



VANDERBILT TRACK AND FIELD

VANDERBILT INVITATIONAL

Event Vanderbilt Invitational

Dates Jan. 17-18, 2025

Site David Williams II Recreation & Wellness Center
Nashville, Tenn.

Broadcast SEC Network+

STORYLINES NEXT UP

- Vanderbilt track and field continues its indoor season when it hosts the Vanderbilt Invitational at the David Williams II Recreation & Wellness Center
- Forty teams will be competing in Nashville, including SEC opponents Kentucky, Mississippi State, Ole Miss and Tennessee

THE LAST TIME OUT

- Vanderbilt opened its 2025 season at the Commodore Challenge at home
- Nine Commodores, including four newcomers, added their names to program all-time top 10 lists
- Senior Julia Rosenberg and junior Taylor McKinnon won their respective events
- Vanderbilt student-athletes recorded seven top 3 finishes
- A total of seven Dores had personal-best performances

RECORD WATCH

- Active student-athletes hold three indoor school records and have registered 22 marks ranking in the program all-time top 10
- At the 2024 SEC Indoor Championships, the distance medley relay of Emma Curry, Audrey Allman, Allyria McBride and Julia Rosenberg turned in the second-fastest time in school history, 11:15.13, to earn a bronze medal
- Senior Julia Rosenberg is the current record holder in the 1,000 and 3,000 meters
- McBride owns the 6.13-meter long jump school record, which she set at the SEC Indoor Championships

NEW KIDS ON THE BLOCK

- Vanderbilt welcomes sixteen newcomers to its track and field roster
- Freshman Josie Donelson represented Team USA at the 2024 U20 World Championships and won a gold medal as a member of the 4x400-meter relay
- Donelson was named Oregon's 2024 Girls Track & Field Gatorade Player of the Year
- Graduate student Tina Benzinger is a three-time German national champion as a member of the 4x100 and 4x200-meter relays
- Ellie Wolski comes to Vandy as a graduate transfer from Coastal Carolina where she played soccer for two seasons
- After making the switch to cross country and track and field, Wolski earned first-team All-Sun Belt honors during cross country season and a bronze medal in the mile at the indoor conference championships
- Joy Moorero was an NCAA qualifier in 2024 and joins Vanderbilt after spending two seasons at Colorado
- Freshmen Mackenzie Dagrosa (high jump) and Faith Franklin (400m) were indoor national champions in 2024
- Six incoming freshmen won state titles in 2024

2024 SCHEDULE

Date	Meet Name	Location
Indoor		
Jan. 10-11	Commodore Challenge	Nashville, Tenn.
Jan. 17-18	Vanderbilt Invitational	Nashville, Tenn.
Jan. 24-25	Ted Nelson Invitational	College Station, Texas
Feb. 7-8	East Coast Invitational	Virginia Beach, Va.
Feb. 14-15	Music City Challenge	Nashville, Tenn.
Feb. 27-March 1	SEC Indoor Championships	College Station, Texas
March 14-15	NCAA Indoor Championships	Virginia Beach, Va.
Outdoor		
March 27-29	Raleigh Relays	Raleigh N.C.
March 27-29	Texas Relays	Austin, Texas
April 4-5	Florida Relays	Gainesville, Fla.
April 16-19	Bryan Clay Invitational	Azusa, Calif.
April 16-19	Mt. SAC Relays	Walnut, Calif.
April 18-19	Georgia Tech Invitational	Atlanta, Ga.
May 2-3	Music City Challenge	Nashville, Tenn.
May 15-17	SEC Outdoor Championships	Lexington, Ky.
May 28-31	NCAA East First Round	Jacksonville, Fla.
June 11-14	NCAA Outdoor Championships	Eugene, Ore.
June 19-22	USATF U20 Outdoor Championships	Eugene, Ore.
July 31-Aug. 3	USATF Outdoor Championships	Eugene, Ore.

QUICK FACTS

Name	Vanderbilt University
Location	Nashville, Tenn.
Founded	1873
Enrollment	7,151 (undergraduate) 13,710 (total)
Nickname	Commodores
Colors	Black & Gold
Conference	Southeastern
Chancellor	Daniel Diermeier
Vice Chancellor/Athletics Director	Candice Storey Lee
Faculty Athletics Rep	Tracey George
Website	VUCommodores.com

ATHLETICS COMMUNICATIONS

Associate Athletics Director	Brian Fremund
Cross Country Primary Contact	Pilar Ballough
Email	pilar.ballough@vanderbilt.edu
Phone	C: 724.691.5982

