



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

**WOMEN 100 M**

1	Tina MARTIN	SR Duke	11.34	+3.3	SB
2	Dana WILSON	Unattached	11.37	+3.3	
3	Taylor SMITH	SR App State	11.58	-1.9	PB
4	Halle BIEBER	SR Duke	11.59	+3.3	SB
5	Sarah AKPAN	SO Virginia	11.59	+3.3	
6	Abby GEISER	JR Duke	11.61	+3.3	SB
7	Jayla ADAMS	FR App State	11.66	+6.0	
8	Pebbles SCOTT	JR N. Carolina A&T	11.71	+1.1	PB
9	Lucheyona WEAVER	JR N. Carolina A&T	11.76	+3.4	
10	Maddy DOANE	SR Duke	11.76	+3.3	SB
11	Malaysia JOHNSON	SO St. Augustine's	11.77	+3.3	
12	Eleyah ARMSTRONG	JR VMI	11.79	-1.9	PB
13	Makenna URBANEK	FR N. Carolina A&T	11.81	+2.4	
14	Hailey WILLIAMS	SR Duke	11.85	+2.0	SB
15	Kayla BONNICK	SR Virginia	11.87	+3.3	
16	Abbie HUEY	FR Georgetown	11.89	+1.1	
17	Piper RODGERS	FR Georgetown	11.89	+6.0	
18	Dominique THOMAS	JR Milwaukee	11.89	-1.9	
19	Kendall JOHNSON	FR App State	11.91	+2.0	
20	Makayla WATSON	SO Lipscomb	11.91	+1.1	
21	Katlin SHERMAN	Unattached	11.92	+3.4	
22	Jadah FITZGERALD	SO Georgetown	11.93	+3.4	
23	Taja BOOKER	JR Ohio	11.96	+2.9	
24	Ziyah ETCHISON	FR Campbell	11.96	+1.1	PB
25	Kaitlynn BAILEY	SR Col. of Charleston	11.98	-1.9	
26	Mia EDIM	FR Duke	11.99	-1.9	=PB
27	Nicole WELLS	FR App State	11.99	-1.9	
28	Rebecca OCHAN	SO Georgetown	12.02	+2.0	PB
29	Clare GILLIS	SO Colgate	12.02	+6.0	
30	Jordyn PARKER	FR NC State	12.04	-1.9	
31	Ally HENSON	SR NC State	12.06	+2.0	
32	Meghan WILCOX	JR Elon	12.07	+2.0	SB
33	Kailie BORQUE	FR Norfolk State	12.07	+6.0	
34	Allysia FARRAR	JR Norfolk State	12.08	+2.0	PB
35	Naturi ROBINSON	JR East Carolina	12.10	+6.0	
36	Alyssa JACKSON	FR Brown	12.11	-1.9	
37	Margaux SHELTON	JR Wingate	12.11	+1.1	
38	Kymara BRODIE	FR N. Carolina A&T	12.14	+3.4	
39	Gabrielle CUMMINGS	FR Richmond	12.14	+2.4	SB
40	Mariah MCCORD	JR App State	12.15	+2.0	
41	Emma GALLANT	SR Brown	12.15	+2.9	
42	Nia GROSE	SO Youngstown St.	12.16	+2.0	
43	Shae DOUGLAS	SR Notre Dame	12.17	+4.6	
44	Kierra MARSHALL	SR Davidson	12.18	+2.9	SB
45	Efemena EGBERI	SO Catawba	12.19	+6.0	
46	Kennedy MILLER	SR Lipscomb	12.20	+2.9	
47	Bridget MCNALLY	JR Dartmouth	12.21	+2.0	PB
48	Leah POWELL	SO Delaware State	12.22	+2.0	PB
49	Khaliyah WHITE	SR Delaware State	12.22	+6.0	
50	Jahnia HODGE	SR Delaware	12.22	+4.6	
51	Rhilea GORDON	SO Ohio	12.23	+6.0	
52	Darian BRADDIX	SR Bowling Green	12.24	+2.9	
52	Alaina SULLIVAN	SR Xavier (OH)	12.24	+2.9	
54	Valerie BOARDS	SO Frostburg State	12.26	+2.0	SB
55	Jacquelyn ROLLE	FR Delaware	12.26	+2.9	SB
56	Sierra MATHESON	SO George Mason	12.26	+2.4	SB
57	Lauren DOERR	SO Butler	12.26	+2.0	PB
58	Adriana BRATHWAITE	JR Central Connecticut	12.27	+2.4	
59	Melanne SUTTON	FR N.C. Central	12.27	+2.0	

59	Kailyn ALEXANDER	SR Hampton	12.27	+3.4	SB
61	Ella BAKER	FR Ohio	12.28	+2.9	
62	Victoria HENRY	FR Delaware	12.32	+1.1	
63	Taylor JOHNSON	SO Delaware	12.33	+1.9	SB
64	Kiera BONDS	FR Bowling Green	12.34	+4.6	
65	Nakitriauna MCFADDEN	SO St. Augustine's	12.39	+3.4	
66	Alyssa WILLIS	SR Duquesne	12.39	+1.1	
67	Kaleigh HUDSON	SO UNCW	12.40	+1.9	SB
68	Bri HAY	FR Baldwin Wallace	12.44	+1.9	
69	Jenna BOUYER	SR Hampton	12.45	+4.6	
70	Skyler HARRELSON	SO East Carolina	12.46	+2.4	
71	Makhia JARRETT	JR East Carolina	12.47	+1.1	
72	Ka'niya MCGOWAN	SR Wheeling	12.49	+1.9	
73	Kailynn TYSON	FR George Mason	12.51	+2.4	
74	Taniah STEPHENS	SR Ohio	12.51	+1.9	
75	Tamara RAWLES	SO Central Connecticut	12.53	+2.4	
76	Naimah SLAUGHTER	JR Bellarmine	12.60	+1.9	
77	Abigail LOTHIAN	FR VCU	12.62	+2.0	
78	Imunique ARCHIE	SR NC State	12.77	+2.0	SB
79	Juliana FERRARA	FR Valparaiso	12.78	+2.0	
80	Lanyjah GUNTER	FR St. Augustine's	12.89	+4.6	
81	Paris GOSHA-FOREMAN	SO Ohio	12.91	+1.9	PB
82	Tania ALFARO	JR Goldkey-Beacom	13.73	+2.4	
83	Sheree WRIGHT	SO St. Augustine's	14.52	+4.6	
DNF	Tra'Nijah PETTIHOMME	SO UNCW	DNF		
DNS	Kahlia SMITH	FR Delaware State	DNS		

**WOMEN 200 M**

1	Melicia MOUZZON	SR East Carolina	23.20	+0.4	PB
2	Tina MARTIN	SR Duke	23.25	+0.4	PB
3	Jada GRIFFIN	Tracksmith	23.32	+0.4	
4	Sarah AKPAN	SO Virginia	23.66	-0.3	SB
5	Sierra SMITH	FR App State	23.67	+1.5	
6	Julia JACKSON	SO Duke	23.72	+0.4	PB
7	Pebbles SCOTT	JR N. Carolina A&T	23.84	-0.3	SB
8	Piper JONS	SR Elon	24.05	-0.3	SB
9	Malaysia JOHNSON	SO St. Augustine's	24.06	-0.3	
10	Megan MCGINNIS	JR Duke	24.10	+0.4	
11	Maddy DOANE	SR Duke	24.17	+0.4	
12	Abby GEISER	JR Duke	24.19	-0.3	SB
13	Elke VAN DER WESTHUIZEN	JR Richmond	24.23	+1.5	PB
14	Jayla ADAMS	FR App State	24.31	-2.6	
15	Kaitlynn BAILEY	SR Col. of Charleston	24.33	+1.5	PB
16	Maddy PRICE	Unattached	24.36	+0.4	
17	Mia EDIM	FR Duke	24.44	-0.3	
18	Jordyn PARKER	FR NC State	24.45	+1.5	
19	Hailey WILLIAMS	SR Duke	24.48	-0.9	
20	Kierra MARSHALL	SR Davidson	24.54	-2.6	SB
21	Clare GILLIS	SO Colgate	24.60	+1.5	PB
22	Nicole WELLS	FR App State	24.62	-2.6	
23	Avery RUECKERT	FR UNCW	24.63	+2.3	SB
24	Alyssa JACKSON	FR Brown	24.63	+2.3	
25	Piper RODGERS	FR Georgetown	24.67	+1.0	
26	Taja BOOKER	JR Ohio	24.68	+1.1	
27	Naiobi WHITE	JR Wingate	24.68	+1.5	PB
28	Daye TALLEY	SO App State	24.73	-2.6	PB
29	Jayani SANTOS	FR UMass Lowell	24.74	-2.6	
30	Jordyn BORSCH	FR Notre Dame	24.74	+0.8	
31	Ariel FLETCHER	FR Virginia	24.80	+0.8	PB
32	Makenna URBANEK	FR N. Carolina A&T	24.81	+0.9	



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

33 Anyssa HALL	SO Michigan State	24.82	+0.8	
34 Kayla BONNICK	SR Virginia	24.82	-0.3	
35 Aislinn MCELHANEY	SR Lipscomb	24.88	+0.8	PB
36 Allysia FARRAR	JR Norfolk State	24.93	-0.9	PB
37 Alaina SULLIVAN	SR Xavier (OH)	24.96	+1.5	
38 Sophia HOOD	SR Davidson	25.00	+1.0	
39 Madison MULDER	Unattached	25.01	-0.9	
40 Kendall JOHNSON	FR App State	25.02	-2.5	
41 Valerie BOARDS	SO Frostburg State	25.03	+2.3	SB
42 Abbie HUEY	FR Georgetown	25.04	-2.2	
43 Meghan WILCOX	JR Elon	25.05	-2.6	SB
44 Gabrielle CUMMINGS	FR Richmond	25.05	+1.1	PB
45 Jadah FITZGERALD	SO Georgetown	25.08	-0.9	SB
46 Kynnedi MALONE	JR Milwaukee	25.10	+2.3	
47 Elizabeth ANDERSON	FR Michigan State	25.11	+1.5	
48 Melody HARLOFF	FR Youngstown St.	25.12	+1.1	
49 Emma GALLANT	SR Brown	25.12	-2.6	
50 Bridget MCNALLY	JR Dartmouth	25.15	+0.8	
51 Makayla WATSON	SO Lipscomb	25.17	-2.2	
52 Nia GROSE	SO Youngstown St.	25.18	+1.1	
53 Abby COLLIER	JR Baldwin Wallace	25.20	+0.8	PB
54 Darian BRADDIX	SR Bowling Green	25.23	+1.0	
55 Kymara BRODIE	FR N. Carolina A&T	25.25	+1.1	
56 Ally HENSON	SR NC State	25.31	+1.0	
57 Kennedy MILLER	SR Lipscomb	25.35	+1.0	
58 Janiyah FIELDS	JR UNCW	25.35	-2.2	
59 Kimmi WOODS	SR Columbia	25.35	-0.5	PB
60 Jada IRWIN	FR Ohio	25.36	+0.9	PB
61 Sydney GOLDSON	JR Columbia	25.39	+1.1	SB
62 Amari TAYLOR	SO North Carolina	25.42	+0.9	PB
63 Efemena EGBERI	SO Catawba	25.44	+2.3	
64 Alexys WILSON	SO Michigan State	25.48	+0.9	
65 Nina LAVELLE	SO Richmond	25.55	-0.5	SB
66 Katie BURNS	SO Milwaukee	25.68	-2.5	PB
67 Taylor JOHNSON	SO Delaware	25.74	-2.5	SB
68 Rosalynd HOLLINGSWORTH	SR East Carolina	25.75	+1.0	
69 Kailynn TYSON	FR George Mason	25.77	-0.5	
70 Stephanie DUNDAS	FR George Mason	25.80	+0.9	
71 Madison MURRY	JR Youngstown St.	25.81	-0.9	
72 Sara TABIBIAN	SO Colgate	25.82	-2.5	
73 Kailie BORQUE	FR Norfolk State	25.91	-2.5	PB
74 Amara ONYEUKWU	JR Columbia	25.94	-0.9	SB
75 Ka'niya MCGOWAN	SR Wheeling	25.95	+2.3	
76 Ashley KISOR	SO Bowling Green	26.00	+1.5	PB
77 Jenna BOUYER	SR Hampton	26.01	-2.2	
78 Jer'Lisah PRIDGEN	Unattached	26.02	-0.5	
79 Shae DOUGLAS	SR Notre Dame	26.02	-2.2	
80 Jacquelyn ROLLE	FR Delaware	26.05	-0.5	
81 Abby BRENNAN	FR Butler	26.10	-2.5	
82 Bri HAY	FR Baldwin Wallace	26.11	+2.3	
83 Alyssa WILLIS	SR Duquesne	26.24	-2.2	
84 DeNiya GRAVELY	SR Unattached	26.31	-0.9	
85 Kaleigh HUDSON	SO UNCW	26.41	-0.5	
86 Rhiea GORDON	SO Ohio	26.55	+1.5	PB
87 Naimah SLAUGHTER	JR Bellarmine	26.57	-2.5	
88 Jordyn BAXTER	FR Ohio	26.58	+1.5	PB
89 Kailyn ALEXANDER	SR Hampton	26.66	-0.5	
90 Kirsten MCKENNA	JR Col. of Charleston	26.71	+1.5	PB
91 Emily CURTICE	SR Tiffin	26.72	+1.5	
92 Juliana FERRARA	FR Valparaiso	26.76	+0.9	

93 Ajah CANTY	FR N. Carolina A&T	26.79	+0.9	
94 Lanyjah GUNTER	FR St. Augustine's	26.96	+0.9	
95 Paris GOSHA-FOREMAN	SO Ohio	26.97	+1.5	PB
96 Charleyanse HOWARD	JR St. Augustine's	27.04	+1.1	PB
97 Cassidy VOGT	SR Tiffin	27.35	-0.5	PB
DNS Calandra HENRY	SR East Carolina	DNS		
DNS Victoria HENRY	FR Delaware	DNS		
DNS Sydni MCMILLAN	FR East Carolina	DNS		
DNF Tania ALFARO	FR Goldey-Beacom	DNF		
DNS Lucheyona WEAVER	JR N. Carolina A&T	DNS		

**WOMEN 400 M**

1 Jada GRIFFIN	Tracksmith	52.80		
2 Lauren TOLBERT	SO Duke	52.82		SB
3 Julia JACKSON	SO Duke	53.33		
4 Megan MCGINNIS	JR Duke	54.45		
5 Halima SCOTT	SR Delaware	55.43		
6 Mackenzie TOWNSEND	SR UNCW	55.87		PB
7 Jordyn BORSCH	FR Notre Dame	55.94		
8 Kaira BROWN	SR Georgetown	56.06		
9 Ariel FLETCHER	FR Virginia	56.20		PB
10 Delea MARTINS	FR North Carolina	56.21		
11 Jayani SANTOS	FR UMass Lowell	56.27		
12 Elizabeth ANDERSON	FR Michigan State	56.29		
13 Leanna LEWIS	FR Norfolk State	56.39		
14 Fajr KELLY	JR N. Carolina A&T	56.45		
15 Maya DRAYTON	SR Georgetown	56.47		
16 Samantha WALLENSTROM	SO Duke	56.63		PB
17 Sydney GOLDSON	JR Columbia	56.69		
18 Bridget LALONDE	SR Notre Dame	56.73		
19 Asheika SMITH	FR St. Augustine's	56.79		
20 Gabby JOHNSON	FR Wake Forest	56.83		
21 Lorelei BANGIT	FR American	56.84		
22 Shae HARBAUGH	JR Michigan State	56.91		
23 Meredith SIMS	JR Duke	57.05		
24 Chloe FREILINGER	JR Bellarmine	57.05		
25 Sierra SMITH	FR App State	57.05		
26 Jillian FENERY	SO Providence	57.06		
27 Kaitlynn BAILEY	SR Col. of Charleston	57.13		PB
28 Olivia COSBY	FR Wingate	57.18		
29 Ginny BERINGER	JR Richmond	57.19		
30 Kimmi WOODS	SR Columbia	57.21		
31 Isabella MASTRIA	FR Frostburg State	57.26		PB
32 Armani HARRIS	JR Norfolk State	57.28		
33 Jocelyn JOHNSON	SO North Carolina	57.29		
34 Marina MILLER	JR MIT	57.29		
35 Elke VAN DER WESTHUIZEN	JR Richmond	57.35		
36 Jenna LOWREY	SO Brown	57.36		PB
37 Amy ALLEN	JR Duquesne	57.49		
38 Grace GUILFORD	FR UNCW	57.52		
39 Sophia HOOD	SR Davidson	57.63		
40 Remy FINN	SO Notre Dame	57.64		
41 Alexys WILSON	SO Michigan State	57.67		
42 Daye TALLEY	SO App State	57.72		PB
43 Piper JONS	SR Elon	57.76		
44 Jasmine SCOTT	SO Frostburg State	57.80		SB
45 Simone KELLY	FR St. Augustine's	57.89		
46 Leah HANDSHOE	SO Milwaukee	57.93		
47 Tamara RAWLES	SO Central Connecticut	57.98		
48 Liana RODRIGUEZ	JR Tiffin	58.00		



**Raleigh Relays**  
*Paul Derr Track and Field Facility*  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

49 Katie BURNS	SO Milwaukee	58.03	PB	11 Charlotte TOMKINSON	JR Duke	2:05.30	
50 Adriana BRATHWAITE	JR Central Connecticut	58.19	PB	12 Emily RICHARDS	Atalanta NYC	2:05.37	
51 Gwyneth GOLDOWSKI	SO North Carolina	58.21		13 Keara SEASHOLTZ	SR Virginia	2:05.75	
52 Ashley KISOR	SO Bowling Green	58.23	PB	14 Maeve O'NEILL	FR Providence	2:05.78	PB
53 Abby COLLIER	JR Baldwin Wallace	58.33		15 Cassandra WILLIAMSON	JR West Virginia	2:05.94	
54 Hannah BURKHART	SR East Tenn. St.	58.37	SB	16 Alex O'NEILL	SR Providence	2:06.04	PB
55 Nina LAVELLE	SO Richmond	58.44	PB	17 Maggie HOCK	JR Virginia	2:06.82	
56 Abia KANTE	FR Cumberlands	58.44		18 Kishay ROWE	FR West Virginia	2:07.31	PB
57 Ella BAKER	FR Ohio	58.49		19 Fajr KELLY	JR N. Carolina A&T	2:07.40	PB
58 Mackenzie BANKS	JR George Mason	58.55	SB	20 Trixie WRAITH	SO Bradley	2:07.53	PB
59 Abigail ALVARADO	JR Lipscomb	58.57		21 Katie OSIKA	SR Michigan State	2:07.55	
60 Jada IRWIN	FR Ohio	58.70	PB	22 Angelina NAPOLEON	FR NC State	2:07.55	
61 Katrina KAMARUTE	SR Notre Dame	58.88		23 Samantha WALLENSTROM	SO Duke	2:07.60	PB
62 Natalie MIAL	SO East Carolina	58.93	PB	24 Erin REIDY	JR Minnesota	2:07.63	
63 Nicole PRAUCHNER	FR Evansville	58.97		25 Ava DUGGAN	SR Northeastern	2:07.65	PB
64 Madison DIETZ	SO Duke	59.01		26 Lily SAUL	SO Rhode Island	2:07.75	PB
65 Danyja ALEJANDRO-ORTIZ	SO Lenoir-Rhyne	59.14		27 Mikenna VANDERHEYDEN	SR West Virginia	2:07.81	
66 Melody HARLOFF	FR Youngstown St.	59.27		28 Lauren FREELAND	SR Michigan State	2:07.91	
67 Olivia DIAS	JR MIT	59.41		29 Rachael WALTERS	Atlanta TC Elite	2:08.14	
68 Elinor SHUTTLEWORTH	FR Ohio	59.43		30 Hannah SEITZINGER	JR Duquesne	2:08.40	
69 Eilen BRENNE	FR Evansville	59.45	PB	31 Zoie DUNDON	FR Minnesota	2:08.52	PB
70 Jorhdyn TARPEH	SO Duke	59.47	PB	32 Shelby WHETSTONE	SR Rutgers	2:08.66	
71 Merasia JOHNSON	FR Delaware State	59.61		33 Chloe HASSMAN	JR Penn	2:08.67	PB
72 candace MCGOWA	SR N. Carolina A&T	59.68	PB	34 Alahna SABBAKHAN	SR Virginia	2:08.80	
73 Tanisha PATIL	FR Brown	59.69		35 Julia FENERTY	SR Duke	2:08.98	
74 Kirsten MCKENNA	JR Col. of Charleston	59.72		36 Iris DOWNES	FR Duke	2:09.00	
75 Kortney BROWN	SO Delaware State	1:00.13		37 Brooke JAWORSKI	SR Minnesota	2:09.13	
76 Cache MILLER	SO St. Augustine's	1:00.26		38 Ines MACADAM	JR Tiffin	2:09.52	PB
77 Nyah GORE	SR East Carolina	1:00.34		39 Nicole DUNBURY	JR Northeastern	2:09.53	PB
78 Reagan KELLY	SR Butler	1:00.36	SB	40 Michka-Mae HYDE	SR George Mason	2:09.57	
79 Madison MORAJA	Unattached	1:00.52		41 Anna CORCORAN	SO Duke	2:09.60	
80 Jenna BARNES	Unattached	1:00.67		42 Taryn CHAPKO	JR Grand Valley St.	2:09.61	
81 Ericka CHARLES	SR G.W. Express	1:00.81		43 Annie JACKSON	JR Dartmouth	2:09.97	PB
82 Alexis LAY	SR Wake Forest	1:00.83	PB	44 Klaudia O'MALLEY	JR Grand Valley St.	2:09.99	PB
83 Abby HEATH	SR Wingate	1:01.19		45 Shae HARBAUGH	JR Michigan State	2:10.02	
84 Ajah CANTY	FR N. Carolina A&T	1:01.71	PB	46 Taylor STONE	JR Flagler	2:10.10	
85 Victoria VIDOLOVA	FR Georgetown	1:02.03		47 Anya HIRSCHFELD	SR Georgetown	2:10.14	
86 Tahja PEOPLES	SR Hampton	1:02.11		48 Abigail HANCOCK	JR Bradley	2:10.26	
87 Arriah GILMER	FR Hampton	1:02.34		49 Elena LIANO	FR Tulane	2:10.33	
88 Asiah WIKE	FR Norfolk State	1:02.55		50 Lauren JOHNSTON	SR Charlotte	2:10.47	PB
89 Justyce MURPHY	SO St. Augustine's	1:02.71		50 Kylee MASTIN	SR Marshall	2:10.47	
90 Emani THOMPSON	SO Norfolk State	1:02.73		52 Anya TURNER	SR Central Michigan	2:10.50	PB
91 Kyra DURHAM	FR NC State	1:02.89		53 Gabrielle WILKINSON	Atlanta TC Elite	2:10.61	
92 Taymar SMITH	SO St. Augustine's	1:02.91	PB	54 Naomi CLARKE	SO VCU	2:10.75	PB
DNF Amara ONYEUKWU	JR Columbia	DNF		55 Anna TWOMEY	JR Elon	2:10.76	PB
DNF Nasiah FERGUSON	JR UNCW	DNF		56 Morgan LYONS	JR Richmond	2:10.85	PB
DNS Jahmei WYATT	JR Norfolk State	DNS		57 Andie MURRAY	SO Dartmouth	2:10.93	PB
DNF Rebecca CORNETT	FR App State	DNF		58 Caroline DONOHOE	SO Richmond	2:10.96	PB
<b>WOMEN 800 M</b>				59 Halle ATKINSON	SR Providence	2:11.05	
1 Yolanda NGARAMBE	4 Atlanta TC Elite	2:02.54		60 Carolin FUEHREN	JR Lenoir-Rhyne	2:11.06	
2 Julia NIELSEN	JR Bradley	2:02.65	PB	61 Julia HOWARTH	JR MIT	2:11.08	PB
3 Helen SCHLACHTENHAUFEN	Nike	2:02.92		62 Lucy MCLEAN	JR New England Elite	2:11.11	
4 Heather MACLEAN	New Balance	2:03.15		63 Anelise EGGE	SO Milwaukee	2:11.18	PB
5 Lauren TOLBERT	SO Duke	2:03.17	PB	64 Leanna LEWIS	FR Norfolk State	2:11.21	PB
6 Kiara CARTER	SR Lipscomb	2:03.42	PB	65 Abby JACKSON	SO Oakland	2:11.22	PB
6 Bronwyn PATTERSON	JR Penn	2:03.42	PB	66 Nikki FRAIL	JR High Point	2:11.29	SB
8 Katherine MITCHELL	New Balance Bosto	2:03.61		67 Nicole PRAUCHNER	FR Evansville	2:11.35	
9 Presley WEEMS	Atlanta TC Elite	2:04.56		68 Ericka BIGHAM	JR Central Michigan	2:11.39	
10 Hannah SEGRAVE	Atlanta TC Elite	2:05.00		69 DeAnna MARTIN	SR Georgetown	2:11.47	
				70 Addison OLLENDICK-SMITH	SO App State	2:11.55	PB



