



VANDERBILT
BOWLING

2023-24

FACT BOOK



VANDERBILT BOWLING

All-Americans

First Team

Maria Bulanova	2017, 2019, 2020
Mabel Cummins	2023
Jessica Earnest	2013
Josie Earnest	2008-10
Amanda Fry	2013
Brittini Hamilton	2009, 2010, 2012
Michelle Peloquin	2006, 2009
Giselle Poss	2017
Robin Renslow	2015, 2016

Second Team

Maria Bulanova	2018
Mabel Cummins	2021, 2022
Jessica Earnest	2010-12
Josie Earnest	2007
Amanda Fry	2013
Samantha Gainor	2019
Brittini Hamilton	2011
Kristin Quah	2016
Robin Renslow	2013, 2014
Caroline Thesier	2023
Adel Wahner	2020

Third Team

Alyssa Ballard	2023
Amanda Fry	2013
Samantha Gainor	2019, 2020
Samantha Hesley	2012
Amanda Fry	2013
Samantha Hesley	2011
Tara Kane	2007, 2008
Michelle Peloquin	2008
Paige Peters	2022, 2023
Kristin Quah	2018
Katie Stark	2015
Adel Wahner	2019

Honorable Menton

Mabel Cummins	2020
Angelique Dalesandro	2020
Samantha Gainor	2021
Brittany Garcia	2010
Natalie Goodman	2014
Karen Grygiel	2007, 2008
Samantha Hesley	2012
Tara Kane	2006
Michelle Peloquin	2007
Giselle Poss	2016
Kristin Quah	2017
Victoria Varano	2023

NCAA Player of the Year

Mabel Cummins	2023
Josie Earnest	2008, 2009
Maria Bulanova	2019

NCAA Rookie/Freshman of the Year

Michelle Peloquin	2006
Brittini Hamilton	2009
Jessica Earnest	2010
Robyn Renslow	2013
Kristin Quah	2016
Maria Bulanova	2017
Paige Peters	2022

NCAA Coach of the Year

John Williamson	2007, 2019, 2022, 2023
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Junior Team USA

Mabel Cummins	2017-23
Angelique Dalesandro	2020, 2021
Josie Earnest	2005, 2007-10
Jessica Earnest	2009, 2011, 2012
Amanda Fry	2013
Natalie Goodman	2012, 2013
Brittini Hamilton	2008, 2010, 2011
Samantha Hesley	2010
Jennifer Loreda	2022
Amanda Naujokas	2022
Paige Peters	2022
Robyn Renslow	2012
Caroline Thesier	2019, 2022
Victoria Varano	2022
Adel Wahner	2019, 2020

Team USA

Mabel Cummins	2023
Josie Earnest	2012, 2013, 2015-20
Brittini Hamilton	2011, 2013-16

U-21 Junior World Championship

Mabel Cummins	2022
Paige Peters	2022
Victoria Varano	2022

Russia Junior National Team

Maria Bulanova

Puerto Rico National Team

Giselle Poss

Singapore National Team

Kristin Quah

Australian Junior Team

Emily Rigney

Intercollegiate Singles Championship (USBC)

Brittini Hamilton	2011, Champion
Robyn Renslow	2016, runner-up
Kristin Quah	2018, semifinalist
Jordan Newham	2019, runner-up
Mabel Cummins	2022, runner-up



