



VANDERBILT TRACK AND FIELD

East Coast Invitational

Event East Coast Invitational
Dates Feb. 7-8, 2025
Site Virginia Beach Sports Center
 Virginia Beach, Va.

STORYLINES

NEXT UP

- Vanderbilt track and field heads to Virginia Beach, Virginia, for the East Coast Invitational
- The event will be a preview of the site of the 2025 NCAA Indoor Track & Field Championships in March

THE LAST TIME OUT

- The Commodores hit the road for the first time this season and traveled to College Station, Texas, to compete at the Ted Nelson Invitational
- Vandy saw SEC opponents Auburn, Georgia, South Carolina, Texas and Texas A&M
- Junior Taylor McKinnon, who was the Dores top finisher in the 60-meter hurdles, clocked 8.61 seconds and finished 11th
- Junior Marta Sivina recorded a personal-best time of 8.66 seconds in the 60mH, which is the 10th-ranked time on the program's all-time performers list
- Junior Audrey Allman PRed in the mile with a time of 4:47.93, which also earned a fourth-place finish
- Senior Julia Rosenberg won the 3,000 meters invite section with a time of 9:26.05
- Graduate student Ellie Wolski clocked 9:35.32, a 10-second PR, to finish third
- The distance medley relay of junior Mackenzie Culpepper, freshmen Devyn Parham and Kenyah Conner and graduate student Ella Lambert won the event with a time of 11:40.51
- Rosenberg and the distance medley relay set facility records at the R.A. "Murray" Fasken Indoor Track
- Junior Allyria McBride was Vandy's top finisher in the long jump, recording a 5.99-meter mark and placing seventh
- In the high jump, sophomore Rowan Houston finished fifth with a 1.67-meter clearance

RECORD WATCH

- Active student-athletes hold three indoor school records and have registered 28 marks ranking in the program all-time top 10
- Julia Rosenberg is the current record holder in the 1,000 and 3,000 meters
- Allyria McBride owns the 6.13-meter long jump school record, which she set at the 2024 SEC Indoor Championships
- McBride is the second-ranked Vanderbilt student-athlete in the 300 (38.09) and 600 meters (1:31.29)
- McBride is 0.68 seconds away from the 300 meters school record, currently held by Taiya Shelby (37.41, 2022), and 2.23 seconds from the 600 meters record, which is also owned by Shelby (1:29.06, 2023)
- Rosenberg's mile time of 4:39.03 is 1.47 seconds off of Grace Jensen's school record, 4:37.56 (2022)
- Bria Bennis is the No. 2 Vanderbilt student-athlete in the 5,000 meters and is 3.10 seconds away from Liz Anderson's program record (16:14.30, 2014)

2024 SCHEDULE

Date	Meet Name	Location
Indoor		
Jan. 10-11	Commodore Challenge	Nashville, Tenn.
Jan. 17-18	Vanderbilt Invitational	Nashville, Tenn.
Jan. 24-25	Ted Nelson Invitational	College Station, Texas
Feb. 7-8	East Coast Invitational	Virginia Beach, Va.
Feb. 14-15	Music City Challenge	Nashville, Tenn.
Feb. 27-March 1	SEC Indoor Championships	College Station, Texas
March 14-15	NCAA Indoor Championships	Virginia Beach, Va.
Outdoor		
March 27-29	Raleigh Relays	Raleigh N.C.
March 27-29	Texas Relays	Austin, Texas
April 4-5	Florida Relays	Gainesville, Fla.
April 16-19	Bryan Clay Invitational	Azusa, Calif.
April 16-19	Mt. SAC Relays	Walnut, Calif.
April 18-19	Georgia Tech Invitational	Atlanta, Ga.
May 2-3	Music City Challenge	Nashville, Tenn.
May 15-17	SEC Outdoor Championships	Lexington, Ky.
May 28-31	NCAA East First Round	Jacksonville, Fla.
June 11-14	NCAA Outdoor Championships	Eugene, Ore.
June 19-22	USATF U20 Outdoor Championships	Eugene, Ore.
July 31-Aug. 3	USATF Outdoor Championships	Eugene, Ore.

QUICK FACTS

Name	Vanderbilt University
Location	Nashville, Tenn.
Founded	1873
Enrollment	7,151 (undergraduate) 13,710 (total)
Nickname	Commodores
Colors	Black & Gold
Conference	Southeastern
Chancellor	Daniel Diermeier
Vice Chancellor/Athletics Director	Candice Storey Lee
Faculty Athletics Rep	Tracey George
Website	VUCommodores.com

ATHLETICS COMMUNICATIONS

Associate Athletics Director	Brian Fremund
Cross Country Primary Contact	Pilar Ballough
Email	pilar.ballough@vanderbilt.edu
Phone	C: 724.691.5982

ABOUT THE COMMODORES

2024 SEC Indoor Finish	12th - 25 pts
2024 NCAA Indoor Finish	T43rd - 3 pts
2024 SEC Outdoor Finish	8th - 45 pts
2024 NCAA Outdoor Finish	23rd - 12 pts
All-Americans Returning/Lost	1/3

NEW KIDS ON THE BLOCK

- Vanderbilt welcomed sixteen newcomers to its track and field roster for the 2024-25 academic year
- Freshman Josie Donelson represented Team USA at the 2024 U20 World Championships and won a gold medal as a member of the 4x400-meter relay
- Donelson was named Oregon's 2024 Girls Track & Field Gatorade Player of the Year
- Tina Benzinger is a three-time German national champion as a member of the 4x100 and 4x200-meter relays
- Ellie Wolski comes to Vandy as a graduate transfer from Coastal Carolina where she played soccer for two seasons
- After making the switch to cross country and track and field, Wolski earned first-team All-Sun Belt honors during cross country season and a bronze medal in the mile at the indoor conference championships
- Joy Moorer was an NCAA qualifier in 2024 and joins Vanderbilt after spending two seasons at Colorado
- Freshmen Mackenzie Dagrosa (high jump) and Faith Franklin (400m) were indoor national champions in 2024
- Six incoming freshmen won state titles in 2024

SUCCESS UNDER THOMAS

- Althea Thomas enters her fourth season as director of cross country and track and field
- In 2023, she led the Commodores to a top 25 finish at the NCAA Outdoor Championships for the second consecutive year and the program's first NCAA individual title since 1997
- Vandy tied its best finish in school history at the SEC Outdoor championships, finishing eighth with 45 points, which were scored in all disciplines