ABOUT THE COMMODORES

2024 SEC Indoor Finish	12th - 25 pts
2024 NCAA Indoor Finish	T43rd - 3 pts
2024 SEC Outdoor Finish	8th - 45 pts
2024 NCAA Outdoor Finish	23rd - 12 pts
All-Americans Returning/Lost	1/3

SUCCESS UNDER THOMAS

- Althea Thomas enters her fourth season as director of cross country and track and field
- In 2023, she led the Commodores to a top 25 finish at the NCAA Outdoor Championships for the second consecutive year and the program’s first NCAA individual title since 1997
- Vandy tied its best finish in school history at the SEC Outdoor championships, finishing eighth with 45 points, which were scored in all disciplines

NEW COACHES IN TOWN

- Prior to the start of the 2024 season, the Dores added Chad Balyo (distance), Candace Fuller (throws) and Lisa Morgan (distance) as assistant coaches
- In more than 10 years of coaching, Balyo has tutored student-athletes to 17 All-America honors and two NCAA runner-up finishes
- Balyo most recently coached at Samford where his efforts contributed to the Bulldogs winning 20 SoCon track and field team titles
- Fuller has guided 13 All-Americans and 24 conference champions in her more than 20 years as a coach
- At UC Riverside, Fuller tutored freshman Shiloh Corrales-Nelson who broke Philippines junior national records in the weight throw, shot put and hammer throw
- Morgan has been coaching at the collegiate and high school levels for more than 20 year and has been named a track and field coach for Team USA on six occasions
- At Seton Hall, where Morgan got her start, she coached student-athletes to winning four NCAA titles and guided two-time Olympian and Jamaican national champion and 800 meter record holder Kenia Sinclair

DORES AROUND THE WORLD

- Junior Allyria McBride competed at the 2024 U.S. Olympic Trials this summer and advanced to the 400-meter hurdles semifinals
- Vanderbilt alumni earned three national titles and three medals at championships in four different countries
- Beatrice Juskeviciute (c/o 2023) won the 100-meter hurdles at the Lithuanian Championships and earned her second consecutive gold medal in the heptathlon
- Divine Oladipo (c/o 2022) won her first national title in the discus at the UK Championships and also brought home a bronze medal in the shot put
- At the Bell Track & Field Trials (Canada), Brooke Overholt (c/o 2023) earned a runner-up finish in the 400-meter hurdles
- Veronica Fraley (c/o 2024) earned a bronze medal at the U.S. Team Trials in the discus to qualify for the 2024 Olympic Games

DORES IN PARIS

- Two Vanderbilt alumni, Veronica Fraley and Lily Williams represented Team USA at the 2024 Paris Olympics
- Williams and Team USA brought home a gold medal from Paris in women’s track cycling team pursuit
- She is just the second Dore in school history to win gold at the Olympics (Jeff Turner – men’s basketball, 1984)
- Williams became Vanderbilt’s first-ever female Olympian when she qualified for the 2020 Tokyo Olympics
- At the 2020 Games, she and her teammates earned a bronze medal in team pursuit

ACADEMIC EXCELLENCE

- The track and field team earned a 3.556 team GPA this fall semester
- In 2024, the team and 14 student-athletes were named USTFCCA All-Academic
- Vanderbilt boasted two CSC Academic All-Americans in 2024, Veronica Fraley, who was a first-team selection, and Sarah Omoregie, who earned third-team recognition
- Seventeen Commodores made the 2023-24 First-Year SEC Academic Honor Roll and 23 student-athletes were named to the 2024 Spring SEC Academic Honor Roll

COACHING STAFF

Director of Cross Country, Track & Field	Althea (Al-thee-uh) Thomas
Assist. Coach (Jumps, Multi) Recruiting Coordinator	Justin Byron
 Director of Player Development	
Assistant Coach (Throws)	Candace Fuller
Assistant Coach (Distance)	Chad Balyo
Assistant Coach (Distance)	Lisa Morgan
Assistant Coach (Sprints)	Cameia (Cam-EE-uh) Alexander
Assistant Coach (Jumps)	Harold Rose

USTFCCA NATIONAL COACHES POLL

- Women’s**
1. Arkansas
 2. Texas Tech
 3. Northern Arizona
 4. Washington
 5. Florida
 6. Southern California
 7. Texas
 8. Nebraska
 9. Houston
 10. Texas A&M
 11. Wisconsin
 12. Alabama
 13. Kentucky
 14. North Carolina
 15. Harvard
 16. Georgia
 17. Stanford
 18. Oklahoma State
 19. South Carolina
 20. Penn State
 21. Kansas
 22. Florida State
 23. Iowa
 24. Ole Miss
 25. Illinois