VANDERBILT BOWLING

Team Tournament Championships

1. 2006, Hawk Classic
2. 2006, Mississippi Valley State Invitational
3. 2007, Holiday Classic
4. 2007, NCAA Championship
5. 2007, Hawk Classic
6. 2008, Fright Night Invite
7. 2008, Hawk Classic
8. 2008, Jeanette Lee Invitational
9. 2008, Morgan State Invitational
10. 2009, Columbia 300 Music City Classic
11. 2009, Greater Ozark Invitational
12. 2009, Hawk Classic
13. 2010, McKendree Baker Challenge
14. 2010, ECAC Championships
15. 2010, Columbia 300 Music City Classic
16. 2011, Mid-Winter Classic
17. 2011, Holiday Classic
18. 2011, Hawk Classic
19. 2012, Mid-Winter Classic
20. 2012, Prairie View A&M Invitational
21. 2014, Columbia 300 Music City Classic
22. 2015, Columbia 300 Music City Classic
23. 2015, Southland Championship
24. 2015, New Jersey Jamboree
25. 2016, Hawk Flight
26. 2017, Kutztown Invitational
27. 2017, Southland Championship
28. 2018, Hawk Flight
29. 2018, NCAA Championship
30. 2018, Hawk Classic
31. 2019, Mid-Winter Classic
32. 2019, Ladyjack Classic
33. 2019, Hawk Flight Invite
34. 2019, Columbia 300 Music City Classic
35. 2020, Stormin' Blue & White Vegas Classic
36. 2020, Northeast Classic
37. 2020, Arkansas State Tournament
38. 2020, Kat Klash
39. 2021, Bulldog Classic
40. 2021, Southland Championship
41. 2021, Dezy Strong Classic
42. 2022, Northeast Classic
43. 2022, Stallings Invitational
44. 2022, Southland Championship
45. 2022, NCAA Lansing Regional
46. 2023, Prairie View Invitational
47. 2023, Stallings Invitational
48. 2023, NCAA Lansing Regional
49. 2023, NCAA Championship

NCAA Tournament History

Year	Location	Finish	Record
2006	Houston, Texas	5th	1-2
2007	Orlando, Fla.	1st	4-0
2008	Omaha, Neb.	3rd	4-2
2009	Detroit, Mich.	5th	1-2
2010	North Brunswick, N.J.	5th	1-2
2011	Detroit, Mich.	2nd	4-2
2012	Cleveland, Ohio	3rd	3-2
2013	Detroit, Mich.	2nd	3-1
2014	Cleveland, Ohio	5th	1-2
2015	St. Louis, Mo.	7th	0-2
2016	North Brunswick, N.J.	7th	0-2
2017	Baton Rouge, La.	3rd	2-2
2018	St. Louis, Mo.	1st	4-1
2019	Wickliffe, Ohio	2nd	4-2
2021	Kansas City, Mo.	5th	2-2
2022	Columbus, Ohio	3rd	4-2
2023	Las Vegas, Nev.	1st	3-1

Southland Bowling League History

Team championships

2015, 2017, 2021, 2022

Bowler of the Year

Maria Bulanova	2019, 2020
Mabel Cummins	2023

Coach of the Year

John Williamson	2019
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Rookie of the Year

Alyssa Ballard	2023
Paige Peters	2022

First Team All-Southland

Mabel Cummins	2021-23
Samantha Gainor	2020

Second Team

Alyssa Ballard	2023
Angelique Dalesandro	2020
Samantha Gainor	2021
Paige Peters	2022
Adel Wahner	2020

Third Team

Mabel Cummins	2020
Angelique Dalesandro	2022
Caroline Thesier	2022, 2023
Victoria Varano	2023

All-Tournament Teams

2015	Nicole Mosesso (MVP), Giselle Poss
2017	Katie Stark (MVP), Maria Bulanova
2018	Kristin Quah
2019	Maria Bulanova, Samantha Gainor
2021	Mabel Cummins (MVP), Angelica Anthony
2022	Mabel Cummins (MVP), Amanda Naujokas

Harry Stoddard Award Winners

Named in honor of former Smyrna Bowling Center general manager Harry Stoddard whose early enthusiasm, loyalty and hard work was instrumental in Vanderbilt bowling's success. When Stoddard was dying of cancer, Vanderbilt head coach John Williamson promised Stoddard that he would keep his name and spirit alive with the bowling program by creating the Harry Stoddard Award — it is the Commodores' only award and it is decided as a result of a team vote.

2011	Jessica Earnest
2012	Lauren Rhein
2013	Kim Carper
2014	Nicole Chanin
2015	Rebecca Requerro
2016	Nicole Powell
2017	Kristin Quah
2018	Adel Wahner
2019	Jordan Newham
2020	Samantha Gainor
2021	Lauren Potechin
2022	Amelia Kiefer
2023	Amelia Kiefer

