



VANDERBILT TRACK AND FIELD

COMMODORE CHALLENGE

Event Commodore Challenge

Dates Jan. 10-11, 2025

Site David Williams II Recreation & Wellness Center
Nashville, Tenn.

Broadcast SEC Network+

STORYLINES NEXT UP

- Vanderbilt track and field opens its indoor season hosting the Commodore Challenge Jan. 10-11 at the David Williams II Recreation and Wellness Center
- More than 20 teams will be attending the event, including SEC opponents Ole Miss and Tennessee
- At last year's Commodore Challenge, the Dores opened the season with two broken school records, seven program all-time top 10 marks, 12 top 5 placements and eight personal bests

RECORD WATCH

- Active student-athletes hold three indoor school records and have registered 16 marks ranking in the program all-time top 10
- At the 2024 SEC Indoor Championships, the distance medley relay of Emma Curry, Audrey Allman, Allyria McBride and Julia Rosenberg turned in the second-fastest time in school history, 11:15.13, to earn a bronze medal
- Senior Julia Rosenberg is the current record holder in the 1,000 and 3,000 meters
- McBride owns the 6.13-meter long jump school record, which she set at the SEC Indoor Championships

NEW KIDS ON THE BLOCK

- Vanderbilt welcomes sixteen newcomers to its track and field roster
- Freshman Josie Donelson represented Team USA at the 2024 U20 World Championships and won a gold medal as a member of the 4x400-meter relay
- Donelson was named Oregon's 2024 Girls Track & Field Gatorade Player of the Year
- Graduate student Tina Benzinger is a three-time German national champion as a member of the 4x100 and 4x200-meter relays
- Ellie Wolski comes to Vandy as a graduate transfer from Coastal Carolina where she played soccer for two seasons
- After making the switch to cross country and track and field, Wolski earned first-team All-Sun Belt honors during cross country season and a bronze medal in the mile at the indoor conference championships
- Joy Moorero was an NCAA qualifier in 2024 and joins Vanderbilt after spending two seasons at Colorado
- Freshmen Mackenzie Dagrosa (high jump) and Faith Franklin (400m) were indoor national champions in 2024
- Six incoming freshmen won state titles in 2024

SUCCESS UNDER THOMAS

- Althea Thomas enters her fourth season as director of cross country and track and field
- In 2023, she led the Commodores to a top 25 finish at the NCAA Outdoor Championships for the second consecutive year and the program's first NCAA individual title since 1997
- Vandy tied its best finish in school history at the SEC Outdoor championships, finishing eighth with 45 points, which were scored in all disciplines

2024 SCHEDULE

Date	Meet Name	Location
Indoor		
Jan. 10-11	Commodore Challenge	Nashville, Tenn.
Jan. 17-18	Vanderbilt Invitational	Nashville, Tenn.
Jan. 24-25	Ted Nelson Invitational	College Station, Texas
Feb. 7-8	East Coast Invitational	Virginia Beach, Va.
Feb. 14-15	Music City Challenge	Nashville, Tenn.
Feb. 27-March 1	SEC Indoor Championships	College Station, Texas
March 14-15	NCAA Indoor Championships	Virginia Beach, Va.
Outdoor		
March 27-29	Raleigh Relays	Raleigh N.C.
March 27-29	Texas Relays	Austin, Texas
April 4-5	Florida Relays	Gainesville, Fla.
April 16-19	Bryan Clay Invitational	Azusa, Calif.
April 16-19	Mt. SAC Relays	Walnut, Calif.
April 18-19	Georgia Tech Invitational	Atlanta, Ga.
May 2-3	Music City Challenge	Nashville, Tenn.
May 15-17	SEC Outdoor Championships	Lexington, Ky.
May 28-31	NCAA East First Round	Jacksonville, Fla.
June 11-14	NCAA Outdoor Championships	Eugene, Ore.
June 19-22	USATF U20 Outdoor Championships	Eugene, Ore.
July 31-Aug. 3	USATF Outdoor Championships	Eugene, Ore.

