

# VANDERBILT

## TRACK & FIELD

### Vanderbilt Invitational Tentative Meet Information

Friday-Saturday, January 21-22, 2022

Vanderbilt Multipurpose Facility

#### TEAM ENTRY / PAYMENT

- Entries open 12/18/21 and the deadline to submit is Tuesday, January 18<sup>th</sup> at 1:00 PM central time. Payment required via Direct Athletics by entry deadline. No late entries accepted.
- All entry marks must be verified on TFRRS (2020-2021 Indoor/Outdoor seasons). Freshmen and those who do not have a performance from the current or previous year will be allowed to enter speculative marks. Verification will be under the discretion of meet management. Please provide any applicable notes to your TFRRS entry
- Entry fee will be \$500 per team per gender or \$35 per individual for teams less than 14.
- Only invited college teams and approved unattached athletes will be allowed to enter
- Limitation of 3 entries per field event and 3 entries per running event per team. 2 Relays allowed per team.

#### UNATTACHED ENTRIES

- Unattached athletes should contact Mary Angell ( [mary.angell@vanderbilt.edu](mailto:mary.angell@vanderbilt.edu) ) for permission to enter. If approved, unattached athletes will be sent a link to Direct Athletics to enter.
  - Unattached athletes must enter with a verifiable 2021 performance. When requesting permission to enter, unattached or club athletes should provide verifiable 2021 entry performances
  - No high school aged athletes allowed
- Entries open 12/18/21 and the deadline to submit is Tuesday, January 18<sup>th</sup>, at 1:00 PM central time. No late entries accepted.

#### COVID-19 GUIDELINES

- A COVID testing site will be available for symptomatic individuals. Location to be provided in final meet notes
- All coaches, meet officials/workers, staff and non-competing student-athletes are required to wear a mask/neck gaiter. Physical distancing should be employed to the extent possible.
  - This includes in the team camps, unless actively eating/drinking

#### SPORTS MEDICINE

- Please contact our Athletic Trainer, Nick Caporale, [nicholas.caporale@vumc.org](mailto:nicholas.caporale@vumc.org) for more details on Covid-19 protocols and any other athletic training needs

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### PARKING / WALKWAY TO FACILITY (see map on final page)

- Teams will drop off at the gate leading into the indoor facility on Children's Way
- Teams will park in lot 75A, which is at the intersection of Children's Way and Natchez Trace
- Entrance to the indoor facility, outdoor facility, and warm up field will be by wristband only.

### PACKET PICK UP

- Packet pickup will be available at the team entrance of the indoor facility at the following times:
  - Thursday 5-7pm (subject to change)
  - Friday 1-4pm (subject to change)
  - Saturday 9am-12pm (subject to change)

### PRACTICE / FACILITY HOURS

- The indoor facility will be available for practice on Thursday evening 5-7pm
- Please contact Precious Birdsong at [precious.birdsong@vanderbilt.edu](mailto:precious.birdsong@vanderbilt.edu) with your practice request.

### TEAM CAMPS (NEW THIS YEAR)

- We will utilize the adjacent recreation center gym for team camps.
- No team camps inside the track area.
- Mask and physical distancing guidelines are to be followed in the team camps.
- All food should remain in the team camp areas and not be transported to the indoor facility
- **No spikes in the recreation center!**

### WARMUP

- Athletes should warm-up outdoors (outdoor track & field or Field 1) or inside the designated warm-up area on the indoor track infield (will be enclosed by white sport fencing.)
- Hurdles and blocks will be available on the track backstretch for 60m and 60m hurdle warm-ups. No warm-ups on the home stretch.

### ALLOWABLE SPIKES

- One quarter inch, pyramid spikes are the only spikes allowed. Needle or Christmas tree spikes are not permitted. **DO NOT WEAR YOUR SPIKES IN THE REC CENTER/TEAM CAMP AREA**

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### IMPLEMENT WEIGH-IN

- Located in the closet in the southeast side of the facility, near the pole vault
- Expect to open 2 hours prior to first throws event start time and closes 30 min. before scheduled start time (implements will be retained and brought to the event venue at this time)
- Exact times to be sent out week of meet

### CLERKING

- **Running Events:** All athletes are to check in for their event at the clerking table no later than 30 minutes prior to their event, with their spikes in hand. Further, all athletes are to report to the clerk of course at or near the starting line for their respective event no later than 5 minutes prior to the scheduled start time. Adherence to these instructions is important to maintaining the meet schedule.
- Failure to report on time may result in the athlete being scratched from the event. Meet management will do everything possible to enable every athlete to compete.
- Note: It is very helpful for coaches to report known scratches to the clerking table in advance, most especially for the 4x400m Relay.
- **Field Events:** check-in with your specific event venue no later than 30' prior to the scheduled start.

### PROGRESSIONS

- Will be sent out week of meet following entry deadline

### HOSPITALITY

- Coach's hospitality will be located on the second floor, accessible w/wristband by stairs or elevator off of the north entrance foyer (SEC lobby)

### DRESSING/SHOWER:

- VERY LIMITED access to recreation center locker rooms. You must supply your own towels. Contact Precious Birdsong at [precious.birdsong@vanderbilt.edu](mailto:precious.birdsong@vanderbilt.edu) with your request to use the locker room

### TIMING COMPANY/RESULTS:

- CFPI Timing <http://www.cfpitiming.com/>

### SPECTATORS:

- \$5 entry per day (ages 10 & below free)
- Park for free in the 25<sup>th</sup> Ave. garage through the Highland Ave. entrance on floors 9-11
- Enter through the SEC lobby on the north end of the multipurpose facility
- Must wear mask at all times over nose and mouth
- Vanderbilt University has adopted a new clear bag policy for all home athletics contests. This policy will be enforced for all spectators.
- All plans are tentative and can change at any time based on current COVID-19 protocol.



## UPDATES

- Please continue to check <https://vucommodores.com/home-meet-info/> for any updates on meet information, parking and/or schedules.
- All information is subject to change based on current COVID-19 protocols leading up to each meet

## QUESTIONS

- Please contact Mary Angell [mary.angell@vanderbilt.edu](mailto:mary.angell@vanderbilt.edu) for any questions about meet entries
- Please contact Precious Birdsong [precious.birdsong@vanderbilt.edu](mailto:precious.birdsong@vanderbilt.edu) for any facility and credential needs/questions