All-Time Win-Loss

Season	W	L	Percentage
2004-2005	12	63	16
2005-2006	57	38	60
2006-2007	74	14	84.1
2007-2008	77	25	75.5
2008-2009	87	19	82.1
2009-2010	67	24	73.6
2010-2011	81	39	67.5
2011-2012	86	36	70.5
2012-2013	85	38	69.1
2013-2014	83	45	64.8
2014-2015	96	43	69.1
2015-2016	106	41	72.1
2016-2017	95	41	69.9
2017-2018	93	44	67.9
2018-2019	101	39	72.1
2019-2020	75	37	73.2
2020-2021	42	28	60
2021-2022	93	41	69.4
2022-2023	92	27	77.3

Average Leaders (Season)*

Average	Player	Season
1. 215.3	Mabel Cummins	2022-23
2. 214.9	Josie Earnst	2008-09
3. 212.6	Maria Bulanova	2019-20
4. 211.6	Mabel Cummins	2021-22
5. 210.9	Maria Bulanova	2018-19
6. 209.73	Mabel Cummins	2020-21
7. 209.71	Maria Bulanova	2016-17
8. 208.8	Jessica Earnest	2012-13
9. 208.6	Paige Peters	2021-22
10. 208.3	Robyn Renslow	2012-13

High Individual Game

Score	Player	Event
1. 300	Brittini Hamilton	2012 Prairie View
1. 300	Angelica Anthony	2021 Dezy Strong
3. 299	Kaitlyn Reynolds	2006 Music City
4. 295	Kristin Quah	2017 Hawk Classic
5. 290	Amanda Fry	2012 Kat Klash
5. 290	Robyn Renslow	2015 Kutztown
7. 289	Amanda Fry	2013 Sam Houston
8. 288	Katie Stark	2016 Music City
9. 284	Josie Earnest	2009 Alabama A&M
10. 280	Angelica Anthony	2021 Arkansas State

Career Strike Percentage

Average	Player	Years
1. 53.2	Maria Bulanva	2016-20
2. 51.4	Robyn Renslow	2012-16
3. 51.1	Giselle Poss	2015-17
4. 49.2	Kristin Quah	2015-19
5. 48.4	Samantha Gainor	2017-22
6. 47.1	Angelique Dalesandro	2018-22
7. 45.3	Kelsey Abrahamsen	2017-19

Career Spare Conversion

Average	Player	Years
1. 77.6	Adel Wahner	2016-20
2. 73.9	Katie Stark	2015-18
3. 72.8	Maria Bulanova	2016-20
4. 72.8	Samantha Gainor	2017-22
5. 72.6	Kristin Quah	2015-19
6. 71.8	Giselle Poss	2015-17
7. 71.3	Bryanna Leyen	2016-20
8. 70.5	Jordan Newham	2015-19

Season Strike Percentage

Average	Player	Season
1. 55.6	Mabel Cummins	2021-22
2. 55.2	Mabel Cummins	2022-23
3. 53.9	Maria Bulanova	2019-20
3. 53.3	Maria Bulanova	2016-17
5. 52.9	Maria Bulanova	2018-19
5. 52.9	Maria Bulanova	2017-18
7. 52	Giselle Poss	2016-17
7. 52	Mabel Cummins	2020-21
9. 51.8	Angelica Anthony	2021-22
9. 51.8	Kristin Quah	2018-19

Season Spare Percentage

Average	Player	Season
1. 82.6	Adel Wahner	2019-20
2. 80.4	Mabel Cummins	2022-23
3. 78.6	Samantha Gainor	2020-21
4. 77.7	Paige Peters	2021-22
5. 76.8	Mabel Cummins	2020-21
6. 76.7	Maria Bulanova	2019-20
7. 76.5	Adel Wahner	2018-19
8. 76.2	Caroline Thesier	2022-23
9. 76.1	Maria Bulanova	2018-19
10. 75.9	Tori Ferris	2015-16

High Team Traditional Game

Score	Opponent	Event
1. 1,236	Saint Peter's	2015 NJ Jamboree
2. 1,221	Fairleigh Dickinson	19-20 Hawk Flight
3. 1,205	Arkansas State	22 Southland
4. 1,200	Mount St. Mary's	19-20 Blue/Gray
5. 1,196	Central Missouri	2018 Mid-Winter
6. 1,182	Newman	2022 Ladyjack Classic
7. 1,173	Louisiana Tech	20-21 Bulldog Classic
8. 1,172	Fairleigh Dickinson	2016 Hawk Flight
9. 1,166	UAB	2023 Destination Orlando
1,166	Whitewater	2016 Music City Classic