*Poll is from the end of the 2024 indoor season

RANKED DORES

Name	Event (Mark)	SEC	NCAA
Mackenzie Culpepper	400m (1:03.49)	5	NR
Taylor McKinnon	60mH (8.53)	8	NR
Devyn Parham	60mH	10	NR
I. Dagrosa, Culpepper, Webster, McBride	4x400m relay (3:48.77)	6	49
Rowan Houston	High jump (1.71m)	5	NR
Prynness Jackson	High jump (1.61m)	8	NR
Sarah Marvin	Shot put (14.58m)	5	NR

TFRRS rankings as of Jan. 13, 2025

RECAPS**MEET 1 Commodore Challenge****DATE** Jan. 11, 2025 **SITE** David Williams II Recreation & Wellness Center (Nashville, Tenn.)**OFF AND RUNNING IN NASHVILLE**

NASHVILLE, Tenn. – On a snowy Saturday in Nashville, Vanderbilt track and field opened its indoor season at the Commodore Challenge where nine Dores added their names to the program's all-time top 10 lists and seven recorded personal bests.

“Today was a good meet,” director of cross country and track and field Althea Thomas said. “We didn’t compete everybody, but we’re definitely at a point with our depth and quality where we can individualize. It was good to see the upperclassmen come out and continue to do what they do and build on the momentum from the last three years and to see out newcomers come out and have the same confidence they’ve had at high school meets in a new setting and at a higher level.”

To start the morning, sophomore Rowan Houston cleared 1.71 meters in the high jump, which is a personal best and tied for the No. 7 mark in school history.

On the track, junior Allyria McBride turned in a time of 1:31.29 in the 600 meters, which is the No. 2 time in program history. Freshman Kenyah Conner was less than a second behind and clocked 1:31.72, tied for fifth all-time at Vandy.

Senior Julia Rosenberg and junior Audrey Allman finished first and second, respectively, in the 1,000 meters. Allman’s time, 2:48.69, is a personal best and ranked fourth in school history. Rosenberg crossed the finish line in 2:48.46 to win the race.

In the long jump, freshman Anya Carey recorded a personal-best 5.45-meter mark to place ninth. Sophomore Anaya Carey earned a fourth-place finish with a 5.66-meter jump.

Three Commodores, junior Taylor McKinnon and freshmen Prynness Jackson and Devyn Parham, advanced to the 60-meter hurdles final. McKinnon clocked 8.56 seconds in the prelims, the day’s fastest qualifying time, and 8.53 seconds in the final to win the event and move to No. 7 on the all-time performers list. Both marks were personal bests. Parham turned in a time of 8.66 seconds in qualifying and of 8.56 seconds in the final. She is now tied for eighth in school history in the event. Jackson recorded respective times of 8.90 and 8.93 seconds in the prelims and final.

Freshman Jacqueline Rose cracked into the school’s all-time top 10 in the pole vault clearing 3.65 meters to finish first among freshmen and second overall.

Graduate student Tina Benzinger and junior Falon Spearman added their names to the record books in the 300 meters. Benzinger ran the fifth fastest 300-meter race in school history, turning in a time of 39.34 seconds to finish second overall. Spearman placed third in the race, clocking 39.87 seconds, which is the 10th-ranked time in program history.

In the throws ring, senior Sarah Marvin finished fifth overall, third among collegians in the shot put with a 14.58-meter mark.

To end the meet the 4x400-meter relay squad of freshman Isabella Dagrosa, junior Mackenzie Culpepper, Webster and McBride took third with a time of 3:48.77.

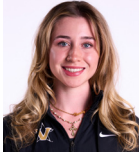
Junior Santana Spearman, Culpepper and sophomore Elsa Steer recorded personal bests Saturday. Spearman recorded times of 7.94 and 25.55 seconds in the 60 and 200 meters. Culpepper’s 1,000 meter time was 2:54.24. Steer recorded a time of 5:04.76 in the mile.

“Whenever you see that many personal bests, meet winners and runners-up, it is a very good meet,” Thomas said. “Considering the circumstances, I think the team did a really good job adjusting to the weather delays and modifications. I’m very pleased with the composure they had for the meet.”