NEW COACHES IN TOWN

- Prior to the start of the 2024 season, the Dores added Chad Balyo (distance), Candace Fuller (throws) and Lisa Morgan (distance) as assistant coaches
- In more than 10 years of coaching, Balyo has tutored student-athletes to 17 All-America honors and two NCAA runner-up finishes
- Balyo most recently coached at Samford where his efforts contributed to the Bulldogs winning 20 SoCon track and field team titles
- Fuller has guided 13 All-Americans and 24 conference champions in her more than 20 years as a coach
- At UC Riverside, Fuller tutored freshman Shiloh Corrales-Nelson who broke Philippines junior national records in the weight throw, shot put and hammer throw
- Morgan has been coaching at the collegiate and high school levels for more than 20 years and has been named a track and field coach for Team USA on six occasions
- At Seton Hall, where Morgan got her start, she coached student-athletes to winning four NCAA titles and guided two-time Olympian and Jamaican national champion and 800 meter record holder Kenia Sinclair

DORES AROUND THE WORLD

- Allyria McBride competed at the 2024 U.S. Olympic Trials this summer and advanced to the 400-meter hurdles semifinals
- Vanderbilt alumni earned three national titles and three medals at championships in four different countries
- Beatrice Juskeviciute (c/o 2023) won the 100-meter hurdles at the Lithuanian Championships and earned her second consecutive gold medal in the heptathlon
- Divine Oladipo (c/o 2022) won her first national title in the discus at the UK Championships and also brought home a bronze medal in the shot put
- At the Bell Track & Field Trials (Canada), Brooke Overholt (c/o 2023) earned a runner-up finish in the 400-meter hurdles
- Veronica Fraley (c/o 2024) earned a bronze medal at the U.S. Team Trials in the discus to qualify for the 2024 Olympic Games

COACHING STAFF

Director of Cross Country, Track & Field

Althea (Al-thee-uh) Thomas

Assist. Coach (Jumps, Multi) | Recruiting Coordinator

Justin Byron

| Director of Player Development

Candace Fuller

Assistant Coach (Throws)

Chad Balyo

Assistant Coach (Distance)

Lisa Morgan

Assistant Coach (Distance)

Assistant Coach (Sprints)

Cameia (Cam-EE-uh) Alexander

Assistant Coach (Jumps)

Harold Rose

USTFCCCA NATIONAL COACHES POLL

Women's

1. Arkansas
2. Oregon
3. Texas Tech
4. Illinois
5. Georgia
6. BYU
7. Stanford
8. Texas A&M
9. Clemson
10. Oklahoma
11. Florida
12. South Carolina
13. Washington
14. Nebraska
15. Notre Dame
16. Providence
17. Harvard
18. Tennessee
19. Baylor
20. Alabama
21. LSU
22. TCU
23. Kentucky
24. New Mexico
25. Southern California

*Rankings as of Feb. 4, 2025

DORES IN PARIS

- Two Vanderbilt alumni, Veronica Fraley and Lily Williams, represented Team USA at the 2024 Paris Olympics
- Williams and Team USA brought home a gold medal from Paris in women's track cycling team pursuit
- She is just the second Dore in school history to win gold at the Olympics (Jeff Turner – men's basketball, 1984)
- Williams became Vanderbilt's first-ever female Olympian when she qualified for the 2020 Tokyo Olympics
- At the 2020 Games, she and her teammates earned a bronze medal in team pursuit

ACADEMIC EXCELLENCE

- The track and field team earned a 3.556 team GPA this fall semester
- In 2024, the team and 14 student-athletes were named USTFCCCA All-Academic
- Vanderbilt boasted two CSC Academic All-Americans in 2024, Veronica Fraley, who was a first-team selection, and Sarah Omoregie, who earned third-team recognition
- Seventeen Commodores made the 2023-24 First-Year SEC Academic Honor Roll and 23 student-athletes were named to the 2024 Spring SEC Academic Honor Roll

RECAPS**MEET 1 Commodore Challenge****DATE** Jan. 11, 2025 **SITE** David Williams II Recreation & Wellness Center (Nashville, Tenn.)**OFF AND RUNNING IN NASHVILLE**

NASHVILLE, Tenn. – On a snowy Saturday in Nashville, Vanderbilt track and field opened its indoor season at the Commodore Challenge where nine Dores added their names to the program's all-time top 10 lists and seven recorded personal bests.

“Today was a good meet,” director of cross country and track and field Althea Thomas said. “We didn’t compete everybody, but we’re definitely at a point with our depth and quality where we can individualize. It was good to see the upperclassmen come out and continue to do what they do and build on the momentum from the last three years and to see out newcomers come out and have the same confidence they’ve had at high school meets in a new setting and at a higher level.”

To start the morning, sophomore Rowan Houston cleared 1.71 meters in the high jump, which is a personal best and tied for the No. 7 mark in school history.

On the track, junior Allyria McBride turned in a time of 1:31.29 in the 600 meters, which is the No. 2 time in program history. Freshman Kenyah Conner was less than a second behind and clocked 1:31.72, tied for fifth all-time at Vandy.

Senior Julia Rosenberg and junior Audrey Allman finished first and second, respectively, in the 1,000 meters. Allman’s time, 2:48.69, is a personal best and ranked fourth in school history. Rosenberg crossed the finish line in 2:48.46 to win the race.

In the long jump, freshman Anya Carey recorded a personal-best 5.45-meter mark to place ninth. Sophomore Anaya Carey earned a fourth-place finish with a 5.66-meter jump.

Three Commodores, junior Taylor McKinnon and freshmen Prynness Jackson and Devyn Parham, advanced to the 60-meter hurdles final. McKinnon clocked 8.56 seconds in the prelims, the day’s fastest qualifying time, and 8.53 seconds in the final to win the event and move to No. 7 on the all-time performers list. Both marks were personal bests. Parham turned in a time of 8.66 seconds in qualifying and of 8.56 seconds in the final. She is now tied for eighth in school history in the event. Jackson recorded respective times of 8.90 and 8.93 seconds in the prelims and final.

Freshman Jacqueline Rose cracked into the school’s all-time top 10 in the pole vault clearing 3.65 meters to finish first among freshmen and second overall.