QUICK FACTS

Name	Vanderbilt University
Location	Nashville, Tenn.
Founded	1873
Enrollment	7,151 (undergraduate) 13,710 (total)
Nickname	Commodores
Colors	Black & Gold
Conference	Southeastern
Chancellor	Daniel Diermeier
Vice Chancellor/Athletics Director	Candice Storey Lee
Faculty Athletics Rep	Tracey George
Website	VUCommodores.com

ATHLETICS COMMUNICATIONS

Associate Athletics Director	Brian Fremund
Cross Country Primary Contact	Pilar Ballough
Email	pilar.ballough@vanderbilt.edu
Phone	C: 724.691.5982

ABOUT THE COMMODORES

2024 SEC Indoor Finish	12th - 25 pts
2024 NCAA Indoor Finish	T43rd - 3 pts
2024 SEC Outdoor Finish	8th - 45 pts
2024 NCAA Outdoor Finish	23rd - 12 pts
All-Americans Returning/Lost	1/3

NEW COACHES IN TOWN

- Prior to the start of the 2024 season, the Dores added Chad Balyo (distance), Candace Fuller (throws) and Lisa Morgan (distance) as assistant coaches
- In more than 10 years of coaching, Balyo has tutored student-athletes to 17 All-America honors and two NCAA runner-up finishes
- Balyo most recently coached at Samford where his efforts contributed to the Bulldogs winning 20 SoCon track and field team titles
- Fuller has guided 13 All-Americans and 24 conference champions in her more than 20 years as a coach
- At UC Riverside, Fuller tutored freshman Shiloh Corrales-Nelson who broke Philippines junior national records in the weight throw, shot put and hammer throw
- Morgan has been coaching at the collegiate and high school levels for more than 20 year and has been named a track and field coach for Team USA on six occasions
- At Seton Hall, where Morgan got her start, she coached student-athletes to winning four NCAA titles and guided two-time Olympian and Jamaican national champion and 800 meter record holder Kenia Sinclair

DORES AROUND THE WORLD

- Junior Allyria McBride competed at the 2024 U.S. Olympic Trials this summer and advanced to the 400-meter hurdles semifinals
- Vanderbilt alumni earned three national titles and three medals at championships in four different countries
- Beatrice Juskeviciute (c/o 2023) won the 100-meter hurdles at the Lithuanian Championships and earned her second consecutive gold medal in the heptathlon
- Divine Oladipo (c/o 2022) won her first national title in the discus at the UK Championships and also brought home a bronze medal in the shot put
- At the Bell Track & Field Trials (Canada), Brooke Overholt (c/o 2023) earned a runner-up finish in the 400-meter hurdles
- Veronica Fraley (c/o 2024) earned a bronze medal at the U.S. Team Trials in the discus to qualify for the 2024 Olympic Games

DORES IN PARIS

- Two Vanderbilt alumni, Veronica Fraley and Lily Williams represented Team USA at the 2024 Paris Olympics
- Williams and Team USA brought home a gold medal from Paris in women's track cycling team pursuit
- She is just the second Dore in school history to win gold at the Olympics (Jeff Turner – men's basketball, 1984)
- Williams became Vanderbilt's first-ever female Olympian when she qualified for the 2020 Tokyo Olympics
- At the 2020 Games, she and her teammates earned a bronze medal in team pursuit

ACADEMIC EXCELLENCE

- The track and field team earned a 3.556 team GPA this fall semester
- In 2024, the team and 14 student-athletes were named USTFCCA All-Academic
- Vanderbilt boasted two CSC Academic All-Americans in 2024, Veronica Fraley, who was a first-team selection, and Sarah Omoregie, who earned third-team recognition
- Seventeen Commodores made the 2023-24 First-Year SEC Academic Honor Roll and 23 student-athletes were named to the 2024 Spring SEC Academic Honor Roll

COACHING STAFF

Director of Cross Country, Track & Field	Althea (Al-thee-uh) Thomas
Assist. Coach (Jumps, Multi) Recruiting Coordinator	Justin Byron
 Director of Player Development	
Assistant Coach (Throws)	Candace Fuller
Assistant Coach (Distance)	Chad Balyo
Assistant Coach (Distance)	Lisa Morgan
Assistant Coach (Sprints)	Cameia (Cam-EE-uh) Alexander
Assistant Coach (Jumps)	Harold Rose

