



VANDERBILT BOWLING

Conference USA Bowling Championships

Event Conference USA Bowling Championships
Dates March 20-23
Site Colonial Lanes
 New Orleans, La.
Broadcast ESPN+



2024-25 SCHEDULE

Date	Tournament	Location	Record (Finish)
Oct. 18-20	Destination Orlando	Orlando, Fla.	10-3 (4th)
Nov. 8-10	Ladyjack Classic	Kenosha, Wis.	8-4 (5th)
Nov. 15-17	Colonial Lanes Classic	New Orleans, La.	11-2 (2nd)
Nov. 22-24	Garden State Classic	Howell, N.J.	12-1 (3rd)
Jan. 17-19	Northeast Classic	New Castle, Del.	9-1 (N/A)
Jan. 24-26	PVAMU Invitational	Arlington, Texas	9-4 (1st)
Feb. 8-10	Storm Flyer Classic	Lockport, Ill.	6-7 (6th)
Feb. 14-16	Mid-Winter Invitational	Jonesboro, Ark.	7-5 (4th)
Feb. 28-March 2	NCAT Stallings Invitational	Greensboro, N.C.	10-2 (1st)
March 14-16	Music City Classic	Smryna, Tenn.	5-7 (4th)
March 20-23	Conference USA Championship	New Orleans, La.	
April 4-5	NCAA Regional	TBA	
April 11-12	NCAA Championship	Las Vegas, Nev.	

STORYLINES

NEXT UP

- Vanderbilt heads to New Orleans, Louisiana, to compete at the 2025 Conference USA Bowling Championships at Colonial Lanes
- At the 2024 Conference USA Championships, Vanderbilt defeated Louisiana Tech in the opening round but fell to Jacksonville State in the quarterfinal and were eliminated from the tournament by Louisiana Tech

SEASON REWIND

- The Commodores won the PVAMU Invitational and Stallings Invitational
- Vandy student-athletes have received 10 all-tournament team honors this season
- Isabel Allen and Alyssa Ballard have each registered a first-place individual finish this season—Allen at the PVAMU Invitational and Ballard at the Stallings Invitational
- Vanderbilt has notched eight top-five finishes in its 10 regular season tournaments (did not bowl the third day at the Northeast Classic due to inclement weather)

NEW STANDARDS SET

- Vandy broke the school record with a 1,237 traditional game at the Ladyjack Classic
- The Dores bowled a 299 Baker game at the Storm Flyer Classic
- At the PVAMU Invitational, Vanderbilt totaled 1,214 pins in a traditional game, the third highest in school history
- Saphyre Nofuente bowled a season-high game of 289 pins at the Storm Flyer Classic, which ranks seventh in program history
- Allen (240.0 - six games) and Sydney Bohn (234.8 - five games) are ranked third and ninth in Vanderbilt history for high individual tournament average

20TH ANNIVERSARY CELEBRATION

- The Vanderbilt bowling program celebrated its 20th anniversary in the fall by welcoming back 26 Commodore alumni to campus

JUST GETTING STARTED

- Bohn was named the CUSA Co-Newcomer of the Month (Feb.)
- The freshman anchored the Dores in both tournament championship matches this season
- She was the top freshman, third overall finisher at the Mid-Winter Invitational and was named to the all-tournament team
- At the PVAMU Invitational, Bohn compiled scores of 269, 214, 247, 220 and 224 for a 234.80 average, which was the second highest game average of the tournament behind teammate Allen
- Bohn is No. 8 on the Vanderbilt all-time performers list for high individual tournament average with 234.8 pins per game

NASHVILLE NEWCOMER, BOWLING VET

- Allen joined the Commodores in 2024 as a graduate transfer from Jacksonville State
- Allen has made four all-tournament teams this season and earned an MVP nod after placing first individually at the PVAMU Invitational
- She was named the January CUSA Co-Bowler of the Month
- Allen ranks top 10 in the country in spare conversion percentage (75.5 percent)
- Before Vandy, Allen won NCAA championships with McKendree and Jax State
- She is a three-time All-American, making the second team in 2023 and 2024 and earning an honorable mention nod in 2021
- During her debut season, Allen was tabbed the NTCA Rookie of the Year and Great Lakes Valley Conference Freshman of the Year and was named to the NCAA All-Freshman Team
- Allen is a three-time member of Team England and has won five gold medals at the European Youth Championships

