



VANDERBILT

TRACK & FIELD

2025-26

MEET I



WINTER COMMODORE CHALLENGE



SATURDAY, DEC. 6



NASHVILLE, TENN.

David Williams II Recreation & Wellness Center



SEC NETWORK+

Jake Lyman

DORE NOTES

NEXT UP

- Vanderbilt track and field kicks off its 2025-26 campaign on Saturday when the Commodores host the Winter Commodore Challenge at the David Williams II Recreation & Wellness Center
- The collegiate portion of the meet will be streamed on SEC Network+ with Jake Lyman on the call

NEW FACES IN NASHVILLE

- Six graduate transfers and nine freshmen joined the Commodores' roster for the 2025-26 season
- Notable newcomers include two-time NCAA Division III 800 meters champion Kelty Oaster and past NCAA Division I regional qualifiers Elizabeth Bailey, Jayden Hill and Tyla Lumley
- Vandy's freshman class includes 11-time state champion Danielle Dunning, two-time Alabama Girls Track and Field Gatorade Player of the Year Janie Ford, 10-time Greek national champion Myrto Valacha and 4x100-meter relay AAU national record holder Kylah Woods

DORES ON THE NATIONAL STAGE

- Vanderbilt boasted two national qualifiers in 2025
- Allyria McBride earned first-team All-America honors after placing eighth in the 400-meter hurdles at the NCAA Outdoor Championships
- Falon Spearman, who finished 13th at regionals in 2024, qualified for the 2025 NCAA Outdoor Championships after placing 11th in the regional quarterfinals (13.13) and resetting the school record in the first round (13.03)
- At the 2025 USATF U20 Outdoor Championships, Lily Kriegel won the 5,000 meters and placed third in the 1,500 meters
- Making her Commodore debut at the 2025 USATF Outdoor Championships, Bailey broke the school record in the javelin

MCBRIDE MAKES HER MARK

- In 2025, McBride returned to the NCAA Outdoor Championships stage after narrowly missing qualifying in 2024
- McBride competed at the 2024 U.S. Olympic Team Trials and advanced to the 400-meter hurdles semifinals where she finished top 25
- A five-time program record holder, McBride became Vanderbilt's first true freshman All-American since 1997 when she earned a second-team nod in the 400-meter hurdles in 2023

RECORD WATCH

- Active student-athletes hold school records in two individual events and 26 people own marks ranking in the program's all-time top 10
- At the 2025 SEC Indoor Championships, the distance medley relay team of Audrey Allman, McBride, Elli Wolski and Julia Rosenberg set a program record and placed seventh
- McBride is ranked second in program history in the 300 and 600 meters, while Bria Bennis and Marta Sivina are the No. 2-ranked Dorens in their respective events, the 5,000 meters and pentathlon

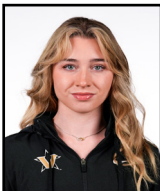
SUCCESS UNDER THOMAS

- Now in her fifth season at the helm, director of cross country and track and field Althea Thomas led the Commodores to back-to-back top 25 finishes at the NCAA Outdoor Championships
- Under Thomas' direction, Dorens have achieved 19 All-America and five NCAA women's cross country All-South Region honors
- At the 2025 NCAA South Region Championships, the Vanderbilt women's cross country team earned a fifth-place finish, its best since 2016, and three student-athletes earned all-region honors