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

71 Elizabeth ORR	JR Penn	2:11.55	SB	131 Abby FOSTVEIT	SR Butler	2:15.25	
72 Tabatha WALFORD	SR Eastern Michigan	2:11.77	PB	132 Sarah-Ann MILLER	FR East Carolina	2:15.26	
73 Kate PUTMAN	FR NC State	2:11.88		133 Jayla JONES	SR N. Carolina A&T	2:15.31	SB
74 Ginny BERINGER	JR Richmond	2:12.02	PB	133 Lily SCHLOSSBERG	JR East Carolina	2:15.31	
75 Kiera HALL	FR Providence	2:12.04		135 Kalina URBANIAK	FR Evansville	2:15.31	
76 Hannah BURKHART	SR East Tenn. St.	2:12.19	PB	136 Nayla MARTIN	FR Evansville	2:15.51	
77 Maria MITCHELL	SO Grand Valley St.	2:12.22		137 Evie BROOKS	FR Wingate	2:15.56	
78 Sarah PETERSEN	SR Northeastern	2:12.22	PB	138 Ericka CHARLES	SR G.W. Express	2:15.70	
79 Scarlet STIMSON	FR Brown	2:12.30		139 Arianna SAKOUTIS	SR Elon	2:15.73	
80 Stephanie KRISS	SR Brown	2:12.31		140 Astoria BECKETT	SR Marshall	2:15.83	
81 Karsyn SPEARS	SO Kent State	2:12.34		141 Natalie NEWCOMBE	JR Central Michigan	2:15.91	
82 Alexa FORTMAN	FR Belmont	2:12.37		142 Cookie BAUGH	FR Michigan State	2:15.99	
83 Taylor EWERT	JR Michigan State	2:12.51		143 Hannah WYLER	SO Marshall	2:16.01	
84 Eilen BRENNE	FR Evansville	2:12.52		144 Reagan O'QUINN	SO Charlotte	2:16.01	SB
85 Vassi KLOCK	SO Buffalo	2:12.60	PB	145 Meg RAPLEY	SR Wingate	2:16.11	
86 Hanna O'CONNOR	SR Rhode Island	2:12.66	PB	146 Sydney NESBITT	SR Grand Valley St.	2:16.25	
87 Mary DELANEY	FR West Virginia	2:12.86		147 Karena DUFFEY	SR Oakland	2:16.62	PB
88 Camille JORDAN	FR Penn	2:12.96		148 Bella PIETRASIEWICZ	JR Dartmouth	2:16.68	
89 Jahmei WYATT	JR Norfolk State	2:13.01	PB	149 Madison MANDELKE	SR Kent State	2:16.81	
90 Reese POWERS	SO Michigan State	2:13.03		150 Camille HERRING	SR N. Carolina A&T	2:16.83	
91 Nia WARREN	SO VCU	2:13.11	PB	151 Laila JACKSON	SO N.C. Central	2:16.85	
92 Chloe MUSTA	JR Eastern Michigan	2:13.15		152 Laura GIUDICE	JR Wake Forest	2:16.92	
93 Anne AKAGI	SR Charleston Souther	2:13.21		153 Taylor SPENCER	FR Marshall	2:17.24	
94 Lena STOLLA	FR Bradley	2:13.25		154 Izzy BLAYLOCK	JR Richmond	2:17.44	SB
95 Sophie EMIN	FR Eastern Michigan	2:13.35	PB	155 Nichole HARRIS	JR Mercer	2:17.55	SB
96 Sydney LIDDLE	JR Lipscomb	2:13.39	SB	156 Emily BRYCE	SO West Virginia	2:17.57	
97 Dylan MILLER	JR Richmond	2:13.40	PB	157 Maya DORER	JR Villanova	2:17.63	
98 Chloe FREILINGER	JR Bellarmine	2:13.59	PB	158 Camille EGBULA	JR Howard	2:17.64	
99 Sierra DINNEEN	JR Georgetown	2:13.60		159 Emily ALPS	SR Elon	2:17.89	
100 Addison PIGNETTI	JR North Carolina	2:13.62		160 Reese RAGLAND	SO Tulane	2:18.08	
101 Elise O'LEARY	SR UMass Amherst	2:13.69		161 Kara GRANT	SR Norfolk State	2:18.25	
102 Caelen O'LEARY	FR Villanova	2:13.70		162 Abigail ALVARADO	JR Lipscomb	2:18.44	
103 Amy PRUGH	SR Xavier (OH)	2:13.73		163 Cameron CLEVELAND	SR Grand Valley St.	2:18.74	
104 Olivia WILSON	SR Duquesne	2:13.76	PB	164 Jessie GIBBINS	FR Central Michigan	2:19.19	
105 Freya BUGLASS	FR Charleston Souther	2:13.81		165 Sophie BESETT	SO Ohio	2:19.82	PB
106 Kaitlyn HYNES	SO Michigan State	2:13.81		166 Hope MURPHY	JR Baldwin Wallace	2:19.86	
107 Sara DOUGHMAN	SO Ohio	2:13.88	PB	167 Bella GODOY	FR Davidson	2:20.48	
108 Nadia POTGIETER	FR Bradley	2:13.91		168 Victoria VIDOLOVA	FR Georgetown	2:20.85	
109 Phoebe WHITE	JR Penn	2:13.95	PB	169 Sophia NEWSOME	FR Marshall	2:22.45	
110 Adit DAU	FR Michigan State	2:13.95		170 Alyssa MASON	SO Ohio	2:22.99	
111 Sarah PETITJEAN	SO Elon	2:14.22	PB	171 Kamillah MONROQUE	SR Goldey-Beacom	2:23.12	PB
112 Kadence DUMAS	FR Delaware	2:14.28		172 Rachel THOMAS	JR UMass Lowell	2:26.85	
113 Ania CAMPBELL	SR N. Carolina A&T	2:14.28	PB	DNS Katerina SHUBLE	SR Bowling Green	DNS	
114 Tanisha PATIL	FR Brown	2:14.37		DNF Alison HODGSON	JR Elon	DNF	
115 Jordyn MILLER	SO Howard	2:14.42	PB	DNF Katie HAMILTON	JR Duke	DNF	
116 Johanna KLEINER	JR Buffalo	2:14.55	PB	DNF Emily ROBINSON	JR Villanova	DNF	
117 Anna SCHADEL	FR Tulane	2:14.55		DNS Polly BOGDAN	FR Providence	DNS	
118 Andie HARDING	SO Col. of Charleston	2:14.65		DNS Mikayla MOXLEY	SO High Point	DNS	
119 Anna JONES	JR Kent State	2:14.70		DNS Serenity BRAZELL	FR N. Carolina A&T	DNS	
120 Allie WARDLE	FR Charlotte	2:14.74		DNS Ellen-Mary KEARNEY	SO Milligan	DNS	
121 Alicia BELANY	JR St. Thomas (MN)	2:14.79	PB	DNS Olive ALLEN	SR High Point	DNS	
122 Lauren LEATH	FR Delaware	2:14.90		DNS Jocelyn MILLICAN	FR Davidson	DNS	
123 Barrett JUSTEMA	FR Georgetown	2:14.91		DNS Raina ANDREWS	JR Catawba	DNS	
124 Meg LANCE	SO East Tenn. St.	2:15.02	PB	DNS Carolin MELLIN	JR Colgate	DNS	
125 Karoline DALAND	SR Charlotte	2:15.03	PB	DNS Sofia CONDRON	SO Rutgers	DNS	
126 Natalia MARTIN	FR Charlotte	2:15.08		DNS Brianna MALONE	FR High Point	DNS	
127 Nubia PEREIRA	SO UMass Lowell	2:15.08	PB	DNS Abbe GOLDSTEIN	Under Armour	DNS	
128 Hannah FISHER	SO Oakland	2:15.11	PB	DNF Olivia BAKER	Atlanta TC Elite	DNF	
129 Rebekah HOWARD	JR East Tenn. St.	2:15.23					
130 Tilly O'CONNOR	FR Villanova	2:15.24	PB				

**WOMEN 1500 M**



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

1 Shannon FLOCKHART	JR	Providence	4:08.84	FR	61 Natalie CIZMAS	SR	Unattached	4:27.95	
2 Kimberley MAY	JR	Providence	4:09.22	PB	62 Mikenna VANDERHEYDEN	SR	West Virginia	4:28.06	
3 Dorcus EWOI		Puma	4:11.76		63 Hannah LONG		Unattached	4:28.91	
4 Helen SCHLACHTENHAUFEN		Nike	4:12.11		64 Tessa HUNT	SR	Providence	4:29.01	
5 Esther SEELAND	SR	Virginia	4:12.64		65 Christine MANCINI	SR	La Salle	4:29.09	
6 Anna WORKMAN	SR	Virginia	4:12.73	PB	66 Makayla PAIGE	SO	North Carolina	4:29.33	
7 Heather MACLEAN		New Balance	4:14.20		67 Kyra HOLLAND	JR	William & Mary	4:29.84	PB
8 Teagan SCHEIN-BECKER	SR	Rider	4:15.77		68 Chloe HASSMAN	JR	Penn	4:29.98	PB
9 Alexandra CARLSON	JR	Rutgers	4:16.31	PB	69 Kylee CUBBISON	SO	Bowling Green	4:29.99	
10 Julia NIELSEN	JR	Bradley	4:16.96	PB	70 Calli DOAN	SR	Liberty	4:30.05	
11 Katherine MITCHELL		New Balance Bosto	4:17.22		71 Maria CANO	SR	Eastern Kentucky	4:30.40	
12 Abbey COOPER		New Balance	4:18.35		72 Abby KLEBE	SO	Lehigh	4:30.81	PB
13 Kiara CARTER	SR	Lipscomb	4:18.72		73 Alex BAUER	JR	Toledo	4:31.01	
14 Samantha BUSH	SR	NC State	4:18.88		74 Bahiya EL ARFAOUI	FR	Eastern Kentucky	4:31.06	
15 Amaris TYNISMMAA	SR	NC State	4:19.17		75 Kate PUTMAN	JR	NC State	4:31.12	
16 Olivia BAKER		Atlanta TC Elite	4:19.51		76 Sarah TAIT	FR	West Virginia	4:31.19	
17 Elizabeth STOCKMAN	JR	Richmond	4:19.59	PB	77 Bella PIETRASIEWICZ	JR	Dartmouth	4:31.32	
18 Nicole VANASSE	SR	Columbia	4:19.68		78 Taylor EWERT	JR	Michigan State	4:31.33	
19 Stefanie PARSONS		Unattached	4:19.86		79 Zoe SHETTY	SR	Penn	4:31.48	PB
20 Emily RICHARDS		Atlanta NYC	4:20.11		80 Sophia RYAN	SR	Binghamton	4:31.55	
21 Ava DUGGAN	SR	Northeastern	4:20.30	PB	81 Gia NAPOLEON	SR	Ohio State	4:31.61	
22 Katie OSIKA	SR	Michigan State	4:20.37		82 Marie HOSTETLER		Unattached	4:31.82	
23 Trixie WRAITH	SO	Bradley	4:21.01	PB	83 Stella KERMES		Carolina Cavaliers	4:31.88	
24 Sadi HENDERSON		Atlanta TC Elite	4:21.10		84 Katie HAMILTON	JR	Duke	4:31.91	
25 Aniya MOSLEY	SO	Ohio State	4:21.11	PB	85 Emily BRYCE	SO	West Virginia	4:32.07	
26 Tatum DAVID	FR	Virginia	4:21.12		86 Marianne MIHAS	JR	Harvard	4:32.09	
27 Abbe GOLDSTEIN		Under Armour	4:21.25		87 Jill WALKER	SO	New Hampshire	4:32.15	
28 Paige MARCHANT	FR	Eastern Michigan	4:21.56		88 Ellaney MATARESE	JR	Harvard	4:32.19	
29 Erin REIDY	JR	Minnesota	4:21.57	PB	89 Rory CLARE	SO	Columbia	4:32.53	
30 Charlotte TOMKINSON	JR	Duke	4:21.78	PB	90 Katie DORSEY	SO	Virginia	4:32.55	
31 Lauren FREELAND	SR	Michigan State	4:21.81		91 Phoebe WHITE	JR	Penn	4:32.65	PB
32 Klaudia O'MALLEY	JR	Grand Valley St.	4:22.39		92 Ines MACADAM	JR	Tiffin	4:32.98	PB
33 Sammy MCCLINTOK		McKirdy	4:22.63		93 Barrett JUSTEMA	FR	Georgetown	4:33.14	
34 Claire SIEVERN	SR	Notre Dame	4:22.66	PB	94 Olivia BUFALINI		Unattached	4:33.46	
35 Sam NADEL		Unattached	4:23.03		95 Brooke STROMSLAND	JR	Belmont	4:33.63	PB
36 Adeline HAISCH	JR	Samford	4:23.37		96 Anne AKAGI	SR	Charleston Souther	4:33.74	PB
37 Maggie HOCK	JR	Virginia	4:23.62	PB	97 Sophie MAGSON	SO	Radford	4:33.75	
38 Abigail HANCOCK	JR	Bradley	4:23.76		98 Carina NAPOLEON	JR	Ohio State	4:33.93	
39 Megan MARVIN	JR	Furman	4:23.94		99 Nina OUELLETTE	SO	Georgia	4:34.13	PB
40 Bronwyn PATTERSON	JR	Penn	4:24.26	PB	100 Karoline DALAND	SR	Charlotte	4:34.18	
41 Lou TROIS	SR	Toledo	4:24.39		101 Katie POU	JR	Penn	4:34.25	PB
42 Krystal CLARK	SR	Toledo	4:24.77	PB	102 Kaitlyn HYNES	SO	Michigan State	4:34.28	
43 Gretchen FARLEY	FR	Notre Dame	4:25.03		103 Lucy AFANASEWICZ	SO	Lehigh	4:34.41	
44 Charlotte AUGENSTEIN	SR	Georgia	4:25.10		104 Kate MCANDREW	SR	Notre Dame	4:34.44	
45 Kylee MASTIN	SR	Marshall	4:25.43		105 Lily SAUL	SO	Rhode Island	4:34.44	PB
46 Anna TWOMEY	JR	Elon	4:25.52		106 Tilly O'CONNOR	FR	Villanova	4:34.45	
47 Nadia POTGIETER	FR	Bradley	4:25.72		107 Adrienne BUETTNER-CABLE	FR	Boston University	4:34.53	
48 Camryn WENNERSTEN	FR	Furman	4:25.72	SB	108 Anouk VAN GILS	SR	Eastern Kentucky	4:34.66	
49 Carolyn BARKSDALE	JR	Tennessee	4:25.85	PB	109 Maria MITCHELL	SO	Grand Valley St.	4:34.76	
50 Sydney LITTLE LIGHT	SR	Eastern Kentucky	4:26.42		110 Addison PIGNETTI	JR	North Carolina	4:34.81	PB
51 Julia FENERTY	SR	Duke	4:26.59		111 Anelise EGGE	SO	Milwaukee	4:34.82	
52 Hannah STEELMAN		On	4:26.65		112 Allie MARTIN	FR	Ohio	4:35.07	
53 Madison TRIPPETT	SR	Richmond	4:26.70		113 Katie KELLER	SR	Samford	4:35.10	PB
54 Iris DOWNES	FR	Duke	4:26.87		114 Rhys AMMON	FR	App State	4:35.25	PB
55 Dani ARAGON		Puma	4:26.87		115 Anna VESS		Very Nice TC	4:35.35	
56 Emily ROBINSON	JR	Villanova	4:26.89	PB	116 Karsyn SPEARS	SO	Kent State	4:35.44	PB
57 Justine PREISANO		Carolina Cavaliers	4:27.35		117 Annalise JAMES	SR	Western Michigan	4:35.46	PB
58 Cara LAVERTY	FR	Providence	4:27.37		118 Rhian PURVES	SR	Col. of Charleston	4:35.52	
59 Taylor STONE	JR	Flagler	4:27.55		119 Andie MURRAY	SO	Dartmouth	4:35.79	PB
60 Taryn CHAPKO	JR	Grand Valley St.	4:27.59		120 Allie WARDLE	FR	Charlotte	4:35.85	



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

121 Sara DOUGHMAN	SO Ohio	4:35.88	PB
122 Quinn SMITH	FR Elon	4:36.09	
123 Aimee HAYDE	SO Notre Dame	4:36.12	PB
124 Palmer WALSTAD	FR Wake Forest	4:36.14	
125 Hanna O'CONNOR	SR Rhode Island	4:36.17	PB
126 Reagan FLANNERY	SR Pittsburgh	4:36.32	
127 Molly GRANT	JR Notre Dame	4:36.51	
128 Tabatha WALFORD	SR Eastern Michigan	4:36.52	
129 Leah CLEAR	FR Delaware	4:36.57	PB
130 Kalina URBANIAK	FR Evansville	4:36.57	PB
131 Allison CHIMIELEWSKI	FR Michigan State	4:36.77	
132 Regan DOODY	SR New Hampshire	4:36.91	
133 Nayla MARTIN	FR Evansville	4:37.01	PB
134 Karina JAMES	SO Toledo	4:37.23	
135 Mary DELANEY	FR West Virginia	4:37.23	
136 Malin RAHM	FR Connecticut	4:37.24	
137 Stephanie KRISS	SR Brown	4:37.25	
138 Grace HANRATTY	SR Clemson	4:37.26	
139 Christina YAKABOSKI	SR Lehigh	4:37.31	
140 Claire HOFFMAN	JR Pittsburgh	4:37.54	PB
141 Freya BUGLASS	FR Charleston Souther	4:37.57	
142 Savannah STOUTT	FR Col. of Charleston	4:37.79	
143 Katrina SCHLENKER	SO Liberty	4:37.94	PB
144 Bethany GRAHAM	JR Furman	4:37.96	
145 Gwen STARE	SO Cincinnati	4:38.14	
146 Jenna NEWMAN	SR Charlotte	4:38.23	
147 Harper MCGOWAN	SR Samford	4:38.52	
148 Natalia MARTIN	FR Charlotte	4:38.56	
149 Scarlet STIMSON	FR Brown	4:38.58	
150 Alex COSTANTINO	JR UMass Amherst	4:38.99	
151 Lucy MCLEAN	JR New England Elite	4:39.09	
152 McKenzie DILLMAN	SO George Mason	4:39.10	
153 Ryann AYCOCK	FR Liberty	4:39.15	PB
154 Natalie NEWCOMBE	JR Central Michigan	4:39.27	PB
155 Cate DESOUSA	FR Virginia	4:39.33	
156 Abigail BEVILLE	FR Elon	4:39.54	
157 Fabianna SZORENYI	JR Penn	4:39.68	
158 Lily O'DONOGHUE-MCDONALD	FR Harvard	4:39.74	
159 Brianna MALONE	FR High Point	4:39.81	
160 Olivia FRAGA	FR Brown	4:39.89	
161 Paige GRANT	JR Notre Dame	4:40.01	
162 Lena STOLLA	FR Bradley	4:40.26	
163 Jodie PIERCE	Unattached	4:40.38	
164 Julia BELL	SO Elon	4:40.43	PB
165 Nikki FRAIL	JR High Point	4:40.55	
166 Sydney LIDDLE	JR Lipscomb	4:40.96	
167 Alyssa MASON	SO Ohio	4:41.33	
168 Sira BO	SO Wingate	4:41.36	PB
169 Evie BROOKS	FR Wingate	4:41.37	
170 Clair GARRETT	SO Furman	4:41.42	PB
171 Hannah WYLER	SO Marshall	4:41.71	
172 Alyssa PREISANO	FR Wake Forest	4:41.73	
173 Anna ROVIROSA	FR Florida Atlantic	4:41.98	
174 Sammy SEABURY	SO Boston University	4:42.32	PB
175 Ava LANE	SO Pittsburgh	4:42.65	
176 Meg RAPLEY	SR Wingate	4:42.74	
177 Brooke DIXON	SR Tennessee	4:42.79	
178 Katerina SHUBLE	SR Bowling Green	4:43.14	
179 Grace WASSELL	FR Wake Forest	4:43.43	
180 Brooklyn PIERCE	JR Wingate	4:43.47	PB

181 Irene RUBIO-MIRALLES	SO Eastern Kentucky	4:43.92	
182 Lily SCHLOSSBERG	JR East Carolina	4:43.97	
183 Callie HARPER	JR Furman	4:44.24	PB
184 Lily OVERTON	FR Iona	4:44.49	
185 Alexandra STOUT	SR Georgetown	4:44.72	
186 Camille JORDAN	FR Penn	4:44.89	
187 Anna JONES	JR Kent State	4:44.94	
188 Emma JAMES	JR Charleston Souther	4:44.97	
189 Macy TURCOTTE	JR Tulane	4:45.33	SB
190 Emily YOUNG	SR Quinnipiac	4:45.39	
191 Dylan MILLER	JR Richmond	4:46.53	
192 Jaylee WINGATE	FR Tennessee	4:48.43	
193 Beatriz FERNANDES	FR Syracuse	4:49.18	
194 Reese RAGLAND	SO Tulane	4:51.36	
195 Olive ALLEN	SR High Point	4:53.68	
196 Mikayla MOXLEY	SO High Point	4:54.54	
197 Anna TORRAS	JR Wingate	4:55.67	
DNF Hannah FISHER	SO Oakland	DNF	
DNS Natalie WEINER	SR Wake Forest	DNS	
DNS Maddie WHEATCROFT	SO Chattanooga	DNS	
DNS Allie ARNSMAN	FR Grand Valley St.	DNS	
DNS Alex STASICHIN	JR Villanova	DNS	
DNS Aili CRYTSEY	FR Georgetown	DNS	
DNS Keara SEASHOLTZ	SR Virginia	DNS	
DNS Carolin MELLIN	JR Colgate	DNS	
DNF Anna CORCORAN	SO Duke	DNF	
DNS Madison RELYEA	JR Connecticut	DNS	
DNS Sofia CONDRON	SO Rutgers	DNS	
DNS Sarah MITCHELL	SO George Washington	DNS	
DNF Ellen-Mary KEARNEY	SO Milligan	DNF	
DNS Caroline CUMMINGS	FR Georgetown	DNS	
DNS Leandra LORENZ	SR Elon	DNS	
DNS Taylor KREITINGER	SR Minnesota	DNS	
DNS Nevada MARENO	SR NC State	DNS	
DNS Danna DIAZ	JR Tulane	DNS	
DNF Brooke RAUBER	SO NC State	DNF	
DNS Brynn BROWN	JR North Carolina	DNS	
DNF Gabrielle WILKINSON	Atlanta TC Elite	DNF	
DNF Angel PICCIRILLO	Puma	DNF	

**WOMEN 5000 M**

1 Margot APPLETON	JR Virginia	15:18.21	FR
2 Chloe THOMAS	JR Connecticut	15:35.83	PB
3 Amina MAATOUG	JR Duke	15:37.38	PB
4 Siona CHISHOLM	JR Notre Dame	15:37.74	PB
5 Abigail HASSMAN	SR Northeastern	15:41.40	PB
6 Florence CARON	SO Penn State	15:42.61	
7 Cleo BOYD	Unattached	15:44.14	
8 Ava EARL	JR Northwestern	15:46.51	PB
9 Ellie LEATHER	UA Mission Run Ba	15:51.15	
10 Agnes MCTIGHE	SO Florida State	15:51.91	PB
11 Samantha BUSH	SR NC State	15:54.99	
12 Kileigh KANE	SR Penn State	15:58.52	PB
13 Leah STEPHENS	FR NC State	15:58.52	
14 Hannah GAPES	SO NC State	15:58.69	PB
15 Lydia OLIVERE	UA Mission Run Ba	16:01.47	
16 Mercy KINYANJUI	FR Toledo	16:01.68	
17 Natalie GRABER	JR Grand Valley St.	16:02.45	PB
18 Lauren JOHNSTON	SR Charlotte	16:02.59	PB
19 Sierra BOWER	JR Furman	16:03.89	PB



**Raleigh Relays**  
**Paul Derr Track and Field Facility**  
**Raleigh, NC - North Carolina State University**  
**March 28-30, 2024**



**Results**

20 Julia ROSENBERG	JR Vanderbilt	16:04.24		80 Briley BICKERSTAFF	SO NC State	16:48.37	
21 Kayla GHOLAR	JR Tennessee	16:05.28		81 Brigid HANLEY	SR Emory	16:48.84	
22 Vera SJOBERG	SO Boston University	16:05.44		82 Elsa RUSTHOVEN	JR Butler	16:49.19	PB
23 Taryn PARKS	Unattached	16:06.62		83 Charli MONTALVO	SO High Point	16:50.22	PB
24 Jette BEERMANN	JR Elon	16:07.11	PB	84 Isa MEYERS	SR Northeastern	16:50.43	
25 Silvia JELELGO	FR Clemson	16:07.70		85 Camy KISER	SO Pittsburgh	16:50.73	
26 Mackenzie BARNETT	JR Lipscomb	16:08.26	PB	86 Beth COOK	SO Queens (NC)	16:50.91	PB
27 Mary BRADY	SO Georgia Tech	16:09.26	PB	87 Madison KLEIN	Unattached	16:51.07	
28 Grace WEIGELE	JR Stony Brook	16:10.07	PB	88 Olivia JOLY	JR Syracuse	16:51.38	PB
29 Mariah WEHRLE	JR Indiana	16:12.79	PB	89 Molly DESOTELL	JR St. Thomas (MN)	16:52.57	PB
30 Emma MCGILL	SO Villanova	16:14.15	PB	90 Lilly ZELASKO	FR Western Michigan	16:52.66	
31 Abby CARTER	SR Dayton	16:15.45	PB	91 Allie ARNSMAN	FR Grand Valley St.	16:52.83	
32 Holly SMITH	JR Iona	16:16.98	PB	92 Anya TURNER	SR Central Michigan	16:53.15	PB
33 Purity SANGA	SR Mid. Tenn. State	16:19.68		93 Lianna SURTZ	SO Toledo	16:54.65	PB
34 Madeline VINING	SR Toledo	16:20.16	PB	94 Nadia PHILLIPS	FR Charlotte	16:54.72	
35 Madelynne CADEAU	SR Furman	16:20.56		95 Olivia MORAN	FR Canisius	16:54.96	
36 Abigail ROBERTSON	SR Furman	16:22.62	PB	96 Kiera SNYDER	JR East Tenn. St.	16:55.51	
37 Helena LINDSAY	SR Georgia Tech	16:23.06		97 Kyra PRETRE	JR Yale	16:55.67	
38 Sydney SEYMOUR	SR NC State	16:24.60		98 Maddy WHITMAN	SO Northwestern	16:55.77	PB
39 Rachel SOUKUP	FR Belmont	16:25.03		99 Anna PERRY	SO Bradley	16:55.91	
40 Carly WILKES	SO Furman	16:25.47	PB	100 Jade MARTIN	JR Charlotte	16:55.92	PB
41 Esmé DAVIES	SR Eastern Michigan	16:26.15	PB	101 Charlotte WHITEHURST	SO Yale	16:56.07	
42 Maddie WALKER	SR Cincinnati	16:26.77	PB	102 Akemi VON SCHERR	SR Ohio State	16:57.70	
43 Megan RANDALL	FR Maine	16:29.58		103 Liv DISTEFANO	SR Quinnipiac	16:57.82	
44 Faith DEMARS	JR Penn State	16:30.88		104 Frances WHITWORTH	SR Davidson	16:57.95	
45 Caroline TOWLE	JR Connecticut	16:33.25	PB	105 Sophie ATKINSON	JR Virginia	16:58.27	
46 Gillian BUSHEE	FR Virginia	16:33.41		106 Grace TYSON	FR Indiana	16:58.33	
47 Natalie SHAPIRO	JR Dartmouth	16:33.81	PB	107 Kaitlyn SHEPPARD	SO Bradley	16:58.51	
48 Danna DIAZ	JR Tulane	16:34.18	PB	108 Erin HEGARTY	JR Oakland	16:58.79	PB
49 Marta MORENO	JR Eastern Michigan	16:34.29		109 Mary MUNGA	FR Akron	16:59.36	
50 Kelsi HARRIS	JR Ohio	16:34.52	PB	110 Theresa HAGEY	JR Ohio	16:59.37	
51 Emily LEVONAS	JR Dartmouth	16:35.41	PB	111 Sarah MITCHELL	SO George Washington	17:00.62	PB
52 Kailee PERRY	JR Bowling Green	16:35.68	PB	112 Sarah MAY	JR Grand Valley St.	17:00.67	
53 Judith RECTOR	JR Michigan State	16:36.12		113 Paula VAQUERA	SO Tulane	17:01.67	
54 Eleanor KENDELL	JR Michigan State	16:36.31	PB	114 Jasmine DONOHUE	JR App State	17:01.82	SB
55 Jessie SECOR	FR Tennessee	16:37.45		115 Claire CURTSINGER	SO Cincinnati	17:03.51	PB
56 Lily MYERS	FR Indiana	16:38.22		116 Lydia MILLER	SR Lipscomb	17:03.60	
57 Olivia MILLEN	SO Michigan State	16:38.30		117 Mackenzie HART	SO Wake Forest	17:03.79	
58 Andie-Marie JONES	SO Tennessee	16:38.82	PB	118 Katelyn WINTON	SO Indiana	17:04.00	PB
59 Maggie SPRINGER	SR Elon	16:39.38	SB	119 Grace LITZINGER	JR Belmont	17:04.25	
60 Corinne BARNEY	SR Quinnipiac	16:40.70	PB	120 Claire OVERFELT	SO Indiana	17:04.80	
61 Mikayla JONES	JR Catawba	16:41.11	PB	121 Annelies QUINTON	SO Harvard	17:05.52	PB
62 Morgan HICKS	JR Toledo	16:41.55		122 Tayla GUNTON	FR Iona	17:06.33	
63 Alli BOEHM	JR Wake Forest	16:41.82	PB	123 Sarah MAHNENSMITH	JR Ball State	17:06.48	PB
64 Ellie BREWER	SO Lipscomb	16:41.95		124 Sarah DANIELS	SR Delaware	17:06.72	
65 Kelli WILSON	SR Duke	16:42.16		125 Chloe TRUDEL	FR Connecticut	17:07.22	
66 Jenna SCHULZ	JR NC State	16:42.29		126 Abigail GREEN	SR Georgia Tech	17:08.06	PB
67 Morgan COLE	SR Youngstown St.	16:42.31		127 Isolde MCMANUS	JR Brown	17:08.90	PB
68 Anne BERQUIST	SR Davidson	16:42.57		128 Ellie CATES	Unattached	17:10.15	
69 Sydney NOWICKI	SR Pittsburgh	16:44.55		129 Monique WHITEMAN	SR Flagler	17:10.95	PB
70 Anita ZARO	JR Eastern Michigan	16:44.76		130 Summer SCHUSTER	FR Tennessee	17:12.46	
71 Katherine HESSLER	SR Northwestern	16:45.44	PB	131 Kyra COMPTON	FR Penn	17:12.47	
72 Mary-Kate FINN	SO UMass Lowell	16:46.26	PB	132 Izzy ROEMER	FR Minnesota	17:12.74	
73 Danielle RINN	SR Western Michigan	16:46.37	PB	133 Katie ORCHARD	SR Brown	17:13.07	
74 Jaci SIEVERS	FR Tennessee	16:46.78		134 Lorena DAVID	FR Rutgers	17:14.54	
75 Bella GUILLAMONDEGUI	FR Notre Dame	16:46.83		135 Madelyn DINNEEN	JR Clemson	17:14.57	
76 Elsa BERGMAN	FR Minnesota	16:47.05		136 Ciara THORNLEY	FR Bradley	17:14.63	
77 Aleksandra SZULSKA	FR Buffalo	16:47.40		137 Regina ROSE	SO Bowling Green	17:14.94	PB
78 Emma ATKINSON	JR Minnesota	16:47.58	PB	138 Lily ROGERS	FR Charlotte	17:15.52	
79 Rachel ST. GERMAIN	SO Quinnipiac	16:47.68		139 Laura BAEYENS	JR Penn	17:15.55	PB