Graduate student Tina Benzinger and junior Falon Spearman added their names to the record books in the 300 meters. Benzinger ran the fifth fastest 300-meter race in school history, turning in a time of 39.34 seconds to finish second overall. Spearman placed third in the race, clocking 39.87 seconds, which is the 10th-ranked time in program history.

In the throws ring, senior Sarah Marvin finished fifth overall, third among collegians in the shot put with a 14.58-meter mark.

To end the meet the 4x400-meter relay squad of freshman Isabella Dagrosa, junior Mackenzie Culpepper, Webster and McBride took third with a time of 3:48.77.

Junior Santana Spearman, Culpepper and sophomore Elsa Steer recorded personal bests Saturday. Spearman recorded times of 7.94 and 25.55 seconds in the 60 and 200 meters. Culpepper’s 1,000 meter time was 2:54.24. Steer recorded a time of 5:04.76 in the mile.

“Whenever you see that many personal bests, meet winners and runners-up, it is a very good meet,” Thomas said. “Considering the circumstances, I think the team did a really good job adjusting to the weather delays and modifications. I’m very pleased with the composure they had for the meet.”

MEET 2 Vanderbilt Invitational**DATE** Jan. 17-18, 2025 **SITE** David Williams II Recreation & Wellness Center (Nashville, Tenn.)**FRIDAY ACTION FINISHED**

NASHVILLE, Tenn. – The Commodores got off to a hot start on their home track at the Vanderbilt Invitational Friday posting a pair of event wins and two marks ranking in the program’s all-time top 10.

Freshman Devyn Parham took first place in her first collegiate pentathlon, totaling 3,621 points, which is the eighth-ranked mark on the Vanderbilt all-time performers list. She was the top collegiate finisher in the 60-meter hurdles, clocking 8.65 seconds to start the day. In the high jump, she cleared 1.52 meters. Parham recorded personal-best marks in the shot put (10.41 meters) and long jump (5.41 meters). She ended the day with a win in the 800 meters, recording a time of 2:24.55.

Fellow freshman Kayleigh Stargell was the ninth-place finisher in the multi, scoring 3,170 points. She also recorded a PR in the shot put, throwing 10.29 meters.

Continuing action on the field, junior Marta Sivina recorded a personal-best 5.72-meter jump, a mark she matched two more times throughout the competition. She would also claim a first-place finish in the event.

On the track, junior Allyria McBride clocked 24.30 seconds in the 200 meters, the No. 4 time in program history. She also claimed third place in the event. Junior Falon Spearman recorded a personal best in the same event turning in a time of 25.26 seconds.

To end the night, graduate student Ella Lambert recorded a personal-best time of 5:54.17 in the 1,000 meters. Sophomore Elsa Steer, who was running the event for the first time, won her heat with a time of 2:57.18.

MOMENTUM CONTINUES ON DAY 2

NASHVILLE, Tenn. – The Commodores kept their Day 1 momentum running on the second day of the Vanderbilt Invitational and added four more marks to the school’s all-time top 10 lists.

“In general, the meets we’ve been hosting have been able to attract some great teams who have some great performers in Division I, Division II and various conferences, and it allows our product at home to be such that our athletes can be tested,” director of cross country and track and field Althea Thomas said. “It was a great continuation from last week as we go from some off distances that aren’t contested on the NCAA level to what I like to call our Olympic events and let the athletes to have the opportunity to challenge themselves. It’s the kind of muscle we have to build in our conference.”

To start the morning on the track, graduate student Tina Benzinger earned a ninth-place finish in the 60 meters, clocking 7.60 seconds, which is the No. 4 time in program history. Sophomore Brenay Williams also added her name to the Vanderbilt record books in the 60 meters, turning in a time of 7.73 seconds, which is 10th on the all-time performers list. Sophomore Anaya Webster and junior Marta Sivina both recorded times of 7.75 seconds, a personal best for Webster. Junior Falon Spearman was right behind them with a time of 7.77 seconds. Sophomore Rowan Houston also posted a personal-best time of 8.19 seconds in the same race.

In the mile, senior Julia Rosenberg earned a runner-up finish with a time of 4:41.14. She was followed closely by teammate Ellie Wolski. The graduate student clocked 4:46.47 to finish fourth overall with the sixth fastest time in program history. Claire Petersen placed 12th overall in the event and first among freshmen with a time of 4:51.10. In addition to Wolski, four Commodores, including seniors Gigi Clifford (4:57.09) and Cameron Fawcett (4:53.24), junior Mackenzie Culpepper (4:59.77) and sophomore Elsa Steer (5:01.27), turned in personal-best times in the mile. Saturday.

On the field, sophomore Anaya Webster etched her name into the Vanderbilt record books, posting the No. 3 triple jump mark in program history, 12.25 meters. In the pole vault competition, freshman Jacqueline Rose earned a fourth-place finish with a 3.53 meter clearance. Senior Sarah Marvin recorded a 14.52-meter throw to place fourth in the shot put.

To end the weekend the Commodore 4x400-meter relay team of freshman Isabella Dagrosa, junior Allyria McBride and freshmen Kenyah Conner and Mackenzie Dagrosa placed fourth out of 30 relay teams with a time of 3:42.33.

On Day 1 of the Vanderbilt Invitational, student-athletes recorded two event wins and two marks ranking in the program’s all-time top 10. Freshman Devyn Parham scored 3,621 points to win the pentathlon, now ranking eighth all-time at Vanderbilt in the event. McBride ran the 200 meters for the first time in her collegiate career and posted the No. 4 time in program history, 24.30 seconds. On the field, Sivina won the open division of the long jump with a personal-best 5.72-meter mark.

“The SEC is the greatest conference in the NCAA for track and field so being able to see freshmen like Devyn go into the competition and the pressure and just perform and show grit is amazing for the team,” Thomas said. “It’s also great seeing some of our veterans like Marta make big changes in her jumps but have personal bests. We still have a lot to come. We are excited about the work, but we’ve got work to do.”

RECAPS**MEET 3 Ted Nelson Invitational****DATE** Jan. 25, 2025 **SITE** R.A. "Murray" Fasken Indoor Track (College Station, Texas)**DORES CONTINUE TO RAISE THE BAR**

COLLEGE STATION, Texas – Vanderbilt track and field ended its day at the Ted Nelson Invitational with two program all-time top 10 marks and four personal bests.

