

# **VANDERBILT LACROSSE CAMP for GIRLS**

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## **WHAT TO BRING TO CAMP**

- Stick
- Goalie equipment (if you are a keeper)
  - Eyewear
  - Mouthguard
  - Gloves (if you wear them)
- Shoes: cleats/turfs, cross trainers
  - Sunscreen
  - Water bottle
- 7 sessions worth of socks, t-shirts, shorts
- Sweatshirt/sweatpants (the dorms may get cold)
  - Bed Linens, blankets, pillow
  - Towels
  - Personal toiletries
- Cash for pizza after night sessions
- Cash or check for shuttles if applicable