AN EXPERIENCED LINEUP

- Vanderbilt returned all three All-Americans from the Commodores' 2023-24 roster
- Paige Peters, who was the 2022 NTCA Rookie of the Year, was a first-team selection in 2024 and a third-team All-American in 2022 and 2023
- Peters was named All-CUSA and All-Central Region first team in 2024
- Victoria Varano, who earned an honorable mention nod as a freshman in 2023, was tabbed a second-team All-American, All-CUSA second team and All-Central Region honorable mention in 2024
- Haley Lindley received All-America honorable mention recognition as a freshman and also made the NTCA All-Rookie first team

ACADEMIC EXCELLENCE

- The Vanderbilt bowling team compiled a 3.374 team GPA for the 2024 fall semester
- Seven Commodores were honored on the 2023-24 SEC Winter Academic Honor Roll, and Lindley was named to the 2023-24 First-Year SEC Academic Honor Roll
- Allen was named to the CUSA All-Academic Team for her achievements on the lanes and in the classroom

IMPACT ON & OFF THE LANES

- Kaylee Hitt was nominated for the first-ever Allstate NACDA Good Works Team
- Hitt has aided Soles4Souls after taking part in Vanderbilt's international social impact trip serving communities in Guatemala, and she has also assisted at numerous events at Jones Elementary School near campus
- She has also volunteered with the Ronald McDonald House and Dream Streets while participating as a college and career fair volunteer at Gateway Elementary school as well

QUICK FACTS

Name Vanderbilt University
Location Nashville, Tenn.
Founded 1873
Enrollment 7,221 (undergraduate) | 13,575 (total)
Nickname Commodores
Colors Black & Gold
Conference Conference USA
Chancellor Daniel Diermeier
Vice Chancellor/Athletics Director Candice Storey Lee
Faculty Athletics Rep Tracey George
Website VUCommodores.com

ATHLETICS COMMUNICATIONS

Associate Athletics Director Brian Fremund
Bowling Primary Contact Pilar Ballough
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ABOUT THE COMMODORES

2024-25 RECORD 87-36 (.707)
ALL-TIME RECORD 1,648-762 (.684)
ALL-TIME CUSA TOURNAMENT RECORD 5-8 (.385)
SOUTHLAND BOWLING LEAGUE TITLES Four ('15, '17, '21, '22)
ALL-TIME SBL RECORD 25-9 (.735)
NCAA TITLES Three ('07, '18, '23)
ALL TIME NCAA TOURNAMENT RECORD 43-31 (.581)
NCAA TOURNAMENT APPEARANCES 18
LAST NCAA TOURNAMENT APPEARANCE 2024

NTCA MARCH COACHES POLL

- | | |
|--------------------------|----------------------------|
| 1. Nebraska | 14. Duquense |
| 2. Jacksonville State | 15. Mount Saint Mary's |
| 3. Vanderbilt | 16. Fairleigh Dickinson |
| 4. Youngstown State | 17. McKendree |
| 5. Wichita State | 18. Maryland-Eastern Shore |
| 6. Arkansas State | 19. UAB |
| 7. Sam Houston State | 20. Tulane |
| 8. North Carolina A&T | 21. Wright State |
| 9. Stephen F. Austin | 22. Felician |
| 10. Maryville | 23. Delaware State |
| 11. Louisiana Tech | 24. Valparaiso |
| 12. Sacred Heart | 25. Emmanuel |
| 13. Wisconsin-Whitewater | |

Receiving Votes: Alabama State, Central Missouri, Kutztown, Mercyhurst, Merrimack, Monmouth, Newman, Niagara, Oklahoma Christian



VANDERBILT BOWLING ROSTER

No.	Name	Class	R/L	Hometown/ Previous School
1	Isabel Allen	Gr.	R	Tamworth, England / Jacksonville State
3	Victoria Varano	Jr.	R	Stony Point, N.Y. / North Rockland
5	Kailee Channell	Sr.	R	Morris Chapel, Tenn. / Hardin County
8	Haley Lindley	So.	R	Greenwood, S.C. / Emerald
11	Paige Peters	Sr.	R	Toms River, N.J. / Toms River
12	Natalie Kent	So.	R	Newark, N.Y. / Newark
13	Kaylee Hitt	Sr.	R	Cold Spring, Ky. / Campbell County
16	Sydney Bohn	Fr.	R	Jackson, N.J. / St. John Vianney
17	Alyssa Ballard	Jr.	R	Fort Worth, Texas / Timber Creek
24	Saphyre Nofuente	Fr.	R	Rocklin, Calif. / Rocklin
31	Stephanie Hong	Fr.	R-2 handed	Fullerton, Calif. / Buena Park