ACTIVE RECORD HOLDERS



ALLYRIA MCBRIDE
Long Jump - 6.13m
4x400 Relay - 3:33.23
DMR - 11:13.61



AUDREY ALLMAN
DMR - 11:13.61



FALON SPEARMAN
60m Hurdles - 8.18

2025-26 TRACK & FIELD SCHEDULE

Dec. 6	Winter Commodore Challenge	Nashville, Tenn.
Jan. 9-10	Rod McCravy Invitational	Louisville, Ky.
Jan. 16-17	Vanderbilt Invitational	Nashville, Tenn.
Jan. 30-31	Bob Pollock Invitational	Clemson, S.C.
Jan. 31	John Thomas Terrier Classic	Boston, Mass.
Feb. 13-14	Music City Challenge	Nashville, Tenn.
Feb. 26-28	SEC Indoor Championships	College Station, Texas
March 13-14	NCAA Indoor Championships	Fayetteville, Ark.
March 19-20	Hampton Inn River City Relays	Jacksonville, Fla.
March 26-27	Raleigh Relays	Raleigh, N.C.
April 3-4	Florida Relays	Gainesville, Fla.
April 9-11	44 Farms Team Invitational	College Station, Texas
April 10	Crimson Tide Invitational	Tuscaloosa, Ala.
April 15-18	Mt. SAC Relays	Walnut, Calif.
April 16-18	Bryan Clay Invitational	Azusa, Calif.
April 25-26	LSU Alumni Gold	Baton Rouge, La.
May 1-2	Music City Challenge	Nashville, Tenn.
May 14-16	SEC Outdoor Championships	Auburn, Ala.
May 27-30	NCAA East Region First Round	Lexington, Ky.
June 10-13	NCAA Outdoor Championships	Eugene, Ore.
June 18-21	USATF U20 Outdoor Championships	Eugene, Ore.
TBD	USATF Outdoor Championships	Eugene, Ore.
Aug. 5-9	World Athletics U20 Championships	Eugene, Ore.

QUICK FACTS

Name	Vanderbilt University
Location	Nashville, Tenn.
Founded	1873
Enrollment	7,151 (undergraduate) • 13,710 (total)
Nickname	Commodores
Colors	Black & Gold
Conference	Southeastern
Affiliation	NCAA Division I
Chancellor	Daniel Diermeier
Vice Chancellor/Athletics Director	Candice Storey Lee
Faculty Athletics Rep	Tracey George
Website	VUCommodores.com

ATHLETIC COMMUNICATIONS

Assistant Director • Communications

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TRACK & FIELD STAFF

Director • Cross Country, Track & Field	Althea Thomas LSU '04 • 5th season
Associate Head Coach	Justin Byron
Assistant Coach • Throws	Candace Fuller
Assistant Coach • Distance	Chad Balyo
Assistant Coach • Distance	Lisa Morgan
Assistant Coach • Sprints	Cameia Alexander
Assistant Coach • Jumps	Harold Rose

ABOUT THE DORES

2025 SEC Indoor Finish	T14th
2025 NCAA Indoor Finish	N/A
Best SEC Indoor Finish	Eighth, 1998
Best NCAA Indoor Finish	T14, 1997
Program Indoor All-Americans	14

USTFCCA RANKINGS

- 1. Oregon
- 2. Georgia
- 3. Southern California
- 4. Oklahoma
- 4. Arkansas
- 4. Washington
- 7. Texas A&M
- 8. Illinois
- 9. BYU
- 10. Texas Tech
- 11. Harvard
- 11. Alabama
- 13. Stanford
- 14. TCU
- 15. Baylor
- 15. Tennessee
- 17. Wisconsin
- 18. Northern Arizona
- 18. South Carolina
- 20. Nebraska
- 20. Clemson
- 20. LSU
- 23. Notre Dame
- 23. North Carolina
- 23. West Virginia
- 23. NC State