VANDERBILT TRACK AND FIELD ROSTER

Name	Class	Event	Hometown / High School
Audrey Allman	Jr.	Distance	Glen Ellyn, Ill. / Glenbard West
Bria Bennis	So.	Distance	Elmhurst, Ill. / Elmhurst (York)
Tina Benzinger (BEN-sing-er)	Gr.	Sprints	Munich, Germany / Ursilinen
Anya Carey	Fr.	Jumps	Pembroke Pines, Fla. / Somerset Academy
Gigi Clifford	Sr.	Distance	Tiburon, Calif. / Marin Catholic
Kenyah Conner	Fr.	Sprints	College Park, Ga. / Woodward Academy
Mackenzie Culpepper (CUHL-pep-per)	Jr.	Distance	Hoover, Ala. / Spain Park
Mackenzie Dagrosa (Duh-GROSS-uh)	Fr.	Jumps	San Antonio, Texas / Reagan
Isabella Dagrosa (Duh-GROSS-uh)	Fr.	Hurdles	San Antonio, Texas / Reagan
Josie Donelson	Fr.	Hurdles • Sprints	Lake Oswego, Ore. / Lake Oswego
Ella Escobar	Sr.	Sprints	Peoria, Ariz. / North Canyon
Cameron Fawcett (FAW-set)	Sr.	Distance	Dallas, Texas / Highland Park
Faith Franklin	Fr.	Sprints	Harlingen, Texas / Harlingen
Eva Gautreaux (GO-tro)	So.	Sprints	Germantown, Tenn. / Houston
Mya Georgiadis (George-ee-aw-dis)	Jr.	Hurdles	Ann Arbor, Mich. / Huron
Lena Gooden	So.	Jumps	Manassass, Va. / Osbourn Park
Johna Grisik (GRIZE-ick)	Jr.	Distance	Alpharetta, Ga. / Marist
Rowan Houston	So.	Jumps	Rye, N.Y. / Rye Country Day School
Pryncess Jackson	Fr.	Multi	Highland Springs, Va. / Highland Springs
Alima (Uh-lee-muh) Kassim (Kuh-seem)	Fr.	Sprints	Nashville, Tenn. / University School of Nashville
Colette Kinsella	So.	Distance	LaGrange Park, Ill. / Nazareth Academy
Olivia Kosanovich (Kuh-SAH-no-vich)	So.	Pole Vault	Boulder, Colo. / Fairview
Lily Kriegel (KREE-gull)	Fr.	Distance	Whitefish Bay, Wis. / Whitefish Bay
Ella Lambert	Gr.	Distance	Cincinnati, Ohio / Turpin
Gianna Leone	So.	Distance	Pawleys Island, S.C. / Waccamaw
Sarah Marvin	Sr.	Throws	Gaines, Mich. / Byron
Allyria (UH-leer-ee-uh) McBride	Jr.	Hurdles • Sprints	Marietta, Ga. / Wheeler
Taylor McKinnon	Jr.	Hurdles	Durham, N.C. / Cardinal Gibbons
Anissa (UH-nee-suh) Moore	So.	Sprints	Hempstead, N.Y. / Hempstead
Joy Mooror	Jr.	Hurdles • Sprints	Phoenix, Ariz. / North Canyon
Devyn Parham (Par-ham)	Fr.	Multi	Chesterfield, Va. / Thomas Dale
Claire Petersen	Fr.	Distance	Roswell, Ga. / Blessed Trinity
Jacqueline Rose	Fr.	Pole Vault	Keller, Texas / Keller
Julia Rosenberg	Sr.	Distance	Weston, Conn. / Weston
Marta Sivina (Siv-EE-nuh)	Jr.	Multi	Ogre, Latvia / Ogre Secondary
Catherine Sommerfeld	So.	Distance	LaGrange, Ill. / LaGrange (Lyons)
Falon Spearman	Jr.	Hurdles	Charlotte, N.C. / Providence Day
Santana Spearman	Jr.	Hurdles	Charlotte, N.C. / Providence Day
Kayleigh Stargell	Fr.	Multi	Atlanta, Ga. / North Atlanta
Clara Steer	So.	Distance	Carlsbad, Calif. / Pacific Ridge
Elsa Steer	So.	Distance	Carlsbad, Calif. / Pacific Ridge
Anaya Webster	So.	Jumps	Spring, Texas / Havergal College
Brenay (BRUH-nay) Williams	So.	Sprints	Gallatin, Tenn. / Goodpasture Christian
Madyson Wilson	Jr.	Hurdles • Sprints	Atlanta, Ga. / Westlake
Ellie Wolski (WALL-skee)	Gr.	Distance	Knoxville, Tenn. / Knoxville Catholic

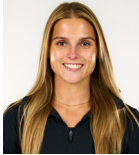
Commodore Capsules



AUDREY ALLMAN • JR. • DISTANCE
 SB 800m - >> No. 4 in school history in the 1,000 meters (2:48.69)
 PB 800m - 2:09.96 >> Bronze medalist at the 2024 SEC Indoor Championships
 SB 1,000m - 2:48.69 as a member of the DMR
 PB 1,000m - 2:48.69 >> Qualified for the 2023 Pan American U20 Championships