To start the day, junior Taylor McKinnon clocked 8.61 seconds in the 60-meter hurdles. She was the Dores top finisher and 11th overall. Junior Marta Sivina recorded a personal-best time of 8.66 seconds, which is the 10th-ranked time on the program's all-time performers list.

In the 60 meters, freshman Alima Kassim turned in a time of 7.69 seconds, the No. 9 mark in school history.

Junior Audrey Allman PRed in the mile with a time of 4:47.93, which also earned a fourth-place finish.

Senior Julia Rosenberg won the 3,000 meters invite section with a time of 9:26.05. Graduate student Ellie Wolski clocked 9:35.32 to finish third. Her time was a 10-second personal best. Seniors Cameron Fawcett and Gigi Clifford finished sixth and eighth, respectively, with times of 9:41.98 and 9:44.11. Fawcett PRed by six seconds and Clifford's mark was a 15-second personal best.

The distance medley relay of junior Mackenzie Culpepper, freshmen Devyn Parham and Kenyah Conner and graduate student Ella Lambert won the event and set the facility record.

Freshman Isabella Dagrosa, McKinnon and juniors Santana and Falon Spearman represented the Dores in the 4×400-meter relay and turned in a time of 3:54.79 to finish eighth.

On the field, senior Sarah Marvin finished sixth in the shot put with a 14.67-meter throw.

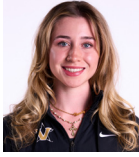
Junior Allyria McBride was Vandy's top finisher in the long jump, recording a 5.99-meter mark and placing seventh.

In the high jump, sophomore Rowan Houston finished fifth with a 1.67-meter clearance.

VANDERBILT TRACK AND FIELD ROSTER

Name	Class	Event	Hometown / High School
Audrey Allman	Jr.	Distance	Glen Ellyn, Ill. / Glenbard West
Bria Bennis	So.	Distance	Elmhurst, Ill. / Elmhurst (York)
Tina Benzinger (BEN-sing-er)	Gr.	Sprints	Munich, Germany / Ursilinen
Anya Carey	Fr.	Jumps	Pembroke Pines, Fla. / Somerset Academy
Gigi Clifford	Sr.	Distance	Tiburon, Calif. / Marin Catholic
Kenyah Conner	Fr.	Sprints	College Park, Ga. / Woodward Academy
Mackenzie Culpepper (CUHL-pep-per)	Jr.	Distance	Hoover, Ala. / Spain Park
Mackenzie Dargosa (Duh-GROSS-uh)	Fr.	Jumps	San Antonio, Texas / Reagan
Isabella Dargosa (Duh-GROSS-uh)	Fr.	Hurdles	San Antonio, Texas / Reagan
Josie Donelson	Fr.	Hurdles • Sprints	Lake Oswego, Ore. / Lake Oswego
Ella Escobar	Sr.	Sprints	Peoria, Ariz. / North Canyon
Cameron Fawcett (FAW-set)	Sr.	Distance	Dallas, Texas / Highland Park
Faith Franklin	Fr.	Sprints	Harlingen, Texas / Harlingen
Eva Gautreaux (GO-tro)	So.	Sprints	Germantown, Tenn. / Houston
Mya Georgiadis (George-ee-aw-dis)	Jr.	Hurdles	Ann Arbor, Mich. / Huron
Lena Gooden	So.	Jumps	Manassass, Va. / Osbourn Park
Johna Grisik (GRIZE-ick)	Jr.	Distance	Alpharetta, Ga. / Marist
Rowan Houston	So.	Jumps	Rye, N.Y. / Rye Country Day School
Pryncess Jackson	Fr.	Multi	Highland Springs, Va. / Highland Springs
Alima (Uh-lee-muh) Kassim (Kuh-seem)	Fr.	Sprints	Nashville, Tenn. / University School of Nashville
Colette Kinsella	So.	Distance	LaGrange Park, Ill. / Nazareth Academy
Olivia Kosanovich (Kuh-SAH-no-vich)	So.	Pole Vault	Boulder, Colo. / Fairview
Lily Kriegel (KREE-gull)	Fr.	Distance	Whitefish Bay, Wis. / Whitefish Bay
Ella Lambert	Gr.	Distance	Cincinnati, Ohio / Turpin
Gianna Leone	So.	Distance	Pawleys Island, S.C. / Waccamaw
Sarah Marvin	Sr.	Throws	Gaines, Mich. / Byron
Allyria (UH-leer-ee-uh) McBride	Jr.	Hurdles • Sprints	Marietta, Ga. / Wheeler
Taylor McKinnon	Jr.	Hurdles	Durham, N.C. / Cardinal Gibbons
Anissa (UH-nee-suh) Moore	So.	Sprints	Hempstead, N.Y. / Hempstead
Joy Mooror	Jr.	Hurdles • Sprints	Phoenix, Ariz. / North Canyon
Devyn Parham (Par-ham)	Fr.	Multi	Chesterfield, Va. / Thomas Dale
Claire Petersen	Fr.	Distance	Roswell, Ga. / Blessed Trinity
Jacqueline Rose	Fr.	Pole Vault	Keller, Texas / Keller
Julia Rosenberg	Sr.	Distance	Weston, Conn. / Weston
Marta Sivina (Siv-EE-nuh)	Jr.	Multi	Ogre, Latvia / Ogre Secondary
Catherine Sommerfeld	So.	Distance	LaGrange, Ill. / LaGrange (Lyons)
Falon Spearman	Jr.	Hurdles	Charlotte, N.C. / Providence Day
Santana Spearman	Jr.	Hurdles	Charlotte, N.C. / Providence Day
Kayleigh Stargell	Fr.	Multi	Atlanta, Ga. / North Atlanta
Clara Steer	So.	Distance	Carlsbad, Calif. / Pacific Ridge
Elsa Steer	So.	Distance	Carlsbad, Calif. / Pacific Ridge
Anaya Webster	So.	Jumps	Spring, Texas / Havergal College
Brenay (BRUH-nay) Williams	So.	Sprints	Gallatin, Tenn. / Goodpasture Christian
Madyson Wilson	Jr.	Hurdles • Sprints	Atlanta, Ga. / Westlake
Ellie Wolski (WALL-skee)	Gr.	Distance	Knoxville, Tenn. / Knoxville Catholic