Coaching Staff

John Williamson - Head Coach
 Josie Barnes – Associate Head Coach
 Mabel Cummins – Graduate Assistant Coach

PRONUNCIATIONS

Victoria Varano (VUH-ron-oh)
 Kailee Channell (SHAN-elle)
 Sydney Bohn (BONE)
 Saphyre (SAFF-ire) Nofuente (No-foo-en-tay)



WILLIAMSON, A WINNER

- John Williamson enters his 21st season as the Commodores' head coach
- Since starting the program from what used to be a club bowling team in 2004, he has transformed Vanderbilt bowling into one of the best in the country, boasting three NCAA championships and three runner-up finishes
- Under Williamson's direction, the Does won four Southland Bowling League titles before transitioning to Conference USA in 2023
- The program has produced 17 first-team All-Americans, four national players of the year and seven national rookies of the year
- Commodores have received a total of 60 All-America honors on the first, second and third teams and as honorable mentions
- With Williamson's guidance, Vanderbilt has won 52 tournament titles in its 21-year history
- He has been named the NTCA Coach of the Year on four occasions, most recently in 2023



1. Isabel Allen (Graduate // Tamworth, England)

Season Highlights
 >> Conference USA Co-Bowler of the Month (January 2025)
 >> Prairie View A&M Invitational MVP
 >> Four all-tournament teams
 >> Part of the Commodores' 299 Baker game on Day 3 of the Storm Flyer Classic
 >> No. 3 in Vandy history for high individual tournament average (240.00 – 6 games)
 >> Contributed to the 1,237 traditional game at the Ladyjack Classic, the highest team traditional game in program history

Career Honors (Before Vanderbilt)
 >> Two-time NCAA champion (2022, 2024)
 >> 2023 ITC champion
 >> Three-time All-American
 >> 2020-21 NTCA Rookie of the Year
 >> Third at the 2021 Intercollegiate Singles Championship



3. Victoria Varano (Junior // Stony Point, N.Y.)

Season Highlights
 >> Music City Classic all-tournament team
 >> Top-10 finisher at the Mid-Winter Invitational
 >> Part of the Commodores' 299 Baker game on Day 3 of the Storm Flyer Classic

Career Honors
 >> 2023 NCAA champion
 >> Two-time All-American
 >> 2023-24 NTCA all-region honorable mention
 >> 2023-24 All-Conference USA second team
 >> Part of two 300 Baker games at Vanderbilt
 >> Two all-tournament teams
 >> Silver medalist at the IBF U21 World Championships team competition



5. Kailee Channell (Senior // Morris Chapel, Tenn.)

Season Highlights
 >> Contributed to the 1,237 traditional game at the Ladyjack Classic, the highest team traditional game in program history

Career Honors
 >> 2023 NCAA champion
 >> Conference USA Newcomer of the Month (February 2024)
 >> Two all-tournament teams
 >> Part of the 300 Baker game at the 2024 Mid-Winter Invitational



8. Haley Lindley (Sophomore // Greenwood, S.C.)

Season Highlights
 >> Garden State Classic all-tournament team
 >> Contributed to the 1,237 traditional game at the Ladyjack Classic, the highest team traditional game in program history

Career Honors
 >> All-America honorable mention
 >> NTCA All-Rookie first team
 >> Two all-tournament teams



11. Paige Peters (Senior // Toms River, N.J.)

Season Highlights
 >> Student-Athlete Advisory Committee executive board

Career Honors
 >> 2023 NCAA champion
 >> 2023-24 first-team All-American
 >> Two-time third-team All-American
 >> Three-time NTCA All-Region
 >> Two-time all-conference
 >> Two tournament MVP awards, nine all-tournament teams
 >> Part of two 300 Baker games at Vanderbilt
 >> 2021-22 NTCA and Southland Bowling League Rookie of the Year
 >> Conference USA Newcomer of the Month (January 2024)
 >> Conference USA Bowler of the Month (October 2023)
 >> SBL Newcomer of the Month (January 2022)
 >> Silver medalist at the IBF U21 World Championships team competition



