEC Outdoor Championships, Vanderbilt notched seven scoring performances. During the SEC Indoor Championships, Oladipo earned a silver medal in the shot put and second-team All-SEC honors.

### Personal

As a student-athlete, Thomas was a two-time NCAA outdoor team champion (2000, 2003) at LSU. She was a provisional NCAA qualifier in the 800 meters and a national qualifier in the 400-meter hurdles in 2003.

Thomas, a native of Birmingham, Alabama, earned her bachelor's degree in kinesiology from LSU in 2004.