# VANDERBILT LACROSSE CAMPS



December 5th, 2015 ELITE CLINIC

(AGES 5-18)

http://vucommodores.cstv.com/sports/w-lacros/spec-rel/w-lacros-camp.html

#### Clinic Director and Staff

Directing the Clinic is Head Coach **Cathy Swezey**. Currently in her 19th year, Coach Swezey has built the Vanderbilt Women's Lacrosse Program into a National power. In 2002, 2004, 2007, 2008, 2009, and 2010 Coach Swezey and Vanderbilt earned bids to the NCAA Division I Women's Lacrosse Tournament.

In 2004, the Commodores enjoyed their most successful season to date, as they won their second American Lacrosse Conference Title and advanced to the 2004 NCAA Final Four. In 2002 and 2008, Cathy was awarded the American Lacrosse Conference Coach of the Year honors, and in 2002 the InsideLacrosse.com National Coach of the Year award. Prior to that, the intercollegiate women's Lacrosse Coaches Association nominated Swezey for "National Coach of the Year" honors after leading Vanderbilt to a 10-6 record in 2000.

Assistant Coaches Beth Hewitt and Shannon Gilroy, join Cathy on the staff. Coach Hewitt is the newest addition to the Vanderbilt staff coming from a successful head coaching career at Le Moyne College in Syracuse, N.Y. While guiding LeMoyne, Hewitt built the Dolphins into a Division II national power. She led the Dolphins to two Final Fours, three NCAA Tournaments, two NE-10 regularseason championships and a conference tournament title. As an All-American Midfielder at North Carolina she also earned All-ACC and All-Final Four team accolades, while helping the program win their first ACC Championship. Coach Gilroy begins her first year at Vanderbilt. Gilroy, a native of Northport, N.Y., raked in the accolades while at Florida. This past season, she was named a Tewaarton Finalist, a IWLCA First-Team All-American, IWLCA All-South First Team, the BIG EAST Midfielder of the Year and the BIG EAST Tournament Most Outstanding Player.

In addition to playing for the U.S. Women's National Team, Gilroy recently joined Team STX, which is compiled of post-collegiate lacrosse players helping promote the sport of women's lacrosse.





### **ELITE CLINIC December 5th**

This clinic is geared towards all Lacrosse skill range ages 5 -18. It will focus on skills, position play and team concepts with an overall intense level of competition.

This camp is open to any and all entrants. (Limited only by number, age, grade, level and/or gender.)

Price: \$75.00, Lunch and accommodations,

### **CLINIC LOCATION**

Vanderbilt Lacrosse Camps are held on the Campus of Vanderbilt University in Nashville, TN. All lodging is provided on campus in University dormitories.

#### **DIRECTIONS**

# **Getting to Vanderbilt via the Interstates**

From the north, take I-65 to I-40 west and then look for I-40 east to exit 209B. Turn right on Broadway.

From the east or south, take I-40 west to exit 209A. Turn left on Broadway.

From the west, take I-40 east to exit 209B. Turn right on Broadway (US 70S).

Follow Broadway and veer right to West End Avenue.

Vanderbilt is located on the left after you cross over 21<sup>st</sup> Avenue.

## To Lacrosse Fields:

Turn left on 25<sup>th</sup> Avenue. Proceed through one stop sign, and then make a right at the proceeding light onto Jess Neely Drive. The lacrosse stadium is located behind McGugin Athletic Department on your left. To get to the track field, follow these directions past McGugin, and make a left at the light onto Natchez Trace. The field will be on your left. Parking for pick up and drop off for day camp will be on your right.

## To Branscomb Dorm for overnight camp:

Turn left on 25<sup>th</sup> Avenue. Proceed to stop sign. Make a left at stop sign, Branscomb dorm will be on your right mid-way up the block.

#### **REGISTRATION and PAYMENT**

Day of at Field Or Pre-Pay

# (PLEASE COME WITH ALL LIABILITY AND MEDICAL FORMS ON WEBSITE)

Pay by check. All Checks should be made payable to "Vanderbilt University" Memo: Lacrosse Camp

**Vanderbilt University** 

**Athletics Department** 

2601 Jess Neely Drive

Nashville, TN 37221

\*If you pay by check, please email us to receive registration information.



# RELEASE OF LIABILITY AND MEDICAL COVERAGE

The Vanderbilt University athletic training staff will be responsible for conservative treatment of injuries and illness that arise during a camp session. This would consist of evaluation, treatment and return to play or referral to emergency room for further diagnosis and care. The athletic trainer will communicate medical situation or status to camp directors and parents/legal guardians.

Access to forms requesting medical coverage and a release of liability are on website. No camper will be permitted to participate without these forms.

#### **QUESTIONS and CONCERNS:**

All questions should be sent via email to

sallie.e.finnegan@vanderbilt.edu