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

140 Chloe WALL	FR Michigan State	17:15.81	
141 Pippa NUTTALL	SR Northwestern	17:17.61	
142 Emma JONES	SO Furman	17:17.94	PB
143 Meghan BEUTE	FR Michigan State	17:18.42	
144 Julia Anna LILY BELL	SO Tulane	17:19.29	
145 Hope MURPHY	JR Baldwin Wallace	17:19.43	PB
146 Jelena PRESCOTT	SR Central Michigan	17:19.79	
147 Faith LINGA	JR Toledo	17:19.82	
148 Clara CRAIN	FR Belmont	17:19.92	
149 Kaylee MCCULLOUGH	JR Penn State	17:20.83	PB
150 Megan HIPPLE	FR Akron	17:20.88	
151 Reagan RILEY	FR Notre Dame	17:22.14	
152 Caroline KIRBY	JR Syracuse	17:22.90	
153 Madison ROUSH	SO Clemson	17:25.51	PB
154 Alyssa HAMMOND	FR Clemson	17:26.67	PB
155 Alex COTUGNO	JR Charlotte	17:26.78	PB
156 Katie DALLAS	FR Penn State	17:27.15	
157 Katie HAMFELDT	SO Georgia Tech	17:28.38	PB
158 Alicia NEUMEIER	SR Wright State	17:29.09	PB
159 Claragh KEANE	FR Iona	17:30.64	
160 Sydney PAUL	FR Ohio State	17:31.55	
161 Maddy MALCZEWSKI	JR Belmont	17:31.74	PB
162 Makenna SCOTT	FR Oakland	17:32.19	PB
163 Jules JONES	SR Canisius	17:32.22	
164 Brooke SOPER	SR Western Michigan	17:32.58	PB
165 Edie SMITH	JR Samford	17:35.37	
166 Sinkenesh PARKER	JR Samford	17:35.71	
167 Keerstin AUGUSTIN	JR Charleston Souther	17:35.77	
168 Rylee FERRETTI	FR Rutgers	17:36.13	
169 Ava PANKRATZ	JR St. Thomas (MN)	17:36.22	PB
170 Laila ABOUZAIID	JR Wingate	17:36.72	
171 Caitlin DOMINY	SR Milligan	17:37.79	
172 Ava CRINITI	FR Northwestern	17:38.09	
173 Jessie CONNICK	SR Charlotte	17:38.26	
174 Ashlyn MINTON	JR Butler	17:40.10	
175 Hannah WEBER	FR Elon	17:40.49	PB
176 Una BOYLAN	FR George Washington	17:41.36	
177 Kathryn RODRIGUES	JR Yale	17:43.85	
178 Taylor WHITE	SO Bellarmine	17:44.52	
179 Charlotte CAMPBELL	JR Tiffin	17:49.17	PB
180 Megan CHURCHILL	JR Flagler	17:49.81	
181 Margaret CARROLL	JR Villanova	17:54.12	
182 Kara TERALEDIS	FR Central Michigan	17:54.73	
183 Grace BURRELL	SO Wingate	17:55.16	
184 Tshwanelo MARUPING	SR Mid. Tenn. State	17:56.43	
185 Miana CARABALLO	SO UMass Lowell	17:57.31	
186 Yvone SANDUI	FR Norfolk State	18:01.55	
187 Abigael CHEBET	FR Norfolk State	18:01.82	
188 Grace AURAND	JR Valparaiso	18:03.04	
189 Bonita GRAY	JR East Tenn. St.	18:05.67	
190 Carmela HENNING	SR Cincinnati	18:07.86	
191 Tatjana MENSE	SR Wingate	18:09.98	
192 Sierra OESTERLING	SO Bellarmine	18:17.50	
193 Abigail WEBER	FR Harvard	18:27.60	
194 Danielle ESHELMAN	JR Delaware	18:27.81	
195 Lillie WIDMER	FR Rutgers	19:09.92	
DNF Patrycja MIAZEK	JR Mercer	DNF	
DNS Molly LASHLEY	SO Delaware	DNS	
DNF Molly KILEY	FR Boston University	DNF	
DNF Leigh WALTERS	JR Wake Forest	DNF	

DNF Rebekah HOWARD	JR East Tenn. St.	DNF
DNS Mollie SCOTT	JR Wingate	DNS
DNF Leila BOUSSEDRA	SO Ohio	DNF
DNF Keira MANSURE	SO Rider	DNF
DNF Madeline HEINTZ	JR Syracuse	DNF
DNS Ellie WOLSKI	JR Coastal Carolina	DNS
DNF Nimrit AHUJA	SO Brown	DNF
DNF Emily VINING	JR Toledo	DNF
DNS Odilia JEPCHUMBA	FR Mid. Tenn. State	DNS
DNS Miranda SCHRIVER	SO Penn	DNS
DNS Abby VANDERKOOI	FR Grand Valley St.	DNS
DNS Cali COFFIN	SO Charlotte	DNS
DNS Niamh O'MAHONY	SO Providence	DNS
DNF Anna VESS	Very Nice TC	DNF
DNS Leandra LORENZ	SR Elon	DNS
DNF Faith NYATHI	SO Mid. Tenn. State	DNS
DNF Tristin VAN ORD	ZAP Endurance	DNF
DNS Abby HERRING	SR Marshall	DNS
DNS Katie TAYLOR	SR High Point	DNS
DNF Dorcus EWOI	Puma	DNF
DNF Dani ARAGON	Puma	DNF
DNS Sarah DISANZA	Hansons-Brooks OI	DNS
DNF Ashley JONES	JR Tennessee	DNS
DNF Sydney ADAMS	JR UMass Amherst	DNF
DNF Julia FOOTE	JR East Tenn. St.	DNF
DNS Addy CIECIERSKI	SR Duquesne	DNS

**WOMEN 10000 M**

1 Odilia JEPCHUMBA	FR Mid. Tenn. State	33:16.76	
2 Kylie ANICIC	SR Edinboro	33:25.55	PB
3 Faith NYATHI	SO Mid. Tenn. State	33:27.42	PB
4 Kaitlyn VANDERKOLK	JR Belmont	33:30.69	PB
5 Katie TAYLOR	SR High Point	33:41.37	PB
6 Adelyn FAIRLEY	Unattached	33:43.36	
7 Winnie INCORVAIA	SR Pittsburgh	33:47.53	PB
8 Lauren WHITE	Pacers/GRC New B	33:57.67	
9 Katherine LAWSON	FR James Madison	34:06.21	
10 Grace HADLEY	JR WPI	34:06.68	
11 Arianna DEBOER	SR William & Mary	34:06.98	PB
12 Madison CLAY	SO Catawba	34:07.09	PB
13 Chloe WELLINGS	SR Radford	34:10.32	PB
14 Kate JORTBERG	SO Georgia Tech	34:14.91	
15 Sarah MCCARTNEY	Unattached	34:16.41	
16 Sadie CAREY-THARP	SR Pittsburgh	34:17.74	PB
17 Katy EARWOOD	SR Georgia Tech	34:20.08	PB
18 Grace MOLLOY	SR Michigan State	34:21.00	PB
19 Ericka VANDERLENDE	SR Notre Dame	34:22.40	
20 Camryn MENNINGER	JR Virginia	34:27.63	
21 Alyssa ZACK	SR East Carolina	34:31.89	PB
22 Ali WEIMER	FR Minnesota	34:32.81	
23 Abby VANDERKOOI	FR Grand Valley St.	34:35.35	
24 Aislynn REAGLE	SO Charlotte	34:37.25	
25 Madison SYNOWIEC	JR Elon	34:41.05	PB
26 Elsa CHAN	SO Temple	34:43.45	
27 Katie BLOUNT	SO Elon	34:45.04	PB
28 Msgana ARAYA	SR Tennessee	34:49.87	PB
29 Siobhan O'KEEFE	SR Syracuse	34:50.30	
30 Abby OLSON	SR Butler	34:51.55	PB
31 Madison EBRIGHT	SO Grand Valley St.	34:53.91	PB
32 Julie LAFARE	SO Charleston (WV)	34:55.27	PB





**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

33 Nancy MAIYO	FR Mid. Tenn. State	34:56.90	
34 Kenzie WALLS	SR Georgia Tech	34:57.33	PB
35 Rebecca HARTMAN	SR UMass Amherst	34:58.41	
36 Cali COFFIN	SO Charlotte	34:59.36	PB
37 Brianna BREWSTER	JR Minnesota	35:02.03	PB
38 Anna SENTNER	SR Florida State	35:05.16	
39 Sharon CHEPCHIRCHIR	FR Akron	35:05.70	
40 Grace NOLAN	SR Oakland	35:07.99	PB
41 Mercylaine KIMAIYO	JR Norfolk State	35:10.60	PB
42 Fiona LENTH	JR Northwestern	35:12.02	PB
43 Audrey DESANTIS	FR Ohio State	35:16.77	
44 Sofia IVANKO	SR Eastern Michigan	35:23.57	
45 Charlotte COSTICH	SO Penn State	35:26.98	PB
46 Alina BOSHCHUK	FR Cumberlandands	35:38.40	
47 Abigail LEE	SR Michigan State	35:43.82	PB
48 Cayden CRISMON	SO Col. of Charleston	35:48.82	
49 Caroline WEBB	JR Connecticut	35:49.16	PB
50 Kate COCHRAN	JR NYU	35:49.65	
51 Carly SPLETZER	SO Ball State	35:53.98	
52 Molly SABIA	JR Rhode Island	35:54.68	PB
53 Molly LASHLEY	SO Delaware	35:55.16	
54 Anastasia RUSSELL	JR Penn	36:10.48	
55 Maeve GIMBERT	SR Col. of Charleston	36:13.90	
56 Erin FEGANS	JR Georgia Tech	36:23.80	PB
57 Tori SCHMIDT	SO Indiana	36:25.35	
58 Catherine BREAUULT	JR App State	36:34.96	PB
59 Kate JENKINS	SO Central Michigan	36:40.27	
60 Anna RITTER	JR High Point	36:54.14	
DNF Shelby CHRISTMAN	JR Ball State	DNF	
DNF Isabela ROSS	SO Liberty	DNF	
DNF Emma EVERHART-DECKARC	JR Indiana	DNF	
DNF Katie THRONSON	Tracksmith	DNF	
DNS Lesley GREEN	SR Chattanooga	DNS	
DNS Grace RICHARDSON	SR NYU	DNS	

**WOMEN 10000 M INVITATIONAL**

1 Grace HARTMAN	SO NC State	32:28.89	
2 Andrea MARKEZICH	SR Notre Dame	32:36.16	PB
3 Lily MURPHY	SO Penn	32:40.92	
4 Elena HAYDAY	Pacers/GRC New B	32:41.24	
5 Jenny SCHILLING	SO Virginia	32:44.19	
6 Erin STRZELECKI	JR Notre Dame	32:44.62	PB
7 Sadie SIGFSTEAD	JR Villanova	32:45.56	PB
8 Ella CHESNUT	SO LSU	32:46.56	
9 Amaris TYNISMMAA	SR NC State	32:52.92	
10 Sophia TOTI	JR Penn State	32:57.89	PB
11 Laura MOONEY	JR Providence	33:00.20	PB
12 Gionna QUARZO	JR NC State	33:02.14	PB
13 Abby HERRING	SR Marshall	33:08.07	PB
14 Mariah HOWLETT	SR NC State	33:09.69	PB
15 Maeve STILES	SO Penn	33:11.24	PB
16 Mary Caroline HEINEN	SR Columbia	33:13.09	PB
17 Anna OESER	Battle Road TC	33:14.06	
18 Lilly TUCK	SR Providence	33:18.51	PB
19 Ella GILSON	JR Harvard	33:21.08	PB
20 Molly JONES	JR Coastal Carolina	33:25.80	
21 Daniella SANTOS	JR Ohio State	33:28.94	PB
22 Andrea KUHN	SR Ohio State	33:29.49	PB
23 Colbi BORLAND	SR Lipscomb	33:30.39	PB
24 Emily COVERT	SR Tennessee	33:34.94	

25 Ashley JONES	JR Tennessee	33:34.96	PB
26 Rachel SUTLIFF	JR Tennessee	33:34.97	PB
27 Brooke MORABITO	SR Central Connecticut	33:43.98	PB
28 Makenna VEEN	JR Michigan State	33:44.21	
29 Kalea BARTOLOTTA	SR Northwestern	33:52.71	PB
30 Miranda STANHOPE	SR James Madison	33:53.09	PB
31 Caroline ECK	SR Vanderbilt	33:55.33	
32 Fiona MCLOUGHLIN	JR Stony Brook	34:01.89	PB
33 Caroline LYERLY	FR Tennessee	34:04.38	
34 Grace RICHARDSON	SR NYU	34:06.21	PB
35 Kelsey SWENSON	SR Georgetown	34:31.73	
DNF Hannah STEELMAN	On	DNF	
DNF Zoe COOPER	SO Harvard	DNF	
DNS Grace MOORE	Leonia TC	DNS	

**WOMEN 100 M HURDLES**

1 Paula SALMON	Tracksmith	13.00	+3.0	
2 Skyla WILSON	SR Duke	13.28	+3.0	SB
3 Natalie BLOCK	JR Milwaukee	13.29	+2.1	
4 Sydni MCMILLAN	SR East Carolina	13.33	+3.0	
5 Ally HENSON	SR NC State	13.36	+3.0	SB
6 Erin MARSH	Unattached	13.44	+3.0	
7 Catherine GLENN	SR Delaware State	13.48	+3.0	
8 Lucheyona WEAVER	JR N. Carolina A&T	13.57	+3.0	
9 Jadin O'BRIEN	JR Notre Dame	13.63	+2.1	
10 Kaia SCHEFFLER	SR Michigan State	13.70	+2.1	SB
11 Birgen NELSON	JR Duke	13.70	+3.0	SB
12 Aaliyah BERRY	FR North Carolina	13.74	+2.1	
13 Brooklyn ROBINSON	SO Norfolk State	13.80	+1.7	PB
14 Kynnedi MALONE	JR Milwaukee	13.81	+2.1	
15 Alexia MOEHLING	SR App State	13.88	+2.1	SB
16 Kalani WITHERSPOON	FR North Carolina	13.97	+1.7	
17 Anna SZEPIENIEC	FR Milwaukee	14.04	+1.7	
18 Brianna SMITH	SR Duke	14.05	+2.1	SB
19 Ellis WEEKLEY	FR Notre Dame	14.06	+1.7	
20 Cloey FARE	SR Milwaukee	14.13	+1.7	
21 DaMya BARKER	SO Bowling Green	14.18	+1.7	
22 Addison BERRY	JR Wake Forest	14.20	+2.5	
23 Morgan PATTERSON	SO Bowling Green	14.32	+2.5	
24 Ziona RICE	SO Hampton	14.38	+2.5	
25 Elle RILEY	FR Brown	14.38	+2.5	
26 Nicole BOROWIEC	SR Providence	14.40	+2.5	SB
27 Madison MURRY	JR Youngstown St.	14.54	+2.1	
28 Sophia AKPAN	SO Virginia	14.62	+1.4	
29 Clara FALLENIOUS	SO Wake Forest	14.63	+1.4	
30 Cassidy VOGT	SR Tiffin	14.64	+1.4	PB
31 Brylee MONTANARI	SO UNCW	14.65	+1.4	PB
32 Jamelah CARSWELL	SR Duquesne	14.70	+0.7	PB
33 Sharonda PRIESTER	FR Lenoir-Rhyne	14.73	+2.5	SB
34 Stavriana ADAMO	FR Elon	14.75	+1.7	
35 Christabelle OBI	SO St. Augustine's	14.76	+1.4	
36 Grace SMIECHOWSKI	SR Georgetown	14.76	+2.4	
37 BrookeLyn DRAKEFORD	FR Virginia	14.82	+1.1	PB
38 Stephanie DUNDAS	FR George Mason	14.84	+2.4	SB
39 Dounia ROUTBI	SO Wingate	14.89	+0.7	
40 Naimah SLAUGHTER	JR Bellarmine	14.93	+1.1	
41 Bella JACKSON	JR Lipscomb	14.94	+0.7	SB
42 Amarachi ONUOHA	JR Duke	14.94	+0.7	
43 Naturi ROBINSON	JR East Carolina	14.96	+1.1	
44 Anna RORRER	FR Duquesne	15.09	+1.4	



**Raleigh Relays**  
**Paul Derr Track and Field Facility**  
**Raleigh, NC - North Carolina State University**  
**March 28-30, 2024**



**Results**

45 Isha SESAY	SR	Wheeling	15.09	+2.5	
46 Hoyane ESPER	SO	Wingate	15.11	+0.7	SB
47 Shaunece MILLER	SO	St. Augustine's	15.13	+1.1	PB
48 Teddi KINSEY	JR	Youngstown St.	15.14	+2.5	
49 Jakerra COVINGTON	SO	NC State	15.15	+0.7	
50 Nina PITT	FR	Hampton	15.22	+1.4	
51 Gracie SMITH	FR	Ohio	15.45	+1.4	PB
52 Amanda RUFFIN	JR	UNCW	15.48	+2.4	
53 Jenna LUCAS	SO	Bowling Green	15.51	+1.1	PB
54 Halle WALCUTT	JR	Duquesne	15.55	+2.4	
55 Avery BUDZ	JR	Michigan State	15.61	+0.7	SB
56 Marisa SANTAMAURO	JR	George Mason	15.71	+2.4	
57 Kyarra NEWTON	JR	Wingate	15.73	+0.7	
58 Jordynn TOLIVER	JR	George Mason	15.77	+2.4	SB
59 Jer'Lisah PRIDGEN		Unattached	15.94	+2.4	
60 Essence SHAW	SO	Norfolk State	16.25	+1.1	
61 Mackenzie O'CONNOR	JR	Georgetown	16.41	+1.1	
DNF Jill ROBERTS	FR	Duke	DNF		
DNF Jayde MCDERMID	JR	Delaware	DNF		

**WOMEN 400 M HURDLES**

1 Skyla WILSON	SR	Duke	57.98		SB
2 Riley KNEBES		FastTrack Training	58.57		
3 Ellis WEEKLEY	FR	Notre Dame	1:00.80		
4 DaMya BARKER	SO	Bowling Green	1:01.07		PB
5 Meredith SIMS	JR	Duke	1:01.21		SB
6 Emily ALEXANDRU	JR	Virginia	1:01.47		
7 Grace SMIECHOWSKI	SR	Georgetown	1:01.62		
8 Sophia AKPAN	SO	Virginia	1:01.93		
9 Reese SANDERS	SO	Notre Dame	1:01.94		
10 Chidubem (Miriam) OKWUDI	SO	Delaware State	1:02.04		
11 Jorhdyn TARPEH	SO	Duke	1:02.15		PB
12 Mackenzie HARTMAN	SO	North Carolina	1:02.20		
13 Sharonda PRIESTER	FR	Lenoir-Rhyne	1:02.30		PB
14 Alexia MOEHLING	SR	App State	1:02.35		PB
15 Kaia SCHEFFLER	SR	Michigan State	1:02.67		SB
16 Paige COOKSEY	JR	MIT	1:02.81		PB
17 Maddy BROOKS	FR	Brown	1:02.85		
18 Lily HAUGHT	FR	West Virginia	1:02.87		
19 Hoyane ESPER	SO	Wingate	1:03.01		PB
20 Jamelah CARSWELL	SR	Duquesne	1:03.24		PB
21 Brooke'Lyn DRAKEFORD	FR	Virginia	1:03.39		
22 Sara TABIBIAN	SO	Colgate	1:03.62		
23 Birgen NELSON	JR	Duke	1:03.75		
24 Adia PALMER	SR	George Mason	1:03.79		SB
25 Anna SZEPIENIEC	FR	Milwaukee	1:04.02		
26 Tess DARNELL	JR	Columbia	1:04.03		
27 Dounia ROUTBI	SO	Wingate	1:04.27		PB
28 Gianna MARQUEZ	SO	N.C. Central	1:04.35		SB
29 Elle RILEY	FR	Brown	1:04.52		
30 Balie DESTEFANO	SR	Charleston (WV)	1:04.61		SB
31 Molly BENNETT	SO	Notre Dame	1:04.64		
32 Madison DIETZ	SO	Duke	1:05.70		
33 Amarachi ONUOHA	JR	Duke	1:05.96		
34 Anna RORRER	FR	Duquesne	1:06.03		
35 Christabelle OBI	SO	St. Augustine's	1:06.15		
36 Allison PAYTON	SO	NC State	1:06.62		
37 Caroline ISEMANN	JR	Notre Dame	1:06.65		
38 Sydney ELLIS	SO	Hampton	1:07.45		
39 Kemani BAILEY	FR	Hampton	1:08.53		

40 Zionn RICE	SO	Hampton	1:09.48		
41 Jordyn JEFFERS	SR	East Carolina	1:10.23		SB
DNF Leah HANDSHOE	SO	Milwaukee	DNF		
DNS Natalie BLOCK	JR	Milwaukee	DNS		

**WOMEN 3000 M STEEPLE**

1 Katelyn STEWART-BARNETT	JR	Unattached	10:01.08		
2 Kayla SCHIERA	SR	Western Michigan	10:03.93		
3 Sophie NOVAK	JR	Notre Dame	10:07.17		
4 Madison NEUNER	SR	Syracuse	10:09.59		PB
5 Katie THRONSON		Tracksmith	10:09.66		
6 Olivia MORGANTI	SR	Penn	10:15.16		
7 Emily COLE	SR	Duke	10:15.23		
8 Zoie DUNDON	FR	Minnesota	10:16.72		
9 Makenna KREBS	SR	Penn State	10:19.26		
10 Azza BOROVICKA-SWANSO	SR	Northeastern	10:21.98		PB
11 Grace DRISKILL	JR	Georgia Tech	10:22.33		
12 Mary HENNELLY	JR	Georgetown	10:25.41		
13 Emily BROWN	JR	Unattached	10:25.87		
14 Vilde HENRIKSEN	JR	Toledo	10:26.25		
15 Hannah MILLER	SR	Elon	10:28.35		
16 Angelina NAPOLEON	FR	NC State	10:28.71		
17 Khadija ENNASRI	FR	Eastern Kentucky	10:31.26		
18 Jordyn MCDONNELL	SR	Hofstra	10:33.05		
19 Allison DOUGHERTY	FR	Penn State	10:34.93		
20 Lindsay MACLELLAN	SR	Lehigh	10:36.99		PB
21 Wiktoria KLEBOWSKA	JR	Butler	10:37.36		
22 Hattie REYNOLDS	FR	Elon	10:37.53		
23 Leonie SAURER	FR	Lipscomb	10:37.67		
24 Haley HAMILTON	SR	Duquesne	10:38.10		PB
25 Lorel GOLDEN	SO	Georgia	10:38.14		PB
26 Landyn HOWELL	JR	Grand Valley St.	10:38.70		PB
27 Nicole MATYSIK	JR	Furman	10:39.91		PB
28 Alyssa HENDRIX	JR	NC State	10:43.48		
29 Carina WEAVER	SR	Ohio	10:43.77		PB
30 Catherine GARRISON	SO	William & Mary	10:48.71		
31 Sophia LUCKI	SO	Michigan State	10:49.31		
32 Brianna TEEGARDEN	JR	Mercer	10:52.53		PB
33 Gracie O'NEAL	JR	Georgia	10:54.53		PB
34 Kayce RYPMA	JR	Grand Valley St.	10:57.44		
35 Elizabeth BADER	JR	Virginia	10:59.67		
36 Jennifer OHLSSON	SR	Oakland	11:01.81		
37 Amy PRUGH	SR	Xavier (OH)	11:05.86		
38 Savannah BEAVERS	JR	Lehigh	11:07.57		SB
39 Katherine STRONG	SO	Dartmouth	11:09.54		
40 Kaitlyn MILLER	JR	Wright State	11:09.67		
41 Jordyn HOPGOOD	SO	Grand Valley St.	11:10.23		
42 Gianna CAGLIOLA	JR	Pittsburgh	11:11.33		
43 Sydney GALLAGHER	JR	Kent State	11:14.64		
44 Nourene NABBUS	JR	George Mason	11:19.85		SB
45 Sydney KHOSLA	SR	Ohio State	11:23.40		
46 Jessica HATCH	FR	Florida Atlantic	11:23.96		
47 Abby WADDINGTON	FR	Boston University	11:29.01		
48 Maegan DESMARAIS	JR	Central Connecticut	11:31.27		
49 Katie FLAHERTY	SR	Belmont	11:39.09		
50 Karsyn KANE	SO	App State	11:39.47		
DNS Ellie WOLSKI	JR	Coastal Carolina	DNS		
DNS Maria MITCHELL	SO	Grand Valley St.	DNS		
DNS Anabell REUMANN	SO	Florida Atlantic	DNS		



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

**WOMEN HIGH JUMP**

1 Brianna SMITH	SR Duke	1.75m	5-8¾	
2 Erin MARSH	Unattached	1.75m	5-8¾	
3 Carly TARENTINO	JR Virginia	1.75m	5-8¾	=PB
4 Emmani SHAW	SO Hampton	1.70m	5-7	
5 Sydney BANKS	SR North Carolina	1.70m	5-7	SB
6 Meghan O'MALLEY	SR Wake Forest	1.70m	5-7	PB
7 Addie RENNER	JR Duke	1.65m	5-5	
7 Madison SCHMIDT	JR Notre Dame	1.65m	5-5	
7 Alissa HURD	JR Central Connecticut	1.65m	5-5	
10 Abigale MULLINGS	FR West Virginia	1.65m	5-5	=SB
10 Bella JACKSON	JR Lipscomb	1.65m	5-5	
10 Assiya ELHAFYAN	FR Wingate	1.65m	5-5	
10 Rebekah SMITH	SR UNCW	1.65m	5-5	SB
14 Sadie WETZEL	SR Duquesne	1.65m	5-5	
14 Avery BUDZ	JR Michigan State	1.65m	5-5	
14 Tia LUCAS	SO N.C. Central	1.65m	5-5	SB
17 Annishka MCDONALD	SO West Virginia	1.65m	5-5	
18 Kinsley ALLEN	FR Col. of Charleston	1.60m	5-3	
18 Eden WILLIAMS	JR West Virginia	1.60m	5-3	
18 Maeve CONNEELY	JR Dartmouth	1.60m	5-3	
18 Jenna LUCAS	SO Bowling Green	1.60m	5-3	
18 Kallie VOLK	FR Milwaukee	1.60m	5-3	
23 Aniah KENNERSON	FR Norfolk State	1.60m	5-3	=PB
24 Naimah SLAUGHTER	JR Bellarmine	1.60m	5-3	
25 Tiffany BAUTISTA	SR North Carolina	1.60m	5-3	SB
26 Kyarra NEWTON	JR Wingate	1.55m	5-1	
26 Addison BERRY	JR Wake Forest	1.55m	5-1	=SB
26 Korin WHITCOMB	SO Michigan State	1.55m	5-1	
26 Courtney LINES	SR UNCW	1.55m	5-1	=SB
26 Lizzie LOPEZ	SO Elon	1.55m	5-1	
26 McKenna MORITZ	SO NC State	1.55m	5-1	SB
32 Kalli KNOBLE	SO Youngstown St.	1.55m	5-1	
33 Jer'Lisah PRIDGEN	Unattached	1.55m	5-1	
DNS My'Khayah WILLIAMS	JR N. Carolina A&T		DNS	
DNS Lucy WALLIKER	SR Queens (NC)		DNS	
DNS Molly STECKER	SR East Carolina		DNS	
DNS Hannah SCHONHOFF	SO Elon		DNS	
DNS Faith SPENCER	SO East Carolina		DNS	
DNS Jakerra COVINGTON	SO NC State		DNS	
DNS Kennedy CONNER	SR Lenoir-Rhyne		DNS	
DNS Mariah WASHINGTON	SO VCU		DNS	
NH Emma CROZIER-CAROLE	FR UNCW		NH	
NH Jenna BARNES	Unattached		NH	

**WOMEN POLE VAULT**

1 Peyton BERRYMAN	SO North Carolina	3.95m	12-11½	PB
2 Amber ASKELSON	JR George Mason	3.75m	12-3½	
3 Kaitlyn EGER	FR Youngstown St.	3.75m	12-3½	
4 Diana ROMERO-BARBA	JR East Tenn. St.	3.75m	12-3½	
5 Kate SANDER	SR Tulane	3.65m	11-11¼	
6 Taylor HILL	SO VMI	3.65m	11-11¼	=PB
7 Celia AGEE	SR App State	3.55m	11-7¾	
8 McKenna BRUNICK	SR North Carolina	3.55m	11-7¾	SB
9 Madison JENT	FR Col. of Charleston	3.55m	11-7¾	
10 Ella Marley OARE	FR George Mason	3.40m	11-1¼	
10 Noelle MEEKER	JR App State	3.40m	11-1¼	
10 Elise HALL	SR UNCW	3.40m	11-1¼	SB
10 Bailey TART	SO UNCW	3.40m	11-1¼	SB
14 Sidney MAYS	JR George Mason	3.40m	11-1¼	