USTFCCA NATIONAL COACHES POLL**Women's**

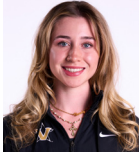
1. Arkansas
2. Texas Tech
3. Northern Arizona
4. Washington
5. Florida
6. Southern California
7. Texas
8. Nebraska
9. Houston
10. Texas A&M
11. Wisconsin
12. Alabama
13. Kentucky
14. North Carolina
15. Harvard
16. Georgia
17. Stanford
18. Oklahoma State
19. South Carolina
20. Penn State
21. Kansas
22. Florida State
23. Iowa
24. Ole Miss
25. Illinois

*Poll is from the end of the 2024 indoor season

VANDERBILT TRACK AND FIELD ROSTER

Name	Class	Event	Hometown / High School
Audrey Allman	Jr.	Distance	Glen Ellyn, Ill. / Glenbard West
Bria Bennis	So.	Distance	Elmhurst, Ill. / Elmhurst (York)
Tina Benzinger (BEN-sing-er)	Gr.	Sprints	Munich, Germany / Ursilinen
Anya Carey	Fr.	Jumps	Pembroke Pines, Fla. / Somerset Academy
Gigi Clifford	Sr.	Distance	Tiburon, Calif. / Marin Catholic
Kenyah Conner	Fr.	Sprints	College Park, Ga. / Woodward Academy
Mackenzie Culpepper (CUHL-pep-per)	Jr.	Distance	Hoover, Ala. / Spain Park
Mackenzie Dagrosa (Duh-GROSS-uh)	Fr.	Jumps	San Antonio, Texas / Reagan
Isabella Dagrosa (Duh-GROSS-uh)	Fr.	Hurdles	San Antonio, Texas / Reagan
Josie Donelson	Fr.	Hurdles • Sprints	Lake Oswego, Ore. / Lake Oswego
Ella Escobar	Sr.	Sprints	Peoria, Ariz. / North Canyon
Cameron Fawcett (FAW-set)	Sr.	Distance	Dallas, Texas / Highland Park
Faith Franklin	Fr.	Sprints	Harlingen, Texas / Harlingen
Eva Gautreaux (GO-tro)	So.	Sprints	Germantown, Tenn. / Houston
Mya Georgiadis (George-ee-aw-dis)	Jr.	Hurdles	Ann Arbor, Mich. / Huron
Lena Gooden	So.	Jumps	Manassass, Va. / Osbourn Park
Johna Grisik (GRIZE-ick)	Jr.	Distance	Alpharetta, Ga. / Marist
Rowan Houston	So.	Jumps	Rye, N.Y. / Rye Country Day School
Pryncess Jackson	Fr.	Multi	Highland Springs, Va. / Highland Springs
Alima (Uh-lee-muh) Kassim (Kuh-seem)	Fr.	Sprints	Nashville, Tenn. / University School of Nashville
Colette Kinsella	So.	Distance	LaGrange Park, Ill. / Nazareth Academy
Olivia Kosanovich (Kuh-SAH-no-vich)	So.	Pole Vault	Boulder, Colo. / Fairview
Lily Kriegel (KREE-gull)	Fr.	Distance	Whitefish Bay, Wis. / Whitefish Bay
Ella Lambert	Gr.	Distance	Cincinnati, Ohio / Turpin
Gianna Leone	So.	Distance	Pawleys Island, S.C. / Waccamaw
Sarah Marvin	Sr.	Throws	Gaines, Mich. / Byron
Allyria (UH-leer-ee-uh) McBride	Jr.	Hurdles • Sprints	Marietta, Ga. / Wheeler
Taylor McKinnon	Jr.	Hurdles	Durham, N.C. / Cardinal Gibbons
Anissa (UH-nee-suh) Moore	So.	Sprints	Hempstead, N.Y. / Hempstead
Joy Mooror	Jr.	Hurdles • Sprints	Phoenix, Ariz. / North Canyon
Devyn Parham (Par-ham)	Fr.	Multi	Chesterfield, Va. / Thomas Dale
Claire Petersen	Fr.	Distance	Roswell, Ga. / Blessed Trinity
Jacqueline Rose	Fr.	Pole Vault	Keller, Texas / Keller
Julia Rosenberg	Sr.	Distance	Weston, Conn. / Weston
Marta Sivina (Siv-EE-nuh)	Jr.	Multi	Ogre, Latvia / Ogre Secondary
Catherine Sommerfeld	So.	Distance	LaGrange, Ill. / LaGrange (Lyons)
Falon Spearman	Jr.	Hurdles	Charlotte, N.C. / Providence Day
Santana Spearman	Jr.	Hurdles	Charlotte, N.C. / Providence Day
Kayleigh Stargell	Fr.	Multi	Atlanta, Ga. / North Atlanta
Clara Steer	So.	Distance	Carlsbad, Calif. / Pacific Ridge
Elsa Steer	So.	Distance	Carlsbad, Calif. / Pacific Ridge
Anaya Webster	So.	Jumps	Spring, Texas / Havergal College
Brenay (BRUH-nay) Williams	So.	Sprints	Gallatin, Tenn. / Goodpasture Christian
Madyson Wilson	Jr.	Hurdles • Sprints	Atlanta, Ga. / Westlake
Ellie Wolski (WALL-skee)	Gr.	Distance	Knoxville, Tenn. / Knoxville Catholic

