



2023 - 2024

TRACK & FIELD

VISITING TEAM GUIDE

TABLE OF CONTENTS



CONTACT INFORMATION	3
GENERAL INFORMATION	4
VANDERBILT ATHLETICS CAMPUS MAP	6
DIRECTIONS TO VANDERBILT	7
DINING	8
LODGING AND TRANSPORTATION	10
QUESTIONNAIRE	11

CONTACT INFORMATION

Michelle Towns
Sport Administrator
Associate AD, Human
Resources Operations

O: 615-322-4831
michelle.towns@vanderbilt.edu

John Kelly
Facility/Event Operations

C: 901-210-0683
john.e.kelly@vanderbilt.edu

Pilar Ballough
Athletic Communications

pilar.ballough@vanderbilt.edu

Brian Fremund
brian.fremund@vanderbilt.edu

Nick Caporale
Sports Medicine
C: 262-892-0243
nicholas.caporale@vumc.org

Paul Echelberry
Sports Medicine
paul.echelberry@vumc.org

TRACK & FIELD COACHING STAFF

Althea Thomas
Director of Cross Country,
Track and Field

Cameia Alexander
Asst. Coach/Meet Director
cameia.alexander@vanderbilt.edu

Justin Byron
Assistant Coach
justin.byron@vanderbilt.edu

Mallory Mulzer
Assistant Coach
mallory.mulzer@vanderbilt.edu

John Newell
Assistant Coach
john.c.newell@vanderbilt.edu

Harold Rose
Assistant Coach
harold.rose@vanderbilt.edu

Michael Porter
Assistant Coach
coach.porter@vanderbilt.edu

Whitney Fountain
Director of Operations
whitney.fountain@vanderbilt.edu



GENERAL INFORMATION

Contest Location

Vanderbilt Multipurpose Facility of the Recreation Center

2700 Children's Way
Nashville, TN 37212

Parking

Your team vehicle may drop off/pick up near the Outdoor Track facility on Natchez Trace. Team buses will park along the metered spaces on Vanderbilt Place. Team vans/SUVs will park in lot 102 along Children's Way. Parking will be on a space available basis. Any general parking questions can be addressed with **John Kelly at 901-210-0683 or john.e.kelly@vanderbilt.edu**. See map on page 6.

Spectators are encouraged to park in the 25th Ave. Garage through the Highland Avenue entrance. In this garage, spectators should park on floors B-10 in any non-reserved spaces. Please look for directional signage when exiting the garage for pedestrian path to the indoor track facility.

Visitor's Locker Room

There is very limited access to the Rec Center locker rooms. Please contact John Kelly with your locker room usage request. Teams are encouraged to bring their own towels.

Practice Request

Visiting Teams must contact Event Manager, John Kelly, to arrange practice times. Please arrange your practice times at least two weeks prior to competition date. If you cannot make your scheduled practice time, a cancellation call is appreciated 24 hours prior to your scheduled time.

Team Camp

The team camp will be located in the basketball gym in the Recreation Center. Please contact John Kelly with any special requests. All food should remain in the team camp areas and are not to be transported to the indoor facility. Please do NOT wear your spikes in the Rec Center or Team Camp area.

Warm Up

Athletes should warm-up outdoors (outdoor track & field or Field 2) or inside the designated warm-up area on the indoor track infield (will be enclosed by white sport fencing).

Hurdles and blocks will be available on the track backstretch for 60m and 60m hurdle warm-ups. Only athletes competing in the event currently being contested will be allowed on the home stretch.



GENERAL INFORMATION (Cont.)

Admission

The cost for admission each day is \$10. Children 2 and under are free.

Facility Policies

APPROVED BAGS



NON-APPROVED BAGS

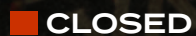


Sports Medicine

Please contact **Athletic Trainer, Nick Caporale** at nicholas.caporale@vumc.org for any medical or athletic training needs.



VANDERBILT TRACK & FIELD



DIRECTIONS TO VANDERBILT

From the South

Take I-65 North to I-40 West. Off of I-40, take Exit 209A (Broadway-West End). Turn left and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left and turn left on 31st Avenue S. Turn left on 24th Avenue S then left onto Children's Way.

From the North

Take I-65 South I-40 West. Off of I-40 take Exit 209A (Broadway-West End). Turn left and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn left on 31st Avenue S. Turn left on 24th Avenue S then left onto Children's Way.

From the East

Take I-40 West to Exit 209A (Broadway-West End). Turn left and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn left on 31st Avenue S. Turn left on 24th Avenue S then left onto Children's Way.