Commodore Capsules



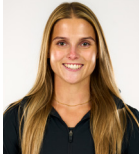
AUDREY ALLMAN • JR. • DISTANCE

SB 800m - >> No. 4 in school history in the 1,000 meters (2:48.69)
 PB 800m - 2:09.96 >> Bronze medalist at the 2024 SEC Indoor Championships as a member of the DMR
 SB 1,000m - 2:48.69 >> Qualified for the 2023 Pan American U20 Championships
 PB 1,000m - 2:48.69
 SB Mile - 4:47.93
 PB Mile - 4:47.93



BRIA BENNIS • SO. • DISTANCE

SB 5,000m - >> No. 2 in school history in the indoor and outdoor 5k
 PB 5,000m - 16:05.11 >> Scored at the 2024 SEC Outdoor Championships in the 10k
 >> Bronze medalist in the 3,000m at the USATF U20 Championships



TINA BENZINGER • GR. • SPRINTS

SB 60m - 7.60 >> Two program all-time top 10 marks
 PB 60m - 7.39 >> Graduated from the Technical University of Munich before coming to Vanderbilt
 SB 200m - >> 3X German national champion (4x100 and 4x200m relays)
 PB 200m - 23.63



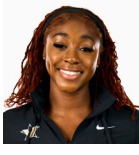
ANYA CAREY • FR. • JUMPS

SB LJ - 5.45m (17-10.75) >> Recorded a personal best in the long jump at the Commodore Challenge, her first collegiate meet
 PB LJ - 5.45m (17-10.75)
 SB TJ - 11.48m (37-8)
 PB TJ - 12.03m (39-5.5)



GIGI CLIFFORD • SR. • DISTANCE

SB mile - 4:57.09 >> Recorded a 15-second PR in the 3,000 meters at the Ted Nelson Invitational
 PB mile - 4:57.09 >> Recorded a three-second PR in the mile at the Vanderbilt Invitational
 SB 3,000m - 9:44.11
 PB 3,000m - 9:44.11
 SB 5,000m -
 PB 5,000m - 17:19.45



KENYAH CONNER • FR. • SPRINTS

SB 400m - >> Owns the R.A. "Murray" Fasken Indoor Track facility record as a member of the DMR
 PB 400m - 55.77 >> Tied for fifth in Vanderbilt history in the 600 meters (1:31.72)
 SB 800m - >> Contributed to the Dores' fourth-place 4x400-meter relay at the Vanderbilt Invitational (3:42.33)
 PB 800m - 2:08.52
 SB 1,000m - 2:59.61
 PB 1,000m - 2:59.61



MACKENZIE CULPEPPER • JR. • DISTANCE

SB 400m - 1:03.49 >> Owns the R.A. "Murray" Fasken Indoor Track facility record as a member of the DMR
 PB 400m - 1:03.49 >> Recorded a three-second PR in the mile at the Vanderbilt Invitational
 SB 800m - >> Recorded personal bests in the 400 and 1,000 meters at the Commodore Challenge
 PB 800m - 2:10.44
 SB 1,000m - 2:54.24
 PB 1,000m - 2:54.24
 SB mile - 4:59.77
 PB mile - 4:59.77



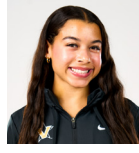
ISABELLA DAGROSA • FR. • HURDLES

SB 60mH - >> Contributed to the Dores' fourth-place 4x400-meter relay at the Vanderbilt Invitational (3:42.33)
 PB 60mH - 8.78
 SB 200m - 25.74
 PB 200m - 24.98



MACKENZIE DAGROSA • FR. • JUMPS

SB HJ - >> Contributed to the Dores' fourth-place 4x400-meter relay at the Vanderbilt Invitational (3:42.33)
 PB HJ - 1.83m (6-0)



JOSIE DONELSON • FR. • HURDLES/SPRINTS

SB 400m - >> 2024 U20 world champion as a member of Team USA's 4x400m relay
 PB 400m - 52.83 >> 2024 Gatorade Girls Track & Field Player of the Year - Oregon



ELLA ESCOBAR • SR. • SPRINTS

SB 60m - >> 2024 NCAA regional qualifier (4x100m relay)
 PB 60m - 7.61 >> Four program all-time top 10 marks
 SB 200m -
 PB 200m - 24.59



CAMERON FAWCETT • SR. • DISTANCE

SB 1,000m - >> Recorded a six-second PR in the 3,000 meters at the Ted Nelson Invitational
 PB 1,000m - 3:00.31 >> Recorded a three-second PR in the mile at the Vanderbilt Invitational
 SB mile - 4:53.24
 PB mile - 4:53.24
 SB 3,000m - 9:41.98
 PB 3,000m - 9:41.98



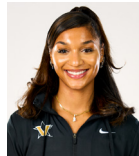
FAITH FRANKLIN • FR. • SPRINTS

SB 200m - >> 2024 New Balance Indoor Nationals champion in the 400 meters
 PB 200m - 23.61
 SB 400m -
 PB 400m - 53.02



EVA GAUTREAUX • SO. • SPRINTS

SB 200m - >> No. 10 in program history as a member of the 4x400m relay
 PB 200m - 25.50
 SB 400m -
 PB 400m - 56.96



MYA GEORGIADIS • JR. • HURDLES

SB 60mH - >> Did not compete in 2024
 PB 60mH - 9.12 >> 2023 NCAA regional qualifier in the 400mH
 SB 400m - >> Two program all-time top 10 marks
 PB 400m - 55.61



LENA GOODEN • SO. • JUMPS

SB 60m - >> 2024 second-team All-American in the long jump
 PB 60m - 7.53 >> 2024 NCAA Outdoor Championships qualifier
 SB LJ - >> School record holder in the outdoor long jump
 PB LJ - 6.22m (20-5) >> Holds school record as a member of the 4x100m relay
 >> Five program all-time top 10 marks

Commodore Capsules



JOHNA GRISIK • JR. • DISTANCE

SB 800m -
PB 800m - 2:16.66
SB mile - 5:17.88
PB mile - 5:04.99

>> Competed in the mile at the Vanderbilt Invitational



GIANNA LEONE • SO. • DISTANCE

SB 1,000m - 3:19.76
PB 1,000m - 3:19.76

>> Made collegiate track and field debut at the Commodore Challenge



ROWAN HOUSTON • SO. • JUMPS

SB 60m - 8.19
PB 60m - 8.19
SB HJ - 1.71m (5-7.25)
PB HJ - 1.71m (5-7.25)

