



# Vanderbilt Invitational Meet Information

Friday-Saturday, January 19-20<sup>th</sup>, 2024

Vanderbilt Multipurpose Facility

## TEAM ENTRY/PAYMENT

- Entries open 12/17/23 and the deadline to submit is Monday, January 15<sup>th</sup>, at 1:00 PM Central Time. Payment required via Direct Athletics by entry deadline. No late entries accepted.
- All entry marks must be verified on TFRRS (2022-2023 Indoor/Outdoor seasons). Freshmen and those who do not have a performance from the current or previous year will be allowed to enter speculative marks. Verification will be under the discretion of meet management. Please provide any applicable notes to your TFRRS entry
- Entry fee will be \$500 per team per gender or \$35 per individual for teams less than 14.
- Only invited college teams and approved unattached athletes will be allowed to enter.
- Limitation of 3 entries per field event and 3 entries per running event. 2 Relays allowed per school.

## UNATTACHED ENTRIES

- Unattached athletes should contact Coach Cameia Alexander at [cameia.alexander@vanderbilt.edu](mailto:cameia.alexander@vanderbilt.edu) for permission to enter. If approved, unattached athletes will be sent a link to Direct Athletics to enter.
  - Unattached athletes must enter with a verifiable 2023 or 2024 performance. When requesting permission to enter, please provide the following:
    - Name, gender, and event requesting to compete in
    - Current level of education, if enrolled in any level of education
    - Verifiable 2023 or 2024 performance
  - All unattached requests will be notified if entry is accepted.
- Entries open 12/17/23 and the deadline to submit is Monday, January 15<sup>th</sup>, at 1:00 PM Central Time. No late entries accepted.

## COVID-19 GUIDELINES

- A COVID testing site will be available for symptomatic individuals. Location to be provided in final meet notes.

## SPORTS MEDICINE

- Please contact our Athletic Trainer, Nick Caporale, [nicholas.caporale@vumc.org](mailto:nicholas.caporale@vumc.org) for more details on Covid-19 protocols and any other athletic training needs.

# VANDERBILT

## TRACK & FIELD

### **PARKING/WALKWAY TO FACILITY**

- Teams will drop off at the gate leading into the indoor facility on Children's Way.
- Team buses will park in the metered parking spaces on Vanderbilt Place, which starts at the intersection of Vanderbilt Place and 28<sup>th</sup> Ave. S.
- Team vehicles (vans, SUVs, etc.) will park in the parking spaces behind the indoor facility on Children's Way.
- Entrance to the indoor facility, outdoor facility, and warm up field will be by wristband only.

### **PACKET PICK UP**

- Packet pick-up will be available at the team entrance of the indoor facility.

### **PRACTICE/FACILITY HOURS**

- The indoor facility will be available for practice on Thursday evening 5-7pm.

### **TEAM CAMPS**

- We will utilize the adjacent recreation center gym for team camps.
- No team camps inside the track area. Any team or unattached athlete who cannot adhere to this policy will not be invited to future competitions.
- All food should remain in the team camp areas and not be transported to the indoor facility.
- **No spikes in the Recreation Center!**

### **WARMUP**

- Athletes should warm-up outdoors (outdoor track & field or Field 2) or inside the designated warm-up area on the indoor track infield (will be enclosed by white sport fencing). Hurdles and blocks will be available at these designated warm-up areas.
- Hurdles and blocks will be available on the track backstretch for 60m and 60m hurdle warm-ups at specified times. Only athletes competing in the event currently being contested will be allowed on the home stretch.

### **ALLOWABLE SPIKES**

- One quarter inch, pyramid spikes are the only spikes allowed. Needle or Christmas tree spikes are not permitted. **DO NOT WEAR YOUR SPIKES IN THE REC CENTER/TEAM CAMP AREA.**

# VANDERBILT

## TRACK & FIELD

### IMPLEMENT WEIGH-IN

- Expect to open 2 hours prior to first throws event start time and closes 30 minutes before scheduled start time (implements will be retained and brought to the event venue at this time).
- Exact times to be sent out week of meet.

### CLERKING

- **Running Events:** All athletes are to check in for their event at the clerking table no later than 30 minutes prior to their event, with their spikes in hand. Further, all athletes are to report to the clerk for their respective event no later than 15 minutes prior to the scheduled start time. The clerk location will vary for each event and will be listed and communicated with athlete at check-in. Adherence to these instructions is important to maintaining the meet schedule.
- Failure to report on time may result in the athlete being scratched from the event.
- Note: It is very helpful for coaches to report known scratches to the clerking table in advance, most especially for the 4x400m Relay.
- **Field Events:** check-in with your specific event venue no later than 30 minutes prior to the scheduled start.

### PROGRESSIONS

- Will be sent out week of meet following entry deadline.

### HOSPITALITY

- Coach's hospitality will be on the second floor, accessible w/wristband by stairs or elevator off the north entrance foyer (SEC lobby).

A banner with a gold background and a faint cityscape. The text "VANDERBILT" is in large, bold, white letters, and "TRACK & FIELD" is in smaller, white letters below it.

# VANDERBILT

## TRACK & FIELD

### SPECTATORS

- Entry Fee: TBD
- Free parking at the 25th Ave. garage through the Highland Ave. entrance on floors 8-10
- Enter through the SEC lobby on the north end of the multipurpose facility.
- **New as of January 2021:** Vanderbilt University has adopted a new clear bag policy for all home athletics contests. This policy will be enforced for all spectators.
- All plans are tentative and can change at any time based on current COVID-19 protocols.

### UPDATES

- Please continue to check the [Vanderbilt Home Meet Information](#) page for any updates on meet information, parking and/or schedules.
- All information is subject to change based on current COVID-19 protocols leading up to each meet.

### QUESTIONS

- Please contact Coach Cameia Alexander at [cameia.alexander@vanderbilt.edu](mailto:cameia.alexander@vanderbilt.edu) for any questions about meet entries.
- Please contact John Kelly at [john.e.kelly@vanderbilt.edu](mailto:john.e.kelly@vanderbilt.edu) for any facility and credential needs/questions.