*Rankings as of March 16, 2025

VANDERBILT TRACK & FIELD ROSTER

Name	Yr.	Event	Hometown/Prev. School
Audrey Allman	Sr.	Distance	Glen Ellyn, Ill. / Glenbard West HS
Elizabeth Bailey	Gr.	Throws	Eureka, Mo. / Charlotte
Bria Bennis	Jr.	Distance	Elmhurst, Ill. / Elmhurst (York) HS
London Jackson Bray	Fr.	Sprints	Katy, Texas / Katy HS
Cali Bryant	Fr.	Jumps	Houston, Texas / Houston Memorial HS
Gianna Bullock	Gr.	Multi	Nashville, Tenn. / Oregon
Anya (ON-yuh) Carey	So.	Jumps	Pembroke Pines, Fla. / Somerset Academy
Kenyah Conner	So.	Sprints	College Park, Ga. / Woodward Academy
Mackenzie Culpepper (CUHL-pep-per)	Sr.	Distance	Hoover, Ala. / Spain Park HS
Isabella Dagrosa (DUH-gross-uh)	So.	Hurdles	San Antonio, Texas / Reagan HS
Mackenzie Dagrosa (DUH-gross-uh)	So.	Jumps	San Antonio, Texas / Reagan HS
Sofia Day	Fr.	Distance	Linwood, N.J. / Mainland Regional HS
Danna (DON-nuh) Diaz	Gr.	Distance	Bogotá, Colombia / Tulane
Josie Donelson	So.	Hurdles / Sprints	Lake Oswego, Ore. / Lake Oswego HS
Danielle Dunning	Fr.	Sprints	Chattanooga, Tenn. / Brainerd HS
Janie Ford	Fr.	Multi	Mobile, Ala. / St. Paul's Episcopal School
Faith Franklin	So.	Sprints	Harlingen, Texas / Harlingen HS
Eva Gautreaux (GO-tro)	Jr.	Sprints	Germantown, Tenn. / Houston HS
Mya Georgiadis (George-ee-aw-dis)	Sr.	Hurdles	Ann Arbor, Mich. / Huron HS
Lena (LEE-nuh) Gooden	Jr.	Jumps	Manassas, Va. / Osbourn Park HS
Johna Grisik (GRIZE-ick)	Sr.	Distance	Alpharetta, Ga. / Marist HS
Rowan Houston	Jr.	Jumps	Rye, N.Y. / Rye Country Day School
Hannah Huyler (High-ler)	Fr.	Distance	Lake Oswego, Ore. / Lakeridge HS
Pryncess Jackson	So.	Multi	Highland Springs, Va. / Highland Springs HS
Betsy Jepkemei (Jep-kem-ee)	Fr.	Distance	Iten, Kenya / Holy Rosary Girls Secondary School
Alima (Uh-lee-muh) Kassim (KUH-seem)	So.	Sprints	Nashville, Tenn. / University School of Nashville
Olivia Kosanovich	Jr.	Pole Vault	Boulder, Co. / Fairview HS
Lily Kriegel (Kree-gul)	So.	Distance	Whitefish Bay, Wis. / Whitefish HS
Tyla Lumley	Gr.	Distance	Brisbane, Australia / Drake
Sarah Marvin	Gr.	Throws	Gaines, Mich. / Byron HS
Allyria (UH-leer-ee-uh) McBride	Sr.	Hurdles / Sprints	Marietta, Ga. / Wheeler HS
Taylor McKinnon	Sr.	Hurdles	Durham, N.C. / Cardinal Gibbons HS
Anissa (UH-nee-suh) Moore	Jr.	Sprints	Hempstead, N.Y. / Hempstead HS
Joy Moorer	Sr.	Hurdles / Sprints	Phoenix, Ariz. / North Canyon HS
Kelty Oaster (OH-ster)	Gr.	Distance	Gettysburg, Penn. / Elizabethtown (Penn.)
Devyn Parham (PAIR-am)	So.	Multi	Chesterfield, Va. / Thomas Dale HS
Claire Petersen	So.	Distance	Roswell, Ga. / Blessed Trinity HS
Jacqueline Rose	So.	Pole Vault	Keller, Texas / Keller HS
Marta Sivina (Siv-ee-nuh)	Sr.	Multi	Ogre, Latvia / North Texas
Falon Spearman	Sr.	Hurdles	Charlotte, N.C. / Duke
Santana Spearman	Sr.	Hurdles	Charlotte, N.C. / Providence Day HS
Kayleigh Stargell	So.	Multi	Atlanta, Ga. / North Atlanta HS
Myrto Valacha (Vuh-LAW-ha)	Fr.	Distance	Patras, Greece / Sixth Daily Vocational
Anaya Webster	Jr.	Jumps	Spring, Texas / Havergal College
Madyson Wilson	Sr.	Hurdles / Sprints	Atlanta, Ga. / Westlake HS
Kylah Woods	Fr.	Sprints	Missouri City, Texas / Ridge Point HS

Indoor Records at a Glance

60m

1.	Haley Bishop	7.37	2022
2.	Madison Fuller	7.46	2022
3.	Lena Gooden	7.53	2024
...			
8.	Autumn Smith	7.68	2002
9.	Alima Kassim	7.69	2025
10.	Taylor Jackson	7.71	2010

60m Hurdles

1.	Falon Spearman	8.18	2025
2.	Beatrice Juskeviciute	8.23	2023
3.	Santana Spearman	8.32	2025
4.	Taylor McKinnon	8.36	2025
5.	Devyn Parham	8.37	2025
	Amanda Mullins-Hall	8.37	2004
7.	Marta Sivina	8.44	2025
8.	Brooke Overholt	8.51	2023
9.	Janetra Gleaves	8.52	2015
10.	Jennifer Cannon	8.56	2014