Commodore Capsules



AUDREY ALLMAN • JR. • DISTANCE
 SB 800m - >> Bronze medalist at the 2024 SEC Indoor Championships as a member of the DMR
 PB 800m - 2:09.96 >> Qualified for the 2023 Pan American U20 Championships
 SB 1,000m -
 PB 1,000m - 2:53.56



BRIA BENNIS • SO. • DISTANCE
 SB 5,000m - >> No. 2 in school history in the indoor and outdoor 5k
 PB 5,000m - 16:05.11 >> Scored at the 2024 SEC Outdoor Championships in the 10k
 >> Bronze medalist in the 3,000m at the USATF U20 Championships



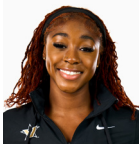
TINA BENZINGER • GR. • SPRINTS
 SB 60m - >> Graduated from the Technical University of Munich before coming to Vanderbilt
 PB 60m - 7.39 >> 3X German national champion (4x100 and 4x200m relays)
 SB 200m -
 PB 200m - 23.63



ANYA CAREY • FR. • JUMPS
 SB TJ - >> 2024 NHSTFXCCA All-American (triple jump)
 PB TJ - 12.03m >> 2024 Florida state champion in the triple jump (39-5.5)



GIGI CLIFFORD • SR. • DISTANCE
 SB 3,000m - >> Competed in three indoor, four outdoor meets in 2024
 PB 3,000m - 10:00.04 >> Recorded a 24-second PR in the 5k at the 2024 outdoor Music City Challenge
 SB 5,000m -
 PB 5,000m - 17:19.45



KENYAH CONNER • FR. • SPRINTS
 SB 400m - >> 2024 Georgia state runner-up in the 800m, champion as a member of the 4x400m relay
 PB 400m - 55.77
 SB 800m -
 PB 800m - 2:08.52



MACKENZIE CULPEPPER • JR. • DISTANCE
 SB 800m - >> Competed in four indoor, five outdoor meets in 2024
 PB 800m - 2:10.44 >> Member of the winning 4x400m relay at the 2024 Joe Walker Invitational
 SB 1,000m -
 PB 1,000m - 2:55.72



ISABELLA DAGROSA • FR. • HURDLES
 SB 60mH - >> 2x runner-up in the 300mH at the UIL State Championships
 PB 60mH - 8.78



MACKENZIE DAGROSA • FR. • JUMPS
 SB HJ - >> 2024 Nike Indoor Nationals champion in the high jump
 PB HJ - 1.83m (6-0)



JOSIE DONELSON • FR. • HURDLES/SPRINTS
 SB 400m - >> 2024 U20 world champion as a member of Team USA's 4x400m relay
 PB 400m - 52.83 >> 2024 Gatorade Girls Track & Field Player of the Year - Oregon
 >> Oregon HS record holder in the 300mH and 400m
 >> 2024 state champion (400m, 300mH, 4x100, 4x400)