14 Keala MCCURRY	JR Wheeling	3.40m	11-1¼	
14 Caden CERMINARA	FR Elon	3.40m	11-1¼	
DNS Tonet TALLIE	JR Col. of Charleston		DNS	
NH Samantha SMITH	JR Tiffin		NH	
NH Rileigh CARDIN	SR East Carolina		NH	
NH Gabbi SELMAN	SO Youngstown St.		NH	
NH Emilee BAUMANN	FR Ohio		NH	
NH Vivian STOVALL	FR North Carolina		NH	
NH Bridget JOYCE	SR Delaware		NH	
NH Maddie DAVIES	SO Duke		NH	

**WOMEN POLE VAULT INVITATIONAL**

1 Gemma TUTTON	FR Duke	4.25m	13-11¼	
2 Samantha ROMANO	SO Virginia	4.25m	13-11¼	SB
3 Sophia METTES	SO Michigan State	4.05m	13-3½	
4 Hanne BORSTLAP	SR Virginia	3.95m	12-11½	SB
4 Melana SCHUMAKER	SO Youngstown St.	3.95m	12-11½	
6 Natalie BLAKE	SO Michigan State	3.95m	12-11½	
7 Ava STUDNEY	SO App State	3.85m	12-7½	
7 Paige SOMMERS	JR Duke	3.85m	12-7½	
9 Megan KELLEGHAN	FR North Carolina	3.85m	12-7½	
10 Erin BOGARD	SR Youngstown St.	3.70m	12-1½	
10 Ainsley HAMSHER	FR Youngstown St.	3.70m	12-1½	
12 Gabriella RECCE	SR Virginia	3.70m	12-1½	
DNS Caroline DANNENBAUM	SR Virginia		DNS	
NH Karlijn SCHOUTEN	SR Tulane		NH	
NH Luzy LIEGER	SR Col. of Charleston		NH	

**WOMEN LONG JUMP**

1 Aislinn MCELHANEY	SR Lipscomb	6.52m	21-4¾	+0.7	PB
2 Jirah SIDBERRY	SR NC State	6.22m	20-5	-0.3	SB
3 Jordan HARDY	JR Virginia	6.03m	19-9½	+1.0	SB
4 Alicia DAWSON	SR Richmond	6.01m	19-8¾	-0.2	
5 Molly WISE	SO Richmond	5.94m	19-6	+0.3	PB
6 Courtney LINES	SR UNCW	5.92m	19-5¼	+0.4	
7 Gianna LOCCI	SO Duke	5.85m	19-2½	-0.2	
8 Tia ROZARIO	SR Duke	5.82m	19-1¼	+0.3	
9 Esther SOLARIN	JR Youngstown St.	5.81m	19-¾	-0.3	PB
10 Morgan PATTERSON	SO Bowling Green	5.80m	19-½	+0.1	
11 Robbie GRACE	SR Wake Forest	5.79m	19-0	+0.6	
12 Bridget MCNALLY	JR Dartmouth	5.77m	18-11¼	+1.0	
13 Anna SZEPIENIEC	FR Milwaukee	5.72m	18-9¼	+0.3	
14 Eleyah ARMSTRONG	JR VMI	5.71m	18-8¾	+0.5	
15 Linn HERTZ SAEBBO	JR Elon	5.63m	18-5¼	+0.1	
16 Kara MORAN	FR Buffalo	5.62m	18-5¼	+0.2	
17 Maya HANKS	SR Hampton	5.60m	18-4½	+1.5	SB
18 Addison BERRY	JR Wake Forest	5.59m	18-4¼	-0.6	
19 Taylor SMITH	SR App State	5.52m	18-1½	+0.4	
20 Jade KING	SR N. Carolina A&T	5.48m	17-11¼	+0.8	
21 Micah FULTON	SR N.C. Central	5.45m	17-10¼	-0.5	
22 Taryn HANKINS	SR Michigan State	5.45m	17-10¼	-0.2	
23 Skyler HARRELSON	SO East Carolina	5.43m	17-9¾	+0.7	
24 Elizabeth TAYLOR	JR East Carolina	5.37m	17-7½	-0.1	
25 Jamelah CARSWELL	SR Duquesne	5.32m	17-5½	+1.0	
26 Daisha DECREE	FR Youngstown St.	5.32m	17-5½	-0.6	
27 Tya BLAKE	JR East Tenn. St.	5.27m	17-3½	+0.2	
28 Amanda RUFFIN	JR UNCW	5.25m	17-2¼	-0.3	
29 Emma CROZIER-CAROLE	FR UNCW	5.25m	17-2¼	+0.4	
30 Abby FUSH	SO Col. of Charleston	5.24m	17-2¼	+0.1	
31 Alexa MARK	JR Elon	5.23m	17-2	+0.5	



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

32 Sabrina IMES	SO	Bowling Green	5.23m	17-2	+0.3	PB
33 Isabella MASTRIA	FR	Frostburg State	5.23m	17-2	-0.4	=PB
34 Tra'Nijah PETTIHOMME	SO	UNCW	5.17m	16-11½	-0.1	SB
35 Gabby DAVID	FR	App State	5.16m	16-11¼	+0.5	
36 Jazlyn JEFFERSON	JR	Elon	5.16m	16-11¼	+0.1	
37 Victoria HENRY	FR	Delaware	5.14m	16-10½	+0.1	PB
38 Kiera BONDS	FR	Bowling Green	5.11m	16-9¼	+0.1	
39 Nahsheeda FACEY	JR	NC State	5.09m	16-8½	+0.3	
40 Anyae LINDSAY	JR	N.C. Central	5.06m	16-7¼	-0.2	SB
41 Chloe JONES	FR	N. Carolina A&T	5.04m	16-6½	-0.8	PB
42 Avery JACKSON	JR	Col. of Charleston	5.03m	16-6	-0.6	SB
43 Emily CURTICE	SR	Tiffin	5.02m	16-5¾	+0.6	
44 Cassidy VOGT	SR	Tiffin	4.09m	13-5	-0.3	
X Jayda HUNTER		Unattached		X		
X Kendall BURGESS	JR	Notre Dame		X		
DNS Nyla WARD	JR	Norfolk State		DNS		
DNS Morgan PILATE	JR	Milwaukee		DNS		
DNS Brianna SMITH	SR	Duke		DNS		
DNS Ticora GASKIN	FR	Campbell		DNS		
DNS Henrike FIEDLER	SR	George Mason		DNS		
DNS Mahkaia LEE	JR	Virginia		DNS		
DNS Lara CHECK	SO	Marshall		DNS		
DNS Ashlee OSAJI	SR	App State		DNS		
DNS Erin MARSH		Unattached		DNS		

**WOMEN TRIPLE JUMP**

1 Esther SOLARIN	JR	Youngstown St.	12.97m	42-6¾	+0.6	PB
2 Tia ROZARIO	SR	Duke	12.77m	41-10¾	+0.5	
3 Alicia DAWSON	SR	Richmond	12.62m	41-5	+0.5	PB
4 Faith SPENCER	SO	East Carolina	12.42m	40-9	+0.3	PB
5 Jayda HUNTER		Unattached	12.39m	40-7¾	+2.2	
6 Ashlee OSAJI	SR	App State	12.31m	40-4¾	+2.5	
7 Joidon BODDIE	SR	N.C. Central	12.30m	40-4¼	+1.9	SB
8 Dieusi ARMAND	SR	Hampton	12.30m	40-4¼	+0.7	
9 crystal WASHINGTON		Unattached	12.15m	39-10½	+2.8	
10 Adaline POWELL	JR	Milwaukee	12.09m	39-8	+0.5	
11 Linn HERTZ SAEBBO	JR	Elon	12.07m	39-7¼	+0.5	SB
12 Micah FULTON	SR	N.C. Central	12.04m	39-6	+3.0	SB
13 Sabrina IMES	SO	Bowling Green	11.88m	38-11¼	+2.4	
14 Jada BRANCH		Unattached	11.77m	38-7½	+3.2	
15 Elizabeth TAYLOR	JR	East Carolina	11.76m	38-7	+1.9	
16 Jahnna HODGE	SR	Delaware	11.64m	38-2¼	+0.2	SB
17 Jordan HARDY	JR	Virginia	11.62m	38-1½	+2.4	
18 Emily TAIT	SR	Buffalo	11.53m	37-10	+0.7	
19 Abby FUSH	SO	Col. of Charleston	11.44m	37-6½	+1.2	PB
20 Anyae LINDSAY	JR	N.C. Central	11.41m	37-5¼	+2.0	
21 Jazlyn JEFFERSON	JR	Elon	11.38m	37-4	+1.1	
22 Alexis EMERY	JR	Georgetown	11.26m	36-11½	+1.3	
23 Kara MORAN	FR	Buffalo	11.26m	36-11½	-2.3	
24 Tya BLAKE	JR	East Tenn. St.	11.21m	36-9½	+2.0	
25 Daisha DECREE	FR	Youngstown St.	11.16m	36-7½	+2.3	
26 Jazmine POSEY	JR	App State	10.79m	35-4¾	+4.4	
27 Avery JACKSON	JR	Col. of Charleston	10.62m	34-10¼	+1.7	
28 Khady NDIAYE	SO	Frostburg State	10.46m	34-4	+0.4	
X Jirah SIDBERRY	SR	NC State		X		
DNS Sophia LUDWIG	FR	West Virginia		DNS		
DNS Morgan PILATE	JR	Milwaukee		DNS		
NM Mahkaia LEE	JR	Virginia	Nm			

**WOMEN SHOT PUT**

1 Abby MOORE		RODHE Sport	16.59m	54-5¼		
2 Jessica STIEB	FR	Michigan State	15.99m	52-5½		
3 Naadiya FAISON	SR	East Carolina	15.98m	52-5¼		SB
4 Lacey STRINGER	JR	Ohio State	15.94m	52-3¾		
5 MaKayla MASON	SR	Duke	15.61m	51-2¾		
6 Opal JACKSON	SO	Michigan State	14.85m	48-8¾		
7 Janae PROFIT	JR	Virginia	14.70m	48-2¼		
8 Brooke LUMPKIN	JR	Virginia	14.55m	47-9		
9 Rebekah STUCKER	JR	Belmont	14.42m	47-3¾		
10 Ta'Honny EXUM	FR	NC State	14.35m	47-1		PB
11 Alexis BOYKIN	JR	MIT	14.24m	46-8¾		
12 Madelyn MORETTI	SO	Duquesne	14.18m	46-6¼		SB
13 Logan GRAY	JR	Belmont	14.08m	46-2½		
14 Martina NKWANTAH	SR	UMass Lowell	13.94m	45-9		
15 Autumn JUDD	JR	Campbell	13.94m	45-9		PB
16 Grace HOMAN	JR	Dayton	13.82m	45-4¼		SB
17 Rochele SOLMON	FR	Hampton	13.56m	44-6		PB
18 Tess VAN DYK	SO	Western Michigan	13.55m	44-5½		
19 Tabitha WECHLO	SR	Milwaukee	13.32m	43-8½		
20 Bri'Yanna ROBINSON	SR	Western Michigan	13.29m	43-7¼		
21 Letizia MARSICO	SR	High Point	13.23m	43-5		
22 Lane HAGENS	SO	Western Michigan	13.10m	42-11¼		PB
23 Johntavia SHAW	SO	Winthrop	13.09m	42-11½		SB
24 Lauryn CARLTON	SR	Elon	13.08m	42-11		SB
25 Daiyanna COOPER	JR	App State	12.96m	42-6¼		SB
26 Olamide ENAJEKPO	SO	George Mason	12.93m	42-5¼		
27 Nya HARMON	JR	Hampton	12.88m	42-3¼		
28 Oluwatomilayo AKINTUNDE	JR	Hampton	12.88m	42-3¼		SB
29 Zemaya CARSON	SO	Charleston Souther	12.87m	42-2¾		
30 Kaylin HOWEY	FR	Ohio State	12.60m	41-4¼		
31 Julia REGLEWSKI	JR	Dartmouth	12.58m	41-3¼		
32 Emilia BALL	JR	MIT	12.50m	41-¼		PB
33 Millie RYAN	JR	Ohio	12.38m	40-7½		SB
34 Kosie NKWONTA	SR	Delaware	12.35m	40-6¼		
35 Sage SUMPTER	JR	N. Carolina A&T	12.35m	40-6¼		SB
36 Marina PERRY	SO	Central Connecticut	12.33m	40-5½		PB
37 Amyah CHOSA	FR	Baldwin Wallace	12.28m	40-3½		
38 Josie ANKNEY	FR	Charleston Souther	12.26m	40-2¾		
39 Taylor REAGOR	SO	N. Carolina A&T	12.19m	40-0		
40 Samantha ENNIS	SR	UNCW	11.72m	38-5½		
41 Jordan BAITH	SR	Ohio	11.64m	38-2¼		
42 Jasmine CORREA	SO	Ohio	11.62m	38-1½		PB
43 Megan PLUMMER	SR	App State	11.61m	38-1¼		
44 Markayla MOORE	SO	Marshall	11.56m	37-11¼		
45 Emily BROZESKI	SR	Duquesne	11.51m	37-9¼		
46 Fiona AGYEKUM	SO	George Mason	11.19m	36-8½		
47 Adriana CLARKE	FR	Elon	11.15m	36-7		
48 Halle WALCUTT	JR	Duquesne	10.66m	34-11¼		=SB
49 Haleigh CEPHUS	FR	Elon	10.36m	34-0		PB
50 Iniyah MITCHELL		Unattached	9.49m	31-1¼		
DNS Damali WILLIAMS	SO	Hampton		DNS		
DNS Temi BANWO	SO	Howard		DNS		
DNS Sydney FREEMAN	SO	NC State		DNS		
DNS Minyarn SMALLS	SR	Howard		DNS		
X Markayla HART	JR	NC State		X		
X Layla SENTER	SR	Charleston Souther		X		
X Valadian PALLET	JR	Michigan State		X		
X Tristin OBERG	SO	Elon		X		
X Zaria OPARA	SR	Howard		X		
DNS Norah BICE	JR	Tulane		DNS		



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

DNS Madison KNIER      FR Penn      DNS

**WOMEN DISCUS**

1 Faith BENDER	JR	Ohio State	53.90m	176-10	
2 MaKayla MASON	SR	Duke	50.83m	166-9	
3 Rebekah BERGQUIST	SR	East Carolina	50.13m	164-5	
4 Janae PROFIT	JR	Virginia	49.48m	162-4	
5 Angeludi ASAAH	SO	Penn	49.08m	161-0	PB
6 Kaitlin MCGOOGAN	SR	Elon	48.21m	158-2	
7 Rochele SOLMON	FR	Hampton	47.20m	154-10	PB
8 Skylar BOHLMAN	SO	North Carolina	46.93m	153-11	
9 Nya HARMON	JR	Hampton	46.09m	151-2	
10 Rebekah STUCKER	JR	Belmont	45.34m	148-9	SB
11 Rebecca MERRITT	JR	Marshall	45.17m	148-2	
12 Molly RADCLIFFE	JR	Youngstown St.	45.10m	147-11	
13 Letizia MARSICO	SR	High Point	44.15m	144-10	
14 Alexis BOYKIN	JR	MIT	43.95m	144-2	
15 Leslie YOUNG	JR	Norfolk State	43.84m	143-10	PB
16 Madelyn MORETTI	SO	Duquesne	43.58m	143-0	PB
17 Autumn JUDD	JR	Campbell	43.26m	141-11	
18 Lane HAGENS	SO	Western Michigan	42.98m	141-0	PB
19 Valadian PALLETT	JR	Michigan State	42.88m	140-8	SB
20 Johntavia SHAW	SO	Winthrop	42.72m	140-2	
21 Zemaya CARSON	SO	Charleston Souther	42.63m	139-10	
22 McKynzie MAUNEY	SO	North Carolina	42.59m	139-8	
23 Lauryn CARLTON	SR	Elon	42.58m	139-8	SB
24 Stella INMAN	SO	Penn	42.47m	139-4	PB
25 Jessica STIEB	FR	Michigan State	41.63m	136-7	PB
26 Emily BALL	JR	MIT	41.54m	136-3	
27 Sashoy BENBOW	JR	East Carolina	41.40m	135-10	
28 Sady MOODY	FR	N. Carolina A&T	41.04m	134-8	
29 Amanda SCATTERGOOD	SR	High Point	39.71m	130-3	SB
30 Logan GRAY	JR	Belmont	39.51m	129-7	
31 Jordan BAITH	SR	Ohio	39.45m	129-5	
32 Opal JACKSON	SO	Michigan State	39.34m	129-1	
33 Sophie BIDWELL	FR	Ohio State	39.10m	128-3	
34 Grace HOMAN	SR	Dayton	39.00m	127-11	
35 Reagan EMBERTON	SR	Bowling Green	38.91m	127-8	
36 Millie RYAN	JR	Ohio	38.05m	124-10	
37 Victoria CALDWELL	JR	Hampton	37.36m	122-7	
38 Bri'Yanna ROBINSON	SR	Western Michigan	36.94m	121-2	
39 Kyla JAMISON	JR	Penn	36.76m	120-7	SB
40 Josie ANKNEY	FR	Charleston Souther	36.60m	120-1	
41 Sage SUMPTER	JR	N. Carolina A&T	36.37m	119-4	
42 Taylor REAGOR	SO	N. Carolina A&T	35.83m	117-6	
43 Jasmine CORREA	SO	Ohio	35.48m	116-5	
44 Tess VAN DYK	SO	Western Michigan	35.45m	116-3	
45 Natalie GRIFFITH		Unattached	35.26m	115-8	
46 Jaqueline ZACHARIAS	FR	Elon	34.84m	114-4	
47 Clara WILLARD	FR	NC State	34.62m	113-7	
48 Ta'Honny EXUM	FR	NC State	34.25m	112-4	PB
49 Tabitha WECHLO	SR	Milwaukee	33.93m	111-4	
X Tristin OBERG	SO	Elon		X	
X Rachel DAVIS	JR	USC Upstate		X	
X Zoe WADDELL	SR	Duke		X	
DNS Makayla WATKINS	SR	N. Carolina A&T		DNS	
DNS Krista PERRY	JR	Youngstown St.		DNS	
X Julia REGLEWSKI	JR	Dartmouth		X	
DNS Damali WILLIAMS	SO	Hampton		DNS	
DNS Norah BICE	JR	Tulane		DNS	

DNS Zaria OPARA      SR Howard      DNS  
 DNS Temi BANWO      SO Howard      DNS

**WOMEN HAMMER**

1 Laura IGAUNE HILL	SR	Unattached	63.33m	207-9	
2 Mateya HAINZ	JR	Bowling Green	59.24m	194-4	
3 Moorea MITCHELL	SR	Duke	59.11m	193-11	SB
4 Zoe WADDELL	SR	Duke	58.95m	193-5	PB
5 Imahni SINCLAIR	SR	Buffalo	57.31m	188-0	
6 Rebekah STUCKER	JR	Belmont	56.13m	184-2	
7 Daiyanna COOPER	JR	App State	55.09m	180-9	SB
8 Kaitlin MCGOOGAN	SR	Elon	54.96m	180-4	
9 Rebecca MERRITT	JR	Marshall	54.75m	179-7	
10 Iyanna LEWIS	JR	Duke	54.46m	178-8	
11 Alexis BOYKIN	JR	MIT	54.45m	178-7	
12 Makala WRIGHT	JR	NC State	54.30m	178-2	
13 Jessa BEACH	JR	USC Upstate	53.83m	176-7	
14 Kosie NKWONTA	SR	Delaware	53.79m	176-5	PB
15 Logan GRAY	JR	Belmont	53.70m	176-2	PB
16 Marissa HENLEY	SR	Ohio State	53.57m	175-9	
17 Elle ADRIAN	SO	Michigan State	53.51m	175-6	
18 Valadian PALLETT	JR	Michigan State	53.47m	175-5	SB
19 Naadiya FAISON	SR	East Carolina	53.32m	174-11	PB
20 Josie MOORE	SR	Marshall	52.96m	173-9	SB
21 Markayla MOORE	SO	Marshall	52.68m	172-10	PB
22 Nyah EDWARDS	JR	East Carolina	52.41m	171-11	PB
23 Gracie BOLICK	SO	North Carolina	52.28m	171-6	
24 Victoria CALDWELL	JR	Hampton	52.22m	171-4	PB
25 Martina NKWANTAH	SR	UMass Lowell	52.03m	170-8	PB
26 Sydney FREEMAN	SO	NC State	51.83m	170-0	SB
27 Grace WILLS	SR	East Carolina	51.75m	169-9	SB
28 Rachel DAVIS	JR	USC Upstate	50.80m	166-8	SB
29 Kami BAKER	SO	Bowling Green	50.72m	166-5	PB
30 Adriana CLARKE	FR	Elon	50.01m	164-1	PB
31 Lauryn CARLTON	SR	Elon	49.66m	162-11	SB
32 Layla SENTER	SR	Charleston Souther	49.09m	161-0	
33 McKenzie DUWENHOEGGER	SR	Duke	49.05m	160-11	
34 Autumn JUDD	JR	Campbell	48.97m	160-8	SB
35 Molly RADCLIFFE	JR	Youngstown St.	48.78m	160-0	
36 Bridget BEYER	FR	Indiana	48.68m	159-8	
37 A'riana CRUMPLER	JR	East Carolina	48.22m	158-2	PB
38 Stella INMAN	SO	Penn	47.63m	156-3	
39 Ambar NUNEZ-GOMEZ	SR	Winthrop	47.44m	155-8	
40 Leslie YOUNG	JR	Norfolk State	46.96m	154-1	
41 Meghan COYNE	JR	Elon	46.91m	153-11	SB
42 Mahkayla HART	JR	NC State	46.66m	153-1	
43 Jocelyn PRINGLE	FR	East Carolina	46.54m	152-8	
44 Samantha ENNIS	SR	UNCW	46.35m	152-0	PB
45 Kaylin HOWEY	FR	Ohio State	45.94m	150-9	
46 Jaida GRAHAM	FR	Hampton	45.84m	150-5	
47 Amelia METZ	FR	Elon	45.54m	149-5	
48 Reagan EMBERTON	SR	Bowling Green	44.35m	145-6	SB
49 Olamide ENAJEKPO	SO	George Mason	43.79m	143-8	
50 Amanda SCATTERGOOD	SR	High Point	43.78m	143-8	
51 Natalie GRIFFITH		Unattached	42.35m	138-11	
52 Tori GERHARDT	SR	Valparaiso	41.72m	136-10	
53 Bree LUMPKIN	JR	Virginia	29.05m	95-3	
DNS Zaria OPARA	SR	Howard		DNS	
DNS Bri'Yanna ROBINSON	SR	Western Michigan		DNS	
X Lacey STRINGER	JR	Ohio State		X	



**Raleigh Relays**  
Paul Derr Track and Field Facility  
Raleigh, NC - North Carolina State University  
March 28-30, 2024



**Results**

DNS Erin HATCHER	SR Howard	DNS
X Oluwatomilayo AKINTUNDE	JR Hampton	X
DNS Krista PERRY	JR Youngstown St.	DNS

**WOMEN JAVELIN**

1 Madison WILTROUT	Unattached	56.37m	184-11	
2 Julia MAGLIARO	FR Duke	50.49m	165-7	PB
3 Casey BOGUES	JR Dayton	48.44m	158-11	
4 Katie HORNE	SO NC State	45.18m	148-3	PB
5 Elliot BUSH	SO Penn	43.41m	142-5	
6 Jordyn ROBBINS	SO UNCW	42.49m	139-5	
7 Kirstin WEST	SR Duke	42.10m	138-1	
8 Jakerra COVINGTON	SO NC State	41.41m	135-10	SB
9 Jenna REID	SR Buffalo	41.00m	134-6	SB
10 Nora HARK	FR Toledo	40.89m	134-2	PB
11 Megan PENROD	SO Duquesne	40.77m	133-9	PB
12 Jordynn TOLIVER	JR George Mason	40.30m	132-3	
13 Madison KNIER	FR Penn	40.19m	131-10	PB
14 Rebekah BERGQUIST	SR East Carolina	40.07m	131-5	
15 Luisa HIMMLER	SR Dayton	39.24m	128-9	
16 Grace DIELEMAN	SR Elon	38.92m	127-8	SB
17 Amber MCCOOL	SR Duquesne	38.88m	127-7	SB
18 Daniela PERALTA	SO Dayton	38.67m	126-10	
19 Rachel SCHMITT	FR Delaware	38.42m	126-0	
20 Hollie THURGOOD	SR Elon	37.74m	123-10	PB
21 Emily CURTICE	SR Tiffin	37.20m	122-0	
22 Chloe CAHILL	SR Marshall	36.65m	120-3	SB
23 Joy HARRIS	FR N.C. Central	35.82m	117-6	PB
24 Mia PIERCE	FR Duquesne	35.47m	116-4	
25 Emily BALL	JR MIT	34.97m	114-8	
26 Cassidy BETZING	SR Ohio	34.58m	113-5	SB
27 Saydee RESNIK	FR Ohio	34.36m	112-9	PB
28 Carmen BISHOP	SR Catawba	33.92m	111-3	
29 Hannah FOWLER	FR Wake Forest	33.61m	110-3	
30 Ansley FRADY	SR East Carolina	33.36m	109-5	
31 Jaqueline ZACHARIAS	FR Elon	32.58m	106-11	PB
32 Halle WALCUTT	JR Duquesne	31.17m	102-3	
33 Rebekah SMITH	SR UNCW	30.79m	101-0	
34 Caroline NIEDERMEYER	FR Elon	30.34m	99-6	PB
35 Lindsey BAYES	SO East Carolina	30.30m	99-5	
36 Marisa SANTAMAURO	JR George Mason	26.13m	85-8	
X Kara SCHIEK	SR Tulane		X	
DNS India BAILEY	SO Youngstown St.		DNS	
DNS Norah BICE	JR Tulane		DNS	
X Emily BROZESKI	SR Duquesne		X	
DNS Jordan DAVIS	FR N. Carolina A&T		DNS	
DNS Valeria YOUNG	SO Youngstown St.		DNS	
DNS Vanessa GREAVES	JR Youngstown St.		DNS	
DNS Minyarn SMALLS	SR Howard		DNS	

**MEN 100 M**

1 JadyN TABOIS	SR Iona	10.30	+3.6	
2 Rahkeem SMITH	SO Delaware State	10.36	+3.6	
3 Malachi ADAMS	SR Tiffin	10.38	-2.1	
4 Tristen HOWARD	JR Rhode Island	10.38	+3.6	
5 Jalen BOOTH-MITCHELL	SO Delaware State	10.41	+4.1	
5 Terrell ROBINSON JR.	SO St. Augustine's	10.41	-2.1	PB
7 Joshua PAIGE	SR Georgetown	10.43	+4.1	
8 Daniel SARISKY	JR Brown	10.45	+3.6	
9 Sincere MOSS	FR Lenoir-Rhyne	10.47	+3.6	SB