>> Tied for seventh in Vanderbilt history in the high jump
>> Competed in six indoor, four outdoor meets as a freshman



SARAH MARVIN • SR. • THROWS

SB SP - 14.58m
PB SP - 15.94m (52-3.75)

>> Two-time NCAA regional qualifier in the shot put
>> Top 5 in program history in the indoor and outdoor shot put and discus



PRYNCESS JACKSON • FR. • MULTI

SB/PB Pent -
SB/PB 60mH - 8.90/8.66
SB/PB HJ - 1.61m/1.68m
SB/PB SP - 8.57m/8.57m
SB/PB LJ - --/5.84m
SB/PB - 800m - --/2:52.05
SB/PB TJ - --/12.28m

>> Finished fifth in the 60-meter hurdles and high jump at the Commodore Challenge



ALLYRIA MCBRIDE • JR. • HURDLES/SPRINTS

SB 200m - 24.30
PB 200m - 24.30
SB 400m -
PB 400m - 53.47
SB LJ - 5.99 (19-8)
PB LJ - 6.13m (20-1.5)

>> 400mH semifinalist - 2024 U.S. Olympic Team Trials
>> 2023 second-team All-American
>> Two-time NCAA regional qualifier
>> Two-time SEC bronze medalist
>> Four school records, seven program all-time top 10s



ALIMA KASSIM • FR. • SPRINTS

SB 60m - 7.69
PB 60m - 7.59
SB 200m -
PB 200m - 24.45

>> No. 10 in school history in the 60 meters (7.69)
>> Third freshman, 16th overall in the 60 meters at the Ted Nelson Invitational



TAYLOR MCKINNON • JR. • HURDLES

SB 60m - 7.98
PB 60m - 7.93
SB 60mH - 8.53
PB 60mH - 8.53
SB 200m - 26.09
PB 200m - 25.78

>> Won the 60mH prelims (8.56) and final (8.53) at the Commodore Challenge
>> Holds school record as a member of the shuttle hurdle relay
>> Three program all-time top 10 marks



COLETTE KINSELLA • SO. • DISTANCE

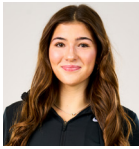
>> Did not compete in 2024



ANISSA MOORE • SO. • SPRINTS

SB 200m -
PB 200m - 24.48
SB 400m -
PB 400m - 54.03

>> Did not compete in 2024



OLIVIA KOSANOVICH • SO. • POLE VAULT

SB PV -
PB PV - 3.81m (12-6)

>> Competed in three indoor, four outdoor meets in 2024



JOY MOORNER • JR. • HURDLES/SPRINTS

SB 60mH -
PB 60mH - 8.87
SB 200m -
PB 200m - 24.31
SB 400m -
PB 400m - 54.66

>> Competed at Colorado for two seasons before coming to Vanderbilt
>> 2024 NCAA qualifier



LILY KRIEGEL • FR. • DISTANCE

>> Top freshman finisher in her collegiate cross country debut



DEVYN PARHAM • FR. • MULTI

SB/PB Pent - 3,621/3,621
SB/PB 60mH - 8.56/8.56
SB/PB HJ - 1.52m/1.68m
SB/PB SP - 10.41m/10.41m
SB/PB LJ - 5.41m/5.41m
SB/PB 800m - 2:24.55/2:24.55

>> Owns the R.A. "Murray" Fasken Indoor Track facility record as a member of the DMR
>> Won the pentathlon at the Vanderbilt Invitational, recorded personal bests in the long jump, shot put and 800m
>> Top 10 in program history in two events



ELLA LAMBERT • GR. • DISTANCE

SB 1,000m - 2:54.17
PB 1,000m - 2:54.17
SB mile -
PB mile - 4:50.30
SB 3,000m -
PB 3,000m - 9:33.41

>> Owns the R.A. "Murray" Fasken Indoor Track facility record as a member of the DMR



CLAIRE PETERSEN • FR. • DISTANCE

SB mile - 4:51.10
PB mile - 4:47.85
SB 3,000m -
PB 3,000m - 9:45.78

>> Top freshman finisher in the mile at the Vanderbilt Invitational

Commodore Capsules



JACQUELINE ROSE • FR. • POLE VAULT

SB PV - 3.65 (11-11.75) >> Tied for 10th in school history in the pole vault
 PB PV - 4.11m (13-6)
 SB 60m - 8.49
 PB 60m - 8.49



JULIA ROSENBERG • SR. • DISTANCE

SB mile - 4:41.14 >> Owns the R.A. "Murray" Fasken Indoor Track facility record in the 3,000m
 PB mile - 4:39.03 >> Won the 3,000 meters at the Ted Nelson Invitational
 SB 1,000m - 2:48.46 >> Second in the mile at the Vanderbilt Invitational
 PB 1,000m - 2:43.76 >> 2024 NCAA regional qualifier
 SB 3,000m - 9:26.05 >> Two school records, four program all-time top 10 marks
 PB 3,000m - 9:15.99 >> SEC bronze medalist (DMR), two-time SEC scorer



MARTA SIVINA • JR. • MULTI

SB/PB Pent - -- /3,942 >> PRed and won the long jump at the Vanderbilt Invitational
 SB/PB 60mH - 8.66 /8.66 >> 2024 SEC scorer in the heptathlon
 SB/PB HJ - 1.62m /1.66m >> Two-time medalist at the Latvian CE Championships
 SB/PB SP - 11.84m /12.51m >> Top 10 in program history in the heptathlon
 SB/PB LJ - 5.72m /5.72m >> Did not compete indoors in 2024
 SB/PB - 800m - -- /2:19.55
 SB/PB 60m - 7.75 /7.75



CATHERINE SOMMERFELD • SO. • DISTANCE

SB mile - >> Did not compete outdoors in 2024
 PB mile - 4:51.30
 SB 3,000m -
 PB 3,000m - 9:36.77
 SB 5,000m -
 PB 5,000m - 17:07.97