ELLA ESCOBAR • SR. • SPRINTS
 SB 60m - >> 2024 NCAA regional qualifier (4x100m relay)
 PB 60m - 7.61 >> Four program all-time top 10 marks
 SB 200m -
 PB 200m - 24.59



CAMERON FAWCETT • SR. • DISTANCE
 SB 1,000m - >> Competed in four indoor, five outdoor meets in 2024
 PB 1,000m - 3:00.31
 SB 3,000m -
 PB3,000m - 9:47.97



FAITH FRANKLIN • FR. • SPRINTS
 SB 200m - >> 2024 New Balance Indoor Nationals champion in the 400 meters
 PB 200m - 23.61 >> Prep best time in the 400 meters (53.02) was ranked second among Texas girls
 SB 400m -
 PB 400m - 53.02



EVA GAUTREAUX • SO. • SPRINTS
 SB 200m - >> No. 10 in program history as a member of the 4x400m relay
 PB 200m - 25.50
 SB 400m -
 PB 400m - 56.96



MYA GEORGIADIS • JR. • HURDLES
 SB 60mH - >> Did not compete in 2024
 PB 60mH - 9.12 >> 2023 NCAA regional qualifier in the 400mH
 SB 400m - >> Two program all-time top 10 marks
 PB 400m - 55.61



LENA GOODEN • SO. • JUMPS
 SB 60m - >> 2024 second-team All-American in the long jump
 PB 60m - 7.53 >> 2024 NCAA Outdoor Championships qualifier
 SB LJ - >> School record holder in the outdoor long jump
 PB LJ - 6.22m (20-5) >> Holds school record as a member of the 4x100m relay
 >> Five program all-time top 10 marks

Commodore Capsules



JOHNA GRISIK • JR. • DISTANCE

SB 800m -
PB 800m - 2:16.66
SB mile -
PB mile - 5:04.99
 >> Competed in three meets as a sophomore



GIANNA LEONE • SO. • DISTANCE

>> Did not compete in 2024



ROWAN HOUSTON • SO. • JUMPS

SB HJ -
PB HJ - 1.62m (5-3.75)
 >> Competed in six indoor, four outdoor meets as a freshman



SARAH MARVIN • SR. • THROWS

SB SP -
PB SP - 15.94m (52-3.75)
 >> Two-time NCAA regional qualifier in the shot put
 >> Top 5 in program history in the indoor and outdoor shot put and discus



PRYNCESS JACKSON • FR. • MULTI

SB/PB Pent -
SB/PB 60mH -
SB/PB HJ -
SB/PB SP -
SB/PB LJ -
SB/PB - 800m -
SB/PB TJ - -- / 12.28m
 >> 2024 Virginia state champion in the triple jump
 >> Has won a total of six high school state championships in triple jump, long jump and the 100mH



ALLYRIA MCBRIDE • JR. • HURDLES/SPRINTS

SB 400m -
PB 400m - 53.47
SB LJ -
PB LJ - 6.13m (20-1.5)
 >> Semifinalist in the 400mH at the 2024 U.S. Olympic Team Trials
 >> 2023 second-team All-American
 >> Two-time NCAA regional qualifier
 >> Two-time SEC bronze medalist



ALIMA KASSIM • FR. • SPRINTS

SB 60m -
PB 60m - 7.59
SB 200m -
PB 200m - 24.45
 >> Swept the 100 and 200 meters at the Tennessee high school state championships as a junior and senior



TAYLOR MCKINNON • JR. • HURDLES

SB 60mH -
PB 60mH - 8.61
 >> Holds school record as a member of the shuttle hurdle relay



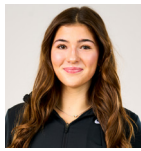
COLETTE KINSELLA • SO. • DISTANCE

>> Did not compete in 2024



ANISSA MOORE • SO. • SPRINTS

SB 200m -
PB 200m - 24.48
SB 400m -
PB 400m - 54.03
 >> Did not compete in 2024
 >> 2023 Nike Indoor Nationals champion in the 400m



OLIVIA KOSANOVICH • SO. • POLE VAULT

SB PV -
PB PV - 3.81m (12-6)
 >> Competed in three indoor, four outdoor meets in 2024



