



BRYAN  
CLAY  
INVITATIONAL

## 2024 MEET SCHEDULE

April 11 (Thursday), 12 (Friday), 13 (Saturday)

### THURSDAY [ April 11th ]

#### OVERVIEW: Multi, Steeple, Invite 10k

9:00 AM	Hep 100m H [Sections C and D]	10:00 HJ, 12:15 SP, 1:15 PM 200m	6 heats
9:30 AM	Dec 100m [Section C]	10:10 LJ, 11:15 SP, 12:30 HJ, 3:00 PM 400m	2 heats
12:00 PM	Dec 100m [Section B]	12:45 LJ, 2:00 SP, 3:15 HJ, 5:30 PM 400m	2 heats
12:30 PM	Hep 100m H [Section B]	1:20 HJ, 3:15 SP, 4:30 PM 200m	2 heats
1:15 PM	Hep 200m [Sections C and D]**		4 Heats
2:00 PM	Dec 100m [Section A]	3:00 LJ, 4:15 SP, 5:30 HJ, 8:00 PM 400m	2 heats
2:30 PM	Hep 100m H [Section A]	3:15 HJ, 5:15 SP, 6:15 PM 200m	4 heats
3:00 PM	Dec 400m [Section C]**		2 Heats
4:30 PM	Hep 200m [Section B]**		4 Heats
5:30 PM	Dec 400m [Section B]**		2 Heats
6:15 PM	Hep 200m [Section A]**		2 Heats
6:45 PM	<b>W Steeple [slow to fast]</b>		<b>6 Heats</b>
8:00 PM	Dec 400m [Section A]** <i>Between Women's and Men's Steeple</i>		2 Heats
8:10 PM	<b>M Steeple [fast to slow]</b>		<b>6 Heats</b>
9:10 PM	<b>W Invite 10k Heat 1 [Fastest]</b>		
9:45 PM	<b>M Invite 10k Heat 1 [Fastest]</b>		
10:17 PM	<b>W Invite 10k Heat 2</b>		
10:55 PM	<b>M Invite 10k Heat 2</b>		

Finish by 11:30 PM

\*\* Estimate start time off a rolling time schedule.

### FRIDAY Field Events [ April 12th ]

#### Hammer Throw: At Citrus College Stadium Hammer Cage

9:00 AM	Women's Hammer (6 Flights and FINALS)
2:30 PM	Men's Hammer (5 Flights and FINALS)

#### Discus Throw: At Azusa Pacific Stadium Track

9:00 AM	Women's Discus (4 flights and FINALS)
4:00 PM	Men's Discus (3 flights and FINALS)

#### Heptathlon:

11:00 AM	Heptathlon LJ [ Section D] 12:15 JT, 2:15 800m
12:00 PM	Heptathlon LJ [ Section C], 1:15 JT, 2:15 800m
1:00 PM	Heptathlon LJ [ Section B], 2:15 JT, 5:00 800m
2:00 PM	Heptathlon LJ [ Section A] 3:15 JT, 5:00 800m

#### Decathlon:

12:00 PM	Decathlon 110 H [Section C], 12:45 DT, 2:00 PV, 4:30 JT, 6:38 PM 1500m
1:00 PM	Decathlon 110 H [Section B], 1:45 DT, 3:00 PV, 5:30 JT, 6:38 PM 1500m
2:00 PM	Decathlon 110 H [Section A], 2:45 DT, 4:30 PV, 7:00 JT, 8:14 PM 1500m



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### FRIDAY Track Events [ April 12th ]

#### Track Time Schedule:

7:00 AM	M Open 10k	[slow to fast]	2 Heats	
8:05 AM	W Open 10k	[fast to slow]	2 Heats	
9:25 AM	M Open B 5k	[fast to slow]	4 Heats	
10:25 AM	W Open B 5k	[fast to slow]	4 Heats	Finish by 11:40 AM
<b>** Note: If Excessive Heat, Might move Open B 5k's to after Invite 5k's</b> - Announced by Mon, April 8th IF adjusting.				
12:00 PM	Decathlon 110 H	[Section C]	4 Heats	
1:00 PM	Decathlon 110 H	[Section B]	4 Heats	
2:00 PM	Decathlon 110 H	[Section A]	4 Heats	
2:15 PM	Heptathlon 800	[Sections C and D]	2 Heats - double waterfall	
2:25 PM	W Open 800	[fast to slow]	15 Heats - waterfall (12/heat)	
3:15 PM	M Open 800	[fast to slow]	15 Heats - waterfall (12/heat)	
4:00 PM	W Invite 800	[fast to slow]	20 Heats - lanes (8/heat)	
5:00 PM	Heptathlon 800	[Sections A and B]	2 Heats - double waterfall	
5:10 PM	M Invite 800	[fast to slow]	20 Heats - lanes (8/heat)	