10 Ezra MELLINGER	SR Duke	10.48	-2.1	PB
11 Winfred PORTER	JR Catawba	10.50	-2.1	PB
12 Chris MCDONOUGH	FR Babson	10.54	+1.3	PB
13 Toluwayan AGBEYOMI	SR Winthrop	10.54	+4.1	
14 Dylan RANDALL	SO Tiffin	10.55	+4.1	
15 Armonte FERGUSON	FR App State	10.55	+0.9	
16 Nurain MUSA	FR Lenoir-Rhyne	10.58	-2.1	
17 Myles EPSTEIN	SR NC State	10.59	+3.6	SB
18 Elyon BANDO	JR Cumberlandds	10.59	+3.6	SB
19 Patrick HAERTEL	SO MIT	10.59	+2.7	
20 Golden COTTON	SR Milwaukee	10.59	+4.1	
20 Peter DJAN	SO Virginia	10.59	+5.7	
22 Edward WILLIAMS JR	SR Central Connecticut	10.61	+3.0	
23 Nolan CLEMENT	SO MIT	10.61	+5.7	
24 Ian THOMPSON	SO Michigan State	10.62	+5.7	
25 Chinedu OKEKE	SR Davidson	10.62	+3.6	SB
26 Darius TURNER	SR St. Augustine's	10.63	+3.4	
27 Shannon PATTERSON	Unattached	10.63	+4.1	
28 Jordan PROVIDENCE	JR Iona	10.66	+2.7	
29 Gerard HEARST	SR Concord	10.68	+1.3	PB
30 Devon NAPIER	JR Goldey-Beacom	10.70	+0.9	
31 Kerrington EUBANKS	SO Cumberlandds	10.70	+0.9	
32 Bryan MADISON-AHOUMAN	JR Norfolk State	10.71	+4.1	
32 Stephen CLUNIS	SO Wingate	10.71	+2.7	
34 Zachary LOVE	SR Brown	10.73	+1.3	PB
35 Evan KNOX	SO Delaware State	10.76	+3.0	
36 Keshon SAPP	SO Campbell	10.77	+4.1	
37 Liam CREELEY	JR Rhode Island	10.79	+2.7	
38 Timber HUYSMANS	JR Charleston (WV)	10.79	+1.3	
39 Jerlan FISH	JR Virginia	10.81	+5.7	
40 Kenneth CRAWFORD II	FR App State	10.82	+2.7	
41 Daniel ROBINSON	SR N.C. Central	10.82	+1.3	
41 Shelton TODD	FR Wingate	10.82	+2.7	
43 Sebastian SPENCER	JR North Carolina	10.83	+0.9	PB
44 Matthew GARRETT	JR Columbia	10.84	+2.7	
45 Kyle LEWIS	FR Hampton	10.84	+3.0	
46 Robert SCOTT	FR N. Carolina A&T	10.84	+3.5	
47 Max KAREN	JR George Mason	10.84	+0.9	SB
48 Cameron WRIGHT	SO UNCW	10.87	+1.3	PB
49 Ben BRADLEY	JR Butler	10.88	+5.7	
50 Tristan BURKE	SO Central Connecticut	10.90	+2.7	
50 Jalen GHEE	JR Youngstown St.	10.90	+5.7	
52 Skyler HALL	FR Brown	10.91	+3.0	
53 Mozi GUOBADIA	SR MIT	10.92	+5.7	
54 Datakis NUNNALLY	FR Wingate	10.93	+0.9	
55 Alex ARBOGAST	FR Rhode Island	10.94	+1.3	
56 Rayan KHWAJA	SO Duke	10.96	+3.4	
57 Fernando IBARRA	SO American	10.96	+3.0	SB
58 Garrett WHITMORE	JR MIT	10.96	+3.0	
59 Tim WHITELAW	FR Valparaiso	10.98	+5.7	
60 Anthony FRANKLIN	SR Norfolk State	10.99	-2.1	
61 William SUTTLES	FR N. Carolina A&T	11.04	+3.5	SB
62 Christian FORD	SR Youngstown St.	11.05	-2.1	
63 Jaelyn REEVES-LILE	FR Milwaukee	11.06	+3.5	
64 Troy LARRISON	FR Butler	11.07	+3.0	
65 Nathan WESSEL	SR Valparaiso	11.13	+3.4	
66 AJ JONES	FR Notre Dame	11.14	+0.9	
67 Jonquez WEBB	JR Winthrop	11.22	+0.9	
68 Brenton CHAPPLE	SR St. Augustine's	11.39	+3.4	
69 Antonio KING	SO St. Augustine's	12.89	+3.5	



**Raleigh Relays**  
**Paul Derr Track and Field Facility**  
**Raleigh, NC - North Carolina State University**  
**March 28-30, 2024**



**Results**

DNF	Amarion HARRELL	FR	St. Augustine's	DNF
DNS	Harrison ROBINSON	SO	App State	DNS
DNF	Benjamin SHERMAN	FR	St. Augustine's	DNF
DNS	Cameron MURRAY		NC State Elite	DNS

**MEN 200 M**

1	Jadyn TABOIS	SR	Iona	20.67	-0.4	
2	Joshua PAIGE	SR	Georgetown	20.87	-0.4	
3	Phillip MARCELLE	SR	Unattached	20.99	-0.4	
4	Kai COLE	SR	Norfolk State	21.01	-0.4	
5	Royal BURRIS	SR	East Carolina	21.08	-0.4	
6	Ashwin JOOD	SR	Goldey-Beacom	21.18	-0.4	
7	Malachi ADAMS	SR	Tiffin	21.33	-2.3	
8	Barja WALTER	SR	Catawba	21.36	-0.4	SB
9	Josh PARKS	SR	UNCW	21.41	-2.3	
10	Jalen BOOTH-MITCHELL	SO	Delaware State	21.42	-2.6	PB
11	Timber HUYSMANS	JR	Charleston (WV)	21.47	-2.6	
12	Jason HOLMES	SO	N. Carolina A&T	21.48	-0.6	
13	Sincere MOSS	FR	Lenoir-Rhyne	21.53	-2.3	
14	Reece MORGAN	FR	North Carolina	21.57	+1.1	
15	Braeden OFOSU-KWARTENC	FR	Lipscomb	21.57	-1.9	
16	Winfred PORTER	JR	Catawba	21.62	-2.6	SB
17	Nicholas GIVAN	SO	Georgetown	21.64	+1.1	PB
18	Devon DAVEY	SR	Columbia	21.67	-2.6	SB
19	Jolon O'CONNOR	SR	Rhode Island	21.69	-2.3	
20	Carlmeo MARTIN	FR	East Carolina	21.73	-0.7	
21	Armonte FERGUSON	FR	App State	21.74	-0.7	
22	Daniel ROBINSON	SR	N.C. Central	21.78	-0.6	
23	Daniel SARISKY	JR	Brown	21.79	-2.6	
24	Joshua PAGE	SO	Tiffin	21.80	-2.4	
25	Darius TURNER	SR	St. Augustine's	21.82	+0.1	PB
26	Luke FINNEGAN	SR	Butler	21.82	-2.6	
27	Shannon PATTERSON		Unattached	21.83	-2.3	
28	Shane KING	FR	Winthrop	21.88	-2.4	PB
29	Toluwayan AGBEYOMI	SR	Winthrop	21.89	-1.9	SB
30	Christopher BASKING	FR	Norfolk State	21.91	-2.4	
31	Isaiah CARTER	SR	George Mason	21.91	-2.3	SB
32	Antonio POSTELL	SR	Michigan State	21.94	-2.6	
33	Matthew MAZERO	SO	Columbia	21.94	-0.7	
34	Max KAREN	JR	George Mason	21.95	+1.1	
35	Myles EPSTEIN	SR	NC State	21.96	-2.3	
36	Jordan PROVIDENCE	JR	Iona	22.00	-0.7	PB
37	Cole KREHNBRINK	SR	App State	22.00	-2.4	
38	Brett LEHMAN	JR	Providence	22.02	-0.7	
39	Jaden LYONS	SO	Virginia	22.02	-1.9	SB
40	Alejandro RODRIGUEZ	SR	Duke	22.03	+1.1	SB
41	Robert SCOTT	FR	N. Carolina A&T	22.05	-4.6	
42	Golden COTTON	SR	Milwaukee	22.10	-0.4	
43	Devon NAPIER	JR	Goldey-Beacom	22.14	-0.7	
44	Ian KOE	JR	MIT	22.15	+1.1	
45	Luke LAUBACHER	JR	Youngstown St.	22.16	-1.9	PB
46	Everton MUIR	FR	East Carolina	22.17	-4.6	
47	Quentin CLARKE	FR	NC State	22.18	-1.9	
48	Christian FORD	SR	Youngstown St.	22.20	-2.3	
49	Evans WHITE IV	SO	Virginia	22.24	-0.6	
50	Fernando IBARRA	SO	American	22.25	-1.9	SB
51	Joe KENNEDY	FR	Lipscomb	22.26	-0.7	
52	Cameron WRIGHT	SO	UNCW	22.31	-0.7	
53	Brock HARRIS	FR	Xavier (OH)	22.31	-4.6	
54	Seinyi-Abasi ODUNGIDE	FR	Duke	22.35	-0.7	

55	Gavin COUGLE	SO	Butler	22.35	-2.4	
56	Michael MCNEIL	JR	Tiffin	22.41	-0.7	
57	Hunter KESLER	SR	Ohio Northern	22.44	-1.9	
58	Jaelyn REEVES-LILE	FR	Milwaukee	22.47	+0.1	
59	Shelton TODD	FR	Wingate	22.52	-0.6	
60	Raymond FELTON III	FR	Evansville	22.56	-0.6	
61	Jerlan FISH	JR	Virginia	22.59	-0.6	
62	Troy LARRISON	FR	Butler	22.60	-0.7	
63	Anthony VASSOLO	SO	Valparaiso	22.64	+0.1	PB
64	Kyle LEWIS	FR	Hampton	22.64	-0.6	
65	Matthew GARRETT	JR	Columbia	22.64	-0.7	SB
66	Ike BOLING	SR	Bellarmine	22.70	-0.7	
67	Nathan WESSEL	SR	Valparaiso	22.77	+0.1	PB
68	Anthony LEPKOWSKI	JR	Wingate	22.79	-2.4	
69	Shamar MORGAN	FR	N. Carolina A&T	22.79	-4.6	
70	Jalen GHEE	JR	Youngstown St.	22.79	+1.1	
71	Bradley DIAZ	SO	UMass Lowell	22.85	+1.1	
72	Caleb GURNELL	FR	N. Carolina A&T	22.91	-0.7	
73	Rayan KHWAJA	SO	Duke	22.98	+0.1	PB
74	Tim WHITELAW	FR	Valparaiso	23.00	-4.6	
75	Josiah WILLIAMS	SO	Columbia	23.10	-4.6	
76	Brenton CHAPPLE	SR	St. Augustine's	23.13	+0.1	PB
77	Nick FELIX	JR	Columbia	23.34	-0.7	
78	Jerome GAYNOR	JR	St. Augustine's	23.86	-4.6	
DNF	Ashton KING	SO	George Mason	DNS		

**MEN 400 M**

1	Nickolis ANDERSON	SR	UNCW	46.57		
2	Ashwin JOOD	SR	Goldey-Beacom	47.09		
3	Noah SAGE	JR	Michigan State	47.11		
4	Amarion HARRELL	FR	St. Augustine's	47.63		PB
5	Quentin CLARKE	FR	NC State	47.64		PB
6	Vincent BOND	FR	Norfolk State	47.65		
7	Braeden OFOSU-KWARTENC	FR	Lipscomb	47.78		
8	Premier WYNN	FR	Norfolk State	47.80		
9	Devon DAVEY	SR	Columbia	47.93		
10	Jackson GORDON	SO	Bellarmine	48.00		
11	Jordan DEAN	JR	Ohio Northern	48.04		
12	Tafari BISHOP	JR	Norfolk State	48.25		
13	Evans WHITE IV	SO	Virginia	48.44		
14	Jack KELLEY	SR	Brown	48.44		
15	Luke FINNEGAN	SR	Butler	48.58		PB
16	Jaden LYONS	SO	Virginia	48.61		
17	Alejandro RODRIGUEZ	SR	Duke	48.70		
18	Jarrett YOUNG	JR	Rhode Island	48.72		
19	Harry BARTON	SO	Youngstown St.	48.77		
20	Noah COLANGELO	FR	Central Connecticut	48.85		
21	Ha'Mir HAMPTON	SO	St. Augustine's	48.87		
22	Lucas PLAIA	JR	Rhode Island	48.89		
23	Will ATKINS	JR	Duke	48.95		
24	Malcolm LEWIS	FR	American	48.95		
25	Trevor PASCHALL	SO	North Carolina	49.00		
26	Brett LEHMAN	JR	Providence	49.11		
27	Gavin COUGLE	SO	Butler	49.12		SB
28	Cole KREHNBRINK	SR	App State	49.20		
29	Ike BOLING	SR	Bellarmine	49.21		
30	Zac STANLEY	SR	Butler	49.22		
31	Brock HARRIS	FR	Xavier (OH)	49.28		
32	Michael GARRETT	JR	Charleston (WV)	49.30		SB
33	Kailen PERRY	SO	Unattached	49.32		



**Raleigh Relays**  
**Paul Derr Track and Field Facility**  
**Raleigh, NC - North Carolina State University**  
**March 28-30, 2024**



**Results**

34	Caleb GURNELL	FR N. Carolina A&T	49.40	
35	Joseph DOBRYDNEY	SR Notre Dame	49.42	
36	Haydn BROTSCHI	SO Columbia	49.52	
37	Quintin COOKS	SR Kent State	49.53	
38	CJ KIVIAT	SO Rhode Island	49.61	
39	Caleb HENRY	SR Milwaukee	49.68	
40	Ethan EISNER	JR Colgate	49.82	SB
41	Shawn WALLS	SO St. Augustine's	49.86	
42	Joshua BOEHM	JR Wheeling	49.87	
43	Blake MOODY	FR East Carolina	49.96	
44	Kymoy PHILLIP	SO Central Connecticut	49.98	
45	Deon SUMPTER	SO Wingate	50.02	
46	Nathaniel MESY	SR Frostburg State	50.02	
47	Ian KOE	JR MIT	50.05	
48	Dalton ZIMMERMAN	SO UNCW	50.18	
49	Joe KENNEDY	FR Lipscomb	50.25	
50	Parker KINNEY	SO App State	50.32	
51	Michael RODRIGUEZ-KING	SO Tennessee	50.33	
52	Maxwell CZARNECKI	FR Central Connecticut	50.38	
53	Bradley DIAZ	SO UMass Lowell	50.46	
54	Skylan STEPHENS	SR Milligan	50.51	
55	Josiah WILLIAMS	SO Columbia	50.54	
56	Jabril EL-AMIN	SR Georgetown	50.55	
57	Justin KUDERA	SR Oakland	50.56	
58	Ian GARDNER	JR Concord	50.69	
59	Kameron HELMLINGER	SR Tennessee	50.69	
60	Jackson WALKER	JR Duke	50.70	
61	Jaxson ECKERT	FR Ohio State	50.76	
62	Micah MCKENZIE	FR Georgetown	50.98	
63	Grant HOWLETT	JR NC State	50.99	
64	Sean CRUMPLER	FR St. Augustine's	51.02	PB
65	Bram DE RAEDT	FR Charleston (WV)	51.03	
66	Brennan MCCLAFFERTY	FR Duquesne	51.11	
67	Anthony LEPKOWSKI	JR Wingate	51.13	
68	Seinyi-Abasi ODUNGIDE	FR Duke	51.25	
69	Shamiso SIKANETA	FR Boston University	51.27	
70	Raymond FELTON III	FR Evansville	51.32	PB
71	Chris ROBINSON	FR Goldey-Beacom	51.42	PB
72	Matthew GRIFFIN	SO Georgetown	51.43	
73	Michael MCNEIL	JR Tiffin	51.46	
74	Miguel PARRILLA	SR East Tenn. St.	51.46	
75	Anthony VASSOLO	SO Valparaiso	51.47	
76	Kyle DURHAM	SR NC State	51.48	
77	Colin HUNKELE	JR Charleston (WV)	51.55	
78	Chad HILLMAN	SO UNCW	51.56	
79	Jeremiah ZELLANDER	SR Norfolk State	51.90	
80	Conner OVERLY	SO East Tenn. St.	52.05	
81	Shamar MORGAN	FR N. Carolina A&T	52.31	
82	Lonnell JOHNSON	JR Cumberlands	52.62	
83	Nick FELIX	JR Columbia	52.91	
84	Kevin GABALSKI	JR Buffalo	53.83	
85	Ryan HUNT	SR UNCW	55.47	
86	Edwin DAVIS	Unattached	56.19	
DNS	David WILLIAMS	JR Duquesne	DNS	
DNS	Jack AHART	FR Notre Dame	DNS	
	FS Killian FAHY	FR North Carolina	FS	
DNS	Camron VENTURA	SR Tiffin	DNS	
DNF	Kenai MASSIAH	FR Goldey-Beacom	DNF	
DNS	Joshua PAGE	SO Tiffin	DNS	

MEN 800 M				
1	LUCIANO FIORE	Atlanta TC Elite	1:46.88	MR
2	SHANE STREICH	Atlanta TC Elite	1:47.65	
3	Kerem AYHAN	SR Northeastern	1:48.55	
4	Beck WITTSTADT	JR Duke	1:48.80	
5	Kaden KLUTH	SO American	1:49.09	PB
6	Jeremy KAIN	SO Duke	1:49.17	PB
7	Jack CRULL	JR Bradley	1:49.23	PB
8	Collin OCHS	SR Rhode Island	1:49.46	
9	William CUTHBERTSON	SR Butler	1:49.62	
10	Marcus KEMP	SR Eastern Michigan	1:49.63	PB
11	CLAY PENDER	Atlanta TC Elite	1:49.67	
12	Ronald BRANDAL	SR Eastern Michigan	1:49.68	PB
13	Ryan WILSON	SR Duke	1:49.94	
14	Ethan YOST	Unattached	1:50.02	
15	Owen DROMETER	SR Duke	1:50.27	
16	Liam BELLAMY	JR Virginia	1:50.31	
17	Miguel PARRILLA	SR East Tenn. St.	1:50.35	SB
18	Maddon MUHAMMAD	JR Charlotte	1:50.37	PB
19	Zach HUGHES	SR NC State	1:50.40	
20	Quintin COOKS	SR Kent State	1:50.42	PB
21	Edwin KLANKE	SO Penn	1:50.43	PB
22	Alec SNELL	SR Rutgers	1:50.47	
23	Aiden COLES	SO Iona	1:50.47	PB
24	Liam GOING	SO Penn	1:50.57	PB
25	Michael TONKOVICH	SR Ohio	1:50.68	PB
26	Levi STREEVAL	SO Lipscomb	1:50.91	
27	Eli HOEFT	SR Minnesota	1:50.99	
28	Joseph QUEEN	SR George Mason	1:51.06	PB
29	Samuel IDIENS	FR Charleston (WV)	1:51.11	
30	William SKELLY	JR Duke	1:51.20	
31	Kaleb HOLLINS	FR Flagler	1:51.22	
32	Michael SPRAGLEY	SR North Carolina	1:51.23	
33	Trey KRAIMER	JR Coastal Carolina	1:51.27	PB
34	Eli BAKER	JR Rhode Island	1:51.28	PB
35	Garrett RICARDO	SR Coastal Carolina	1:51.33	
36	Warren THIEL	JR Charleston (WV)	1:51.43	
37	Linus VENNEMANN	SR Eastern Michigan	1:51.44	
38	James SCHMIDT	JR Lipscomb	1:51.48	PB
39	DJ MATUSZ	JR Dartmouth	1:51.58	
40	Brady JOHNSON	SR Lipscomb	1:51.63	
41	Paul MCCLAIN	JR George Mason	1:51.76	PB
42	Denis GALLAGHER	SR Penn	1:51.81	
43	Dylan MCBRIDE	SO Kent State	1:51.82	
44	Kevin VANDERKOLK	JR Belmont	1:51.85	PB
45	ROBERT HEPPENSTALL	Atlanta TC Elite	1:51.86	
46	Max DIETERICH	SR Bradley	1:51.89	
47	Nick SOLDEVERE	SR Iona	1:51.90	
48	Graham STEDFAST	JR UMass Lowell	1:51.95	
49	Kosani DUNKLEY	JR Goldey-Beacom	1:51.96	
50	Andrew MALLO	SO Charlotte	1:51.97	
51	Jake IRELAND	SR Central Connecticut	1:52.00	
52	Trey DOUBLE	SR Kent State	1:52.08	PB
53	Kyle MILLER	JR Penn	1:52.09	PB
54	Pierre SYLVAIN	SR Northeastern	1:52.16	
55	Nathaniel ONDRACEK	SR Tiffin	1:52.17	
56	Leo GOODMAN	SO Minnesota	1:52.17	
57	Dillon ARYEH	6 Unattached	1:52.17	
58	Michael POLIZZI	FR Lipscomb	1:52.40	PB
59	Aleix LAGO	FR Wingate	1:52.40	





**Raleigh Relays**  
**Paul Derr Track and Field Facility**  
**Raleigh, NC - North Carolina State University**  
**March 28-30, 2024**



**Results**

60 Jackson GORDON	SO Bellarmine	1:52.42		120 Griffin GILLESPIE	SO Charleston Souther	1:55.29	PB
61 Jordan GOOD	FR Howard	1:52.42		121 Noah BRIGHTMAN	SO Buffalo	1:55.36	
62 Grant HOWLETT	JR NC State	1:52.45		122 Ryan MCCAULEY	JR Central Connecticut	1:55.42	
63 Dillan HAVILAND	SR Northwood	1:52.47		123 Charlie HENNE	FR Tulane	1:55.46	PB
64 Talel KHALFI	JR Tiffin	1:52.62		124 Liam DENNIS	SR Butler	1:55.51	
65 Anders NARITA	SR Northeastern	1:52.80		125 Noah MEACHAM	FR Valparaiso	1:55.58	
66 Jesse EDELSTEIN	SR Brown	1:52.85	PB	126 William HANCHOSKY	SO Youngstown St.	1:55.64	
67 David HOLMAN	FR Wingate	1:52.96	PB	127 Gabriel RODRIGUEZ	FR Rutgers	1:55.86	
68 Dawson GROGAN	SO N. Carolina A&T	1:53.00		128 Kendall PHILLIPS	JR VCU	1:56.09	
69 Owen GILBERT	FR Michigan State	1:53.14		129 William HARRELL III	SR Oakland	1:56.18	
70 Kamren KENNEDY	FR N. Carolina A&T	1:53.18		130 Jalen CHIN	SR N. Carolina A&T	1:56.43	
71 Nicolas PIZARRO	FR Penn	1:53.25		131 Jaxson COPELIN	FR Bradley	1:56.52	
72 Holden EMERY	JR Penn	1:53.26		132 Jacob MIRABELL	Unattached	1:56.89	
73 Matthew GRIFFIN	SO Georgetown	1:53.29		133 Aaron CAVENEY	FR Brown	1:57.10	
73 Levente PALVOLGYI	FR Wingate	1:53.29		134 Parker ORLOWSKY	FR Tulane	1:57.43	
75 Matthew DOHERTY	FR Brown	1:53.33		135 Aidan BUDGE	SO Central Connecticut	1:57.55	
76 Carver MORGAN	SO American	1:53.34		136 Gabriel KWARTENG	SO Central Connecticut	1:57.68	
77 Gabe WATSON	SO Buffalo	1:53.43		137 Griffin WALD	FR UNCW	1:57.95	PB
78 Owen MARISH	SO UNCW	1:53.44	SB	138 Nash MILLS	SO UNCW	1:58.06	SB
79 Eddie HALL	FR N. Carolina A&T	1:53.50	PB	139 Andrew YEARY	FR Cumberlandands	1:58.32	
80 Will STONE	SO Flagler	1:53.57		140 Julian KINGERY	SO Notre Dame	1:58.56	
81 Johann MATZAL	SR Buffalo	1:53.59		141 Kaleb CONWAY	FR N. Carolina A&T	1:58.75	
82 Mathias DELDICQUE	FR American	1:53.60		142 Alejandro CHAVES	FR Valparaiso	1:58.85	
83 Kazuma BOWRING	JR Marshall	1:53.61	PB	143 Jack MCGAHEY	SO Charleston Souther	1:58.97	
84 Elliott MCARTHUR	Unattached	1:53.66		144 Charles GUIGON	SR Tiffin	1:59.27	
85 Brady MESSER	SO Eastern Michigan	1:53.75		145 Jackson WALKER	JR Duke	1:59.89	
86 Baidy BA	JR Kent State	1:53.79		146 Krystopher DURHAM	SO Charlotte	2:02.10	
87 Tyler DAILEY	FR Eastern Michigan	1:53.80		147 Caleb BOST	FR Kent State	2:04.15	
88 Zander DUNBAR	SO Tulane	1:53.84		DNS Nadim ABDU	SO George Mason	DNS	
89 Patrick LYELL	JR Grand Valley St.	1:53.90		DNS Mark ALKINS	SR North Carolina	DNS	
90 Miles ALLY	JR NC State	1:53.93		DNS Kaleb BERRY	JR Howard	DNS	
91 Sam MARRAN	SR Rutgers	1:53.93	SB	DNS Joel WOLF	JR Belmont	DNS	
92 Quinton BAUER	SO Grand Valley St.	1:53.94	PB	DNS Luke LARKIN	SO Flagler	DNS	
93 Gunner HOGSTON	SR Charlotte	1:53.95		DNS Ethan PUC	SR American	DNS	
94 Jamel BROWN	SR Unattached	1:53.96		DNS Victor CARPEGGIANI	FR Cumberlandands	DNS	
95 Conner OVERLY	SO East Tenn. St.	1:54.00		DNS Damien DILCHER	SR Iona	DNS	
96 Alex DAVIS	SO Rutgers	1:54.02	PB	DNS Evan HILBERT	SR Buffalo	DNS	
97 Tommaso LOSMA	FR Evansville	1:54.08	PB	DNS Mark VIGGIANO	FR Rutgers	DNS	
98 Nate REEVES	SR American	1:54.29		DNS Hunter ZARTMAN	JR Michigan State	DNS	
99 Will ATKINS	JR Duke	1:54.31		DNS Cedrik FLIPO	Unattached	DNS	
100 Rafael RODRIGUEZ	FR Evansville	1:54.34		DNS Caleb FUTTER	SR Grand Valley St.	DNS	
101 Caleb LIND	SO Bradley	1:54.37		DNS Anthony VLATKO	Unattached	DNS	
102 Carter DILLON	SR Duke	1:54.40		DNS Myles PLUMMER	SO Virginia	DNS	
103 Leo FREELAND	JR Wingate	1:54.42	PB	DNS Blaik SLAVINSKI	Unattached	DNS	
104 Terrence BROOKS JR.	JR Oakland	1:54.55		DNS George COUTTIE	FR Charleston (WV)	DNS	
105 Brandon KNIEJA	JR Flagler	1:54.66	PB	DNS Kyle DURHAM	SR NC State	DNS	
106 Jalen ST. FORT	SO Tulane	1:54.67		DNS Scott SPAANSTRA	JR Grand Valley St.	DNS	
107 Tyler BARTLETT	FR Providence	1:54.67		DNS Alex LEATH	FR Virginia	DNS	
108 Zack WEDDING	SO Charleston Souther	1:54.70		DNS Shane COHEN	SR Virginia	DNS	
109 Lewis COTTERILL	JR Tiffin	1:54.72		DNS Zachary LANDVIK-LARSEN	SR Goldey-Beacom	DNS	
110 Delsin BURKHART	SR UNC Pembroke	1:54.75					
111 Shane MORAN	JR Wingate	1:54.78	PB	<b>MEN 1500 M</b>			
112 Jordan GILLUM	FR Marshall	1:54.78	PB	1 Amon KEMBOI	Puma	3:39.08	MR
113 George KEEN	FR Penn	1:54.84	PB	2 Charlie O'DONOVAN	SR Villanova	3:39.65	PB
114 Alvaro MONFORT	FR Evansville	1:54.86		3 Sam GILMAN	New Balance	3:39.83	
115 Lachlan CORNELIUS	FR Eastern Michigan	1:54.86		4 SHANE STREICH	Atlanta TC Elite	3:40.20	
116 Vince MWANGI	FR Wake Forest	1:54.89		5 James DONAHUE	FR Virginia	3:40.27	
117 Zach BALZER	FR Bradley	1:55.01		6 Shane BRACKEN	Swinford/Dublin TC	3:40.28	
118 Benjamin HORNER	JR Colgate	1:55.08	SB	7 Joe EWING	SO Harvard	3:40.43	PB
119 Sam COHEN	FR Tulane	1:55.17	PB	8 Jack CRULL	JR Bradley	3:40.83	PB