200m

1.	Haley Bishop	23.47	2022
...			
4.	Madison Fuller	24.11	2022
5.	Allyria McBride	24.30	2025
6.	Taiya Shelby	24.35	2021
7.	Rondajai Washington	24.41	2023
8.	Faith Washington	24.58	2015
9.	Lena Gooden	24.61	2024
10.	Jennifer Edobi	24.62	2018

300m

1.	Taiya Shelby	37.41	2022
2.	Allyria McBride	38.09	2024
3.	Haley Bishop	38.33	2022
4.	Brooke Overholt	39.08	2023
5.	Tina Benzinger	39.34	2025
6.	Kaira Brown	39.45	2022
7.	Madison Fuller	39.53	2022
8.	Ella Escobar	39.70	2024
9.	Madyson Wilson	39.85	2023
10.	Faith Washington	39.86	2014

400m

1.	Taiya Shelby	52.40	2022
2.	Ryan Tolbert	52.75	1996
3.	Jennifer Edobi	53.45	2018
4.	Allyria McBride	53.57	2025

600m

1.	Taiya Shelby	1:29.06	2023
2.	Allyria McBride	1:31.29	2025
3.	Michele Baskin	1:31.43	1998
4.	Jennifer Edobi	1:31.70	2015
5.	Kenyah Conner	1:31.72	2025
	Skyler Carpenter	1:31.72	2015

800m

1.	Courtney Clayton	2:04.24	2017
2.	Taiya Shelby	2:04.25	2023
3.	Ruby Stauber	2:07.29	2021

1,000m

1.	Julia Rosenberg	2:43.76	2024
2.	Kat Delaney	2:47.16	2016
3.	Grace Jensen	2:47.52	2022
4.	Audrey Allman	2:48.69	2025

Mile

1.	Julia Rosenberg	4:37.26	2025
2.	Grace Jensen	4:37.56	2022
3.	Audrey Allman	4:39.73	2025

3,000m

1.	Julia Rosenberg	9:14.16	2025
2.	Niki Narayani	9:18.66	2023
3.	Caroline Eck	9:20.85	2023

5,000m

1.	Liz Anderson	16:14.30	2014
2.	Bria Bennis	16:17.40	2024
3.	Niki Narayani	16:17.82	2023

High Jump

1.	Brionne Williams	6-0 (1.83m)	2013
	Josie Hahn	6-0 (1.83m)	2004
3.	Ellie Tidman	5-9.75 (1.77m)	2013
	Becky Collins	5-9.75 (1.77m)	1999
5.	Marta Sivina	5-8.75 (1.75m)	2025
6.	Jennifer Cannon	5-8.5 (1.74m)	2014
7.	Jada Sims	5-8.11 (1.73m)	2023
8.	Rowan Houston	5-7.25 (1.71m)	2025
	Ashlyn Hare	5-7.25 (1.71m)	2016
10.	Mackenzie Dagrosa	5-6.5 (1.69m)	2025

Pole Vault

1.	Kristen Denk	14-2.75 (4.34m)	2019
...			
9.	Morgan Toone	12-2 (3.71m)	2012
10.	Jacqueline Rose	11-11.75 (3.65m)	2025
	Laine Roberts	11-11.75 (3.65m)	2021

Long Jump

1.	Allyria McBride	20-1.5 (6.13m)	2024
2.	Ryan Tolbert	19-8 (5.99m)	1996
3.	Beatrice Juskeviciute	19-5.25 (5.92m)	2023
4.	Anaya Webster	19-3.5 (5.88m)	2024
5.	Devyn Parham	19-2.25 (5.85m)	2025
	Lena Gooden	19-2.25 (5.85m)	2024

Triple Jump

1.	Simone Charley	44-5.25 (13.54m)	2017
2.	Christina Penn	41-9.5 (12.73m)	1996
3.	Anaya Webster	40-2.25 (12.25m)	2025

Shot Put

1.	Divine Oladipo	58-9.5 (17.92m)	2022
2.	Veronica Fraley	56-7.25 (17.25m)	2023
3.	Sarah Omoregie	56-1.75 (17.11m)	2024
4.	Leslie Vidmar	53-0.25 (16.16m)	1998
5.	Sarah Marvin	52-3.75 (15.94m)	2023

