

# Strength & Conditioning



**Chris Ham**

Associate AD

Sport Performance and  
Student-Athlete  
Well-Beings



**Tyler Clarke**

Assistant AD



**Jon Sanderson**

Director

M. Basketball



**Jean Ready**

Director

Baseball



**Darren Edgington**

Associate Director

Soccer, Bowling, M. Golf



**Gavin Walker**

Associate Strength Coach

Volleyball, M. Tennis



**Walker Gristanti**

Strength & Conditioning Coach

Baseball



**TBD**

Assistant Strength Coach

Baseball



**Josh Willhite**

Assistant Strength Coach

Lacrosse, Swimming, W.  
Golf, W. Tennis



**Eric Engelken**

Assistant Strength Coach

Track & Field, Cross Country,  
Spirit Squads



**Sara McGuire**

Assistant Director

Sport Science

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Football Sports  
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**Demetrius Kemp**

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**Hudson Stevens**

Assistant Coach

Football Sports  
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**Harris Barker**

Assistant Coach

Football Sports  
Performance