**Raleigh Relays**  
*Paul Derr Track and Field Facility*  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

9	Conor MURPHY	SR	Virginia	3:40.88		69	Jake IRELAND	SR	Central Connecticut	3:49.05	PB
10	Collin GILSTRAP	FR	Stony Brook	3:41.03		70	Zack TRUITT	JR	Georgia	3:49.07	
11	Damien DILCHER	SR	Iona	3:41.04	PB	71	Kyle REINHEIMER	JR	North Carolina	3:49.11	
12	Beck WITTSTADT	JR	Duke	3:41.37	PB	72	Linus VENNEMANN	SR	Eastern Michigan	3:49.13	
13	Eric VAN DER ELS		ZAP Endurance	3:41.63		73	Tanner PIOTROWSKI	JR	Penn State	3:49.25	PB
14	Damian HACKETT	JR	Cornell	3:41.65		74	Samuel PRITCHARD	SR	William & Mary	3:49.45	
15	Luca SANTORUM	FR	Cumberlands	3:41.79		75	Will STOCKLEY	SR	Milligan	3:49.46	PB
16	Michael DANZI	SR	Columbia	3:42.06	PB	76	Baidy BA	JR	Kent State	3:49.49	
17	Eli HOEFT	SR	Minnesota	3:42.23		77	Maddon MUHAMMAD	JR	Charlotte	3:49.57	
18	Owen KARAS	SO	Yale	3:42.86	PB	78	Nate LENTZ	SR	Williams	3:49.66	
19	Jack ELIASON	SR	Virginia	3:43.00		79	Ethan YOST		Unattached	3:49.66	
20	Carter SOLOMON	JR	Notre Dame	3:43.04		80	Lars LAROS	SO	Wingate	3:49.72	
21	Alec ESPOSITO	SR	Charlotte	3:43.17		81	Rory CAVAN	SR	Duke	3:49.76	
22	Jake RENFREE	SR	Notre Dame	3:43.49	PB	82	Elias BERGMAN	JR	Grand Valley St.	3:49.77	
23	George COUTTIE	FR	Charleston (WV)	3:43.70		83	Gage KILLEWALD	SO	Michigan State	3:49.78	PB
24	Jan BADIA	JR	Eastern Kentucky	3:44.97		84	Matt GATUNE	SO	Columbia	3:49.78	PB
25	Zubeir DAGANE	SR	Duke	3:44.98		85	Ethan LIPHAM	SO	App State	3:49.93	PB
26	Zach HUGHES	SR	NC State	3:45.07		86	Kevin HAAS	JR	Penn State	3:49.96	PB
27	Evan HILBERT	SR	Buffalo	3:45.18		87	Liam GOING	SO	Penn	3:50.00	PB
28	Ryan WILSON	SR	Duke	3:45.24		88	James SCHMIDT	JR	Lipscomb	3:50.15	
29	Yukichi ISHII	JR	Penn State	3:45.58	PB	89	Dawson WELCH	FR	Tennessee	3:50.18	
30	Alex LEATH	FR	Virginia	3:45.83		90	Michael BOHLKE	SO	George Washington	3:50.28	SB
31	Bryce ANDERSON	JR	Charlotte	3:45.93		91	Sean DONOGHUE	JR	Villanova	3:50.34	
32	Ferenc KOVACS	FR	Harvard	3:45.95		92	Moritz EBBESKOTTE	SO	Boston University	3:50.35	
33	Owen DROMETER	SR	Duke	3:46.08	PB	93	Nathan KAPEL	FR	Stephen F. Austin	3:50.43	PB
34	Moritz KLEESIEK	FR	Queens (NC)	3:46.09	PB	94	Samuel IDIENS	FR	Charleston (WV)	3:50.50	
35	Sam LLANEZA	JR	Lynchburg	3:46.12		95	Patrick ANDERSON	SR	North Carolina	3:50.66	
36	Luke SIMPSON	JR	Pittsburgh	3:46.14	PB	96	Dillan HAVILAND	SR	Northwood	3:50.72	
37	Max DIETERICH	SR	Bradley	3:46.23	PB	97	Jaxson COPELIN	FR	Bradley	3:50.92	
38	Patrick CANTLON	SO	Northeastern	3:46.27	PB	98	Mac CONWELL		Unattached	3:50.96	
39	Finn WALSH	JR	Pittsburgh	3:46.46	SB	99	Myles PLUMMER	SO	Virginia	3:50.99	PB
40	Zak FREELAND	FR	Queens (NC)	3:46.46	PB	100	Aidan O'HERN	JR	New Hampshire	3:51.05	
41	Walker ST. JOHN	FR	North Carolina	3:46.77		101	Dakin EBMEYER	FR	Colgate	3:51.08	PB
42	Edwin KLANKE	SO	Penn	3:46.98	PB	102	Noah BRIGHTMAN	SO	Buffalo	3:51.37	PB
43	Aiden COLES	SO	Iona	3:47.33		103	William SKELLY	FR	Duke	3:51.37	
44	Shane COHEN	SR	Virginia	3:47.34	PB	104	Alex HEIDEMANN	SO	Lehigh	3:51.53	PB
45	William CUTHBERTSON	SR	Butler	3:47.35		105	Tyler CLARK	JR	Youngstown St.	3:51.54	
46	Brady JOHNSON	SR	Lipscomb	3:47.50		106	Brian PEDRETTI	JR	Rutgers	3:51.70	PB
47	Nick SOLDEVERE	SR	Iona	3:47.54		107	John SCHULER	SO	Notre Dame	3:51.73	
48	Brayden SEYMOUR	FR	Furman	3:47.60	PB	108	Liam DENNIS	SR	Butler	3:51.73	PB
49	Kaden KLUTH	SO	American	3:47.69	PB	109	Aidan LYNCH	JR	Lehigh	3:51.78	SB
50	Luke SEYMOUR	FR	Penn State	3:47.81	PB	110	Sage VAVRO	FR	Youngstown St.	3:51.79	
51	Braden LANGE	SR	Charlotte	3:47.85	PB	111	Jacob JONES	SR	William & Mary	3:51.83	
52	Luca POPPE	SO	Wingate	3:47.89	PB	112	George KEEN	FR	Penn	3:51.92	
53	Zephaniah CARICO-MCLENM	SO	Samford	3:47.91		113	Patrick BYRNES	SO	Michigan State	3:51.94	
54	Bryn WOODALL	JR	Milligan	3:47.93	PB	114	Warren THIEL	JR	Charleston (WV)	3:52.03	PB
55	Jeremy KAIN	SO	Duke	3:47.96	PB	115	Levi STREEVAL	SO	Lipscomb	3:52.06	
56	Seth ELKING	FR	Cincinnati	3:48.02		116	Brandon MCGORTY	SR	Unattached	3:52.11	
57	Leo GOODMAN	SO	Minnesota	3:48.16		117	Braden KING	SO	Yale	3:52.15	
58	Owen HUARD	JR	Michigan State	3:48.16		118	Jack MCGAHEY	SO	Charleston Souther	3:52.16	SB
59	Michael TONKOVICH	SR	Ohio	3:48.45		119	Leo FREELAND	JR	Wingate	3:52.23	
60	Jed HELKER	JR	Cincinnati	3:48.49		120	Jackson GIBSON	JR	Davis & Elkins	3:52.24	SB
61	Luke PERELLI	JR	Michigan State	3:48.50		121	Dylan MCBRIDE	SO	Kent State	3:52.29	
62	Mac HADDEN	SO	Dartmouth	3:48.56	PB	122	Trey DOUBLE	SR	Kent State	3:52.37	PB
63	Zane POWELL	SO	Providence	3:48.75	SB	123	Conner RUTHERFORD	FR	Georgia	3:52.38	
64	Tyler BROGAN	SR	Northeastern	3:48.75		124	Wyatt HOOVER	SO	Stephen F. Austin	3:52.51	PB
65	Michael SPRAGLEY	SR	North Carolina	3:48.89		125	David HOLMAN	FR	Wingate	3:52.52	
66	Patrick LYELL	JR	Grand Valley St.	3:48.90		126	Patrick CASTELLANO	SR	George Washington	3:52.68	SB
67	Aidan SHEA	JR	New Hampshire	3:48.92		127	Noah TAYLOR	JR	Rider	3:52.80	SB
68	Carter DILLON	SR	Duke	3:48.94		128	Andrew BENASSI	SO	UMass Lowell	3:52.91	



**Raleigh Relays**  
Paul Derr Track and Field Facility  
Raleigh, NC - North Carolina State University  
March 28-30, 2024



**Results**

129 Graham FERGUSON	JR High Point	3:52.91	
130 Caleb KENYON	SO Charleston Souther	3:52.92	
131 Ryan BORDEN	JR Columbia	3:53.08	
132 Jeremy KLOSS	SR Michigan State	3:53.12	
133 Shamiso SIKANETA	FR Boston University	3:53.15	
134 Tyler BARTLETT	FR Providence	3:53.19	
135 Noah VALYO	SR Unattached	3:53.24	
136 Marcus KEMP	SR Eastern Michigan	3:53.31	
137 Riley NEWPORT	Unattached	3:53.36	
138 Kaleb HOLLINS	FR Flagler	3:53.65	
139 Gabe MCCONVILLE	JR Tampa	3:53.66	
140 Riley JACKSON	JR Youngstown St.	3:53.72	PB
141 Sam PETERSON	SO Eastern Michigan	3:53.75	
142 Brody HARTLEY	FR Notre Dame	3:53.76	
143 Brandon KNIEJA	JR Flagler	3:53.76	SB
144 Dwayne LILLIE	JR App State	3:53.80	PB
145 Miles ALLY	JR NC State	3:53.84	
146 Carter MCKENNA	JR Davis & Elkins	3:53.88	
147 Griffin GILLESPIE	SO Charleston Souther	3:53.91	
148 Stephen FERNETTI	FR Charlotte	3:54.29	
149 Henry LYON	SO East Carolina	3:54.62	
150 Johann MATZAL	SR Buffalo	3:54.80	PB
151 Luke LARKIN	SO Flagler	3:54.91	
152 Caleb LIND	SO Bradley	3:55.13	
153 Logan DINGMAN	FR Georgia	3:55.24	
154 Drennan AKINS	FR Grand Valley St.	3:55.26	
155 Michael RODRIGUEZ-KING	SO Tennessee	3:55.31	
156 Sean SMITH	JR Toledo	3:55.70	
157 Will STONE	SO Flagler	3:55.70	
158 Samuel GEISLER	JR Connecticut	3:55.76	
159 Caleb SCHEFFLER	JR Samford	3:55.84	
160 Daniel MALATESTA	SO Lehigh	3:55.85	SB
161 Anders NARITA	SR Northeastern	3:55.85	
162 Matthew DOHERTY	FR Brown	3:55.93	
163 Nathaniel ONDRACEK	SR Tiffin	3:56.02	
164 Davy APPLETON	JR Dartmouth	3:56.16	
165 Tommaso LOSMA	FR Evansville	3:56.21	
166 Carter KNOX	FR Tennessee	3:56.27	
167 Richie CASTANEDA	SR Rider	3:56.28	SB
168 Rishabh PRAKASH	SR Notre Dame	3:56.35	
169 Nate REEVES	SR American	3:56.51	
170 Zack WEDDING	SO Charleston Souther	3:56.53	
171 Lachlan CORNELIUS	FR Eastern Michigan	3:56.55	
172 Brendan DISTEFANO	JR William & Mary	3:56.56	
173 Luke ELLWOOD	JR William & Mary	3:56.66	PB
174 Jesse EDELSTEIN	SR Brown	3:57.17	PB
175 Pedro BRAVO	JR Wake Forest	3:57.44	SB
176 Christopher KNIGHT	FR Furman	3:57.57	
177 Nathan GEYER	FR Charlotte	3:58.19	
178 Gianni ALLWEIN	FR Cincinnati	3:58.36	
179 Nolan HESTER	JR Bellarmine	3:58.40	
180 Ethan FINGERHUT	SO Pittsburgh	3:58.41	
181 Delsin BURKHART	SR UNC Pembroke	3:58.66	SB
182 Grant SWENINGSON	SO Eastern Michigan	3:58.68	
183 Ronald BRANDAL	SR Eastern Michigan	3:58.69	
184 Liam DAVIS	FR Colgate	3:58.71	PB
185 Micah LAWSON	FR Rutgers	3:59.02	
186 Jack ZETTL	SR Belmont	3:59.02	SB
187 Ivan SLYEPKAN	SR Ohio State	3:59.13	
188 Jacob MIRABELL	Unattached	3:59.17	

189 Brady MCARDLE	FR Michigan State	3:59.34	
190 Christopher HILL	SR Rutgers	3:59.55	
191 Scott NUTTER	JR Wingate	3:59.91	
192 Luke HENKEL	JR William & Mary	3:59.92	
193 Elliot DOTSON	SO Anderson (SC)	3:59.96	
194 Brennen POPIK	JR Tampa	4:00.06	
195 Zach BARRY	SR Duke	4:00.19	
196 Liam GARRETT	SR Yale	4:00.58	
197 Michael BRANNIGAN	NYAC	4:01.01	
198 Chase OSBORNE	SR East Carolina	4:01.71	
199 George ALEXANDER	JR Tampa	4:02.06	
200 Joel WOLF	JR Belmont	4:02.28	=SB
201 Elliott MCARTHUR	Unattached	4:03.30	
202 Gabe WATSON	SO Buffalo	4:03.97	
203 Ryan MOTONDO	SO NC State	4:05.56	
204 Garrett RICARDO	SR Coastal Carolina	4:05.62	
205 Stephen LARSON	SR William & Mary	4:06.88	
206 Devin SMITH	SR Delaware State	4:07.06	
207 Andrew BALOGH	FR Georgia	4:08.51	
208 Charles GUIGON	SR Tiffin	4:10.48	
DNS Victor JUMO	JR Norfolk State	DNS	
DNS Joe BARRETT	JR Butler	DNS	
DNS Andrew PERREAULT	SR Canisius	DNS	
DNS Scott SPAANSTRA	JR Grand Valley St.	DNS	
DNF Brady MESSER	SO Eastern Michigan	DNF	
DNS Marco EVANS	Unattached	DNS	
DNS Cal YACKIN	JR Grand Valley St.	DNS	
DNS Gavin RICHARDS	JR Rutgers	DNS	
DNF Tyler DAILEY	FR Eastern Michigan	DNF	
DNS Kevin CAWLEY	SR Connecticut	DNS	
DNF Nicolas PIZARRO	JR Penn	DNF	
DNS Habtamu GETA	SR Mid. Tenn. State	DNS	
DNF Holden EMERY	JR Penn	DNF	
DNF Kyle MILLER	JR Penn	DNF	
DNF Noah WARD	JR Harvard	DNF	
DNS Travis MARTIN	JR Connecticut	DNS	
DNF Denis GALLAGHER	SR Penn	DNF	
DNF ROBERT HEPPENSTALL	Atlanta TC Elite	DNF	
DNS Sean PETERSON	New Balance	DNS	

**MEN 5000 M**

1 Jesse HAMLIN	JR Butler	13:31.00	PB
2 Gary MARTIN	SO Virginia	13:31.51	
3 Nathan MOUNTAIN	JR Virginia	13:32.65	PB
4 Brian MASAI	SO Akron	13:34.26	PB
5 Nickolas SCUDDER	SR Charlotte	13:34.76	PB
6 Andrew COLLEY	ZAP Endurance	13:35.50	
7 Benjamin GODISH	JR Northeastern	13:36.82	PB
8 Jason BOWERS	SO East Tenn. St.	13:42.68	
9 Wes PORTER	JR Virginia	13:44.24	
10 Freddy COLLINS	SO Boston University	13:45.41	PB
11 Colton SANDS	JR North Carolina	13:45.54	PB
12 Devon COMBER	SO Villanova	13:45.90	PB
13 Jacob KLEMZ	Hansons-Brooks OI	13:46.90	
14 Illia KUNIN	JR Tulane	13:46.94	
15 Bradley GIBLIN	FR Iona	13:47.92	
16 Sam WILHELM	JR Alabama-Huntsville	13:48.09	PB
17 Foster MALLECK	SR Boston University	13:48.80	PB
18 Riley HOUGH	FR Michigan State	13:49.05	
19 CJ SINGLETON	SO Notre Dame	13:49.25	



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

20 Braedon PALMER	JR Lipscomb	13:49.37	PB	80 Mason LOVE	SO George Mason	14:09.37	PB
21 Tyler WIRTH	SR Cincinnati	13:49.51		81 Jack MCMAHON	JR Butler	14:09.51	
22 Austin HASKETT	SR Indiana	13:49.64	PB	82 Jacob HUNTER	SR Virginia	14:09.85	
23 Titouan LE GRIX	JR Wingate	13:49.65		83 Aidan COX	FR Virginia	14:10.01	
24 Ryan FOWKES	SR George Washington	13:49.83		84 Aidan LORD	FR Indiana	14:10.25	
25 Alec ESPOSITO	SR Charlotte	13:50.23	PB	85 Jake WINSLOW	SR Duke	14:10.53	PB
26 Rhys HAMMOND	SR Cornell	13:50.31		86 Ryan MEADOWS	JR Youngstown St.	14:10.56	
27 Jacob LEWIS	SR Tennessee	13:50.75	PB	87 Erick RAMIREZ	SR Catawba	14:10.65	PB
28 Christopher ALFOND	Unattached	13:51.76		88 Paul STAMM	SO Bellarmine	14:11.13	
29 Daelen ACKLEY	SO Notre Dame	13:52.17		89 Eric PETERSEN	JR IUPUI	14:11.56	PB
30 Ryan BUZBY	SR Buffalo	13:52.63	PB	90 Ryan WATSON	FR Penn State	14:11.97	
31 Tadhg DONNELLY	SO Iona	13:53.12	PB	91 Gustav BENDSEN	FR Cumberland	14:12.07	
32 Hunter CHRISTOPHER	JR Youngstown St.	13:53.13	PB	92 Ryan DREW	Greenville TC-ELIT	14:12.86	
33 Xian SHIVELY	JR Villanova	13:53.61		93 Ryan OLREE	FR Georgia	14:13.82	
34 Othmane EL GHARISSI	SR High Point	13:53.64	PB	94 Sean CARNEY	Unattached	14:14.61	
35 Youssef ASSLOUJ	FR Cumberland	13:53.99		95 Parker LAMBERS	FR Michigan State	14:14.79	
36 Christopher CHERRY	JR Tennessee	13:55.09	PB	96 Ryan MCGORTY	Unattached	14:14.88	
37 Leo BREWER	SO Yale	13:55.22	PB	97 Wesley LARSON	JR NC State	14:15.32	
38 Micah GILPATRIC	Unattached	13:55.38		98 Nick MOTA	JR Belmont	14:15.33	
39 David SLAPAK	FR Butler	13:55.78		99 Charlie SMITH	JR Georgia Tech	14:15.37	
40 Carter CHEESEMAN	JR Belmont	13:55.97		100 Shane HENDERSON	SR Stony Brook	14:15.38	
41 Mhalicki BRONSON	Unattached	13:55.99		101 Chase ATKINS	SO Bellarmine	14:16.48	PB
42 Andrew JONES	SO Virginia	13:56.08	PB	102 Alden KELLER	Unattached	14:16.55	
43 Koby FRAAZA	SO Grand Valley St.	13:56.31	PB	103 Yordanos ZELINSKI	SO Tennessee	14:16.59	PB
44 Frank CSORBA	JR Lynchburg	13:56.44	PB	104 Sam BURGESS	FR Harvard	14:16.70	
45 AIDAN RYAN	Atlanta TC Elite	13:56.44		105 Tanner KLUMPH	FR Minnesota	14:16.99	
46 Gabriel SANCHEZ	JR Tennessee	13:56.58	PB	106 Evan WALDA	JR Valparaiso	14:17.16	PB
47 Luke MILLER	JR Pittsburgh	13:57.15	PB	107 Sam RICH	SO Notre Dame	14:17.64	
48 Reed PRYOR	JR Harvard	13:57.26		108 Hayden HEALEY	SO Penn State	14:17.65	PB
49 Davonte JETT-REYNOLDS	Greenville TC-ELITI	13:57.94		109 Bastian MROCHEN	SR Wingate	14:18.01	
50 Dennis MUTAI	JR Toledo	13:57.98		110 Declan MCDONNELL	JR Unattached	14:18.10	
51 Austin GABAY	JR Duke	13:58.84	PB	111 John HIGINBOTHAM	JR Georgia Tech	14:20.39	
52 Sacha PERRIER	SR South Alabama	13:58.99		112 Sean MORELLO	FR Duke	14:20.96	
53 David VORBACH	SR NC State	13:59.25		113 Ben OTIS	SR Toledo	14:21.19	
54 Justin MUMFORD	SO Navy	13:59.29	PB	114 Owen BOSLEY	FR Harvard	14:21.24	
55 Joshua IZEWSKI	ZAP Endurance	13:59.57		115 Zane JACKSON	Unattached	14:21.37	
56 Canaan ANDERSON	SR Tennessee	14:00.33		116 Jacob RICKS	JR Belmont	14:21.87	PB
57 Quintin GATONS	Unattached	14:00.84		117 Owen BRADY	FR Youngstown St.	14:21.92	
58 Sawyer DAGAN	JR Clemson	14:01.30	PB	118 Sean KENNEDY-WONNEBER	SO UMass Lowell	14:22.30	PB
59 Albert VELIKONJA	JR Dartmouth	14:01.30	PB	119 Troy HILL	JR Penn	14:22.64	PB
60 Jayde ROSSLEE	FR Bradley	14:01.65		120 Owen PUKYS	SO Dayton	14:23.16	PB
61 Emmet ANDERSON	SO Minnesota	14:01.89	PB	121 Jason THOMSON	JR High Point	14:23.19	
62 Alexander PENSKI	JR Michigan State	14:02.76	PB	122 Thomas ASHBY	FR Cincinnati	14:23.91	
63 Chasen HUNT	SO Lynchburg	14:03.25	PB	123 Simeon EHM	JR Valparaiso	14:24.53	PB
64 Nathan KAPEL	FR Stephen F. Austin	14:04.75		124 Kevin AGNEW	SR Ohio State	14:24.89	PB
65 Kyle HARKABUS	SR Liberty	14:05.34	PB	125 Patrick DONNELLY	SO Florida State	14:25.04	
66 Jack PENNEWELL	SO Michigan State	14:05.44		126 Aaron ISBELL	JR Chattanooga	14:25.80	PB
67 Luke TEWALT	JR Wake Forest	14:05.80		127 Alex HISLOP	SR Buffalo	14:25.86	PB
68 Jake LIEBERT	SR Unattached	14:06.44		128 Jacob HEREDIA	SO George Washington	14:26.25	
69 Samuel WHITTAKER	SR Central Connecticut	14:06.89		129 Liam TILTON	SO Rutgers	14:26.42	PB
70 Edwin KIPROP	FR Liberty	14:07.41		130 Alec SAUTER	JR Connecticut	14:27.06	
71 Arthur COSSON	SR La Salle	14:07.42	PB	131 Alex MADER	SO Yale	14:27.25	
72 Cas KOPMELS	SR Wingate	14:07.94	PB	132 Joel NESI	JR Flagler	14:27.62	PB
73 Daniel SCHMIDT	SO Wingate	14:07.98	PB	133 Matteo ROSIO	FR Butler	14:27.89	
74 John LUCEY	SR Williams	14:08.06	PB	134 Zach BALZER	FR Bradley	14:27.95	
75 Conor SOMERS	FR Grand Valley St.	14:08.08		135 Scott FAGAN	SO Iona	14:28.17	PB
76 Brian KIPTOO	SO Mid. Tenn. State	14:08.52		136 Bryan HERNANDEZ	SR Lipscomb	14:28.55	
77 Soheil BOUFRIZI	JR Wingate	14:08.69	PB	137 Will KENNEY	JR UMass Amherst	14:29.50	PB
78 Gabriel MONTAGUE	SO Furman	14:09.23		138 Owen SHIFFLETT	FR Furman	14:29.63	
79 Ben FLEISCHER	SR Rhode Island	14:09.28	PB	139 Blaze FITCHER	FR Youngstown St.	14:29.80	



**Raleigh Relays**  
*Paul Derr Track and Field Facility*  
*Raleigh, NC - North Carolina State University*  
*March 28-30, 2024*



**Results**

140 Oussama AJALA	JR Catawba	14:29.95	PB
141 Victor JUMO	JR Norfolk State	14:29.99	PB
142 Buck LEDFORD	SO Mercer	14:30.28	PB
143 Habtamu GETA	SR Mid. Tenn. State	14:30.35	
144 Yami ALBRECHT	SR Oakland	14:30.64	PB
145 Drew SEABASE	SO Michigan State	14:31.28	
146 Ryan ADKINS	JR Tulane	14:31.81	
147 Daegan CUTTER	FR Yale	14:32.49	
148 Meshack KUYO	FR N.C. Central	14:32.57	
149 Nathan LARSON	JR Michigan State	14:34.08	
150 Brayden HENKLE	FR Indiana	14:34.09	
151 Sam DUNCAN	SR Dayton	14:34.28	PB
152 William SHAUGHNESSY	SO Penn	14:34.39	
153 Garrett HICKS	FR Indiana	14:34.46	
154 Rendon KUYKENDALL	Unattached	14:34.96	
155 James SULLIVAN	SR Central Connecticut	14:36.06	PB
156 Dan PEDRETTI	JR Rutgers	14:36.20	PB
157 Sam RIVERA	SR Duke	14:36.57	
158 Logan ZUCHELLI	JR Concord	14:36.86	PB
159 Shane GREIPENTROG	FR Minnesota	14:36.98	
160 Brendan FLYNN	FR Penn State	14:37.06	
161 Rory LIEBERMAN	FR Penn	14:37.25	
162 Molutsi MOHLOUWA	SR Mid. Tenn. State	14:37.28	
163 Kushan PATEL	FR Georgia	14:38.20	
164 Behailu BEKELE-ARCURI	SR Penn State	14:38.59	
165 Daniel LAMBERT	JR Grand Valley St.	14:38.69	
166 Ryan RUPPERT	JR Grand Valley St.	14:39.24	
167 Andrew MCGINNIS	SO Samford	14:39.82	PB
168 Kenan PALA	SO Yale	14:40.48	
169 Cal YACKIN	JR Grand Valley St.	14:40.77	
170 Thomas CAPUTO	JR Youngstown St.	14:40.85	PB
171 Giovanni COPPLOE	SR Ohio State	14:41.35	PB
172 Mark TRAMMELL	FR Wake Forest	14:41.42	
173 Adam JONES	SR Dayton	14:41.60	PB
174 Noah SHARP	FR Wright State	14:42.58	
175 Vincent YEGON	JR Mid. Tenn. State	14:43.65	
176 Joseph JASTER	SR NC State	14:43.72	
177 Nick FALK	FR Duke	14:44.37	
178 Brandon GARCIA	SR Clemson	14:44.48	
179 Kevin HARVEY	JR Lehigh	14:45.34	
180 Kyle SPENCER	FR High Point	14:45.77	PB
181 Aaron LEAVENS	SR Minnesota	14:47.10	
182 Michael HAGEN	SR Boston University	14:48.27	
183 Drew BRILL	FR Belmont	14:48.56	
184 Zach BRILL	SO Belmont	14:49.82	
185 DK SCHNIEDERS	JR Bellarmine	14:49.85	
186 Nick LEWIS	SR Bellarmine	14:50.28	
187 Wesley HOLLOWELL	SO Oakland	14:50.88	SB
188 Jon EIDE	JR Flagler	14:51.78	
189 Alex MCCARTY	JR Wright State	14:55.25	
190 Finn MCKEE	FR Charlotte	14:55.51	
191 Zeb HINKER	SO Rutgers	14:55.78	
192 Alan DEOGRACIAS	SR Tulane	14:57.35	
193 Timothy DEPUE	SR Charleston Souther	14:59.14	
194 Zack ERICKSEN	JR William & Mary	15:03.47	
195 Nahim ABDALLAH	JR VCU	15:06.58	
196 Noah ZAHN	FR Lehigh	15:06.91	
197 Cory DEMO	JR Buffalo	15:13.27	
198 Paul PAM	FR Tulane	15:16.63	
DNF Jesse CAMPOVERDE	SR Rider	DNF	

DNF Taylor WADE	FR Georgia Tech	DNF
DNF Talel KHALFI	JR Tiffin	DNF
DNF Kofi FORDJOUR	FR Penn	DNF
DNF Joshua TAYLOR	FR Toledo	DNF
DNF Conan HARPER	FR Charleston Souther	DNF
DNF Krister SJOBLAD	Unattached	DNF
DNF Patrick MULLEN	SR Northeastern	DNF
DNF Ryan GUERCI	SR Binghamton	DNF
DNF Tom APPENHEIMER	SR Canisius	DNF
DNF Geoff HOWLES	JR Toledo	DNF
DNF Luke COFFIN	SO Providence	DNF
DNF James QUATTLEBAUM	Unattached	DNF
DNF Parker SCHNEIDER	SO Boston University	DNF
DNF Eric VAN DER ELS	ZAP Endurance	DNF
DNF Liam BACK	JR Providence	DNF
DNF Amon KEMBOI	Puma	DNF
DNF David PRINCIPE JR	Unattached	DNF
DNF Jackson ALBANESE	FR Kent State	DNF
DNF Anthony RODRIGUEZ	SR Babson	DNF
DNF Joshua DESOUZA	SR Iona	DNF
DNF Chris MAXON	Unattached	DNF
DNF Travis MARTIN	JR Connecticut	DNF
DNF Elliot DOTSON	SO Anderson (SC)	DNF