BRIA BENNIS • SO. • DISTANCE
 SB 5,000m - >> No. 2 in school history in the indoor and outdoor 5k
 PB 5,000m - 16:05.11 >> Scored at the 2024 SEC Outdoor Championships in the 10k
 >> Bronze medalist in the 3,000m at the USATF U20 Championships



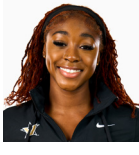
TINA BENZINGER • GR. • SPRINTS
 SB 60m - >> No. 5 in school history in the 300 meters (39.34)
 PB 60m - 7.39 >> Graduated from the Technical University of Munich
 SB 200m - before coming to Vanderbilt
 PB 200m - 23.63 >> 3X German national champion (4x100 and 4x200m relays)



ANYA CAREY • FR. • JUMPS
 SB LJ - 5.45m >> Recorded a personal best in the long jump at the
 PB LJ - 5.45m Commodore Challenge, her first collegiate meet
 (17-10.75) >> 2024 NHSTFXCCA All-American (triple jump)
 SB TJ - >> 2024 Florida state champion in the triple jump
 PB TJ - 12.03m (39-5.5)



GIGI CLIFFORD • SR. • DISTANCE
 SB 3,000m - >> Competed in three indoor, four outdoor meets in 2024
 PB 3,000m - 10:00.04 >> Recorded a 24-second PR in the 5k at the 2024 outdoor
 SB 5,000m - Music City Challenge
 PB 5,000m - 17:19.45



KENYAH CONNER • FR. • SPRINTS
 SB 400m - >> Tied for fifth in Vanderbilt history in the 600 meters
 PB 400m - 55.77 (1:31.72)
 SB 800m - >> 2024 Georgia state runner-up in the 800m, champion as a
 PB 800m - 2:08.52 member of the 4x400m relay



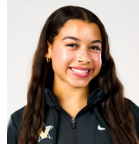
MACKENZIE CULPEPPER • JR. • DISTANCE
 SB 400m - 1:03.49 >> Recorded personal bests in the 400 and 1,000 meters at
 PB 400m - 1:03.49 the Commodore Challenge
 SB 800m - >> Competed in four indoor, five outdoor meets in 2024
 PB 800m - 2:10.44 >> Member of the winning 4x400m relay at the 2024 Joe
 SB 1,000m - 2:54.24 Walker Invitational
 PB 1,000m - 2:54.24



ISABELLA DAGROSA • FR. • HURDLES
 SB 60mH - >> Contributed to the Dores' third-place 4x400-meter relay
 PB 60mH - 8.78 at the Commodore Challenge
 >> 2x runner-up in the 300mH at the UIL State Championships



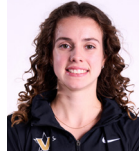
MACKENZIE DAGROSA • FR. • JUMPS
 SB HJ - >> 2024 Nike Indoor Nationals champion in the high jump
 PB HJ - 1.83m (6-0)



JOSIE DONELSON • FR. • HURDLES/SPRINTS
 SB 400m - >> 2024 U20 world champion as a member of Team USA's
 PB 400m - 52.83 4x400m relay
 >> 2024 Gatorade Girls Track & Field Player of the Year - Oregon
 >> Oregon HS record holder in the 300mH and 400m
 >> 2024 state champion (400m, 300mH, 4x100, 4x400)



ELLA ESCOBAR • SR. • SPRINTS
 SB 60m - >> 2024 NCAA regional qualifier (4x100m relay)
 PB 60m - 7.61 >> Four program all-time top 10 marks
 SB 200m -
 PB 200m - 24.59



CAMERON FAWCETT • SR. • DISTANCE
 SB 1,000m - >> Competed in four indoor, five outdoor meets in 2024
 PB 1,000m - 3:00.31
 SB 3,000m -
 PB 3,000m - 9:47.97



FAITH FRANKLIN • FR. • SPRINTS
 SB 200m - >> 2024 New Balance Indoor Nationals champion in the
 PB 200m - 23.61 400 meters
 SB 400m - >> Prep best time in the 400 meters (53.02) was ranked
 PB 400m - 53.02 second among Texas girls



EVA GAUTREAUX • SO. • SPRINTS
 SB 200m - >> No. 10 in program history as a member of the 4x400m
 PB 200m - 25.50 relay
 SB 400m -
 PB 400m - 56.96



MYA GEORGIADIS • JR. • HURDLES
 SB 60mH - >> Did not compete in 2024
 PB 60mH - 9.12 >> 2023 NCAA regional qualifier in the 400mH
 SB 400m - >> Two program all-time top 10 marks
 PB 400m - 55.61



