

# 2024 NC STATE RALEIGH RELAYS SCHEDULE - TENTATIVE

## THURSDAY, MARCH 28th

TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
4:40 PM	1500m	15 Sections - ~ 1 every 4 min	Men	Seeded
5:44 PM	3000m Steeplechase	Section 1	Men	Seeded
5:55 PM	3000m Steeplechase	Section 2	Men	Seeded
6:06 PM	3000m Steeplechase	Section 3	Men	Seeded
6:17 PM	3000m Steeplechase	Section 4	Men	Seeded
6:33 PM	5000m	Section 1	Men	Seeded
6:49 PM	5000m	Section 2	Men	Seeded
7:05 PM	5000m	Section 3	Men	Seeded
7:21 PM	5000m	Section 4	Men	Seeded
7:37 PM	5000m	Section 5	Men	Seeded
7:53 PM	5000m	Section 6	Men	Seeded
8:09 PM	5000m	Section 7	Men	Seeded
8:25 PM	5000m	Section 8	Men	Seeded
8:41 PM	5000m	Section 9	Men	Seeded
8:57 PM	5000m	Section 10	Men	Seeded
9:25 PM	10,000m	Section 1	Men	Seeded
10:00 PM	10,000m	Section 2	Men	Seeded
10:35 PM	10,000m	Section 3	Men	Seeded
TIME	EVENT	SECTION	CLASSIFICATION	
9:45 AM	Javelin	Final	Men	
9:45 AM	Shot Put	Final	Women	
10:30 AM	Pole Vault	Final	Women	
1:00 PM	Shot Put	Final	Men	
1:15 PM	Javelin	Final	Women	
Implement Inspection				
7:30 AM	Javelin	Men		
7:30 AM	Shot Put	Women		
10:00 AM	Javelin	Women		
10:00 AM	Shot Put	Men		

## SATURDAY, MARCH 30th

TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
1:00 PM	4x100m	Timed Sections	Women	Final
1:25 PM	4x100m	Timed Sections	Men	Final
1:45 PM	800m	Timed Sections	Women	Final
2:35 PM	400mH	Timed Sections	Women	Final
3:00 PM	400mH	Timed Sections	Men	Final
3:25 PM	200m	Timed Sections	Women	Final
3:55 PM	200m	Timed Sections	Men	Final
4:20 PM	800m	Timed Sections	Men	Final
5:10 PM	4x400m	Timed Sections	Women	Final
5:35 PM	4x400m	Timed Sections	Men	Final
TIME	EVENT	SECTION	CLASSIFICATION	
9:45 AM	Hammer	Final	Men	
10:30 AM	Long Jump	Final	Women	
1:15 PM	Hammer	Final	Women	
1:45 PM	Long Jump	Final	Men	

## FRIDAY, MARCH 29th

TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
12:50 PM	100mH	Timed Sections	Women	Final
1:20 PM	110mH	Timed Sections	Men	Final
1:45 PM	100m	Timed Sections	Women	Final
2:15 PM	100m	Timed Sections	Men	Final
2:40 PM	400m	Timed Sections	Women	Final
3:10 PM	400m	Timed Sections	Men	Final
3:45 PM	HS 3200m	Final	Girls	Final
4:00 PM	HS 3200m	Final	Boys	Final
4:20 PM	1500m	15 Sections - ~ 1 every 5 min	Women	Seeded
5:40 PM	3000m Steeplechase	Section 1	Women	Seeded
5:53 PM	3000m Steeplechase	Section 2	Women	Seeded
6:06 PM	3000m Steeplechase	Section 3	Women	Seeded
6:25 PM	5000m	Section 1	Women	Seeded
6:45 PM	5000m	Section 2	Women	Seeded
7:05 PM	5000m	Section 3	Women	Seeded
7:24 PM	5000m	Section 4	Women	Seeded
7:43 PM	5000m	Section 5	Women	Seeded
8:02 PM	5000m	Section 6	Women	Seeded
8:21 PM	5000m	Section 7	Women	Seeded
8:40 PM	5000m	Section 8	Women	Seeded
8:59 PM	5000m	Section 9	Women	Seeded
9:20 PM	10,000m	Section 1	Women	Seeded
9:57 PM	10,000m	Section 2	Women	Seeded
10:35 PM	10,000m	Section 3	Women	Seeded
TIME	EVENT	SECTION	CLASSIFICATION	
9:45 AM	Discus	Final	Women	
10:30 AM	Pole Vault	Final	Men	
11:00 AM	Triple Jump	Final	Women	
11:00 AM	High Jump	Final	Men	
2:00 PM	Triple Jump	Final	Men	
2:15 PM	High Jump	Final	Women	
2:15 PM	Discus	Final	Men	
Implement Inspection				
7:30 AM	Discus	Women		
9:30 AM	Discus	Men		
12:00 PM	Hammer (impounded)	Women		
12:00 PM	Hammer (impounded)	Men		