High Team Baker Game

Score	Opponent	Event (Team)
1. 300	Fairleigh Dickinson	2007 NCAA
(Peloquin, Reynolds, Grygiel, Keily, Jo. Earnest)		
1. 300	Central Missouri	2011 Music City
(O'Brien, Halter, Je. Earnest, Hamilton, Hesley)		
1. 300	Arkansas State	2014 Music City
(Ferris, Goodman, Poss, Mosesso, Renslow)		
1. 300	Prairie View A&M	2015 Valparaiso Inv.
(Fry, Mosesso, Reguero, Goodman, Renslow)		
1. 300	St. Francis	2018 Kutztown Inv.
(Leyen, Abrahamsen, Newham, Quah, Bulanova)		
1. 300	Maryville	2022 Ladyjack Classic
(Cummins, Thesier, Ballard, Peters, Varano)		
7. 299	Grambling	2023 Lady Techster
(Naujokas, Ballard, Thesier, Varano, Cummins)		
8. 297	Central Missouri	2023 Music City
(Naujokas, Ballard, Thesier, Varano, Cummins)		
9. 296	Sam Houston State	2020 Kat Klash
(Anthony, Dalesandro, Cummins, Gainor, Thesier)		
10. 290	Arkansas State	2017 NCAA
(Stark, Poss, Rigney, Quah, Bulanova)		

High Team

Tournament Average

Average	Player	Event
1. 243.8	Maria Bulanova (5 games)	19-20 Ladyjack
2. 240.8	Giselle Poss (5 games)	2017 Kutztown Inv.
3. 239.8	Paige Peters (5 games)	2023 Destination Orlando
4. 239.2	Amanda Fry (5 games)	2012 Kat Klash
5. 239	Adel Wahner (5 games)	19-20 Blue Gray
6. 236.5	Josie Earnest (6 games)	2009 Jeanette Lee
7. 236.5	Robyn Renslow (5 games)	2016 Prairie View Inv.
8. 232.8	Josie Earnest (5 games)	2008 Fright Night
9. 231.3	Michelle Peloquin (9 games)	2006 Maverick Chall.
10. 230	Karen Grygiel (6 games)	2007 Hawk Classic

High Team Four-Game

Baker Set

Score	Tournament
1. 926	2010 McKendree Baker Challenge
2. 920	2012 Kat Klash
3. 904	2011 Kutztown Invitational
4. 892	2013 Music City Classic

High Team

Five-Game Baker Set

Score	Tournament
1. 1,232	2011 Kutztown Invitational
2. 1,185	2022 Ladyjack Classic
3. 1,178	2023 Hawk Classic
4. 1,177	2023 Hawk Classic
5. 1,173	2015 Music City Classic
6. 1,165	2015 SFA Invitational
7. 1,165	2019 Mid-Winter Classic
8. 1,164	2020 Kat Klash
9. 1,153	2018 Kutztown Invitational
10. 1,141	2019 Music City Classic

Team Strike Percentage

Average	Frames	Season
1. 50	6,720	2021-22
2. 49.4	6,190	2022-23
3. 48.3	6,000	2019-20
4. 48.17	7,000	2015-16
5. 48.14	6,585	2018-19
6. 46.67	6,660	2017-18

Team Spare Percentage

Average	Attempts	Season
1. 75.6	3,132	2022-23
2. 73.72	3,101	2019-20
3. 73.47	3,415	2018-19
4. 72.49	3,628	2015-16
5. 72.36	3,390	2016-17
6. 72.31	2,373	2020-21

** official NCAA stats prior to 2013 not available*



All-Tournament Teams

Name **Year (Number of Teams)**
 Angelica Anthony
 2020-21 (1)
 2021-22 (2)
 Total (3)

Name **Year (Number of Teams)**
 Alyssa Ballard
 2022-23 (2)
 Total (2)

Name **Year (Number of Teams)**
 Maria Bulanova
 2016-17 (3)
 2017-18 (2)
 2018-19 (5)
 2019-20 (4)
 Total (14)

Name **Year (Number of Teams)**
 Mabel Cummins
 2020-21 (4)
 2021-22 (5)
 2022-23 (1)
 Total (10)