**MEN 10000 M**

1 Will ANTHONY	FR Virginia	28:21.93	
2 Florian LEPALLEC	SR Butler	28:25.89	
3 Jack JENNINGS	JR Tulane	28:28.72	PB
4 Bradley MAKUVIRE	SR South Carolina	28:29.91	PB
5 Brandon OLDEN	SR Tennessee	28:30.52	PB
6 Skylar STIDAM	SR Indiana	28:32.41	PB
7 Tyler BERG	JR Notre Dame	28:34.00	PB
8 Acer IVERSON	JR Harvard	28:36.16	
9 Murphy SMITH	JR Navy	28:37.01	PB
10 Hamza CHAHID	JR Wingate	28:37.87	
11 Patrick CULLEN	SR Northeastern	28:38.78	PB
12 Shane BROSNAN	FR Harvard	28:39.42	
13 Dean CASEY	FR Tennessee	28:39.62	
14 Rogerio AMARAL	SO South Carolina	28:41.31	PB
15 Talha SYED	JR Columbia	28:42.00	PB
16 Ben ROSA	JR Harvard	28:43.13	
17 Nate KAWALEC	SR Tennessee	28:46.21	PB
18 Charlie SPOTT	FR Wake Forest	28:49.79	
19 Lachlan WELLINGTON	JR Iona	28:52.19	PB
20 Kidus MISGINA	JR Florida State	28:52.78	
21 Charlie SIEBERT	JR Columbia	28:52.98	
22 Abdel LAADJEL	JR Providence	28:56.34	PB
23 Luke MARSANSKIS	SR Maine	28:56.90	PB
24 Charlie ORTMANS	FR Harvard	28:57.79	
25 Evan BRENNAN	SR Stony Brook	28:57.86	PB
26 Toby GUALTER	JR NC State	28:57.95	PB
27 Abe ECKMAN	SO Indiana	28:58.56	
28 Owen LOCKYER	JR Columbia	28:58.88	
29 Abraham LONGOSIWA	SO Hofstra	28:59.72	PB
30 Daniel MCGOEY	SR NC State	29:02.09	PB
31 Zach LEACHMAN	JR Florida State	29:03.27	PB
32 Evan GUZMAN	Unattached	29:06.41	
33 Luke TAYLOR	SO Furman	29:09.57	PB
34 Will MINNETTE	SR Butler	29:09.72	PB
35 Shane COFFEY	JR Providence	29:09.80	PB



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

36	Joshua METHNER	JR	Notre Dame	29:10.51	
37	Jan Wouter VAN DEN AKKEF	SO	UMass Lowell	29:11.16	
38	Alexander KIRKLAND	JR	Navy	29:11.54	
39	Wesley BOND	JR	George Mason	29:12.18	PB
40	Andrew WHITINGER	SR	IUPUI	29:13.08	
41	Charles NAMIoT	JR	Williams	29:13.78	PB
42	Will AITKEN	SO	Wingate	29:14.44	
43	Luke HENSELER	SR	Pittsburgh	29:15.16	PB
44	Robert COZEAN	JR	Notre Dame	29:16.42	PB
45	CarLee STIMPFEL	SR	Michigan State	29:16.66	
46	Justin WACHTEL	SO	Virginia	29:18.38	PB
47	Jaden KINGSLEY		Unattached	29:18.94	
48	Adam HESSLER		Unattached	29:19.42	
49	Sean KAY	JR	Yale	29:19.50	PB
50	Dennis KIPKURUI	FR	Cumberlands	29:20.48	
51	Andrew LANE	SO	Michigan State	29:20.93	
52	Josh STONE	JR	Binghamton	29:21.37	PB
53	Xavier JOHNSON	SO	South Alabama	29:21.62	
54	Gidion SIGEI	JR	Norfolk State	29:21.91	PB
55	Zubin JHA	SR	Ohio State	29:22.55	PB
56	Zane CHALKER	JR	Charleston (WV)	29:22.63	PB
57	Ethan WECHSLER	JR	Syracuse	29:22.69	PB
58	Sam WALDIN	JR	Charleston Souther	29:23.09	PB
59	Cortland ROSS	JR	Illinois-Springfield	29:23.29	PB
60	Nicholas GOLDSTEIN	JR	Furman	29:24.64	PB
61	Tristian MERCHANT		Unattached	29:24.95	
62	Weber LONG	SO	Wake Forest	29:25.79	
63	Hunter JONES		Unattached	29:26.28	
64	Antonin SAINT PEYRE	SO	Wingate	29:26.35	PB
65	Zachary CLOUD	SO	Florida State	29:27.65	
66	Sam OTIS	SR	Pittsburgh	29:29.48	
67	Anish NANJAPPA	SR	Columbia	29:29.48	
68	Brock WOODERSON	SO	Grand Valley St.	29:32.60	
69	Kevin ANTCZAK	JR	NC State	29:33.01	
70	Jared KREIS	JR	Duke	29:34.76	PB
71	Robert HANNON	SR	Boston University	29:38.12	
72	John CUOZZO	SR	Ohio State	29:38.81	PB
73	Devin WADE	JR	Georgia Tech	29:39.92	
74	Joe FARLEY	JR	Florida State	29:43.94	
75	James LAWRENCE	JR	Dartmouth	29:44.17	
76	Malav MEHTA	SR	Northeastern	29:46.17	PB
77	Teagan FLANAGAN	SR	South Alabama	29:46.43	
78	Aaron JONES	SR	Milligan	29:47.64	PB
79	Varun OBERAI	JR	Yale	29:47.98	
80	Stephen MOODY	JR	Yale	29:49.14	PB
81	Robert CAREW	JR	UMass Amherst	29:49.40	PB
82	William BENOIT	JR	UMass Lowell	29:51.22	PB
83	Evan WHITE	SR	Marshall	29:51.24	
84	John MALACH	JR	NC State	29:53.68	PB
85	David REYNOLDS	SR	WPI	29:56.12	PB
86	Hayes TRAPP	FR	William & Mary	29:56.32	
87	Vedang LAD	SR	MIT	29:56.72	
88	Luca MADEO	FR	Cumberlands	29:57.91	
89	Enock KIPCHUMBA	SR	Eastern Kentucky	29:57.93	
90	Oliver WILSON-COOK	JR	App State	30:00.30	
91	Hunter STEINAU		Unattached	30:01.77	
92	Lowell HENSGEN	SR	MIT	30:08.49	PB
93	John RILEY	JR	UMass Lowell	30:08.59	
94	Peyton GEEHRER	JR	Pittsburgh	30:08.60	
95	Samuel MARTENS	JR	Grand Valley St.	30:12.89	

96	Landen VAILLANCOURT	JR	UMass Lowell	30:13.35	PB
97	Sean AHERN	SO	Connecticut	30:15.32	
98	Raphael KITUR	JR	Norfolk State	30:16.72	
99	Alex BROWN	SR	Boston University	30:18.28	PB
100	Josh SMITH	JR	Michigan State	30:21.19	
101	Aaron ENGELHARDT	JR	Tampa	30:21.57	
102	Alec TROXELL	SR	Maine	30:31.28	PB
103	Nathan MOORE	SO	Liberty	30:34.26	
104	Aden SMITH	JR	Michigan State	30:35.98	PB
105	Ian MILLER	SR	High Point	30:41.96	
106	Nate JENNINGS	JR	William & Mary	30:51.51	PB
107	Martin RIDDELL	JR	Yale	30:56.72	
108	Sam ACQUAVIVA	SR	MIT	30:57.76	
DNF	Dalton GLEESON	JR	Tiffin	DNF	
DNF	Moritz EBBESKOTTE	SO	Boston University	DNF	
DNF	Samuel GARRINGER	SR	Clemson	DNF	
DNS	Taonga MBAMBO	SR	La Salle	DNS	
DNS	Anthony RODRIGUEZ	SR	Babson	DNS	
DNF	Nicholas KIPROTICH	JR	Liberty	DNF	
DNF	Jimmy MULLARKEY	SO	NC State	DNF	
DNF	Andrew HAMMEL	SO	Florida State	DNF	
DNF	Chris MAXON		Unattached	DNF	
DNF	Tyler MORRIS	SR	Duke	DNF	
DNF	JP FLAVIN		Unattached	DNF	
DNS	Michael MORGAN	JR	Providence	DNS	
DNF	Dallin LEATHAM	SR	Unattached	DNF	
DNF	John TATTER		Unattached	DNF	
DNF	Andrew COLLEY		ZAP Endurance	DNF	
DNS	Ian HARRISON	JR	NC State	DNS	
DNS	Johannes MOTSCHMANN	SR	Marathon Team Ber	DNS	

**MEN 110 M HURDLES**

1	Cameron MURRAY		NC State Elite	13.57	+1.3
2	Luke LAUBACHER	JR	Youngstown St.	13.69	+2.6
3	Heath BALDWIN	SR	Michigan State	13.81	+1.3
4	Marcus KRAH		Unattached	13.86	+2.6
5	Josh PARKS	SR	UNCW	13.92	+1.3
6	Tayshaun CHISHOLM		Unattached	13.93	+1.3
7	Aveon REID	SR	N. Carolina A&T	13.94	+1.3
8	JT ALLEN	SO	UNCW	13.96	+1.2
9	Thomas SMITH	SO	N. Carolina A&T	13.96	+2.6
10	Jason HOLMES	SO	N. Carolina A&T	14.02	+2.6
11	Harrison ROBINSON	SO	App State	14.09	+2.6
12	Terence BOOTH	SR	East Carolina	14.13	+1.8
13	Jake GLADIEUX	SR	Trine	14.14	+1.2
14	Ethan ROBINSON	JR	Virginia	14.17	+2.7
15	Edward WILLIAMS JR	SR	Central Connecticut	14.17	+1.3
16	Blake VIER	SO	Northwood	14.19	+1.8
17	Walter TRUITT	JR	MIT	14.27	+2.6
18	Marcus GILLESPIE	SR	Brown	14.28	+1.2
19	Jeremiah WILSON	JR	Virginia	14.28	+1.8
20	Jaden SHELTON	SO	Delaware State	14.33	+1.2
21	Cameron WRIGHT	SO	UNCW	14.36	+1.8
22	Xavier BRANKER	FR	NC State	14.36	+1.3
23	Kenneth WEI	SR	MIT	14.38	+1.3
24	Michael SCHERK	FR	Duke	14.40	+2.6
25	Isaiah TAYLOR	FR	N. Carolina A&T	14.40	+2.6
26	Khairi WILLIAMS	JR	UNCW	14.48	+1.8
27	Peter DJAN	SO	Virginia	14.49	-1.0
28	Nazir IMHOTEP	SO	St. Augustine's	14.56	+2.7



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

29 Dane NELSON	SR Milwaukee	14.58	+1.8	
30 Elijah COMPTON	JR Wingate	14.59	+1.2	
31 Moses KOROMA	JR Wheeling	14.61	+1.2	
32 Damian JACKSON	SR Wheeling	14.62	+1.8	
33 Sean KALAWAN	SR St. Augustine's	14.69	-1.0	PB
34 Logan ALLEN	JR Michigan State	14.72	-1.0	SB
35 Michael BENNETT	Duke	14.78	+2.4	SB
36 Micah MITCHELL	FR Youngstown St.	14.81	+1.2	
37 Keith FLETCHER	SR Milligan	14.88	-1.0	
38 Enoch ELLIS	SO MIT	14.93	+2.6	
39 Zander HOOTEN	SO Bellarmine	14.99	+2.7	
40 Marquise BURKS	JR Frostburg State	15.03	+2.4	SB
41 Drake MURPHY	SR Hampton	15.03	-1.0	
42 Jack ELDER	SR Butler	15.04	+2.7	
43 Liam WILLMAN	SR Xavier (OH)	15.09	+2.4	
44 Tyrese BARKER	JR Ohio Northern	15.17	+2.7	
45 Nick TIBOLLA	FR Lenoir-Rhyne	15.18	-1.0	
46 Kevin GABALSKI	JR Buffalo	15.20	+2.7	
47 Chris HUDNALL	SR Milwaukee	15.38	-1.0	
48 Andy TCHYOMBO	JR Cumberlandands	15.39	+2.4	
49 Isaac YOUNG	SR North Carolina	15.45	+2.7	SB
50 Gage GOSE	FR Virginia	15.55	+2.6	
51 Dan WESTARB	Unattached	15.63	+2.7	
52 Camron VENTURA	SR Tiffin	15.74	+2.4	
53 Ryan HUNT	SR UNCW	15.95	+2.4	SB
54 Davis REINHARD	JR Tiffin	15.98	+2.6	
DNF Jonathan RICHARDSON	SO Norfolk State	DNF		
DNF Kai SCHMIDT BILOWITH	JR Rhode Island	DNF		
DNF Ryan ELLISON	JR Duquesne	DNF		
DNF Roberto AGRIZZI	JR Charleston (WV)	DNF		
DNF Starrett VESPER	SR East Carolina	DNF		
DNF Kahneil BUDHAM	FR St. Augustine's	DNF		
DQ Liam SUTTON	FR Lenoir-Rhyne	DQ [R: 15.6-2d]		

**MEN 400 M HURDLES**

1 Aveon REID	SR N. Carolina A&T	50.53		PB
2 Craig SADDLER II	SR North Carolina	50.59		
3 Harry BARTON	SO Youngstown St.	51.35		PB
4 Alex SHERMAN	JR Virginia	51.42		SB
5 Isaiah TAYLOR	FR N. Carolina A&T	51.45		
6 Samuel HARTMAN	6 Unattached	51.46		
7 Xavier BRANKER	FR NC State	51.46		PB
8 Sean KALAWAN	SR St. Augustine's	51.86		SB
9 Jake GLADIEUX	SR Trine	51.98		PB
10 Isaiah CHAPMAN	SR St. Augustine's	52.18		PB
11 Jacob RANKER	SR Notre Dame	52.39		
12 Nicholas GIVAN	SO Georgetown	52.59		PB
13 Xzaviah TAYLOR	FR N. Carolina A&T	52.69		
14 Blaise ATKINSON	SO North Carolina	52.73		
15 Sean HEWITT	JR Georgetown	53.00		PB
16 Jabari DALTON	SR App State	53.08		PB
17 Nate BRUNO	SR GW Express	53.17		
18 Lucas BAGGOTT	SR Trevecca Nazarene	53.18		SB
19 Thomas SMITH	SO N. Carolina A&T	53.48		
20 Albert ASARE	SO George Mason	53.50		
21 Adrian SUTTON	JR New Hampshire	53.51		
22 Jahquan CHRISTOPHER	JR Norfolk State	53.76		PB
23 Joziah JOHNSON	FR George Mason	53.76		PB
24 Nazir IMHOTEP	SO St. Augustine's	53.78		PB
25 Jeremiah WILSON	JR Virginia	53.82		PB

26 Dane NELSON	SR Milwaukee	54.34		
27 Gage GOSE	FR Virginia	54.45		
28 Drake MURPHY	SR Hampton	54.51		
29 Davis HUNT	FR App State	54.60		PB
30 Chad HILLMAN	SO UNCW	54.82		PB
31 Maxwell CZARNECKI	FR Central Connecticut	54.94		
32 Alonzo SIMS JR	SO Delaware State	54.95		
33 JT ALLEN	SO UNCW	54.96		PB
34 Khairi WILLIAMS	JR UNCW	55.08		PB
35 Philip STOMNE	SR Lenoir-Rhyne	55.28		
36 Noah COLANGELO	FR Central Connecticut	55.62		
37 Kyron PARKER	FR NC State	55.71		
38 Ian GRESHAM	SO Winthrop	55.82		
39 Andy TCHYOMBO	JR Cumberlandands	55.99		
40 Christopher WHITE	SR VCU	56.10		PB
41 Christian DINGUS	SO Cumberlandands	56.17		PB
42 Elijah COMPTON	JR Wingate	56.39		
43 Liam SUTTON	FR Lenoir-Rhyne	56.42		PB
44 Micah MITCHELL	FR Youngstown St.	56.44		
45 Braden JORDAN	FR N. Carolina A&T	56.69		
46 Joey ZAYSZLY	JR Notre Dame	56.70		
47 Nick TIBOLLA	FR Lenoir-Rhyne	58.16		PB
48 Winston BROILES	SO VCU	58.89		
49 Emmett FORRESTEL	FR Brown	59.29		
50 Jurmii LUCAS	SO Winthrop	1:00.40		
DNF Liam WILLMAN	SR Xavier (OH)	DNF		
DQ Nathan WALLACE	SO Lipscomb	DQ [R: 15.5-2a]		
DNF Kendel HAMMOCK	SR Michigan State	DNF		

**MEN 3000 M STEEPLE**

1 Derek JOHNSON	United States	8:24.41		FR
2 Christian NOBLE	New Balance	8:27.75		
3 Travis MAHONEY	Unattached	8:30.09		
4 EION NOHILLY	Atlanta TC Elite	8:34.34		
5 Charles HARDERS	SR Unattached	8:35.02		
6 Patrick THYGESEN	JR Providence	8:38.69		
7 James QUATTLEBAUM	Unattached	8:40.00		
8 Kristian IMROTH	JR Eastern Kentucky	8:42.07		
9 Ricardo BARBOSA	JR Wingate	8:42.31		PB
10 Brett GARDNER	SR NC State	8:42.46		
11 Alexander KORCZYNSKI	SR Northeastern	8:44.99		
12 Martin KOVACECH	JR Butler	8:46.04		
13 Issac PRATHER	SR Unattached	8:46.24		
14 Jack MILLER	SR Pittsburgh	8:46.44		
15 Caleb FUTTER	SR Grand Valley St.	8:46.58		
16 Andrew NOLAN	JR Michigan State	8:47.38		PB
17 Carlos SANTOS	SR Stony Brook	8:49.35		
18 Winslow ATKESON	JR Yale	8:49.46		PB
19 Jake GEBHARDT	SR North Carolina	8:49.81		PB
20 Carmelo CANNIZZARO	JR Mid. Tenn. State	8:49.93		PB
21 Tom SEITZER	SR Notre Dame	8:50.91		
22 Wesley JOHN	SR Georgia	8:54.03		PB
23 Tyler PRITCHETT	JR Michigan State	8:54.61		
24 Kevin VANDERKOLK	JR Belmont	8:55.08		PB
25 Joseph YOUNG	JR UMass Lowell	8:55.43		
26 Michael KEEHAN	SR Duke	8:55.52		
27 Will CAHILL	JR Tennessee	8:56.54		
28 Hunter WHITE	SR Charlotte	8:57.51		
29 Kevin CAWLEY	SR Connecticut	8:57.83		
30 Julian FRANJIEH	FR Syracuse	8:59.04		



**Raleigh Relays**  
**Paul Derr Track and Field Facility**  
**Raleigh, NC - North Carolina State University**  
**March 28-30, 2024**



**Results**

31 Brett BRADY	SR Tennessee	8:59.33	
32 Gideon MENGICH	FR Stephen F. Austin	8:59.70	
33 Keeton THORNSBERRY	JR Eastern Kentucky	9:00.25	
34 Calbert GUEST	Unattached	9:00.26	
35 Gavin WHITE	JR Columbia	9:01.69	
36 Silas RUTH	SO Penn	9:01.95	PB
37 Jan THEWES	JR Davis & Elkins	9:02.02	PB
38 Matthew BOGDAN	SO NC State	9:03.44	
39 Matt MASON	SR Boston University	9:05.17	
40 Jake TAROSKY	SR High Point	9:05.40	SB
41 Michael NORBERG	JR UMass Amherst	9:06.76	
42 Myles STOOTS	SR East Tenn. St.	9:07.41	SB
43 Ben THOMAS	SR Charleston Souther	9:08.38	
44 Brent SURRATT	SR Wingate	9:08.50	SB
45 Marty DOLAN	SR Binghamton	9:08.84	
46 Joshua BISHOP	SR Tiffin	9:10.20	
47 Ronnie SAUNDERS	SR Marshall	9:10.65	
48 Gunner HOGSTON	SR Charlotte	9:10.94	
49 Geordie YOUNG	SR Brown	9:11.08	PB
50 Nehemiah CIONELO	SR Coastal Carolina	9:11.86	SB
51 Antoine AFLALO	JR Charleston (WV)	9:13.44	
52 Jeff WEDDING	SO Charleston Souther	9:13.51	
53 Andrew PERREAULT	SR Canisius	9:13.63	PB
54 Luke STOEFFLER	FR Buffalo	9:14.62	
55 Kyle SARNEY	JR Northeastern	9:15.16	
56 Nick WILLER	SO East Carolina	9:15.48	SB
57 Noah KOHUT-JACKSON	JR Minnesota	9:15.95	
58 Nikhil DENATALE	SO Williams	9:16.68	
59 Nick REGAS	SR Lipscomb	9:21.55	
60 Matthew HOAK	SR Cincinnati	9:24.07	
61 Keegan BARNETTE	JR Youngstown St.	9:24.58	
62 Max MATOLIN	FR Toledo	9:25.17	
63 Cole MILLER	SR Georgia Tech	9:25.97	
64 Joseph WALSH	SR UMass Lowell	9:26.18	
65 Tristan AUTRY	JR Georgia Tech	9:31.40	
66 Sahil DODDA	SO Penn	9:34.49	
67 Cesc BOIX	FR Eastern Kentucky	9:37.92	
68 Dennis MCCHESEY	SR Charleston (WV)	9:38.80	
69 Luke WILEY	FR North Carolina	9:40.91	
70 Colton KEMPNEY	FR Furman	9:45.69	
DNF Arturs LAPINS	JR Tulane	DNF	
DNF Laderique MCNEIL	SR N.C. Central	DNF	
DNS Marian DRAZAN	FR Delaware State	DNS	
DNS Ethan DOMITROVICH	JR John Carroll	DNS	
DNF Griffin WARD	FR Minnesota	DNF	

**MEN HIGH JUMP**

1 Charles MCBRIDE II	SR Campbell	2.15m	7-½	SB
2 Beau ALLEN	SR Duke	2.15m	7-½	SB
3 Kyzaiah STONE	SO NC State	2.05m	6-8¼	SB
4 Christian PFEIFFER	JR Baldwin Wallace	2.05m	6-8¼	=PB
5 Lonnie HARPER	SR Youngstown St.	2.05m	6-8¼	=PB
6 Matthew SANTY	JR Rhode Island	2.05m	6-8¼	
7 Connor DURIG	FR Youngstown St.	2.05m	6-8¼	
8 Lamont VICTORIA	SO N.C. Central	2.00m	6-6¼	=SB
9 Bryce RAVENELL	SR USC Upstate	2.00m	6-6¼	
10 Mason STEPHENS	JR Youngstown St.	2.00m	6-6¼	
11 Zachary WEBB	JR Youngstown St.	1.95m	6-4¼	
12 Christian STURRUP	SO Wingate	1.95m	6-4¼	
13 Judd ARMSTRONG	FR NC State	1.95m	6-4¼	

13 Jonathan RAIJON-KOGER	FR N.C. Central	1.95m	6-4¼	PB
13 Kaleb JOHNSON	FR Campbell	1.95m	6-4¼	
16 Vincent RUPP	SO Duquesne	1.95m	6-4¼	
17 John MIGNACCA	FR Providence	1.95m	6-4¼	
18 John SANTOS	JR Rhode Island	1.90m	6-2¾	
18 Kenneth WILLIAMS JR.	SR Winthrop	1.90m	6-2¾	
20 Kahlil WEST	JR St. Augustine's	1.90m	6-2¾	
20 Tylor LEEDOM	JR Michigan State	1.90m	6-2¾	
20 Daniel COLLINS	SR Duke	1.90m	6-2¾	
20 Bryson ROBINSON	SO UNCW	1.90m	6-2¾	
24 Calvin FINGER	JR Buffalo	1.90m	6-2¾	
24 Tanaka NZOMBE	JR Wingate	1.90m	6-2¾	
24 Grant JANISH	FR Duke	1.90m	6-2¾	
DNS Holden GERTH	SR Charleston Souther	DNS		
DNS Nathan LESKOVAC	JR Youngstown St.	DNS		
DNS Ethan SHOEMAKER	FR App State	DNS		
DNS Aidan WALCOTT	SO George Mason	DNS		
DNS Terrian SMITH	JR George Mason	DNS		
DNS Isaac HAYWOOD	JR Norfolk State	DNS		
DNS Yule PIETERS	FR N. Carolina A&T	DNS		
DNS Yates HALL	SR App State	DNS		
DNS Kadain ROPER	SR St. Augustine's	DNS		
NH Kendrick GOODES	JR N. Carolina A&T	NH		
NH Anthony MENG	FR MIT	NH		
NH Collin SCHULZ	JR Milwaukee	NH		
NH Davante ANDERS	FR Norfolk State	NH		
NH Alex KILPATRICK	SR Duke	NH		
NH Jared HIATT	FR App State	NH		

**MEN POLE VAULT**

1 Starrett VESPER	SR East Carolina	4.85m	15-11	SB
2 Adam BLUE	SO Michigan State	4.80m	15-9	
3 Brian MURPHY	JR Buffalo	4.80m	15-9	PB
4 Heath BALDWIN	SR Michigan State	4.75m	15-7	
5 Jonathan HORN	SO Duke	4.75m	15-7	
6 Ethan ROBINSON	JR Virginia	4.65m	15-3	PB
7 Lukas LANG	FR Youngstown St.	4.65m	15-3	
7 Cameron THOMAS	FR VMI	4.65m	15-3	
9 Brody MYERS	JR George Mason	4.55m	14-11	
10 Jack DE FRANCESCO	FR North Carolina	4.55m	14-11	
11 Shay MESECK-SCHICK	FR Duke	4.45m	14-7¼	
12 Dakota KEIFER	FR Youngstown St.	4.45m	14-7¼	
13 Thomas MCCOY	JR Frostburg State	4.45m	14-7¼	
14 Reagan WISE	FR Campbell	4.35m	14-3¼	PB
15 Eli YOUNG	SR Wheeling	4.35m	14-3¼	SB
16 Mike KARICHER	JR Lenoir-Rhyne	4.05m	13-3½	
DNS Nolan BLACHOWSKI	SR Notre Dame	DNS		
DNS Braden UNDERWOOD	SR App State	DNS		
DNS Mason ASKEW	SR Campbell	DNS		
DNS Jefferson HUTCHINSON	SR Campbell	DNS		
DNS Davis REINHARD	JR Tiffin	DNS		
DNS Nick SCOTT	JR George Mason	DNS		
NH Andwele SHURLAND	JR Norfolk State	NH		
NH Taylor FOX	SR App State	NH		
NH Cade CARTER	JR Tiffin	NH		

**MEN POLE VAULT INVITATIONAL**

1 Matthew GRAY	FR App State	5.20m	17-¾	PB
2 Walter BANNERMAN	SO George Mason	5.10m	16-8¼	PB
2 Dorian CHAIGNEAU	SR Youngstown St.	5.10m	16-8¼	





**Raleigh Relays**  
**Paul Derr Track and Field Facility**  
**Raleigh, NC - North Carolina State University**  
**March 28-30, 2024**



**Results**

4 Justin ROGERS	SO Virginia	5.00m	16-4¼	
5 Mason BRUBAKER	JR Rhode Island	5.00m	16-4¼	
6 Blake SIFFERLIN	SO Youngstown St.	4.90m	16-¾	
7 Paul SIGNORELLI	JR North Carolina	4.90m	16-¾	
7 Ben FINGER	SR North Carolina	4.90m	16-¾	
9 Jack VECELLIO	SO Youngstown St.	4.80m	15-9	
10 Colton OCETNIK	JR George Mason	4.80m	15-9	SB
11 Matthew BIGELOW	JR App State	4.65m	15-3	
NH Patrick FREEMAN	JR App State		NH	
NH Ryan TALBOT	SR Michigan State		NH	
NH Jake SPOTSWOOD	Unattached		NH	

