



FINAL TIMETABLE

JOE WALKER INVITATIONAL

APRIL 5-6, 2024

Friday, April 5th

Decathlon:

12:00 PM Decathlon 100m
 Decathlon Long Jump
 Decathlon Shot Put
 Decathlon High Jump
 Decathlon 400m

Heptathlon:

12:30 PM Heptathlon 100m Hurdles
 Heptathlon High Jump
 Heptathlon Shot Put
 Heptathlon 200m

Field Events:

11:00 AM Women's Hammer Throw
 to follow Men's Hammer Throw
McConnell Family Women's Pole Vault
 11:30 AM Women's Javelin
 3:00 PM Women's Long Jump
 Men's Pole Vault
 4:30 PM Men's Long Jump
 5:30 PM Men's Javelin

Running Events:

5:10 PM National Anthem
 5:15 PM Women's 200m
 5:30 PM Men's 200m
 5:45 PM Women's 800m Invitational
 5:50 PM **Henry Barbour Men's 800m Invitational**
 5:55 PM Women's 3000m Steeple
 6:10 PM Men's 3000m Steeple
 6:25 PM Women's 1500m Invitational
 6:35 PM Men's 1500m Invitational
 6:40 PM Women's 5000m Invitational
 7:00 PM Men's 5000m Invitational

Saturday, April 6th

Decathlon

10:00 AM Decathlon 110m Hurdles
 Decathlon Discus
 Decathlon Pole Vault
 Decathlon Javelin
 Decathlon 1500m

Heptathlon:

10:15 AM Heptathlon Long Jump
 Heptathlon Javelin
 Heptathlon 800m

Field Events:

10:30 AM **Coach Price-Smith Women's Shot Put**
 Women's High Jump
 12:00 PM Men's Discus Throw
 Women's Triple Jump
 2:00 PM **Coach Smith Men's Shot Put**
 Women's Discus
 Men's High Jump
 3:00 PM Men's Triple Jump

Running Events:

11:00 AM Senior Recognition
1:55 PM National Anthem
 2:00 PM Women's 4x100m Relay
 2:05 PM Men's 4x100m Relay
 2:10 PM Women's 1500m
 2:25 PM Men's 1500m
 2:50 PM Women's 100m Hurdles
 3:05 PM Men's 110m Hurdles
 3:15 PM Women's 400m
 3:25 PM Men's 400m
 3:35 PM Women's 100m
 3:50 PM Men's 100m
 4:00 PM Women's 800m
 4:20 PM **Henry Barbour Men's 800m**
 4:40 PM Women's 400m Hurdles
 4:50 PM Men's 400m Hurdles
 5:00 PM Men's 5000m
 5:20 PM Women's 4x400m Relay
 5:30 PM Men's 4x400m Relay