LENA GOODEN • SO. • JUMPS
 SB 60m - >> 2024 second-team All-American in the long jump
 PB 60m - 7.53 >> 2024 NCAA Outdoor Championships qualifier
 SB LJ - >> School record holder in the outdoor long jump
 PB LJ - 6.22m (20-5) >> Holds school record as a member of the 4x100m relay
 >> Five program all-time top 10 marks

Commodore Capsules



JOHNA GRISIK • JR. • DISTANCE

SB 800m -
PB 800m - 2:16.66
SB mile -
PB mile - 5:04.99
 >> Competed in three meets as a sophomore



GIANNA LEONE • SO. • DISTANCE

SB 1,000m - 3:19.76
PB 1,000m - 3:19.76
 >> Made collegiate track and field debut at the Commodore Challenge



ROWAN HOUSTON • SO. • JUMPS

SB HJ - 1.71m (5-7.25)
PB HJ - 1.71m (5-7.25)
 >> Tied for seventh in Vanderbilt history in the high jump
 >> Competed in six indoor, four outdoor meets as a freshman



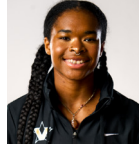
SARAH MARVIN • SR. • THROWS

SB SP - 14.58m
PB SP - 15.94m (52-3.75)
 >> Fifth overall, third collegiate finisher in the shot put at the Commodore Challenge
 >> Two-time NCAA regional qualifier in the shot put
 >> Top 5 in program history in the indoor and outdoor shot put and discus



PRYNCESS JACKSON • FR. • MULTI

SB/PB Pent -
SB/PB 60mH - 8.90/8.66
SB/PB HJ - 1.61m/1.68m
SB/PB SP - 8.57m/8.57m
SB/PB LJ - --/5.84m
SB/PB - 800m - --/2:52.05
SB/PB TJ - --/12.28m
 >> Finished fifth in the 60-meter hurdles and high jump at the Commodore Challenge
 >> 2024 Virginia state champion in the triple jump
 >> Has won a total of six high school state championships in triple jump, long jump and the 100mH



ALLYRIA MCBRIDE • JR. • HURDLES/SPRINTS

SB 400m -
PB 400m - 53.47
SB LJ -
PB LJ - 6.13m (20-1.5)
 >> 400mH semifinalist - 2024 U.S. Olympic Team Trials
 >> 2023 second-team All-American
 >> Two-time NCAA regional qualifier
 >> Two-time SEC bronze medalist
 >> Four school records, seven program all-time top 10s



ALIMA KASSIM • FR. • SPRINTS

SB 60m -
PB 60m - 7.59
SB 200m -
PB 200m - 24.45
 >> Swept the 100 and 200 meters at the Tennessee high school state championships as a junior and senior



TAYLOR MCKINNON • JR. • HURDLES

SB 60mH - 8.53
PB 60mH - 8.53
 >> Won the 60mH prelims (8.56) and final (8.53) at the Commodore Challenge
 >> Holds school record as a member of the shuttle hurdle relay
 >> Three program all-time top 10 marks



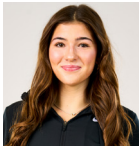
COLETTE KINSELLA • SO. • DISTANCE

>> Did not compete in 2024



ANISSA MOORE • SO. • SPRINTS

SB 200m -
PB 200m - 24.48
SB 400m -
PB 400m - 54.03
 >> Did not compete in 2024
 >> 2023 Nike Indoor Nationals champion in the 400m



OLIVIA KOSANOVICH • SO. • POLE VAULT

SB PV -
PB PV - 3.81m (12-6)
 >> Competed in three indoor, four outdoor meets in 2024



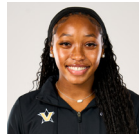
JOY MOORNER • JR. • HURDLES/SPRINTS

SB 60mH -
PB 60mH - 8.87
SB 200m -
PB 200m - 24.31
SB 400m -
PB 400m - 54.66
 >> Competed at Colorado for two seasons before coming to Vanderbilt
 >> 2024 NCAA qualifier



LILY KRIEGEL • FR. • DISTANCE

>> Top freshman finisher in her collegiate cross country debut



DEVYN PARHAM • FR. • MULTI

SB/PB Pent -
SB/PB 60mH - 8.56/8.56
SB/PB HJ - 1.49m/1.68m
SB/PB SP - 9.15m/9.15m
SB/PB LJ - 5.01m/5.35m
SB/PB - 800m -
 >> Second in the 60mH prelims (8.66) and final (8.56) at the Commodore Challenge
 >> Two-time Virginia high school state champion