Name **Year (Number of Teams)**
 Angelique Dalesandro
 2019-20 (1)
 2020-21 (1)
 Total (2)

Name **Year (Number of Teams)**
 Jessica Earnest
 2009-10 (3)
 2010-11 (3)
 2011-12 (1)
 2012-13 (2)
 Total (9)

Name **Year (Number of Teams)**
 Josie Earnest
 2006-07 (4)
 2007-08 (4)
 2008-09 (7)
 2009-10 (4)
 Total (19)

Name **Year (Number of Teams)**
 Amanda Fry
 2012-13 (4)
 2013-14 (1)
 Total (5)

Name **Year (Number of Teams)**
 Samantha Gainor
 2017-18 (1)
 2018-19 (5)
 2019-20 (1)
 Total (7)

Name **Year (Number of Teams)**
 Brittany Garcia
 2007-08 (1)
 2009-10 (1)
 Total (2)

Name **Year (Number of Teams)**
 Karen Grygiel
 2006-07 (3)
 2007-08 (2)
 Total (5)

Name **Year (Number of Teams)**
 Brittini Hamilton
 2008-09 (2)
 2009-10 (5)
 2010-11 (5)
 2011-12 (4)
 Total (16)

Name **Year (Number of Teams)**
 Samantha Hesley
 2010-11 (2)
 2011-12 (1)
 Total (3)

Name **Year (Number of Teams)**
 Tara Kane
 2005-06 (1)
 2006-07 (2)
 2007-08 (2)
 2008-09 (2)
 Total (7)

Name **Year (Number of Teams)**
 Haley Lindley
 2023-24 (1)
 Total (1)

Name **Year (Number of Teams)**
 Nicole Mosesso
 2014-15 (1)
 Total (1)

Name **Year (Number of Teams)**
 Nicole Mosesso
 2014-15 (1)
 Total (1)

Name **Year (Number of Teams)**
 Amanda Naujokas
 2020-21 (1)
 2021-22 (1)
 Total (2)

Name **Year (Number of Teams)**
 Jordan Newham
 2017-18 (2)
 2018-19 (1)
 Total (3)

Name **Year (Number of Teams)**
 Michelle Peloquin
 2005-06 (4)
 2006-07 (2)
 2007-08 (2)
 2008-09 (3)
 Total (11)

Name **Year (Number of Teams)**
 Paige Peters
 2021-22 (4)
 2022-23 (1)
 2023-24 (2)
 Total (7)

Name **Year (Number of Teams)**
 Giselle Poss
 2014-15 (2)
 2015-16 (2)
 2016-17 (2)
 Total (6)

Name **Year (Number of Teams)**
 Kristin Quah
 2016-17 (3)
 2017-18 (3)
 2018-19 (3)
 Total (9)

Name **Year (Number of Teams)**
 Robyn Renslow
 2012-13 (3)
 2013-14 (5)
 2014-15 (3)
 2015-16 (2)
 Total (13)

Name **Year (Number of Teams)**
 Kaitlin Reynolds
 2005-06 (1)
 2006-07 (1)
 Total (2)

Name **Year (Number of Teams)**
 Emily Rigney
 2016-17 (1)
 2017-18 (1)
 Total (2)

Name **Year (Number of Teams)**
 Katie Stark
 2014-15 (1)

2015-16 (1)
 2016-17 (1)
 2017-18 (1)
 Total (4)

Name **Year (Number of Teams)**
 Carolina Thesier
 2020-21 (1)
 2021-22 (1)
 2022-23 (1)
 Total (3)

Name **Year (Number of Teams)**
 Victoria Varano
 2022-23 (2)
 Total (2)

Name **Year (Number of Teams)**
 Adel Wahner
 2017-18 (1)
 2018-19 (2)
 2019-20 (1)
 Total (4)

