



HARVARD TRACK & FIELD

CRIMSON ELITE & MULTI

Friday, February 2, 2024

ENTRY DEADLINE:

8:00 pm on Monday, January 29th 2024

DATES:

Crimson Elite & Pentathlon Friday February 2nd

ENTRY FEE:

Entry fee will be based on entries before scratches.

\$25.00 per individual per event

\$25.00 per relay team

\$500.00 per team (Men and Women are considered separate teams)

Payment will be made on www.directathletics.com

ENTRY PROCEDURE:

All entries will be done online through Direct Athletics (www.directathletics.com).

ENTRIES:

*****Only the top 16 field event entries will be accepted.*****

TIME SCHEDULE:

A finalized time schedule will be released on shortly after entries are received. See below for tentative time schedule.

SCRATCHES:

Scratches will be accepted until 1:30pm the day of. Please send scratches to stwalsh@fas.harvard.edu

SAFETY:

AS PER NCAA REGULATIONS, NO HEADPHONES OR AUDIO DEVICES ARE ALLOWED ON THE INFIELD OR ON THE TRACK AT ANY TIME!

DRESSING/SHOWER FACILITIES:

Not Available

SPIKES:

- The use of 1/4" pyramid spikes will be strictly enforced.

PREFERRED LANES:

Sprint Straightaway Races 4-5-3-6-2-7-1-8

200m-400m 5-6-4-3-2-1



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COMPETITION WARM-UP:

No warming up will be allowed on the competition track starting 15 minutes prior to the start of competition and remain in effect until the completion of the competition. The straightaway will be open for warm-ups after the conclusion of the sprint dashes. Field Event warm-ups will be conducted per the NCAA Rules.

FIELD EVENT ADVANCEMENT PROCEDURE:

Field Events – 9 advance to final

Track Events – 8 advance to the final in the 60m and 60HH.

WEIGH-IN:

The implement area is located just left of the throws cage. All implements will be certified with officials prior to the start of each event. Please have your implements picked up after completion of the event.

RUNWAY MARKS:

White athletic tape may be used on the runways. Chalk and Cones are not permitted.

Triple Jump Board will be 10.5m for Women and 12.5m for Men.

Coaches Boxes

Setup designed area for coaches' boxes and video view area.

Live Results

Will be on <https://www.leonetiming.com/>

HIPS Numbers

Events that finish in Lanes (60 and 60H): One (1) Hip number on Left HIP

Events that don't finish in lanes (400m and MILE) Left hip and left chest.

PARKING:

University Operations office may be charging for parking \$10.00/vehicle to park outside Gordon Track. There will be parking available on the backside of the Business School (\$6.00/vehicle). Team bus and van parking will be designated upon arrival.

QUESTIONS/CONCERNS:

Any questions please direct them to stwalsh@fas.harvard.edu

OPENING HEIGHTS (POLE VAULT/HIGH JUMP):

Determined after the entries are finalized.



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2024 Harvard Crimson Elite
Harvard University Gordon Indoor Track
Cambridge, MA

W-PENTATHLON

Friday February 2

<u>Time</u>	<u>Combined Event</u>	<u>Event</u>
11:00 AM	Pentathlon	Women 60m Hurdles
11:45 AM	Pentathlon	Women High Jump *Two Pits
1:45 PM	Pentathlon	Women Shot Put
3:15 PM	Pentathlon	Women Long Jump
4:15 PM	Pentathlon	Women 800m

FIELD EVENTS

<u>Time</u>	<u>Field Event</u>
3:00 PM	Shot Put Women Trial & FINAL
	Shot Put Men Trial & FINAL
	Weight Throw Women Trial & FINAL
	Weight Throw Men Trial & FINAL
2:00 PM	Triple Jump Women Trial & FINAL
2:00 PM	Pole Vault Men FINAL
2:00 PM	High Jump Men FINAL
2:00 PM	High Jump Women FINAL
1:30 PM	Long Jump Men Trial & FINAL
4:30 PM	Triple Jump Men Trial & FINAL
4:45 PM	Pole Vault Women FINAL
5:00 PM	Long Jump Women Trial & FINAL

*Top 16 entries only Per Field Event

TRACK EVENTS

Friday February 2

<u>Time</u>	<u>Track Event</u>
4:00 PM	60m Women Preliminary
4:15 PM	60m Men Preliminary
4:45 PM	60m Hurdles Women Trials
5:05 PM	60m Hurdles Men Trials
5:25 PM	60m Women Trials
5:35 PM	60m Men Trials
5:45 PM	Mile Women FINAL
5:50 PM	Mile Men FINAL
6:00 PM	60m Hurdles Women FINAL
6:10 PM	60m Hurdles Men FINAL
6:20 PM	60m Women FINAL
6:25 PM	60m Men FINAL
6:30 PM	400m Women FINAL
6:50 PM	400m Men FINAL