ELLA LAMBERT • GR. • DISTANCE

SB mile -
PB mile - 4:50.30
SB 3,000m -
PB 3,000m - 9:33.41
 >> Competed in four indoor, three outdoor meets in 2024



CLAIRE PETERSEN • FR. • DISTANCE

>> Scored at four of four meets during her debut cross country season
 >> Top-ranked runner in Georgia in the indoor and outdoor mile, 1,600 meters, 2 mile and 3,000m in high school

Commodore Capsules



JACQUELINE ROSE • FR. • POLE VAULT

SB PV - 3.65 (11-11.75)
PB PV - 4.11m (13-6)
 >> Tied for 10th in school history in the pole vault
 >> 2024 district champion
 >> 2023 runner-up at the Texas high school state championship



ELSA STEER • SO. • DISTANCE

SB 800m -
PB 800m - 2:16.59
SB mile - 5:04.76
PB mile - 5:04.76
 >> Did not compete during the 2024 indoor season



JULIA ROSENBERG • SR. • DISTANCE

SB mile -
PB mile - 4:39.03
SB 1,000m - 2:48.46
PB 1,000m - 2:43.76
SB 3,000m -
PB 3,000m - 9:15.99
 >> Won the 1,000 meters at the Commodore Challenge
 >> 2024 NCAA regional qualifier
 >> Two school records, four program all-time top 10 marks
 >> SEC bronze medalist (DMR), two-time SEC scorer



ANAYA WEBSTER • SO. • JUMPS

SB LJ - 5.66m (18-7)
PB LJ - 5.88m (19-3.5)
SB TJ -
PB TJ - 11.93m (39-1.75)
 >> Top 10 in program history in the indoor an outdoor long jump and triple jump



MARTA SIVINA • JR. • MULTI

SB/PB Pent - --/3.942
SB/PB 60mH - --/8.98
SB/PB HJ - --/1.66m
SB/PB SP - 11.84m/12.51m
SB/PB LJ - --/5.51m
SB/PB - 800m - --/2:19.55
 >> 2024 SEC scorer in the heptathlon
 >> Two-time medalist at the Latvian CE Championships
 >> Top 10 in program history in the heptathlon
 >> Did not compete indoors in 2024



BRENAV WILLIAMS • SO. • SPRINTS

SB 60m -
PB 60m - 7.57
 >> Did not compete in 2024



CATHERINE SOMMERFELD • SO. • DISTANCE

SB mile -
PB mile - 4:51.30
SB 3,000m -
PB 3,000m - 9:36.77
SB 5,000m -
PB 5,000m - 17:07.97
 >> Did not compete outdoors in 2024



MADYSON WILSON • JR. • SPRINTS

SB 200m -
PB 200m - 25.12
 >> Did not compete in 2024
 >> Top 10 in program history in the 300 meters



FALON SPEARMAN • JR. • HURDLES

SB 60mH -
PB 60mH - 8.51
SB 200m -
PB 200m - 25.36
 >> 2024 NCAA regional qualifier
 >> Holds school record in the 100mH, three program all-time top 10 marks



ELLIE WOLSKI • GR. • DISTANCE

SB 800m -
PB 800m - 2:11.33
SB mile -
PB mile - 4:52.11
SB 3,000m -
PB 3,000m - 4:28.37
 >> Graduate transfer from Coastal Carolina where she played soccer for two years before running track and XC
 >> 2023 first-team All-Sun Belt (XC)
 >> Bronze medalist in the mile at the 2024 Sun Belt Indoor Championships



SANTANA SPEARMAN • JR. • HURDLES

SB 60m - 7.94
PB 60m - 7.94
SB 60mH -
PB 60mH - 8.43
SB 200m - 25.55
PB 200m - 25.55
 >> 2024 NCAA regional qualifier
 >> Holds school record as a member of the shuttle hurdle relay, two program all-time top 10 marks



KAYLEIGH STARGELL • FR. • MULTI

SB/PB Pent - --/3.389
SB/PB 60mH - 9.45/9.08
SB/PB HJ - 1.49m/1.57m
SB/PB SP - 10.14m/10.14m
SB/PB LJ - 5.33m/5.81m
SB/PB - 800m - --/2:27.40
 >> Four-time New Balance All-American



CLARA STEER • SO. • DISTANCE

SB 800m -
PB 800m - 2:14
SP mile - 5:34.18
PB mile - 5:03
 >> Did not compete during the 2024 indoor season

Records at a Glance
60m

1.	Haley Bishop	7.37	2022
2.	Madison Fuller	7.46	2022
3.	Lena Gooden	7.53	2024
4.	Ella Escobar	7.61	2023
5.	Anna Carr-Hawkins	7.64	2009