Weight Throw

1.	Giavonna Meeks	75-7.25 (23.04m)	2024
2.	Kosi Umerah	65-2.25 (19.87)	2023
3.	Vensherrie Campbell	58-5.75 (17.82)	2004

Pentathlon

1.	Beatrice Juskeviciute	4,282	2023
2.	Marta Sivina	4,174	2025
3.	Josie Hahn	4,064	2004
4.	Devyn Parham	3,963	2025

4x400m Relay

1.	A. McBride , B. Overholt, K. Brown, T. Shelby	3:33.23	2023
...			
9.	K. Brown, J. Smith, N. Anderson, T. Shelby	3:40.57	2021
10.	I. Dagrosa , A. McBride , M. Wilson , F. Spearman	3:41.01	2025

Distance Medley Relay

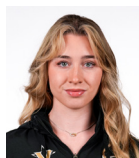
1.	A. Allman , A. McBride , E. Wolski, J. Rosenberg	11:13.61	2025
2.	G. Jensen, K. Brown, T. Shelby, C. Eck	11:14.47	2022
3.	E. Curry, A. McBride , A. Allman , J. Rosenberg	11:15.13	2024

*Bold Italics indicates current student-athlete

DORES IN THE RANKINGS

Name	SEC	NCAA	Event	Mark
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COMMODORE CAPSULES

**AUDREY ALLMAN • SR. • DISTANCE**

SB 800m -
PB 800m - 2:09.02
SB mile -
PB mile - 4:39.73

>> 2025 SEC scorer as a member of the DMR
>> 2024 second-team All-SEC
>> Bronze medalist at the 2024 SEC Indoor Championships as a member of the DMR
>> Qualified for the 2023 Pan American U20 Championships

**MACKENZIE CULPEPPER • SR. • DISTANCE**

SB 800m -
PB 800m - 2:10.44
SB Mile -
PB Mile - 4:59.77

>> Competed at four indoor meets last season

**ELIZABETH BAILEY • GR. • THROWS**

SB SP -
PB SP - 13.32m

>> Graduate transfer from Charlotte
>> 2024 NCAA qualifier in the javelin

**ISABELLA DAGROSA • SO. • HURDLES**

SB 200m
PB 200m - 25.74
SB 400m -
PB 400m - 57.89

>> Top 10 in school history as a member of the DMR
>> Competed in four indoor, six outdoor meets as a freshman

**BRIA BENNIS • JR. • DISTANCE**

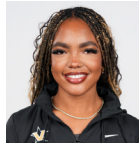
SB 5,000m -
PB 5,000m - 16:05.11

>> 2025 NCAA XC All-South Region
>> Three program all-time top 10s
>> Did not compete indoor or outdoors in 2025
>> Bronze medalist in the 3,000m at the 2024 USATF U20 Outdoor Championships

**MACKENZIE DAGROSA • SO. • JUMPS**

SB HJ -
PB HJ - 1.83m

>> Top 10 in school history in the indoor high jump
>> Did not compete outdoors

**LONDON JACKSON BRAY • FR. • SPRINTS**

SB 60m -
PB 60m - 7.34
SB 200m -
PB 200m - 23.72

>> Prepped at Katy High School
>> Three-time Nike All-American

**SOFIA DAY • FR. • DISTANCE**

>> Prepped at Mainland Regional HS
>> Nike All-American
>> Four-time New Jersey state champion

**CALI BRYANT • FR. • JUMPS**

>> Prepped at Houston Memorial
>> Four-time All-American (Nike/New Balance)
>> Top 5 in the high jump at the 2024 USATF U20 Outdoor Championships

**DANNA DIAZ • GR. • DISTANCE**

SB 800m -
PB 800m - 2:14.40
SB Mile -
PB Mile - 4:43.20

>> Graduate transfer from Tulane
>> 2025 first-team All-American Athletic Conference

**GIANNA BULLOCK • GR. • MULTI**

PB Pent - 4.089
PB 60mH - 6.45
PB HJ - 1.71m
PB LJ - 5.84m
PB 800m - 2:17.52

>> Graduate transfer from Oregon
>> Top 10 in Oregon history in the pentathlon and heptathlon

**JOSIE DONELSON • SO. • HURDLES/SPRINTS**

SB 200m -
PB 200m - 24.33
SB 400m -
PB 400m - 53.58

>> Top 10 in school history in three events
>> SEC scorer as a member of the 4x400m relay
>> 2024 U20 world champion as a member of Team USA's 4x400m relay

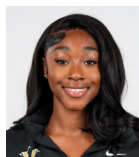
**ANYA CAREY • SO. • JUMPS**

SB TJ -
PB TJ - 11.51m

>> Top 10 in school history in the outdoor triple jump

**DANIELLE DUNNING • FR. • SPRINTS**

>> Prepped at Brainerd HS
>> 11-time state champion
>> 11-time Adidas national champion