JOY MOORNER • JR. • HURDLES/SPRINTS

SB 60mH -
PB 60mH - 8.87
SB 200m -
PB 200m - 24.31
SB 400m -
PB 400m - 54.66
 >> Competed at Colorado for two seasons before coming to Vanderbilt
 >> 2024 NCAA qualifier



LILY KRIEGEL • FR. • DISTANCE

>> Top freshman finisher in her collegiate cross country debut



DEVYN PARHAM • FR. • MULTI

SB/PB Pent -
SB/PB 60mH -
SB/PB HJ -
SB/PB SP -
SB/PB LJ -
SB/PB - 800m -
 >> Two-time Virginia high school state champion



ELLA LAMBERT • GR. • DISTANCE

SB mile -
PB mile - 4:50.30
SB 3,000m -
PB 3,000m - 9:33.41
 >> Competed in four indoor, three outdoor meets in 2024



CLAIRE PETERSEN • FR. • DISTANCE

>> Scored at four of four meets during her debut cross country season
 >> Top-ranked runner in Georgia in the indoor and outdoor mile, 1,600 meters, 2 mile and 3,000m in high school

Commodore Capsules



JACQUELINE ROSE • FR. • POLE VAULT

SB PV - >> 2024 district champion
 PB PV - 4.11m (13-6) >> 2023 runner-up at the Texas high school state championship



ELSA STEER • SO. • DISTANCE

>> Did not compete during the 2024 indoor season



JULIA ROSENBERG • SR. • DISTANCE

SB mile - >> 2024 NCAA regional qualifier
 PB mile - 4:39.03 >> Two school records, four program all-time top 10 marks
 SB 3,000m - >> SEC bronze medalist (DMR), two-time SEC scorer
 PB 3,000m - 9:15.99



ANAYA WEBSTER • SO. • JUMPS

SB LJ - >> Top 10 in program history in the indoor an outdoor
 PB LJ - 5.88m (19-3.5) long jump and triple jump
 SB TJ -
 PB TJ - 11.93m (39-1.75)



MARTA SIVINA • JR. • MULTI

SB/PB Pent - -- / 3,942 >> 2024 SEC scorer in the heptathlon
 SB/PB 60mH - -- / 8.98 >> Two-time medalist at the Latvian CE Championships
 SB/PB HJ - -- / 1.66m >> Top 10 in program history in the heptathlon
 SB/PB SP - -- / 12/51m >> Did not compete indoors in 2024
 SB/PB LJ - -- / 5.51m
 SB/PB - 800m - -- / 2:19.55



BRENA Y WILLIAMS • SO. • SPRINTS

SB 60m - >> Did not compete in 2024
 PB 60m - 7.57



CATHERINE SOMMERFELD • SO. • DISTANCE

SB mile - >> Did not compete outdoors in 2024
 PB mile - 4:51.30
 SB 3,000m -
 PB 3,000m - 9:36.77
 SB 5,000m -
 PB 5,000m - 17:07.97



MADYSON WILSON • JR. • SPRINTS

SB 200m - >> Did not compete in 2024
 PB 200m - 25.12 >> Top 10 in program history in the 300 meters



FALON SPEARMAN • JR. • HURDLES

SB 60mH - >> 2024 NCAA regional qualifier
 PB 60mH - 8.51 >> Holds school record in the 100mH, three program all-time top 10 marks
 SB 200m -
 PB 200m - 25.36



ELLIE WOLSKI • GR. • DISTANCE

SB 800m - >> Graduate transfer from Coastal Carolina where she
 PB 800m - 2:11.33 played soccer for two years before running track and XC
 SB mile - >> 2023 first-team All-Sun Belt (XC)
 PB mile - 4:52.11 >> Bronze medalist in the mile at the 2024 Sun Belt
 SB 3,000m - Indoor Championships
 PB 3,000m - 4:28.37



SANTANA SPEARMAN • JR. • HURDLES

SB 60m - >> 2024 NCAA regional qualifier
 PB 60m - 7.95 >> Holds school record as a member of the shuttle hurdle
 SB 60mH - relay, two program all-time top 10 marks
 PB 60mH - 8.43
 SB 200m -
 PB 200m - 25.94