60m Hurdles

1.	Beatrice Juskeviciute	8.23	2023
2.	Amanda Mullins-Hall	8.37	2004
3.	Santana Spearman	8.43	2024
4.	Falon Spearman	8.51	2024
	Brooke Overholt	8.51	2023
6.	Janetra Gleaves	8.52	2015
7.	Taylor McKinnon	8.53	2025
8.	Devyn Parham	8.56	2025
	Jennifer Cannon	8.56	2014
10.	Faith Washington	8.72	2013

200m

1.	Haley Bishop	23.47	2022
...			
7.	Lena Gooden	24.61	2024
8.	Jennifer Edobi	24.62	2018
9.	Brooke Overholt	24.75	2023
10.	Regan Clay	24.79	2019

300m

1.	Taiya Shelby	37.41	2022
2.	Allyria McBride	38.09	2024
...			
5.	Tina Benzinger	39.34	2025
6.	Kaira Brown	39.45	2022
7.	Madison Fuller	39.53	2022
8.	Ella Escobar	39.70	2024
9.	Madyson Wilson	39.85	2023
10.	Faith Washington	39.86	2014

400m

1.	Taiya Shelby	52.40	2022
...			
5.	Allyria McBride	54.07	2024
6.	Faith Washington	54.63	2015
7.	Erin Edmond	54.78	2015
8.	Jordan Smith	54.90	2020
9.	Kaira Brown	55.45	2022
10.	Amanda Helberg	55.72	1998

600m

1.	Taiya Shelby	1:29.06	2023
2.	Allyria McBride	1:31.29	2025
3.	Michele Baskin	1:31.43	1998
4.	Jennifer Edobi	1:31.70	2015
5.	Kenyah Conner	1:31.72	2025
	Skyler Carpenter	1:31.72	2015

1,000m

1.	Julia Rosenberg	2:43.76	2024
2.	Kat Delaney	2:47.16	2016
3.	Grace Jensen	2:47.52	2022
4.	Audrey Allman	2:48.69	2025

Mile

1.	Grace Jensen	4:37.56	2022
2.	Julia Rosenberg	4:39.03	2024
3.	Sara Barron	4:39.96	2016
4.	Emma Curry	4:46.08	2024
5.	Caroline Eck	4:46.44	2023

3,000m

1.	Julia Rosenberg	9:15.99	2024
2.	Niki Narayani	9:18.66	2023
3.	Caroline Eck	9:20.85	2023

5,000m

1.	Liz Anderson	16:14.30	2014
2.	Bria Bennis	16:17.40	2024
3.	Niki Narayani	16:17.82	2023

High Jump

1.	Brionne Williams	6-0 (1.83m)	2013
	Josie Hahn	6-0 (1.83m)	2004
...			
7.	Rowan Houston	5-7.25 (1.71m)	2025

Pole Vault

1.	Kristen Denk	14-2.75 (4.34m)	2019
...			
10.	Jacqueline Rose	11-11.75 (3.65m)	2025
	Laine Roberts	11-11.75 (3.65m)	2021

Long Jump

1.	Allyria McBride	20-1.5 (6.13m)	2024
2.	Ryan Tolbert	19-8 (5.99m)	1996
3.	Beatrice Juskeviciute	19-5.25 (5.92m)	2023
4.	Anaya Webster	19-3.5 (5.88m)	2024
5.	Lena Gooden	19-2.25 (5.85m)	2024

Shot Put

1.	Divine Oladipo	58-9.5 (17.92m)	2022
2.	Veronica Fraley	56-7.25 (17.25m)	2023
3.	Sarah Omoregie	56-1.75 (17.11m)	2024
4.	Leslie Vidmar	53-0.25 (16.16m)	1998
5.	Sarah Marvin	52-3.75 (15.94m)	2023

4x400m Relay

1.	A. McBride , B. Overholt, K. Brown, T. Shelby	3:33.23	2023
2.	H. McIntosh, A. Helberg, M. Baskin, R. Tolbert	3:36.73	1998
3.	T. Shelby, M. Fuller, J. Smith, K. Brown	3:37.20	2022
...			
10.	M. Georgiadis , T. Shelby, M. Fuller, K. Brown	3:41.08	2023

Distance Medley Relay

1.	G. Jensen, K. Brown, T. Shelby, C. Eck	11:14.47	2022
2.	E. Curry, A. McBride , A. Allman , J. Rosenberg	11:15.13	2024
3.	C. Clayton, J. Edobi, S. Carpenter, S. Barron	11:19.34	2015

***Bold italics** indicate current student-athlete