FALON SPEARMAN • JR. • HURDLES

SB 60m - 7.77 >> 2024 NCAA regional qualifier
 PB 60m - 7.77 >> Holds school record in the 100mH, three program all-time top 10 marks
 SB 60mH -
 PB 60mH - 8.51
 SB 200m - 25.26
 PB 200m - 25.26



SANTANA SPEARMAN • JR. • HURDLES

SB 60m - 7.94 >> 2024 NCAA regional qualifier
 PB 60m - 7.94 >> Holds school record as a member of the shuttle hurdle relay, two program all-time top 10 marks
 SB 60mH -
 PB 60mH - 8.43
 SB 200m - 25.55
 PB 200m - 25.55



KAYLEIGH STARGELL • FR. • MULTI

SB/PB Pent - 3,170 /3,389 >> Ninth in the pentathlon at the Vanderbilt Invitational, recorded a personal best in the shot put
 SB/PB 60mH - 9.45 /9.08
 SB/PB HJ - 1.49m /1.57m
 SB/PB SP - 10.29m /10.29m
 SB/PB LJ - 5.33m /5.81m
 SB/PB - 800m - 2:37.45 /2:27.40



CLARA STEER • SO. • DISTANCE

SB 800m - >> Dropped 16 seconds off her mile time from the first to second meets of the 2025 season
 PB 800m - 2:14
 SB 1,000m - 3:03.02
 PB 1,000m - 3:03.02
 SP mile - 5:18.36
 PB mile - 5:03



ELSA STEER • SO. • DISTANCE

SB 800m - >> Recorded a three-second PR in the mile at the Vanderbilt Invitational
 PB 800m - 2:16.59 >> PRed in the 1,000m at the Vanderbilt Invitational and won her heat
 SB 1,000m - 2:57.18
 PB 1,000m - 2:57.18
 SB mile - 5:01.27
 PB mile - 5:01.27



ANAYA WEBSTER • SO. • JUMPS

SB LJ - 5.66m (18-7) >> Fourth and recorded a PR in the triple jump at the Vanderbilt Invitational
 PB LJ - 5.88m (19-3.5) >> PRed in the 1,000m at the Vanderbilt Invitational and won her heat
 SB TJ - 12.25m (40-2.25) >> Top 10 in program history in the indoor and outdoor long jump and triple jump
 PB TJ - 12.25m (40-2.25)
 SB 60m - 7.75
 PB 60m - 7.75



BRENAY WILLIAMS • SO. • SPRINTS

SB 60m - 7.73
 PB 60m - 7.57



MADYSON WILSON • JR. • SPRINTS

SB 200m - >> Did not compete in 2024
 PB 200m - 25.12 >> Top 10 in program history in the 300 meters



ELLIE WOLSKI • GR. • DISTANCE

SB 800m - >> No. 6 in Vanderbilt history in the mile
 PB 800m - 2:11.33 >> Recorded a 10-second PR in the 3,000m at the Ted Nelson Invitational
 SB mile - 4:46.47 >> Recorded a six-second PR in the mile at the Vanderbilt Invitational
 PB mile - 4:46.47 >> Graduate transfer from Coastal Carolina where she played soccer for two years before running track and XC
 SB 3,000m -
 PB 3,000m - 4:28.37

Records at a Glance
60m

1.	Haley Bishop	7.37	2022
2.	Madison Fuller	7.46	2022
3.	Lena Gooden	7.53	2024
4.	Tina Benzinger	7.60	2025
5.	Ella Escobar	7.61	2023
6.	Anna Carr-Hawkins	7.64	2009
7.	Sophia Falco	7.65	2018
8.	Autumn Smith	7.68	2002
9.	Alima Kassim	7.69	2025
10.	Taylor Jackson	7.71	2010

60m Hurdles

1.	Beatrice Juskeviciute	8.23	2023
2.	Amanda Mullins-Hall	8.37	2004
3.	Santana Spearman	8.43	2024
4.	Falon Spearman	8.51	2024
	Brooke Overholt	8.51	2023
6.	Janetra Gleaves	8.52	2015
7.	Taylor McKinnon	8.53	2025
8.	Devyn Parham	8.56	2025
	Jennifer Cannon	8.56	2014
10.	Marta Sivina	8.66	2025

200m

1.	Haley Bishop	23.47	2022
2.	Ryan Tolbert	23.99	1988
3.	Madison Fuller	24.11	2022
4.	Allyria McBride	24.30	2025
5.	Taiya Shelby	24.35	2021
6.	Rondajai Washington	24.41	2023
7.	Faith Washington	24.35	2015
8.	Lena Gooden	24.61	2024
9.	Jennifer Edobi	24.62	2018
10.	Brooke Overholt	24.75	2023

300m

1.	Taiya Shelby	37.41	2022
2.	Allyria McBride	38.09	2024
3.	Haley Bishop	38.33	2022
4.	Brooke Overholt	39.08	2023
5.	Tina Benzinger	39.34	2025
6.	Kaira Brown	39.45	2022
7.	Madison Fuller	39.53	2022
8.	Ella Escobar	39.70	2024
9.	Madyson Wilson	39.85	2023
10.	Faith Washington	39.86	2014

400m

1.	Taiya Shelby	52.40	2022
2.	Ryan Tolbert	52.75	1996
3.	Jennifer Edobi	53.45	2018
4.	Brooke Overholt	53.82	2023
5.	Allyria McBride	54.07	2024

600m

1.	Taiya Shelby	1:29.06	2023
2.	Allyria McBride	1:31.29	2025
3.	Michele Baskin	1:31.43	1998
4.	Jennifer Edobi	1:31.70	2015
5.	Kenyah Conner	1:31.72	2025
	Skyler Carpenter	1:31.72	2015

1,000m

1.	Julia Rosenberg	2:43.76	2024
2.	Kat Delaney	2:47.16	2016
3.	Grace Jensen	2:47.52	2022
4.	Audrey Allman	2:48.69	2025
5.	Sara Barron	2:49.08	2016

Mile

1.	Grace Jensen	4:37.56	2022
2.	Julia Rosenberg	4:39.03	2024
3.	Sara Barron	4:39.96	2016
4.	Emma Curry	4:46.08	2024
5.	Caroline Eck	4:46.44	2023
6.	Ellie Wolski	4:46.47	2025
7.	Kat Delaney	4:46.61	2016
8.	Jordan White	4:46.71	2012
9.	Sara Tsai	4:46.74	2016
10.	Lauren Moffett	4:47.08	2020