12. Natalie Kent (Sophomore // Newark, N.Y.)

Season Highlights
 >> Contributed to the 1,237 traditional game at the Ladyjack Classic, the highest team traditional game in program history

Career Honors
 >> 2023-24 USBC Intercollegiate Singles semifinalist



13. Kaylee Hitt (Senior // Cold Spring, Ky.)

Season Highlights
 >> Nominated for the Allstate NACDA Good Works Winter Team
 >> Colonial Lanes Classic all-tournament team
 >> 2024-25 Student-Athlete Advisory Committee president

Career Honors
 >> 2023 NCAA champion
 >> Won the Detroit sectional to qualify for the 2024 USBC Intercollegiate Singles Championship



16. Sydney Bohn (Freshman // Jackson, N.J.)

Season Highlights
 >> Conference USA Co-Newcomer of the Month (February 2025)
 >> Mid-Winter Invitational all-tournament team
 >> Part of the Commodores' 299 Baker game on Day 3 of the Storm Flyer Classic
 >> No. 9 in Vandy history for high individual tournament average (234.80 – 5 games)
 >> Named to Junior Team USA
 >> Top-30 finisher at the 2025 U.S. Amateur



17. Alyssa Ballard (Junior // Fort Worth, Texas)

Season Highlights
 >> Stallings Invitational MVP and all-tournament team
 >> Part of the Commodores' 299 Baker game on Day 3 of the Storm Flyer Classic
 >> Colonial Lanes Classic all-tournament team
 >> Contributed to the 1,237 traditional game at the Ladyjack Classic, the highest team traditional game in program history
 >> Top-25 finish at the 2025 U.S. Amateur

Career Honors
 >> 2023 NCAA champion
 >> 2022-23 third-team All-American
 >> 2022-23 NTCA All-Region
 >> 2022-23 SBL Newcomer of the Year
 >> SBL Bowler of the Month (November 2022)
 >> SBL Newcomer of the Month (November 2022, January and February 2023)
 >> Part of two 300 Baker games at Vanderbilt
 >> Two tournament MVP awards, five all-tournament teams



24. Saphyre Nofuente (Freshman // Rocklin, Calif.)

Season Highlights
 >> Bowled a season-high 289 game on Day 2 of the Storm Flyer Classic, which is tied for the seventh highest individual game in school history
 >> Part of the Commodores' 299 Baker game on Day 3 of the Storm Flyer Classic
 >> Top-20 finisher at the 2025 U.S. Amateur



31. Stephanie Hong (Freshman // Fullerton, Calif.)

Season Highlights
 >> Did not see game action during the 2024-25 season
 >> Finished 31st at the 2025 U.S. Amateur

Records at a Glance

Average Leaders (Season)*

Average	Name	Year
1. 215.3	Mabel Cummins	2022-23
2. 214.9	Josie Earnest	2008-09
3. 212.6	Maria Bulanova	2019-20
4. 211.6	Mabel Cummins	2021-22
5. 211.0	Paige Peters	2023-24
...		
9. 208.8	Jessica Earnest	2012-13
10. 208.6	Paige Peters	2021-22

High Individual Game

Score	Name	Event
1. 300	Brittni Hamilton	2021 PVAMU Invitational
300	Angelica Anthony	2021 Dezy Strong Classic
3. 299	Kaitlyn Reynolds	2006 Music City Classic
4. 295	Kristin Quah	2017 Hawk Classic
5. 290	Amanda Fry	2012 Kat Klash
290	Robyn Renslow	2015 Kutztown Classic
7. 289	Saphyre Nofuente	2025 Storm Flyer Classic
289	Amanda Fry	2013 Sam Houston

Career Strike Percentage

Percent	Name	Years
1. 53.2	Maria Bulanova	2016-20
2. 51.4	Robyn Renslow	2012-16
3. 51.1	Giselle Poss	2015-17
4. 49.2	Kristin Quah	2015-19
5. 48.4	Samantha Gainor	2017-22

