

## TRACK & FIELD

VISITING TEAM GUIDE

# TABLE OF CONTENTS



CONTACT INFORMATION ————————————————————————————————————	3
GENERAL INFORMATION	4
VANDERBILT ATHLETICS CAMPUS MAP ———	6
DINING AND LODGING ———————————————————————————————————	7
VENUE MAPS ————————————————————————————————————	8

## CONTACT INFORMATION

Michelle Towns
Sport Administrator
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Michelle.Towns@Vanderbilt.edu

<u>Lauren Rickert</u> Facility/Event Operations C: 502-619-1213 Lauren.Rickert@Vanderbilt.edu

Pilar Ballough Athletic Communications Pilar.Ballough@Vanderbilt.edu

Athletic Communications Brian.Fremund@Vanderbilt.edu

Nick Caporale Sports Medicine C: 262-892-0243 Nicholas.Caporale@vumc.org

Paul Echelberry Sports Medicine Paul.Echelberry@vumc.org

#### TRACK & FIELD COACHING STAFF

<u>Althea Thomas</u> Director of Cross Country, Track & Field

<u>Cameia Alexander</u> Assistant Coach/Meet Director Cameia.Alexander@Vanderbilt.edu

<u>Justin Byron</u> Associate Head Coach Justin.Byron@Vanderbilt.edu

<u>Candace Fuller</u> Assistant Coach Candace.Fuller@Vanderbilt.edu

<u>Chad Balyo</u> Assistant Coach Chad.Balyo@Vanderbilt.edu

<u>Lisa Morgan</u> Assistant Coach Lisa.Morgan@Vanderbilt.edu

Harold Rose Assistant Coach Harold.Rose@Vanderbilt.edu

Whitney Fountain
Director of Operations
Whitney.Fountain@Vanderbilt.edu



#### GENERAL INFORMATION

Contest Location

Vanderbilt Multipurpose Facility of the Recreation Center 2700 Children's Way Nashville, TN 37212

#### Parking

<u>Teams</u> Your team vehicle may drop off/pick up near the Outdoor Track facility on Natchez Trace. For Thursday practice or Friday competition:

Team bus parking is along the metered spaces on Vanderbilt Place West. Team vans/SUVs will park along Children's Way in the spaces marked as reserved for the meet. Parking is available first come first serve for teams.

For Saturday competition: All team vehicles are able to park in the medical center lots, accessible via Natchez Trace and Children's Way. Note that parking in these lots on a weekday may incur fines or towing.

<u>Spectators</u> Parking is available in the West Garage on floor 3 and above only. Please avoid any spaces marked as reserved.

For any additional parking inquiries, please contact Lauren Rickert, Lauren.Rickert@Vanderbilt.edu

Practice Request

Teams should reach out to both Cameia Alexander, Meet Director, and Lauren Rickert, Event Manager, for any specific needs. There will be an open practice block from 5-7PM central the night before the meet.

Team Camp

Team camp areas will be located in the basketball gyms of the Recreation Center. ALL food and beverages (other than water) must remain in the team camp area. Spikes are prohibited in the team camp area and any other non-competition areas of the facility.

Warm Up

Athletes should warm up outdoors (outdoor track facility or field 2), or inside the designated warm up area on the indoor track infield (enclosed by white fencing). Hurdles and blocks will be available on the track backstretch for 60m and 60m hurdle warm ups. Only athletes competing in the event currently being contested will be allowed on the home stretch.

**Sports Medicine** 

Please contact Athletic Trainer, Nick Caporale at Nicholas.Caporale@vumc.org for any medical or athletic training needs.



## GENERAL INFORMATION

#### Admission

Admission each day is \$15. Children 2 and under are free.