**MEN LONG JUMP**

1 Ezra MELLINGER	SR Duke	7.42m	24-4¼	+0.6	
2 Anthony CAMPBELL	JR Milwaukee	7.40m	24-3½	-1.6	
3 Heath BALDWIN	SR Michigan State	7.35m	24-1½	-0.2	PB
4 Eric HADDOCK JR.	JR Eastern Michigan	7.34m	24-1	+2.1	SB
5 Josiah GADSON	SR Tiffin	7.23m	23-8¾	-0.7	
6 Kenneth WEI	SR MIT	7.21m	23-8	-1.0	
7 Zac STANLEY	SR Butler	7.16m	23-6	-0.9	
8 Jakari LOMAX	SR Youngstown St.	7.09m	23-3¼	+0.1	
9 Nile LOVE	JR Hofstra	7.07m	23-2½	-2.1	PB
10 Samuel CHALLIS	JR Youngstown St.	7.06m	23-2	+0.6	
11 Israel HENRIQUES-SETHO	JR Rhode Island	7.04m	23-1¼	+0.6	
12 Jon KELM	JR Northwood	7.03m	23-¾	-0.7	SB
13 Bryson ROBINSON	SO UNCW	7.02m	23-½	+0.6	
14 Matthew SANTY	JR Rhode Island	7.01m	23-0	+2.5	
15 Will SISTRUCK	Unattached	6.94m	22-9¼	+0.2	
16 Roberto TERRELL JR.	FR Georgetown	6.92m	22-8½	+0.7	PB
17 Derek CHALMERS	JR Rhode Island	6.86m	22-6¼	+1.5	
18 Jared HIATT	FR App State	6.85m	22-5¼	+0.0	
19 Nathaniel SHIELDS	FR Frostburg State	6.84m	22-5¼	-0.2	
20 Bryce RAVENELL	SR USC Upstate	6.83m	22-5	-0.7	
21 Rahul BATLANKI	JR Dartmouth	6.80m	22-3¾	+1.3	
22 Andrew FRANK	JR Youngstown St.	6.78m	22-3	-0.2	
23 Javier GOMEZ-WILSON	SR Catawba	6.75m	22-1¼	+0.4	
24 Nijel WILKINS	SR App State	6.74m	22-1½	+0.3	
25 Tylei WOOLARD	FR Lenoir-Rhyne	6.69m	21-11½	-0.4	
25 Aeneas REED	JR N. Carolina A&T	6.69m	21-11½	+0.1	
27 Darius WEATHERS	SR Wingate	6.68m	21-11	+0.9	
28 Jack ELDER	SR Butler	6.64m	21-9½	+0.4	PB
29 Ezequiel BUSTAMANTE	FR Lenoir-Rhyne	6.62m	21-8¾	+1.6	
30 Micah MULLINGS	SO Valparaiso	6.61m	21-8¼	-0.2	
31 Christopher PITT	SR Georgetown	6.54m	21-5½	-0.2	
32 Dequan THOMPSON	SO Wingate	6.53m	21-5¼	+0.1	
33 Ivan POAG	SO UNCW	6.45m	21-2	-1.2	
34 John SANTOS	JR Rhode Island	6.43m	21-1¼	-0.4	
35 Javariante CORE	FR East Carolina	6.40m	21-0	-0.3	PB
36 Ezra MARTIN	FR N.C. Central	6.39m	20-11¾	-2.1	
37 Drexton FRISCONE	SO Baldwin Wallace	6.35m	20-10	+0.2	
38 Malcolm FORBES	SO N.C. Central	6.35m	20-10	-0.6	
39 Kevin GABALSKI	JR Buffalo	6.35m	20-10	-0.3	
40 Xavier PARTEE	FR N. Carolina A&T	6.27m	20-7	+0.0	
41 Yoerick BASTARDO	SO UNCW	6.26m	20-6½	-0.4	
42 Noah TOOLE	SO Georgetown	6.12m	20-1	+0.7	
43 William MURPHY III	FR Unattached	6.00m	19-8¼	-0.7	
44 Davis REINHARD	JR Tiffin	5.95m	19-6¼	+0.1	
45 Camron VENTURA	SR Tiffin	5.94m	19-6	+0.4	
X Kenneth WILLIAMS JR.	SR Winthrop		X		
X Rodric COX-COOPER	SR Norfolk State		X		

DNS Trey SEARLES	JR Michigan State	DNS	
DNS Jalen NELSON	SO Michigan State	DNS	
DNS Kaleb LUCAS	FR N. Carolina A&T	DNS	
DNS Haldi VALIKAJ	JR Virginia	DNS	
DNS Jared HARRELL	SO East Carolina	DNS	
DNS Luke LAUBACHER	JR Youngstown St.	DNS	
X Paris HUSIC	JR Wake Forest	X	
X Manuel SEPULVEDA	FR Buffalo	X	
DNS Terrian SMITH	JR George Mason	DNS	

**MEN TRIPLE JUMP**

1 Isaac HAYWOOD	JR Norfolk State	15.25m	50-½	+2.3	
2 Haldi VALIKAJ	JR Virginia	15.22m	49-11¼	+2.6	
3 Orion JOYNER	SR Rhode Island	15.09m	49-6¼	+0.9	
4 Nijel WILKINS	SR App State	15.06m	49-5	+1.4	SB
5 Joseph PALMER	JR N. Carolina A&T	15.03m	49-3¼	+2.3	SB
6 Eric HADDOCK JR.	JR Eastern Michigan	14.89m	48-10¼	+0.1	
7 Darius WEATHERS	SR Wingate	14.84m	48-8¼	-0.3	
8 Dequan THOMPSON	SO Wingate	14.74m	48-4½	+0.2	PB
9 Jared BENAIN	JR Mars Hill	14.71m	48-3¼	+1.5	PB
10 Keyandre MIDGETT	JR VMI	14.60m	47-10¼	+0.9	
11 Sheldon MCNICHOLAS	SO Tiffin	14.42m	47-3¼	+1.1	
12 Rodric COX-COOPER	SR Norfolk State	14.35m	47-1	+1.4	
13 Manuel SEPULVEDA	FR Buffalo	14.33m	47-¼	+0.6	
14 Cameron MBALO	SR Duquesne	14.17m	46-6	+4.1	
15 Maurion JAMISON	SO Winthrop	14.17m	46-6	+3.8	SB
16 Rahul BATLANKI	JR Dartmouth	14.15m	46-5¼	+1.3	
17 Ivan POAG	SO UNCW	14.15m	46-5¼	-1.0	
18 Roy LEIBOVITZ	FR Dartmouth	14.13m	46-4¼	-1.1	
19 Michael HERZOG	JR Duke	13.97m	45-10	+1.2	
20 Samuel CHALLIS	JR Youngstown St.	13.92m	45-8	-0.3	
21 Javier GOMEZ-WILSON	SR Catawba	13.92m	45-8	-1.8	
22 Israel HENRIQUES-SETHO	JR Rhode Island	13.87m	45-6¼	+0.9	
23 Nick HENRIQUES	JR Lenoir-Rhyne	13.86m	45-5¼	+1.0	
24 Will SISTRUCK	Unattached	13.83m	45-4½	+3.5	
25 John SANTOS	JR Rhode Island	13.79m	45-3	+0.8	
26 Javariante CORE	FR East Carolina	13.78m	45-2½	+1.7	PB
27 Malcolm FORBES	SO N.C. Central	13.77m	45-2¼	+1.7	
28 Drexton FRISCONE	SO Baldwin Wallace	13.72m	45-¼	+0.6	PB
29 Xavier PARTEE	FR N. Carolina A&T	13.50m	44-3½	+0.1	
30 Matthew SANTY	JR Rhode Island	12.91m	42-4¼	-0.4	
31 Chris BROWN	FR Catawba	12.86m	42-2¼	+3.2	
32 William MURPHY III	FR Unattached	12.51m	41-½	+1.1	
X Micah MULLINGS	SO Valparaiso		X		
DNS Jamar DAVIS	SR NC State		DNS		
DNS Jakari LOMAX	SR Youngstown St.		DNS		
DNS Jared HARRELL	SO East Carolina		DNS		
X Yoerick BASTARDO	SO UNCW		X		
DNS Trey SEARLES	JR Michigan State		DNS		
DNS Travis HARRISON	FR UNCW		DNS		
DNS Jalen NELSON	SO Michigan State		DNS		

**MEN SHOT PUT**

1 Colby MORLOCK	SO Michigan State	18.53m	60-9½		PB
2 Christopher WAINSCOTT	SR App State	17.81m	58-5¼		
3 Solomon MCDONALD	Unattached	17.76m	58-3¼		
4 Chris VAN NIEKERK	SR High Point	17.63m	57-10¼		
5 Carlos AVILES	SR Ohio State	17.57m	57-7¼		
6 Christopher TAVARONE	JR Rhode Island	17.20m	56-5¼		PB
7 Dominic PERRY	SR Youngstown St.	17.14m	56-2¼		



**Raleigh Relays**  
**Paul Derr Track and Field Facility**  
**Raleigh, NC - North Carolina State University**  
**March 28-30, 2024**



**Results**

8 Jonathan SURDEJ	SR Buffalo	17.06m	55-11¼	SB
9 Colton MCMASTER	SO Dartmouth	16.95m	55-7½	PB
10 Adam RIEDINGER	SR Ohio State	16.74m	54-11¼	
11 Brayden HODGEST	JR N. Carolina A&T	16.58m	54-4¾	
12 Ryan HENRY	SO Youngstown St.	16.54m	54-3¼	
13 Nick MORSE	SR High Point	16.50m	54-1¼	
14 John PURVIS	JR Marshall	16.49m	54-1¼	PB
15 Carlos ALEXANDER	JR N. Carolina A&T	16.43m	53-11	SB
16 Sam ENGBRETSON	JR MIT	16.41m	53-10¼	
17 Kellen TROPECK	SR Charleston (WV)	16.33m	53-7	
18 Sloan COX	SO Bellarmine	16.24m	53-3½	
19 Jesse SHELTON	FR Mars Hill	16.18m	53-1	
20 Nate KARL	SR App State	16.05m	52-8	
21 Yoofi ABAKA-AMUAH	SO New Hampshire	15.76m	51-8½	
22 Eric BOTTERN	SR Babson	15.66m	51-4½	
23 Jackson GRANT	JR Belmont	15.56m	51-¾	SB
24 Jesse HELTON	SO UNCW	15.24m	50-0	
25 Omar IBRAHIM	SR Campbell	14.90m	48-10¾	
26 Kaleu TELLAS	JR Baldwin Wallace	14.84m	48-8¼	
27 Zezo BESHIR	FR Penn	14.72m	48-3½	
28 Coleson KERTESZ	JR Youngstown St.	14.70m	48-2¾	
29 Timon EDELEN	SR High Point	14.54m	47-8½	
30 Kai DEINES	FR Penn	14.54m	47-8½	
31 Odin FERENCY	FR Charleston Souther	14.24m	46-8¾	
32 Anthony DUNBAR	FR Marshall	14.16m	46-5½	
33 Jacob REINACH	FR Duke	14.12m	46-4	
34 Nate SMITH	FR Valparaiso	14.11m	46-3½	
35 Mason KIESEL	SO Baldwin Wallace	14.03m	46-½	
36 Gabriel URRACA	FR N.C. Central	13.88m	45-6½	
37 Bradley JOHNSON	FR Buffalo	13.79m	45-3	PB
38 Raeshon SMITH	JR Norfolk State	13.53m	44-4¾	PB
39 Robert KESTYN	SR George Mason	13.52m	44-4¼	
40 Khamari ARRINGTON	SR N.C. Central	13.46m	44-2	
41 Jeremiah BURCH JR.	SO App State	13.24m	43-5¼	
42 Logan WAGNER	SO East Tenn. St.	12.97m	42-6¾	
43 William Michael BAKER	FR George Mason	12.93m	42-5¼	
44 Tony TAYLOR	Unattached	12.88m	42-3¼	
DNS Aaron PIERCE	JR Charleston Souther		DNS	
DNS Dylan CHITTUM	FR Ohio State		DNS	
X Tyrone MACK	SR Central Connecticut		X	
DNS Matthew SWEPSON	JR N.C. Central		DNS	
DNS Danree DELANCY	SR Howard		DNS	
DNS Max KLEIN	SO Dartmouth		DNS	
X Brent BELL	FR East Tenn. St.		X	
X Evan BROCK	JR Campbell		X	
DNS Andwele SHURLAND	JR Norfolk State		DNS	
DNS Jesse GOLDMAN	FR Penn		DNS	

12 Ryan HENRY	SO Youngstown St.	48.36m	158-8	
13 John CASPER	JR VCU	48.35m	158-7	
14 Colton MCMASTER	SO Dartmouth	48.09m	157-9	
15 Timon EDELEN	SR High Point	48.03m	157-7	
16 Shakiel DACRES	JR East Carolina	48.01m	157-6	
17 Ryan TALBOT	SR Michigan State	47.92m	157-3	
18 Carlos ALEXANDER	JR N. Carolina A&T	47.54m	156-0	
19 Coleson KERTESZ	JR Youngstown St.	47.35m	155-4	
20 Brayden RADHUBER	JR North Carolina	47.19m	154-10	
21 Tyler MAYERHOFF	SO North Carolina	47.03m	154-3	
22 Evan JOHNSON	SR Ohio State	46.93m	153-11	
23 Yoofi ABAKA-AMUAH	SO New Hampshire	46.70m	153-2	
24 Rafe CLENDENIN	FR VMI	46.49m	152-6	
25 Hunter SMITH	JR Indiana	46.40m	152-3	PB
26 Nate KARL	SR App State	46.01m	150-11	
27 Fanon MILLER	FR Hampton	45.79m	150-2	PB
28 Arsalan YAQUBI	JR George Mason	45.12m	148-0	PB
29 Omar IBRAHIM	SR Campbell	45.11m	148-0	
30 Adam RIEDINGER	SR Ohio State	44.87m	147-2	
31 Jackson GRANT	JR Belmont	44.83m	147-1	
32 Drew FRANKLIN	FR Indiana	44.83m	147-1	
33 Kai DEINES	FR Penn	44.77m	146-10	PB
34 Myles SCOTT	FR North Carolina	44.70m	146-8	PB
35 Daye KARIB-WHYTE	FR Hampton	44.31m	145-4	PB
36 Sam ENGBRETSON	JR MIT	44.19m	144-11	
37 Jesse HELTON	SO UNCW	44.03m	144-5	
38 Tyler REYNA	JR Indiana	43.92m	144-1	
39 Frankie WINTER	FR Charleston (WV)	43.61m	143-1	
40 Jeremiah BURCH JR.	SO App State	43.41m	142-5	
41 Kellen TROPECK	SR Charleston (WV)	43.06m	141-3	
42 Jacob REINACH	JR Duke	42.77m	140-4	
43 Christopher TAVARONE	JR Rhode Island	42.63m	139-10	
44 Khamari ARRINGTON	SR N.C. Central	42.51m	139-5	SB
45 Nathan LAU	SO NC State	42.26m	138-8	
46 Nelson ANDERSON	JR N.C. Central	42.20m	138-5	
47 Ellis HORTON	SR Lenoir-Rhyne	41.88m	137-5	
48 Nick MORSE	SR High Point	41.84m	137-3	
49 Jesse GOLDMAN	FR Penn	41.67m	136-8	PB
50 Kolby CLARK	JR N. Carolina A&T	39.65m	130-1	
51 Logan WAGNER	SO East Tenn. St.	32.48m	106-7	
DNS Matthew SWEPSON	JR N.C. Central		DNS	
DNS Danree DELANCY	SR Howard		DNS	
X Keyandre DAVIS	SO USC Upstate		X	
X Hayden TOBIAS	SR Ohio State		X	
X Quinn SMITH	SR Buffalo		X	
DNS Brayden HODGEST	JR N. Carolina A&T		DNS	
X Thomas HICKMAN	JR Baldwin Wallace		X	

**MEN DISCUS**

1 Jacob LEMMON	JR Virginia	55.33m	181-6	
2 Carlos AVILES	SR Ohio State	54.53m	178-11	
3 Jakob NUTZEL	SO Queens (NC)	54.32m	178-2	
4 Chris VAN NIEKERK	SR High Point	53.31m	174-11	
5 Spencer WILLIAMS	SO North Carolina	51.73m	169-8	
6 Colby MORLOCK	SO Michigan State	51.57m	169-2	PB
7 Robert KESTYN	SR George Mason	51.43m	168-8	
8 Dalton DEBEAU	FR Michigan State	50.97m	167-2	PB
9 Joshua HOFFMAN	SR New Hampshire	50.30m	165-0	
10 Christopher WAINSCOTT	SR App State	49.68m	163-0	SB
11 Jesse SHELTON	FR Mars Hill	48.80m	160-1	

**MEN HAMMER**

1 Christian JOHNSON	SR Duke	70.26m	230-6	PB
2 Aimar PALMA SIMO	SR Duke	69.23m	227-1	
3 John FAY	SO Virginia	68.41m	224-5	PB
4 James JOYCEY	Washed Up TC	68.01m	223-1	
5 Sean MOCKLER	JR Indiana	65.17m	213-9	
6 Sebastian TESCH	JR Northwood	64.13m	210-4	PB
7 Christian TORO	FR Duke	63.98m	209-11	PB
8 Benjamin PABLE	JR Dartmouth	62.05m	203-7	PB
9 Keyandre DAVIS	SO USC Upstate	61.62m	202-2	PB
10 Joshua DEVRIES	JR Michigan State	58.97m	193-5	
11 Alexander BAEZ	SO Rhode Island	58.72m	192-8	



**Raleigh Relays**  
 Paul Derr Track and Field Facility  
 Raleigh, NC - North Carolina State University  
 March 28-30, 2024



**Results**

12 Caleb NICKENS	SR Buffalo	58.70m	192-7	SB
13 Liam MCGOVERN	SO New Hampshire	58.50m	191-11	PB
14 Evan JOHNSON	SR Ohio State	58.19m	190-11	PB
15 Arsalan YAQUBI	JR George Mason	58.05m	190-5	PB
16 Michael GABRIEL	JR Dartmouth	57.95m	190-1	
17 Colton MCMASTER	SO Dartmouth	57.64m	189-1	PB
18 Colby MORLOCK	SO Michigan State	56.84m	186-6	SB
19 Myles SCHRECK	SR Duke	56.47m	185-3	
20 Xavier GRIFFITHS	FR Michigan State	55.92m	183-5	PB
21 John CASPER	JR VCU	55.24m	181-3	
22 Christopher WAINSCOTT	SR App State	54.88m	180-1	
23 Andrew FLEMING	SR New Hampshire	54.52m	178-10	
24 Anthony WILKS	FR Ohio State	54.34m	178-3	
25 Sam ENGBRETSON	JR MIT	54.15m	177-8	
26 Scott DOCHAT	JR Penn	54.05m	177-4	
27 Hayden TOBIAS	SR Ohio State	53.95m	177-0	
28 Zach STEIN-DRAGO	SR Campbell	53.94m	177-0	PB
29 Sam ROMERHAUS	FR North Carolina	51.44m	168-9	
30 Hunter SMITH	JR Indiana	51.38m	168-7	PB
31 Omar IBRAHIM	SR Campbell	51.37m	168-6	
32 Alex HOFFMAN	Unattached	51.37m	168-6	
33 Robert KESTYN	SR George Mason	50.87m	166-10	
34 Brock LASURE	SO East Carolina	50.07m	164-3	SB
35 Brent BELL	FR East Tenn. St.	49.61m	162-9	
36 Qualiar NEWTON	SO N. Carolina A&T	49.41m	162-1	
37 Andrew GRANGER	SR VMI	48.73m	159-10	
38 Ty CASTRO	JR North Carolina	48.44m	158-11	
39 Kaleu TELLAS	JR Baldwin Wallace	48.39m	158-9	
40 Tyler REYNA	JR Indiana	48.38m	158-9	
41 Tony TAYLOR	Unattached	47.39m	155-5	
42 William RICHARDSON	JR Norfolk State	46.86m	153-9	
43 Ellis HORTON	SR Lenoir-Rhyne	46.51m	152-7	
44 Evan BROCK	JR Campbell	45.41m	148-11	PB
45 Spencer WILLIAMS	SO North Carolina	44.92m	147-4	
46 Timon EDELEN	SR High Point	44.49m	145-11	
47 Thomas HICKMAN	JR Baldwin Wallace	44.25m	145-2	SB
48 William Michael BAKER	FR George Mason	44.06m	144-7	
49 Nelson ANDERSON	JR N.C. Central	43.01m	141-1	
X Jackson GRANT	JR Belmont		X	
DNS Matthew SWEPSON	JR N.C. Central		DNS	
DNS Dominic PERRY	SR Youngstown St.		DNS	
DNS Nathan LAU	SO NC State		DNS	
X Myles SCOTT	FR North Carolina		X	
X Brayden RADHUBER	JR North Carolina		X	
DNS Coleson KERTESZ	JR Youngstown St.		DNS	
DNS Andre PRINCE	SO Howard		DNS	
DNS Ryan HENRY	SO Youngstown St.		DNS	
DNS Carlos ALEXANDER	JR N. Carolina A&T		DNS	

**MEN JAVELIN**

1 James KOTOWSKI	JR UMass Lowell	72.46m	237-9	PB
2 Jacob OPDAHL	SlowBoysTrackClut	70.08m	229-11	
3 Marten GASPARINI	SR Duke	68.96m	226-3	
4 Scott CAMPBELL	SR Unattached	66.44m	218-0	
5 Ryan DEBARBER	JR UNCW	64.30m	210-11	
6 Miles HIGGINS	SO UNCW	63.28m	207-7	
7 Lucas FROST	SR Rhode Island	62.98m	206-7	
8 Luke THIERFELDER	JR Unattached	60.41m	198-2	
9 Zach STEIN-DRAGO	SR Campbell	59.73m	195-11	
10 Joseph DIDARIO	SR Duke	59.72m	195-11	

11 Tyler ZAWATSKI	SO Virginia	59.47m	195-1	
12 Matt PREBOLA	FR Duke	59.46m	195-1	
13 Manuel CAMPANA	SO Charleston (WV)	57.71m	189-4	PB
14 Seth CORDEIRO	SR Rhode Island	57.04m	187-2	
15 Arsalan YAQUBI	JR George Mason	56.54m	185-6	
16 Aaron PIERCE	JR Charleston Souther	56.31m	184-9	
17 Derek ELSHOLZ	SO Dartmouth	55.57m	182-3	
18 Josh WISE	JR Lenoir-Rhyne	53.13m	174-3	
19 Nick ZALLER	SR Wheeling	52.91m	173-7	
20 Quinn BRODERICK	FR UNCW	51.52m	169-0	
21 Landry POLK	SO Charleston Souther	50.36m	165-3	
22 Ethan LITAVECZ	JR Valparaiso	50.12m	164-5	PB
23 Matthew REMONDET	JR Tulane	49.86m	163-7	
24 Brian SPONAUGLE	FR Valparaiso	48.73m	159-10	PB
25 Walker REYNOLDS	JR Wake Forest	44.93m	147-5	PB
26 Ben MILLER	JR Belmont	42.83m	140-6	
27 Philip STOMNE	SR Lenoir-Rhyne	42.64m	139-11	
28 Tommy PALMER	JR Valparaiso	42.53m	139-6	
DNS Elijah COOK	JR Penn		DNS	
DNS Matthew SWEPSON	JR N.C. Central		DNS	

**WOMEN 4X100 M RELAY**

1 DUKE	44.64	
2 EAST CAROLINA	45.16	SB
3 APP STATE	45.27	
4 N. CAROLINA A&T	45.33	SB
5 GEORGETOWN	45.83	
6 APP STATE B	46.02	
7 DUKE B	46.03	
8 DELAWARE STATE	46.14	
9 OHIO	46.50	
10 EAST CAROLINA B	46.85	
11 BOWLING GREEN	46.87	
12 WINGATE	47.10	
13 BUTLER	47.36	
14 DELAWARE	47.65	
15 UNCW	47.81	
16 ST. AUGUSTINE'S	48.82	
17 CUMBERLANDS	49.51	
18 ST. AUGUSTINE'S B	1:02.21	
DNF EAST TENN. ST.	DNF	

**WOMEN 4X400 M RELAY**

1 DUKE	3:32.64	SB
2 VIRGINIA	3:38.33	SB
3 DUKE B	3:39.01	
4 RICHMOND	3:42.93	SB
5 GEORGETOWN	3:42.98	
6 ST. AUGUSTINE'S	3:43.92	
7 BROWN	3:44.70	
8 ATLANTA TC ELITE	3:45.07	
9 NORFOLK STATE	3:45.34	SB
10 COLUMBIA	3:45.40	
11 APP STATE	3:45.94	
12 NORTH CAROLINA	3:46.06	
13 DELAWARE	3:46.33	SB
14 MIT	3:46.69	
15 LIPSCOMB	3:47.30	SB
16 WINGATE	3:50.29	SB
17 OHIO	3:50.57	



**Raleigh Relays**  
*Paul Derr Track and Field Facility*  
*Raleigh, NC - North Carolina State University*  
*March 28-30, 2024*



**Results**

18	DUKE C	3:50.61	
19	EAST CAROLINA	3:51.03	SB
20	DELAWARE STATE	3:51.45	
21	UNCW	3:52.18	SB
22	GEORGE MASON	3:53.96	SB
23	COL. OF CHARLESTON	3:57.04	SB
24	EAST CAROLINA B	3:59.26	
25	NORFOLK STATE B	3:59.61	
26	FROSTBURG STATE	3:59.65	
27	GEORGE MASON B	4:08.74	
DNF	NORTH CAROLINA B	DNF	

**MEN 4X100 M RELAY**

1	NORFOLK STATE	40.21	
2	EAST CAROLINA	40.36	
3	DELAWARE STATE	40.39	
4	N. CAROLINA A&T	40.51	SB
5	TIFFIN	40.67	
6	RHODE ISLAND	40.78	
7	VIRGINIA	41.03	SB
8	APP STATE	41.14	
9	YOUNGSTOWN ST.	41.26	
9	GOLDEY-BEACOM	41.26	
11	BUTLER	41.29	
12	WINGATE	41.49	SB
13	BROWN	41.55	
14	ST. AUGUSTINE'S	42.12	
DQ	MIT	DQ [R: 15.9]	
DNS	EAST CAROLINA B	DNS	

**MEN 4X400 M RELAY**

1	NORFOLK STATE	3:08.12	
2	ST. AUGUSTINE'S	3:09.12	
3	MICHIGAN STATE	3:09.91	SB
4	VIRGINIA	3:10.37	SB
5	NORTH CAROLINA	3:12.15	
6	DUKE	3:12.27	
7	N. CAROLINA A&T	3:13.02	
8	OHIO NORTHERN	3:13.76	
9	APP STATE	3:15.40	
10	CHARLESTON (WV)	3:15.60	SB
11	UNCW	3:15.67	SB
12	CENTRAL CONNECTICUT	3:16.27	
13	GEORGE MASON	3:16.53	
14	NORTH CAROLINA B	3:16.76	
15	NC STATE	3:17.30	
16	GEORGETOWN	3:17.93	
17	BROWN	3:20.11	
18	WINGATE	3:20.23	SB
19	ATLANTA TC ELITE	3:23.32	
20	CAMPBELL	3:25.69	
DNS	EAST CAROLINA	DNS	
DNS	GOLDEY-BEACOM	DNS	
DNS	NORFOLK STATE B	DNS	

**GIRLS 3200 M**

1	Reese DALTON	The Covenant Schc	10:33.59
2	Chandler WELSH	RJ Reynolds	10:47.68
3	Ashlei SUMMERS	Hoggard	10:50.19
4	Mackenzie BABCOCK	Monona Grove	10:52.06

5	Janie MALL	Broughton	10:57.34
6	Morgan MILLER	First Flight	10:58.24
7	Ruth METAFERIA	Leesville	11:05.07
8	Kasey DINGMAN	Lake Norman	11:08.04
9	Joiner EVANS	Mount Tabor	11:09.25
10	Haley BROWNE	Ravenscroft	11:19.91
DNF	Allie KINLAW	Page	DNF
DNF	Scout STORMS	Barrington	DNF
DNF	Zoie LAMANA	Jefferson Forest Hi	DNF

**BOYS 3200 M**

1	Dawson REEVES	Christ School	9:11.48
2	James CALLAHAN	Cary Christian	9:15.08
3	Cooper WASSON	George Rogers Cla	9:15.38
4	Jon Nathan LAWRENCE	The Covenant Scho	9:16.57
5	Cameron DAVIS	Calvert Hall College	9:17.37
6	Alex JORDAN	Jefferson Forest Hi	9:17.46
7	Eli JULIAN	South Rowan	9:17.67
8	Andre MICHAELS	Leesville	9:18.73
9	Thomas WLAZLOWSKI	Cuthbertson	9:20.55
10	Tyler SURFACE	North Raleigh Chris	9:21.71
11	Elijah POORE	Walhalla	9:22.56
12	Albert TURNER	East Chapel Hill	9:23.29
13	Tate SHORE	Reagan	9:28.04
14	Nicholas GRACE	Ardrey Kell	9:31.60
15	Joey WELLS	Ardrey Kell	9:39.53
16	Jack ANSTROM	Seaforth	9:43.46
17	Owen LARSON	Ethical Culture Fiel	9:49.96
DNF	Chance BLOODWORTH	Walhalla	DNF