Tournament Wins/MVPs

Name	Year	Tournament
Tara Kane	2005	Arkansas State
Mandy Kelly	2006	Whitewater Inv.
Karen Grygiel	2007	Hawk Classic
Josie Earnest	2007	NCAA Championship
	2008	Jeanette Lee
	2009	Alabama A&M
	2009	Music City Classic
Brittini Hamilton	2009	Arkansas State
	2009	Central Missouri
	2011	Alabama A&M
	2011	FDU Jamboree
Amanda Fry	2012	Sam Houston
	2013	Alabama A&M
Jessica Earnest	2013	Kutztown Invitational
	2013	NCAA Championship
Robyn Renslow	2013	UMES Hawk Classic
	2014	Prairie View
	2016	Prairie View
	2015	Southland
	2017	Sugar Bowl
	2018	Whitewater
	2019	Prairie View
	2019	Music City Classic
	2019	Southland
	2019	Ladyjack
	2020	Northeast Invitational
	2020	Mid-Winter Classic
Kristin Quah	2016	Monmouth Invite
	2017	Hawk Classic
	2018	Sam Houston
	2018	Hawk Classic
Katie Stark (CoMVP)	2018	NCAA Championship
Emily Rigney (CoMVP)	2018	NCAA Championship
Mabel Cummins	2021	Southland
	2022	Southland
Samantha Gainor	2021	Lady Techsters Invite
	2022	Colonial Lanes Classic
Paige Peters	2022	Northeast Classic
	2023	Warhawk Classic
Jennifer Loreda	2023	NCAA Championship



VANDERBILT BOWLING

HEAD COACH JOHN WILLIAMSON



John Williamson began Vanderbilt's bowling program in 2004, bringing his guiding vision of excellence to what had previously been a club team. Over the past 19 years, he has transformed Commodore bowling into one of the nation's finest.

He has guided Vanderbilt to three NCAA championships, three runner-up finishes and four Southland Bowling League championships. During the 2022-23 season, the team captured its third national championship, overcoming a 3-1 deficit to defeat Arkansas State in the final. The Commodores also won their second consecutive Lan-
sing Regional title.

While his approach is team first, many individual Commodores have earned success on national and international stages. Vanderbilt has had 17 first-team All-Americans, four NTCA National Players of the Year and seven NTCA Rookies of the Year under Williamson's watch. The success by Williamson has been recognized in a number of ways, including being named Vanderbilt's Coach of the Year in 2006 and 2018 and the NCTA Coach of the Year on four occasions, most recently in 2023.

Academic Accolades

Williamson emphasizes winning both ways—on the lanes and in the classroom. The program has multiple members on the NTCA and Vanderbilt academic honor rolls every season. After the 2022-23 season, Mabel Cummins was named College Sports Communicators Academic All-District, and seven student-athletes were named to the NTCA All-Academic team.

Outside the Classroom, Off the Lanes

It's more than bowling and academics at Vanderbilt under Williamson, as he has encouraged student-athletes to participate in the department's innovative international travel program. He has led team travels to France, Italy and Australia over the years, while individuals have taken service trips to places such as Morocco, Tanzania, Costa Rica and Cuba.

Additionally, he arranges tournament travel to allow for brief side trips to historical places such as Gettysburg, the Texas Book Depository, One World Trade Center and Philadelphia's Independence Park. Williamson also encourages community service. The program annually has supported an effort to promote jobs for special needs adults into the local hotel and restaurant industries.

Personal

Prior to his service as operations assistant for the VandyBoys from 2003

to 2004, Williamson briefly worked in Vanderbilt's athletic development office.

A native of Franklin, Tennessee and a graduate of the University of Mississippi, Williamson was a member of the Ole Miss football team for two seasons. At Nashville's Franklin Road Academy he earned all-state football and all-district baseball honors, and he is a member of its Athletic Hall of Fame.

He and his wife Melissa reside in Franklin and have four sons: Landon, Eli, Gabe and Tucker Jay.

Coaching by the Numbers

- Three NCAA titles (2007, 2018, 2023)
- Four-time NTCA Coach of the Year (2007, 2019, 2022, 2023)
- Two-time Vanderbilt Coach of Year (2006, 2018)
- 49 tournament titles

Student-Athletes' Accomplishments

- One NCAA Top 10 Award recipient, first in Vanderbilt history
- 17 first-team All-America honors
- 60 total All-America honors (first, second and third team and honorable mention)
- Four NTCA National Players of Year
- Seven NTCA Rookies of Year
- Southeastern Conference Student-Athlete of Year Award
- Program annually boasts one of Vanderbilt Athletics' best grade-point averages