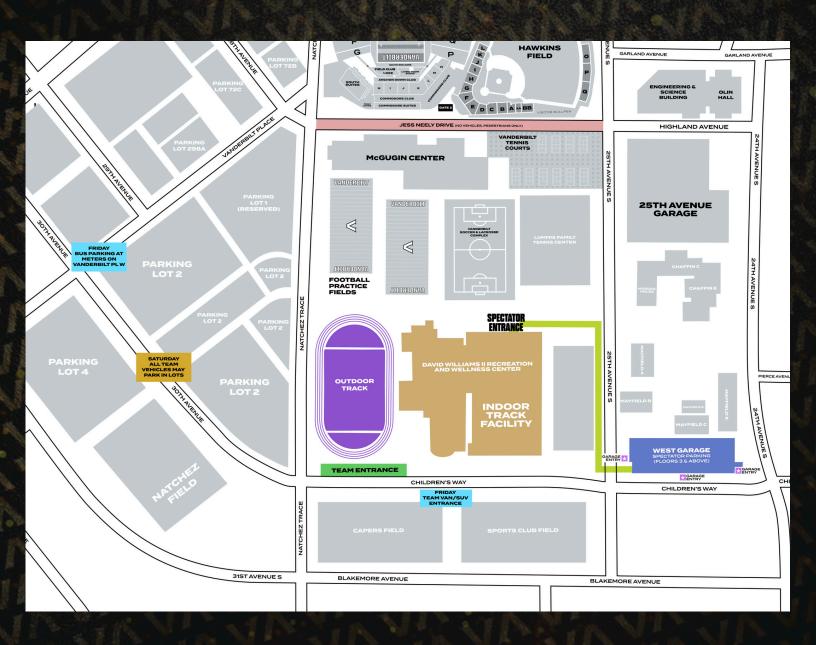
**Facility Policies** 

Vanderbilt Athletics has a clear bag policy for all events. No outside food or beverages are permitted for spectators, and teams must keep food/beverages contained to their team camp area.





### CAMPUS MAP



CLOSED



## DINING & LODGING

Assembly Food Hall

Jamie Patrick
Jamie.Patrick@AssemblyFoodHall.com

Daddy's Dog's Andrew St. Marie Andrew@DaddysDogsNash.com

Moe's Southwest Grill
Charli Johnson
MoesCateringCharli@MusicCityBurritos.com

San Antonio Taco Co. Robert Wilder RWilder@TheSatCo.com

Taco Mama
Abby Jo Askins
Abby@WilcoHospitality.com

Chick-fil-A of Rivergate
Todd Hunley
Todd.Hunley@Chick-Fil-A.com

Hattie B's Joe McGrath JoeM@HattieB.com

McConnell's Catering
Charles McConnell
Mcconnell@bellsouth.net

Shake Shack Jordan Roberson JRoberson@ShakeShack.com

**TriStar BBQ**Scott Glidden
Tristarbbq@gmail.com

Conrad Nashville (1.4 mi) Allison Rumohr Allison.Rumohr@ConradHotels.com

Holiday Inn Vanderbilt (0.4 mi) Christina Carey Christina.Carey@IHG.com

Loews Vanderbilt Hotel (1.1 mi) Jana Miller JMiller@LoewsHotels.com

**OMNI Hotels & Resorts** (2.7 mi) Tod Roadarmel TRoadarmel@OmniHotels.com **Graduate Nashville Hotel** (1.2 mi)
David James
David.James@SchulteHospitality.com

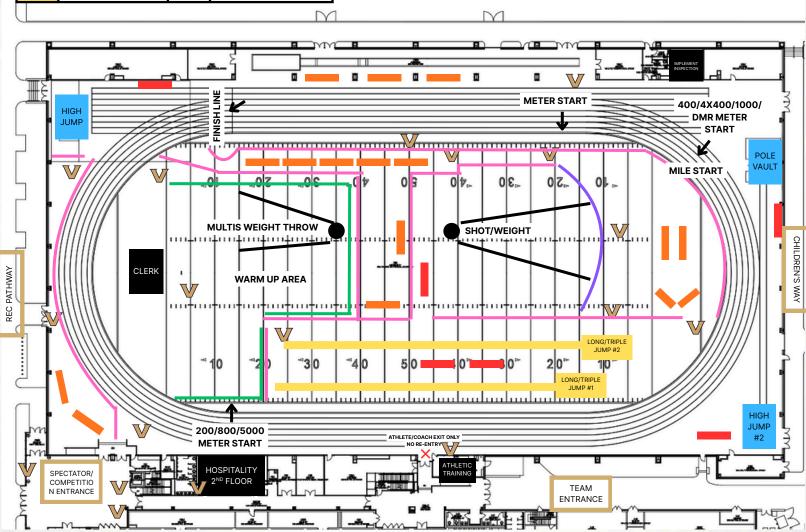
Homewood Suites by Hilton (0.5 mi) Hadiyah Mason HMason@PeachtreeGroup.com

Marriott at Vanderbilt (0.6 mi) Joe Massar Joe.Massar@WhiteLodging.com



### COMPETITION AREA MAP

WHITE FENCING		THROWS BARRIER
STUDENT ATHLETE BENCH		HIGH JUMP/ POLE VAULT MATS
SPECTATOR BLEACHERS		WARM UP AREA
LONG JUMP/ TRIPLE JUMP	$\bigvee$	ACCESS POINTS
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### TEAM CAMP LOGISTICS MAP