From the West

Take I-40 East to Exit 209B (Broadway-West End). Turn right and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn left on 31st Avenue S. Turn left on 24th Avenue S then left onto Children's Way.

From Chattanooga

Take I-24 West until it merges with I-40 West. Stay on I-40 West to Exit 209A (Broadway-West End). Turn left and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn left on 31st Avenue S. Turn left on 24th Avenue S then left onto Children's Way.



DINING

Andrew St. Marie
Daddy's Dog's

(425) 293-7839

andrew@daddysdogsnash.com

Tod Roadarmel
**Bob's Steakhouse
- Omni Nashville**

(615) 782-5320

troadarmel@omnihotels.com

Josh Davis
IceCrown

(615) 618-5554

josh@icecrown.biz

Johnny Lawrence
Central BBQ

(615) 610-3443

jlawrence@eatcbq.com

Joe Massar
Central Bar & Kitchen
- Nashville Marriott

(615) 340-5137

joe.massar@whitelodging.com

Todd Hunley
Chick-fil-A of Rivergate

(615) 851-4007

todd.hunley@chick-fil-a.com

Bryan Wolfe
Community Coffee

(270) 980-0000

bwolfe@communitycoffee.com

Chris Gardner
King of Pops

(615) 732-9945

chris.gardner@kingofpops.com

Kathy Cope
Conecuh Sausage

(251) 578-3380

kathy@conecuhsausage.com

Charli Johnson
Moe's Southwest Grill

(615) 715-3483

moescateringcharli@gmail.com

Michael Millican
Pizza Perfect

(615) 329-2757

*CALL ONLY

Charles McConnell
McConnell's Catering

(615) 227-6517

mcconnell@bellsouth.net

Tabor Lucky
Corner Pub/Catering

(773) 573-2398

Tabor@luckeyhospitality.com

Dru Siske
Cupcake Collection

(615) 244-2900

druscilla.francois@thecupcakecollection.com

Amber Greer
Kernels Nashville Popcorn

(615) 378-7674

aheater@kernelsnashville.com

Fidela Werner
Fox's Donut Den

(615) 322-4467

fidela.werner@vanderbiltssportsproperties.com



DINING (Cont.)

Robert Wilder
San Antonio Taco Co.
(615) 804-2098
rwilder@thesatco.com

Craig Baldwin
Zaxby's
(615) 566-1151
cbaldwin_us@yahoo.com

Kathy Cope
Conecuh Sausage
(251) 578-3380
kathy@conecuhsausage.com

Courtney Gray
Slim & Husky's Pizza
(615) 964-1685
c.gray@slimandhuskys.com

Green Hills Mgt.
Shake Shack
(615) 610-6326
ssmanagers-greenhills@shakeshack.com

Tiff's Treats Cookies
Customer Service
(404) 649-6291

Catherine Spivey
White Limozeen - Graduate Hotel Rooftop
(615) 497-2088
cspivey@graduatenaashville.com

Scott Glidden
TriStar BBQ
(931) 801-8223
tristarbbq@gmail.com



LODGING & TRANSPORTATION

Catherine Spivey

Graduate Nashville Hotel

615-497-2088

cspivey@graduatenashville.com

Tod Roadarmel

OMNI Hotels and Resorts

615-782-5320

troadarmel@omnihotels.com

Nancy Keiser

Holiday Inn Vanderbilt

615-320-4855

nancy.keiser@ihg.com

Jana Miller

Loews Vanderbilt Hotel

615-321-1942

jmiller@loewshotels.com

Jerry Bobo

Homewood Suites by Hilton

615-516-6274

jerry.bobo@hilton.com

Joe Massar

Marriott at Vanderbilt

615-340-5137

joe.massar@whitelodging.com



QUESTIONNAIRE

Visiting Team: _____ Number in Party: _____

Method of Travel (Bus, Passenger Van, etc.) and # of vehicles:

Number of Coaches & Administrators: _____

Anticipated Time of Arrival: _____ Date: _____

Team Hotel: _____ Phone: _____

Practice Request

Time: _____ Date: _____ Phone: _____

Pre-Meet/Post-Meet Needs (Write Yes or No)

Ice: _____ Showers: _____

of Women: _____ # of Men: _____

Anticipated Post-Meet Meal Deliveries: _____

Person Coordinating Travel: _____ Title: _____

Phone: _____ Email: _____

Sport Administrator: _____

Phone: _____ Email: _____

Sports Medicine: _____

Phone: _____ Email: _____

SID: _____

Phone: _____ Email: _____

Additional Administrators/Media Travel: _____

Additional Requirement or Information: _____