**KENYAH CONNER • SO. • SPRINTS**

SB 800m -
PB 800m - 2:12.98

>> Top 10 in school history in the 600m
>> Did not compete outdoors in 2025

**JANIE FORD • FR. • MULTI**

>> Prepped at St. Paul's Episcopal School
>> 2025 New Balance Nationals pentathlon champion
>> NBN multi record, No. 4 all-time score by a U.S. HS girl
>> 2024, 2025 Alabama girl's track and field Gatorade Player of the Year
>> 21 Alabama state championships

COMMODORE CAPSULES

**FAITH FRANKLIN • SO. • SPRINTS**

>> Did not compete as a freshman

**PRYNCESS JACKSON • SO. • MULTI**SB TJ -
PB TJ - 11.95m
SB LJ -
PB LJ - 5.33m>> Top 10 in school history in the outdoor triple jump
>> Competed in four indoor, two outdoor meets as a freshman**EVA GAUTREAUX • JR. • SPRINTS**SB 800m -
PB 800m - 2:07.13>> Top 10 in school history in two events
>> Top 15 finish in the 800m at the SEC Outdoor Championships**BETSY JEPKEMEI • FR. • DISTANCE**>> Prepped at Holy Rosary Girls Secondary School
>> Owns a personal best of 9:49 in the 3,000m in Iten, Kenya (approx. 7,000 ft.)**MYA GEORGIADIS • SR. • HURDLES**SB 400m -
PB 400m - 55.61>> Top 10 in school history in the 400mH
>> Did not compete indoors in 2025**ALIMA KASSIM • SO. • SPRINTS**SB 60m -
PB 60m - 7.69

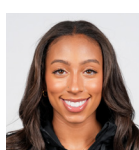
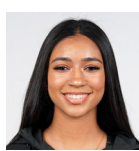
>> Top 10 in school history in two events

**LENA GOODEN • JR. • JUMPS**SB 60m -
PB 60m - 7.53
SB LJ -
PB LJ - 6.22m>> Did not compete outdoors in 2025
>> Two school records, five program all-time top 10s
>> 2024 second-team All-American
>> NCAA qualifier in the long jump
>> 2024 SEC scorer in the long jump and as a member of the 4x100m relay**OLIVIA KOSANOVICH • JR. • POLE VAULT**SB PV -
PB PV - 3.45m

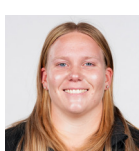
>> Did not compete outdoors in 2025

**JOHNA GRISIK • SR. • DISTANCE**SB 800m -
PB 800m - 2:15.33
SB Mile -
PB Mile - 5:04.99

>> Competed in two indoor, two outdoor meets in 2025

**LILY KRIEGEL • SO. • DISTANCE**SB Mile -
PB Mile -
SB 5,000m -
PB 5,000m - 16:18.36>> 2025 USATF U20 champion in the 5,000 meters
>> Top 10 in school history in two events**JAYDEN HILL • GR. • SPRINTS**SB 800m -
PB 800m - 2:05.50>> Graduate transfer from California
>> Top 10 in Cal history in two events
>> 2025 NCAA West First Round qualifier in the 800m**TYLA LUMLEY • GR. • DISTANCE**SB 5,000m -
PB 5,000m - 16:10.34>> Graduate transfer from Drake
>> 2025 NCAA XC All-South Region
>> 2025 NCAA West First Round qualifier in the 10k
>> Missouri Valley Conference champion in the 10k and indoor 5k**ROWAN HOUSTON • JR. • JUMPS**SB HJ -
PB HJ - 1.71m

>> Top 10 in school history in the indoor and outdoor high jump

**SARAH MARVIN • GR. • THROWS**SB SP
PB SP - 15.94m>> Top 10 in school history in three events
>> Two-time NCAA East First Round qualifier in the shot put**HANNAH HUYLER • FR. • DISTANCE**>> Prepped at Lakeridge HS
>> First-team all-state (1,500 and 3,000m)**ALLYRIA MCBRIDE • SR. • HURDLES/SPRINTS**SB 400m -
PB 400m - 53.47>> Two-time All-American (400mH)
>> Two-time All-SEC
>> 10-time SEC scorer
>> Five school records, six program all-time top 10s