3,000m

1.	Julia Rosenberg	9:15.99	2024
2.	Niki Narayani	9:18.66	2023
3.	Caroline Eck	9:20.85	2023
4.	Liz Anderson	9:21.05	2014
5.	Carmen Carlos	9:21.34	2016

5,000m

1.	Liz Anderson	16:14.30	2014
2.	Bria Bennis	16:17.40	2024
3.	Niki Narayani	16:17.82	2023
4.	Vanessa Valentine	16:25.75	2016
5.	Caroline Eck	16:26.39	2024

High Jump

1.	Brienne Williams	6-0 (1.83m)	2013
	Josie Hahn	6-0 (1.83m)	2004
...			
6.	Jada Sims	5-8.11 (1.73m)	2023
7.	Rowan Houston	5-7.25 (1.71m)	2025
	Ashley Hare	7-7.25 (1.71m)	2016
9.	Madison Murray	5-6 (1.68m)	2024
	Cheri Calahan	5-6 (1.68m)	1994

Pole Vault

1.	Kristen Denk	14-2.75 (4.34m)	2019
...			
6.	Megan McCabe	12-9.5 (3.90m)	2016
7.	Kaitlyn Deutsch	12-7.5 (3.85m)	2020
8.	Katherine Hendricks	12-2.75 (3.73m)	2010
9.	Morgan Toone	12-2 (3.71m)	2012
10.	Jacqueline Rose	11-11.75 (3.65m)	2025
	Laine Roberts	11-11.75 (3.65m)	2021

Long Jump

1.	Allyria McBride	20-1.5 (6.13m)	2024
2.	Ryan Tolbert	19-8 (5.99m)	1996
3.	Beatrice Juskeviciute	19-5.25 (5.92m)	2023
4.	Anaya Webster	19-3.5 (5.88m)	2024
5.	Lena Gooden	19-2.25 (5.85m)	2024

Records at a Glance
Pentathlon

1. Beatrice Juskeviciute4,282.....2023
- ...
6. Jennifer Cannon3,771.....2014
7. Madison Murray3,640.....2024
8. **Devyn Parham 3,621 2025**
9. Josephine Dal3,612.....2022
10. Jess Creedon.....3,596.....2022

Shot Put

1. Divine Oladipo 58-9.5 (17.92m)2022
2. Veronica Fraley 56-7.25 (17.25m)2023
3. Sarah Omoregie 56-1.75 (17.11m)2024
4. Leslie Vidmar..... 53-0.25 (16.16m)1998
5. **Sarah Marvin 52-3.75 (15.94m) 2023**

Triple Jump

1. Simone Charley..... 44-5.25 (13.54m)2017
2. Christina Penn..... 41-9.5 (12.73m)1996
3. **Anaya Webster 40-2.25 (12.25m) 2025**
4. Tierney Price40-0 (12.19m).....2015
5. Sophia Falco..... 39-0.50 (11.90m)2018

4x400m Relay

1. **A. McBride**, B. Overholt, K. Brown, T. Shelby3:33.23.....2023
2. H. McIntosh, A. Helberg, M. Baskin, R. Tolbert3:36.73.....1998
3. T. Shelby, M. Fuller, J. Smith, K. Brown3:37.20.....2022
4. J. Edobi, S. Carpenter, C. Clayton, E. Edmond3:37.95.....2015
5. J. Walk, M. Baskin, R. Tolbert, A. Helberg3:38.54.....1998
6. J. Edobi, F. Washington, C. Clayton, E. Edmond3:38.98.....2015
7. M. Fuller, J. Smith, K. Brown, T. Shelby3:39.29.....2021
8. F. Washington, S. Carpenter, C. Clayton, E. Edmond3:40.25.....2014
9. K. Brown, J. Smith, N. Anderson, T. Shelby3:40.57.....2021
10. **M. Georgiadis**, T. Shelby, M. Fuller, K. Brown3:41.08.....2023

Distance Medley Relay

1. G. Jensen, K. Brown, T. Shelby, C. Eck11:14.47.....2022
2. E. Curry, **A. McBride, A. Allman, J. Rosenberg 11:15.13 2024**
3. C. Clayton, J. Edobi, S. Carpenter, S. Barron11:19.34.....2015
4. J. White, E. Edmond, K. Findley, E. Anderson11:19.76.....2012
5. K. Delaney, J. Edobi, M. Criscione, C. Carlos.....11:22.96.....2016
6. R. Bustamante, J. Edobi, B. Schulte, G. Hutton11:24.94.....2018
7. L. Williams, F. Washington, S. Barron, K. Findley11:25.57.....2013
8. K. Delaney, F. Washington, C. Clayton, S. Barron11:27.43.....2014
9. S. Carpenter, A. Helberg, M. Baskin, P. Johnson11:28.19.....1998
10. H. Walker, K. Brown, N. Anderson, G. Jensen11:31.082021

***Bold italics** indicate current student-athlete

RANKED DORES

Name	Event (Mark)	SEC	NCAA
Julia Rosenberg	Mile (4:41.14)	11	NR
	3,000 meters (9:26.05)	15	NR
Ellie Wolski	Mile (4:46.47)	18	NR
	3,000 meters (9:35.32)	23	NR
Taylor McKinnon	60mH (8.53)	19	NR
Devyn Parham	60mH (8.56)	21	NR
	High jump (1.52m)	27	NR
	Pentathlon (3,621)	8	NR
Marta Sivina	60mH (8.66)	28	NR
	High jump (1.62m)	21	NR
Rowan Houston	High jump (1.71m)	13	NR
Prynness Jackson	High jump (1.61m)	T-22	NR
Kayleigh Stargell	High jump (1.49m)	28	NR
	Pentathlon (3,170)	9	NR
Allyria McBride	Long jump (5.99m)	T-28	NR
Anaya Webster	Triple jump (12.25m)	T-21	NR
Anya Carey	Triple jump (11.48m)	29	NR
Sarah Marvin	Shot put (14.67m)	19	NR
I. Dagrosa, McBride, Conner, M. Dagrosa	4x400m relay (3:42.33)	9	NR
Culpepper, Parham, Conner, Lambert	DMR (11:40.51)	8	37

TFRRS rankings as of Feb. 4, 2025