



**2023 - 2024**

# **TRACK & FIELD**

VISITING TEAM GUIDE



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# CONTACT INFORMATION

**Michelle Towns**  
Sport Administrator  
Associate AD, Human  
Resources Operations

O: 615-322-4831  
michelle.towns@vanderbilt.edu

**John Kelly**  
Facility/Event Operations

C: 901-210-0683  
john.e.kelly@vanderbilt.edu

**Pilar Ballough**  
Athletic Communications

pilar.ballough@vanderbilt.edu

**Brian Fremund**  
brian.fremund@vanderbilt.edu

**Nick Caporale**  
Sports Medicine  
C: 262-892-0243  
nicholas.caporale@vumc.org

## TRACK & FIELD COACHING STAFF

**Althea Thomas**  
Director of Cross Country,  
Track and Field

**Cameia Alexander**  
Asst. Coach/Meet Director  
cameia.alexander@vanderbilt.edu

**Justin Byron**  
Assistant Coach  
justin.byron@vanderbilt.edu

**Mallory Mulzer**  
Assistant Coach  
mallory.mulzer@vanderbilt.edu

**John Newell**  
Assistant Coach  
john.c.newell@vanderbilt.edu

**Harold Rose**  
Assistant Coach  
harold.rose@vanderbilt.edu

**Michael Porter**  
Assistant Coach  
coach.porter@vanderbilt.edu

**Whitney Fountain**  
Director of Operations  
whitney.fountain@vanderbilt.edu



# GENERAL INFORMATION

## Contest Location

### Vanderbilt Outdoor Track

2700 Children's Way  
Nashville, TN 37212

## Parking

Your team vehicle may drop off/pick up near the Outdoor Track facility on Natchez Trace. Team buses will park along the metered spaces on Vanderbilt Place. Team vans/SUVs will park in lot 102 along Children's Way. Parking will be on a space available basis. Any general parking questions can be addressed with **John Kelly at 901-210-0683 or [john.e.kelly@vanderbilt.edu](mailto:john.e.kelly@vanderbilt.edu)**.

See map on page 6.

Spectators are encouraged to park in the **25th Ave. Garage through the Highland Avenue** entrance. In this garage, spectators should park on floors 8-10 in any non-reserved spaces.

## Practice Request

Visiting Teams must contact Event Manager, John Kelly, to arrange practice times. Please arrange your practice times at least two weeks prior to competition date. If you cannot make your scheduled practice time, a cancellation call is appreciated 24 hours prior to your scheduled time.

## Team Camp

The team camp will be located on the Football practice fields adjacent to the Outdoor track. Please contact John Kelly with any special requests. All food should remain in the team camp areas and are not to be transported to the outdoor track.

## Warm Up

Athletes should warm-up in designated warm up areas (Football Practice field turf or Rec field 2) Hurdles and blocks will be available in designated warm up areas. Only athletes competing in the event currently being contested will be allowed on the home stretch.



# GENERAL INFORMATION (Cont.)

## Admission

The cost for admission each day is \$10. Children 2 and under are free.

## Facility Policies

### APPROVED BAGS



### NON-APPROVED BAGS



## Sports Medicine

Please contact **Athletic Trainer, Nick Caporale** at [nicholas.caporale@vumc.org](mailto:nicholas.caporale@vumc.org) for any medical or athletic training needs.





# VANDERBILT ATHLETICS CAMPUS MAP

VANDERBILT TRACK & FIELD





# DIRECTIONS TO VANDERBILT

## From the South

Take I-65 north to I-40 west. Off of I-40 take Exit 209A (Broadway-West End). Turn left and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn left on 25th Avenue S. Turn right on Children's way.

## From the North

Take I-65 South I-40 @est. Off of I-40 take Exit 209A (Broadway-West End). Turn left and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn left on 25th Avenue S. Turn right on Children's way.

## From the East

Take I-40 West to Exit 209A (Broadway-West End). Turn left and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn Left on 25th Avenue S. Turn right on children's way.

## From the West

Take I-40 East to Exit 209b (Broadway-West End). Turn right and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn left on 25th Avenue S. Turn right on children's way.

## From Chattanooga

Take I-24 West until it merges with I-40 West. Stay on I-40 West to Exit 209A (Broadway-West End). Turn left and go west on Broadway. When Broadway splits, stay to the right to enter West End Avenue. Take West End Avenue past the university on the left, and turn left on 25th Avenue S. Turn right on children's way.