COMMODORE CAPSULES

**TAYLOR MCKINNON • SR. • HURDLES**

SB 60mH - >> One school record, three program all-time top 10s
PB 60mH - 8.36

**FALON SPEARMAN • SR. • HURDLES**

SB 60mH - >> 2025 NCAA qualifier in the 100mH
PB 60mH - 8.18 >> Two school records, three program all-time top 10s

**ANISSA MOORE • JR. • SPRINTS**

>> Did not compete in 2024 or 2025

**SANTANA SPEARMAN • SR. • HURDLES**

SB 60mH - >> Two-time NCAA East First Round qualifier (2024, 2025)
PB 60mH - 8.32

**JOY MOORER • SR. • HURDLES/SPRINTS**

SB 400m - >> Two-time regional qualifier (2024, 2025)
PB 400m - 54.66 >> Top 10 in school history in three events
 >> SEC scorer as a member of the 4x400m relay

**KAYLEIGH STARGELL • SO. • MULTI**

SB 60mH - >> Did not compete outdoors
PB 60mH - 9.45 >> Competed in four indoor meets
SB HJ -
PB HJ - 1.49m
SB LJ -
PB LJ - 5.51m

**KELTY OASTER • GR. • DISTANCE**

SB 800m - >> Graduate transfer from Elizabethtown College
PB 800m - >> 2025 NCAA DIII champion in the indoor and outdoor 800m
 >> Three-time DIII All-American
 >> Two-time DIII Mid-Atlantic Women's Track Athlete of the Year

**MYRTO VALACHA • FR. • DISTANCE**

>> 10-time Greek national champion
>> Three-time qualifier for the European Championships
>> Two-time qualifier for the U20 World Championships

**DEVYN PARHAM • SO. • MULTI**

PB Pent - 3,963 >> 2025 NCAA East First Round qualifier
PB 60mH - 8.37 >> Two-time SEC scorer
PB HJ - 1.62m >> Top 10 in school history in five events
PB SP - 10.96m
PB LJ - 5.85m
PB 800m - 2:19.72

**ANAYA WEBSTER • JR. • JUMPS**

SB LJ - >> Top 10 in school history in four events
PB LJ - 5.88m
SB TJ -
PB TJ - 12.25m

**CLAIRE PETERSEN • JR. • DISTANCE**

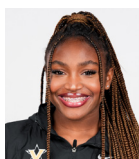
SB Mile - >> 2025 NCAA XC All-South Region
PB Mile - 4:51.10
SB 3,000m -
PB 3,000m - 9:48.96
SB 5,000m -
PB 5,000m - 17:05.51

**MADYSON WILSON • SR. • HURDLES/SPRINTS**

SB 200m - >> Top 10 in school history in four events
PB 200m - 25.12 >> 2025 NCAA East First Round qualifier
SB 400m - >> SEC scorer as a member of the 4x400m relay
PB 400m - 57.20

**JACQUELINE ROSE • SO. • POLE VAULT**

SB PV - >> Top 10 in school history in the indoor and outdoor pole vault
PB PV -

**KYLAH WOODS • FR. • SPRINTS**

>> Prepped at Ridge Point HS
>> AAU national record holder as a member of the 4x100m relay
>> Eight-time All-American (AAU, Nike, USATF)

**MARTA SIVINA • SR. • MULTI**

PB Pent - 4,174 >> Latvian U23 record holder in the 60mH
PB 60mH - 8.44 >> Top 10 in school history in five events
PB HJ - 1.75m >> Three-time SEC scorer in the multi
PB SP - 11.84m
PB LJ - 5.73m
PB 800m - 2:15.82



ALTHEA THOMAS

DIRECTOR OF CROSS COUNTRY, TRACK AND FIELD // FIFTH SEASON // LSU '04

THE THOMAS FILE

Thomas by the Numbers

- 3 NCAA individual titles
- 44 All-America selections
- 2 Olympians
- 3 World Athletics Championships qualifications
- 1 Pan American Games selection
- 3 SEC Athlete of the Year awards
- 8 SEC individual champions (3 at Vanderbilt)
- 2 individual NCAA regional titles
- 6 All-South Region cross country selections
- 1 NCAA East Region record
- 1 SEC freshman record
- 1 Pan Am U20 champion
- 2 USATF U20 champions
- 1 All-SEC Freshman team selection - women's XC
- 2021 USTFCCCA South Region Men's Assistant Coach of the Year
- 2 SEC Scholar-Athletes of the Year
- 3 CSC Academic All-America selections

