

# VANDERBILT

## TRACK & FIELD

## Commodore Challenge Meet Information

Friday-Saturday, January 10-11, 2025

Vanderbilt Multipurpose Facility

### TEAM ENTRY/PAYMENT

- Entries open 12/01/24 and the deadline to submit is Monday, January 13th , at 1:00 PM Central Time. Payment required via Direct Athletics by entry deadline. No late entries accepted.
- All entry marks must be verified on TFRRS (2024-2025 Indoor/Outdoor seasons). First-year students and those who do not have a performance from the current or previous year will be allowed to enter speculative marks. Verification will be under the discretion of meet management. Please provide any applicable notes to your TFRRS entry
- Entry **fee will be \$1,500 per team per gender or \$100 per individual for teams less than 14.**
- Only invited college teams and approved unattached athletes will be allowed to enter.
- Limitation of 3 entries per field event and 3 entries per running event. 2 Relays allowed per school.
- **ONLY top 48 marks will be accepted for Field Events.**

### UNATTACHED ENTRIES

- All Unattached athletes should contact Coach Cameia Alexander at [cameia.alexander@vanderbilt.edu](mailto:cameia.alexander@vanderbilt.edu) for permission to enter. If approved, unattached athletes will be sent a link to Direct Athletics to enter.
- **Entry fee will be \$75 per unattached athlete, including unlimited events.**
- **Athletes with a Vanderbilt verifiable student ID/ Vanderbilt current proof of enrollment into a university, entry fee will be waived with acceptance into the meet.** When requesting permission to enter, please provide the following:
  - § Name, gender, and event requesting to compete in
  - § Current level of education & proof of enrollment
  - § Verifiable marks for accurate seeding is highly recommended but not required
- Non- Vanderbilt Student athletes must enter with a verifiable 2024 or 2025 performance. When requesting permission to enter, please provide the following:
  - § Name, gender, and event requesting to compete in
  - § Verifiable 2024 or 2025 performance
- All unattached requests will be notified if entry is accepted.

Entries open 12/01/24 and the deadline to submit is Monday, January 13th, at 1:00 PM Central Time. No late entries accepted.

### SPORTS MEDICINE

- Please contact our Athletic Trainer, Nick Caporale, [nicholas.caporale@vumc.org](mailto:nicholas.caporale@vumc.org) for more details on Covid-19 protocols and any other athletic training needs.



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### PARKING/WALKWAY TO FACILITY

- Teams will drop off at the gate leading into the indoor facility on Children's Way.
- Team buses will park in the metered parking spaces on Vanderbilt Place, which starts at the intersection of Vanderbilt Place and 28<sup>th</sup> Ave. S.
- Team vehicles (vans, SUVs, etc.) will park in the parking spaces behind the indoor facility on Children's Way.
- Entrance to the indoor facility, outdoor facility, and warm up field will be by wristband only.

### PACKET PICK UP

- Packet pick-up will be available at the team entrance of the indoor facility.

### PRACTICE/FACILITY HOURS

- The indoor facility will be available for practice on Thursday evening 5-7pm.

### TEAM CAMPS

- We will utilize the recreation center studios for team camps. Each team will receive information on where their designated team camp area is located prior to their arrival.
- No team camps inside the track area. Any team or unattached athlete who cannot adhere to this policy will not be invited to future competitions.
- All food should remain in the team camp areas and not be transported to the indoor facility.
- **No spikes in the Recreation Center!**

### WARMUP

- Athletes should warm-up outdoors (outdoor track & field or Field 2), Recreation auxiliary gym, or inside the designated warm-up area on the indoor track infield (will be enclosed by white sport fencing). Hurdles and blocks will be available at these designated warm-up areas.
- Hurdles and blocks will be available on the track backstretch for 60m and 60m hurdle warm-ups at specified times. Only athletes competing in the event currently being contested will be allowed on the home stretch.

### ALLOWABLE SPIKES

- One quarter inch, pyramid spikes are the only spikes allowed. Needle or Christmas tree spikes are not permitted. **DO NOT WEAR YOUR SPIKES IN THE REC CENTER/TEAM CAMP AREA.**

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### IMPLEMENT WEIGH-IN

- Expect to open 2 hours prior to first throws event start time and closes 30 minutes before scheduled start time (implements will be retained and brought to the event venue at this time).
- Exact times to be sent out week of meet.

### CLERKING

- **Running Events:** All athletes must check in for their event at the clerking table no later than 30 minutes before, with their spikes in hand. Further, all athletes must report to the clerk for their event no later than 15 minutes before the scheduled start time. The clerk's location will vary for each event and will be listed and communicated with athletes at check-in. Adherence to these instructions is important to maintaining the meet schedule.
- **Failure to report on time may result in the athlete being scratched from the event.**
- Note: It is immensely helpful for coaches to report known scratches to the clerking table in advance, most especially for the 4x400m Relay.
- **Field Events:** check-in with your specific event venue no later than 30 minutes prior to the scheduled start.

### PROGRESSIONS

- Will be sent out week of meet following entry deadline.

### HOSPITALITY

- The coach's hospitality will be on the second floor, accessible w/wristband by stairs or elevator off the north entrance foyer (SEC lobby).

### SPECTATORS

- **Entry Fee: \$10 Kids 2 & under free**
- Free parking at the 25th Ave. garage through the Highland Ave. entrance on floors 8-10
- Enter through the SEC lobby on the north end of the multipurpose facility.
- **New as of January 2021:** Vanderbilt University has adopted a new clear bag policy for all home athletics contests. This policy will be enforced for all spectators.
- All plans are tentative and can change at any time based on current COVID-19 protocols.

### UPDATES

- Please continue to check the [Vanderbilt Home Meet Information](#) page for any updates on meet information, parking and/or schedules.
- All information is subject to change based on current COVID-19 protocols leading up to each meet.

### QUESTIONS

- Please contact Coach Cameia Alexander at [cameia.alexander@vanderbilt.edu](mailto:cameia.alexander@vanderbilt.edu) for any questions about meet entries.
- Please contact John Kelly at [john.e.kelly@vanderbilt.edu](mailto:john.e.kelly@vanderbilt.edu) for any facility and credential needs/questions.