KAYLEIGH STARGELL • FR. • MULTI

SB/PB Pent - -- / 3,389 >> Four-time New Balance All-American
 SB/PB 60mH -
 SB/PB HJ -
 SB/PB SP -
 SB/PB LJ -
 SB/PB - 800m -



CLARA STEER • SO. • DISTANCE

>> Did not compete during the 2024 indoor season

Records at a Glance
60m

- Haley Bishop7.37.....2022
- Madison Fuller.....7.46.....2022
- Lena Gooden.....7.53.....2024**
- Ella Escobar.....7.61.....2023**
- Anna Carr-Hawkins.....7.64.....2009

60m Hurdles

- Beatrice Juskeviciute8.23.....2023
- Amanda Mullins-Hall8.37.....2004
- Santana Spearman8.43.....2024**
- Falon Spearman.....8.51.....2024**
Brooke Overholt.....8.51.....2023
- Janetra Gleaves8.52.....2015
- Jennifer Cannon8.56.....2014
- Taylor McKinnon8.61.....2023**
- Faith Washington.....8.72.....2013
- Cherice Robertson8.74.....2007

200m

- Haley Bishop23.47.....2022
- ...
- Lena Gooden.....24.61.....2024**
- Jennifer Edobi.....24.62.....2018
- Brooke Overholt.....24.75.....2023
- Regan Clay.....24.79.....2019

300m

- Taiya Shelby.....37.41.....2022
- Allyria McBride38.09.....2024**
- ...
- Madison Fuller.....39.53.....2022
- Ella Escobar.....39.70.....2024**
- Madyson Wilson39.85.....2023**
- Faith Washington.....39.86.....2014
- Jordan Smith40.45.....2022

400m

- Taiya Shelby.....52.40.....2022
- ...
- Allyria McBride54.07.....2024**
- Faith Washington.....54.63.....2015
- Erin Edmond54.78.....2015
- Jordan Smith54.90.....2020
- Kaira Brown.....55.45.....2022
- Amanda Helberg.....55.72.....1998

1,000m

- Julia Rosenberg2:43.76.....2024**
- Kat Delaney2:47.16.....2016
- Grace Jensen.....2:47.52.....2022

Mile

- Grace Jensen.....4:37.56.....2022
- Julia Rosenberg4:39.03.....2024**
- Sara Barron4:39.96.....2016
- Emma Curry4:46.08.....2024
- Caroline Eck4:46.44.....2023

3,000m

- Julia Rosenberg9:15.99.....2024**
- Niki Narayani.....9:18.66.....2023
- Caroline Eck9:20.85.....2023

5,000m

- Liz Anderson.....16:14.30.....2014
- Bria Bennis16:17.40.....2024**
- Niki Narayani.....16:17.82.....2023

Long Jump

- Allyria McBride20-1.5 (6.13m).....2024**
- Ryan Tolbert.....19-8 (5.99m).....1996
- Beatrice Juskeviciute19-5.25 (5.92m).....2023
- Anaya Webster19-3.5 (5.88m).....2024**
- Lena Gooden.....19-2.25 (5.85m).....2024**

Shot Put

- Divine Oladipo58-9.5 (17.92m).....2022
- Veronica Fraley56-7.25 (17.25m).....2023
- Sarah Omoregie56-1.75 (17.11m).....2024
- Leslie Vidmar.....53-0.25 (16.16m).....1998
- Sarah Marvin52-3.75 (15.94m).....2023**

4x400m Relay

- A. McBride**, B. Overholt, K. Brown, T. Shelby3:33.23.....2023
- H. McIntosh, A. Helberg, M. Baskin, R. Tolbert3:36.73.....1998
- T. Shelby, M. Fuller, J. Smith, K. Brown3:37.20.....2022
- ...
- M. Georgiadis**, T. Shelby, M. Fuller, K. Brown3:41.08.....2023

Distance Medley Relay

- G. Jensen, K. Brown, T. Shelby, C. Eck.....11:14.47.....2022
- E. Curry, **A. McBride**, **A. Allman**, **J. Rosenberg**.....**11:15.13**.....**2024**
- C. Clayton, J. Edobi, S. Carpenter, S. Barron11:19.34.....2015

**Bold italics indicate current student-athlete*