Coaching History

Vanderbilt	Director (2021 – Present)
Georgia	Associate Head Coach/Recruiting Coordinator (2017-21)
Clemson	Assistant Coach (2013-17)
Purdue	Assistant Coach/Recruiting Coordinator (2012-13)
Kentucky	Assistant Coach (2010-12)
UAB	Assistant Coach/ Recruiting Coordinator (2008-10)
Alabama Striders Track Club	Head Coach (2005-10)
Huffman High School	Assistant Coach (2004-06)
LSU	Volunteer Student Assistant (2003-04)

Althea Thomas took over as Vanderbilt's director of cross country and track and field on July 8, 2021. She brings more than 20 years of coaching experience to Nashville, including three stops in the SEC with the last four seasons spent at Georgia. Most recently, Thomas served as associate head coach and recruiting coordinator for the Bulldogs where she led the men and women's sprints, hurdles and relays.

"Coach Thomas is highly respected in the track and field community with a deep commitment to developing student-athletes athletically and academically," vice chancellor for athletics and university affairs and athletic director Candice Storey Lee said. "Her integrity, coaching pedigree and experience in the SEC made her the ideal candidate to lead our cross country and track and field programs."

In 2025, Thomas' Commodores broke five school records and added 50 marks ranking in the program all-time top 10. Marta Sivina also set the U23 Latvian National Record in the 60-meter hurdles. To end the NCAA season, Allyria McBride earned first-team All-America honors in the 400-meter hurdles. At the USATF U20 Outdoor Championships, Lily Kriegel won the 5,000 meters and earned a bronze medal in the 1,500 meters.

Outside of athletics, 22 members of the cross country team were named to the SEC Fall Academic Honor Roll. Junior Santana Spearman was nominated for the first-ever Allstate NACDA Good Works Winter Team. Five student-athletes were named to the College Sports Communicators Academic All-District Team.

In Thomas' third season at the helm, Veronica Fraley won the 2024 NCAA title in the discus, and the team brought home a top 25 team finish for the second consecutive season. At the SEC Outdoor Championships, the Commodores tied their best team finish in program history, tallying 45 points to place eighth. The meet was highlighted by SEC Field Athlete of the Year Fraley's win in the shot put and runner-up finish in the discus.

Four Commodores, Fraley, Giavonna Meeks, McBride and Falon Spearman, qualified for the 2024 U.S. Olympic Team Trials. McBride advanced

to the semifinals in the 400-meter hurdles, while Fraley punched her ticket to Paris with a bronze-medal finish in the discus.

At the 2024 SEC Indoor Championships, Meeks' 23.04-meter weight throw mark broke the SEC freshman record and ranked second all-time among freshman collegians. She walked away from the SEC Championships with a bronze medal. Meeks would go on to place sixth in the weight throw at the NCAA Indoor Championships, the best finish by a freshman in the weight throw at nationals since 2004.

During the 2023 season, Thomas led the team to a 20th-place finish at the NCAA Outdoor Championships, its best since 1997. Five student-athletes earned All-America honors, including Beatrice Juskeviciute, who was the runner-up in the heptathlon.

At the SEC Outdoor Championships, Thomas boasted two individual champions, Fraley in the discus and Juskeviciute in the heptathlon, and six additional scoring performances across three disciplines.

In her first season with the Commodores, Thomas coached student-athletes to six indoor and outdoor All-America selections. Taiya Shelby broke the indoor 400-meter school record and had the No. 2 performance in program history in the outdoor 400 meters—earning second-team All-America recognition in both events. Three-time All-American Divine Oladipo earned first-team honors in the outdoor shot put and was a second-team selection in the discus and indoor shot put. Grace Jensen also earned second-team All-America honors in the 1,500 meters.

At the 2022 SEC Outdoor Championships, Vanderbilt notched seven scoring performances. During the SEC Indoor Championships, Oladipo earned a silver medal in the shot put and second-team All-SEC honors.

Personal

As a student-athlete, Thomas was a two-time NCAA outdoor team champion (2000, 2003) at LSU. She was a provisional NCAA qualifier in the 800 meters and a national qualifier in the 400-meter hurdles in 2003.

Thomas, a native of Birmingham, Alabama, earned her bachelor's degree in kinesiology from LSU in 2004.