# DINING

**Andrew St. Marie**
**Daddy's Dog's**

(425) 293-7839

andrew@daddysdogsnash.com

**Tod Roadarmel**
**Bob's Steakhouse  
- Omni Nashville**

(615) 782-5320

troadarmel@omnihotels.com

**Josh Davis**
**IceCrown**

(615) 618-5554

josh@icecrown.biz

**Johnny Lawrence**
**Central BBQ**

(615) 610-3443

jlawrence@eatcbq.com

**Joe Massar**
**Central Bar & Kitchen**
**- Nashville Marriott**

(615) 340-5137

joe.massar@whitelodging.com

**Martin Dillingham**
**Kay Bob's**

(615) 321-4567

kaybobs1602@gmail.com

**Mike Kelly**
**Jimmy Kelly's Steakhouse**

(615) 812-4349

jimmykellys@aol.com

**Todd Hunley**
**Chick-fil-A of Rivergate**

(615) 851-4007

todd.hunley@chick-fil-a.com

**Kathy Cope**
**Conecuh Sausage**

(251) 578-3380

kathy@conecuhsausage.com

**Bryan Wolfe**
**Community Coffee**

(270) 980-0000

bwolfe@communitycoffee.com

**Chris Gardner**
**King of Pops**

(615) 732-9945

chris.gardner@kingofpops.com

**Charles McConnell**
**McConnell's Catering**

(615) 227-6517

mcconnell@bellsouth.net

**Tabor Lucky**
**Corner Pub/Catering**

(773) 573-2398

Tabor@luckeyhospitality.com

**Dru Siske**
**Cupcake Collection**

(615) 244-2900

druscilla.francois@thecupcakecollection.com

**Amber Greer**
**Kernels Nashville Popcorn**

(615) 378-7674

aheater@kernelsnashville.com

**Fidela Werner**
**Fox's Donut Den**

(615) 322-4467

fidela.werner@vanderbiltssportsproperties.com





# DINING (Cont.)

**Charli Johnson**
**Moe's Southwest Grill**

(615) 715-3483

moescateringcharli@gmail.com

**Newk's Eatery**
**West End Location**

(615) 953-2579

**Michael Millican**
**Pizza Perfect**

(615) 329-2757

\*CALL ONLY

**Becky Watkins**
**Puckett's BBQ**

(615) 715-5138

becky@amarshallhospitality.com

**Robert Wilder**
**San Antonio Taco Co.**

(615) 804-2098

rwilder@thesatco.com

**Craig Baldwin**
**Zaxby's**

(615) 566-1151

cbaldwin\_us@yahoo.com

**Mike Kelly**
**Jimmy Kelly's Steakhouse**

(615) 812-4349

jimmykellys@aol.com

**Todd Hunley**
**Chick-fil-A of Rivergate**

(615) 851-4007

todd.hunley@chick-fil-a.com

**Kathy Cope**
**Conecuh Sausage**

(251) 578-3380

kathy@conecuhsausage.com

**Courtney Gray**
**Slim & Husky's Pizza**

(615) 964-1685

c.gray@slimandhuskys.com

**Tiff's Treats Cookies**
**Customer Service**

(404) 649-6291

**Scott Glidden**
**TriStar BBQ**

(931) 801-8223

tristarbbq@gmail.com

**Urban Cookhouse**
**Catering**

(615) 953-6449

Tabor@luckeyhospitality.com

**Catherine Spivey**
**White Limozeen - Graduate Hotel Rooftop**

(615) 497-2088

cspivey@graduatenashville.com

**Green Hills Mgt.**
**Shake Shack**

(615) 610-6326

ssmanagers-greenhills@shakeshack.com





## **LODGING & TRANSPORTATION**

**Catherine Spivey**

**Graduate Nashville Hotel**

615-497-2088

cspivey@graduatenashville.com

**Tod Roadarmel**

**OMNI Hotels and Resorts**

615-782-5320

troadarmel@omnihotels.com

**Nancy Keiser**

**Holiday Inn Vanderbilt**

615-320-4855

nancy.keiser@ihg.com

**Jana Miller**

**Loews Vanderbilt Hotel**

615-321-1942

jmiller@loewshotels.com

**Jerry Bobo**

**Homewood Suites by Hilton**

615-516-6274

jerry.bobo@hilton.com

**Joe Massar**

**Marriott at Vanderbilt**

615-340-5137

joe.massar@whitelodging.com





# QUESTIONNAIRE

Visiting Team: \_\_\_\_\_ Number in Party: \_\_\_\_\_

Method of Travel (Bus, Passenger Van, etc.) and # of vehicles:

\_\_\_\_\_

Number of Coaches & Administrators: \_\_\_\_\_

Anticipated Time of Arrival: \_\_\_\_\_ Date: \_\_\_\_\_

Team Hotel: \_\_\_\_\_ Phone: \_\_\_\_\_

## Practice Request

Time: \_\_\_\_\_ Date: \_\_\_\_\_ Phone: \_\_\_\_\_

Pre-Meet/Post-Meet Needs (Write Yes or No)

Ice: \_\_\_\_\_ Showers: \_\_\_\_\_

# of Women: \_\_\_\_\_ # of Men: \_\_\_\_\_

Anticipated Post-Meet Meal Deliveries: \_\_\_\_\_

Person Coordinating Travel: \_\_\_\_\_ Title: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Sport Administrator: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Sports Medicine: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

SID: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Additional Administrators/Media Travel: \_\_\_\_\_

\_\_\_\_\_

Additional Requirement or Information: \_\_\_\_\_

\_\_\_\_\_