Career Spare Conversion Percentage

Percent	Name	Years
1. 77.6	Adel Wahner	2016-20
2. 73.9	Katie Stark	2015-18
3. 72.8	Maria Bulanova	2016-20
4. 72.8	Samantha Gainor	2017-22
5. 72.6	Kristin Quah	2015-19

Season Strike Percentage

Percent	Name	Years
1. 55.6	Mabel Cummins	2021-22
2. 55.2	Mabel Cummins	2022-23
3. 53.9	Maria Bulanova	2019-20
4. 53.4	Victoria Varano	2023-24
5. 53.3	Maria Bulanova	2016-17

Season Spare Percentage

Percent	Name	Year
1. 82.6	Adel Wahner	2019-20
2. 80.4	Mabel Cummins	2022-23
3. 78.6	Samantha Gainor	2020-21
4. 77.7	Paige Peters	2021-22
..		
7. 76.5	Adel Wahner	2018-19
8. 76.4	Paige Peters	2023-24

High Team Traditional Game

Score	Opponent	Event
1. 1,237	Bye	2024 Ladyjack Classic
2. 1,221	Farleigh Dickinson	2019-20 Hawk Flight
3. 1,214	Texas Southern	2025 PVAMU Invitational
4. 1,205	Arkansas State	2022 Southland Championship
5. 1,200	Mount Saint Mary's	2019-20 Blue/Gray

High Team Baker Game

Score	Opponent	Event
1. 300	Farleigh Dickinson	2007 NCAA Championship (Peloquin, Reynolds, Grygiel, Keily, Jo. Earnest)
300	Central Missouri	2011 Music City Classic (O'Brien, Halter, Je. Earnest, Hamilton, Hesley)
300	Arkansas State	2014 Music City Classic (Ferris, Goodman, Poss, Mosesso, Renslow)
300	Prairie View A&M	2015 Valparaiso Inv. (Fry, Mosesso, Reguero, Goodman, Renslow)
300	St. Francis	2018 Kutztown Inv. (Leyen, Abrahamsen, Newham, Quah, Bulanova)
300	Maryville	2022 Ladyjack Classic (Cummins, Thesier, Ballard, Peters, Varano)
300	Jacksonville State	2024 Mid-Winter Inv. (Thesier, Channell, Ballard, Peters, Varano)
8. 299	Grambling	2023 Lady Techster (Naujokas, Ballard, Thesier, Varano, Cummins)
299	Sam Houston	2025 Storm Flyer Classic (Allen, Ballard, Nofuente, Varano, Bohn)
10. 297	Central Missouri	2023 Music City Classic (Naujokas, Ballard, Thesier, Varano, Cummins)

High Individual Tournament Average

Average	Name (No. games - min. 5)	Event
1. 243.8	Maria Bulanova (5)	2019-20 Ladyjack Classic
2. 240.8	Giselle Poss (5)	2017 Kutztown Inv.
3. 240.0	Isabel Allen (6)	2025 PVAMU Inv.
...		
7. 236.5	Josie Earnest (6)	2009 Jeannette Lee
236.5	Robyn Renslow (5)	2016 PVAMU Inv.
9. 234.8	Sydney Bohn (5)	2025 PVAMU Inv.
10. 232.8	Josie Earnest (5)	2008 Fright Night

High Team Four-Game Baker Set

Score	Event
1. 926	2010 McKendree Baker Challenge
2. 920	2012 Kat Klash
3. 904	2011 Kutztown Inv.
4. 892	2013 Music City Classic

High Team Five-Game Baker Set

Average	Event
1. 1,232	2011 Kutztown Inv.
2. 1,185	2022 Ladyjack Classic
3. 1,178	2023 Hawk Classic
4. 1,177	2023 Hawk Classic
5. 1,173	2015 Music City Classic

Team Strike Percentage

Average	Frames	Season
1. 50.2	6,805	2023-24
2. 50.0	5,720	2021-22
3. 49.4	6,190	2022-23
4. 48.3	6,000	2019-20
5. 48.17	7,000	2015-16
48.17	6,660	2017-18

Team Spare Percentage

Average	Attempts	Season
1. 75.60	3,123	2022-23
2. 73.72	3,101	2019-20
3. 73.47	3,415	2018-19
4. 72.49	3,628	2015-16
5. 72.36	3,390	2016-17
6. 72.31	2,373	2020-21

*Official NCAA stats prior to 2013 not available.