#### Men's & Women's Open A 5k [ Alternating Gender, SLOW to FAST ] 4 heats/gender

6:20 PM	W Open A 5k Ht 1		
6:38 PM	Decathlon 1500 [Section C and B]	2 Heats	
6:50 PM	M Open A 5k Ht 1		
7:06 PM	W Open A 5k Ht 2		
7:24 PM	M Open A 5k Ht 2		
7:40 PM	W Open A 5k Ht 3		
7:58 PM	M Open A 5k Ht 3		
8:14 PM	Decathlon 1500 [ Section A ]	1 Heat	
8:20 PM	W Open A 5k Ht 4		
8:38 PM	M Open A 5k Ht 4		

#### Men's & Women's Invite 5k [ Alternating Gender, FAST to SLOW ] 4 heats/gender

9:00 PM	W Invite 5k Ht 1		
9:17 PM	M Invite 5k Ht 1		
9:32 PM	W Invite 5k Ht 2		
9:49 PM	M Invite 5k Ht 2		
10:05 PM	W Invite 5k Ht 3		
10:23 PM	M Invite 5k Ht 3		
10:39 PM	W Invite 5k Ht 4		
10:57 PM	M Invite 5k Ht 4		Finish by 11:15 PM



# 2024 BRYAN CLAY INVITATIONAL

## SATURDAY Full Schedule [ April 13th ]

### RUNNING EVENTS

**Sprint Events will be live seeded**

9:50 AM	<b>Welcome Prayer &amp; National Anthem</b>
10:00 AM	M 4x100
10:15 AM	W 4x100
10:30 AM	M 400
10:55 AM	W 400
11:30 AM	M 100
12:00 PM	W 100
12:50 PM	M 110 Hurdles
1:20 PM	W 100 Hurdles
2:00 PM	M 400 Hurdles
2:35 PM	W 400 Hurdles
3:05 PM	M 200
3:35 PM	W 200
4:05 PM	M 4x400
4:30 PM	W 4x400

### 1500 Heats Begin: Run in Chronological Order

5:00 PM	W Open B 1500	12 Heats [Slow to Fast]
6:00 PM	M Open B 1500	12 Heats [Slow to Fast]
7:00 PM	W Invite 1500	12 Heats [Slow to Fast]
8:00 PM	M Invite 1500	12 Heats [Fast to Slow]
9:00 PM	W Open A 1500	12 Heats [Fast to Slow]
10:00 PM	M Open A 1500	12 Heats [Fast to Slow]

**Finished by 11:00 PM**

### FIELD EVENTS (3 attempts and finals)

10:00 AM	Women's Long Jump (5 flights and FINALS)
10:00 AM	Men's Long Jump (5 flights and FINALS)
10:00 AM	Men's Javelin (4 flights with FINALS)
10:00 AM	Women's High Jump C (South Pit)
10:00 AM	Women's Pole Vault C (East Pit)
10:00 AM	Men's Pole Vault C (West Pit)
10:00 AM	Women's Shot Put ( 5 flights and FINALS)
12:00 PM	Men's High Jump B (North Pit)
1:00 PM	Women's High Jump A (South Pit)
1:00 PM	Men's Pole Vault A (West Pit)
1:00 PM	Women's Pole Vault A (East Pit)
2:00 PM	Women's Javelin (4 flights and FINALS)
3:00 PM	Men's Triple Jump (5 flights and FINALS)
3:00 PM	Women's Triple Jump (5 flights and FINALS)
3:00 PM	Men's Shot Put (5 flights and FINALS)
3:00 PM	Men's High Jump A (South Pit)
4:00 PM	Women's High Jump B (North Pit)
4:00 PM	Men's Pole Vault B (West Pit)
4:00 PM	Women's Pole Vault B (East Pit)